OPEN SWIM SCHEDULE DECEMBER 3 - DECEMBER 16, 2023

Members only Mondays & Wednesdays 5-9p

SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO. CHECK OUT OUR AQUATICS PAGE. WWW.STRONGSVILLE.ORG > PARKS & REC > AQUATICS & OPEN SWIM THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

	A SCHEDULED 10 MINUTE BREA			
Days & Times	Competition Pool	Activity Pool	Water Slide	Pirate Ship
SUNDAY				
9:00 am - 11:00 am	Laps(8)	Open	Closed	Open
11:00 am - 2:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open
MONDAY				
5:00 am - 5:30 am	Laps(8)	Open	Closed	Closed
5:30 am - 6:30 am	Laps(4)Swim Team	Open	Closed	Closed
6:30 am - 7:30 am	Laps(7) Swim Team	Open/CCF 7a	Closed	Closed
7:30 am - 9:15 am	Laps(8)	Open/CCF	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed/CCF	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open/CCF	Closed	Closed
11:10 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 5:00 pm	NO LAP LANES AVAILABLE**	Open Open	Closed	Closed
5:00 pm - 6:30 pm	Laps(3) Swim Team	Open	Closed	Open
6:30 pm - 7:00 pm	Laps(4) Swim Team	Open	Closed	Open
7:00 pm - 8:30 pm	Laps(4) Swim Team	Open	Closed	Open
TUESDAY	Laps(4) Swiii Team	Open	Closed	Орен
5:00 am - 9:40 am	I app(9)	Open	Closed	Closed
9:40 am - 9:40 am	Laps(8)	Open	Closed Closed	Closed Closed
	Laps(5) WEX	Open		
	Laps(8)	ROM	Closed	Closed
11:40 am - 2:50 pm	Laps(8)	Open	Closed	Closed^^
2:50 pm - 5:00 pm	NO LAP LANES AVAILABLE**	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(4) Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(5) LTS	LTS	LTS	LTS
6:30 pm - 7:30 pm	Laps(2) WEX/LTS	LTS	LTS	LTS
7:30 pm - 8:30 pm	Laps(2) Dive Team/Swim Team	Open	Closed	Open
WEDNESDAY			1.01	101
5:00 am - 9:15 am	Laps(8)	Open	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open	Closed	Closed
11:10 am - 3:30 pm	Laps(8)	Open	Closed	Closed
3:30 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 8:30 pm		SES FOR THE NIGHT AT		M MEET
THURSDAY		T DAY OF EVENING LT	•	
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open/CCF	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed/CCF	Closed
11:40 am - 2:50 pm	Laps(8)	Open/CCF til 1	Closed	Closed^^
2:50 pm - 5:00 pm	NO LAP LANES AVAILABLE**	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(4) Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(5) LTS	LTS	LTS	LTS
6:30 pm - 7:30 pm	Laps(2) WEX/LTS	LTS	LTS	LTS
7:30 pm - 8:30 pm	Laps(2) Dive Team/Swim Team	Open	Closed	Open
FRIDAY				
5:00 am - 5:30 am	Laps(8)	Open	Closed	Closed
5:30 am - 6:30 am	Laps(4)Swim Team	Open	Closed	Closed
6:30 am - 3:00 pm	Laps(8)	Open/CCF 7a - 1p	Closed	Closed^^
3:00 pm - 5:00 pm	NO LAP LANES AVAILABLE**	Open	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Open	Open
6:00 pm - 7:30 pm	Laps(2) Swim Team/Lo Dive	Open	Open	Open
7:30 pm - 8:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open
SATURDAY	1 1	ST DAY OF SATURDAY		
8:00 am - 9:00 am	Laps(7) Swim Team	Open Open	Closed	Closed
9:00 am - 11:00 am	Laps(4) LTS	LTS	LTS	Closed
11:00 am - 1:00 pm	Laps(4) Learn To Dive/LTS	LTS	LTS	Closed
	<u> </u>	_		
1:00 pm - 5:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open

CCF = Water Therapy | LTS = Learn To Swim | ROM = Range Of Motion | WEX=Water Exercise SWAP = SHALLOW WATER AROBICS PROGRAM

The number of Lap Lanes Available are listed as (x) **2 LAP LANES WILL BE AVAILABLE UNTIL 3:30 PM

^^ LIMITED STAFF. CALL FOR PIRATE SHIP HOURS

AQUATIC CENTER WILL CLOSE FOR THE NIGHT AT 5 PM DEC. 6 & DEC. 13 THIS INCLUDES ALL POOLS, SPA, SAUNA, STEAM ROOM

ALL WATER CLASSES END ON THURSDAY, DEC. 20 | NEW SESSION BEGINS 1/8/24 REVISED 11/28/2023