

SWIM TEAM PRACTICE SCHEDULE

ATTENTION LAP SWIMMERS

SWIM & DIVE PRACTICE BEGINS ON FRI. OCT. 24. SEE OCT. 24 – NOV. 2 OPEN SWIM SCHEDULE FOR LAP LANES

The following is a list of times when the Swim & Dive Team will be practicing in the lap pool and how many lanes will be open to the public. Please consider adjusting your workouts accordingly. This schedule goes into effect Monday, Nov. 3rd, 2025.

MONDAY	
TIMES	LANES
5:00 am -5:30 am	8 lanes open
5:30 am - 6:30 am	4 lanes open
3:00 pm – 5:00 pm	1 lane open
5:00 pm – 6:30 pm	3 lanes open
6:30 pm – 8:30 pm	2 lanes open

TUESDAY	
TIMES	LANES
3:00 pm – 4:00 pm	1 lane open
4:00 pm – 5:00 pm	NO LAP LANES AVAILABLE
5:00 pm – 8:30 pm	2 lanes open

WEDNESDAY	
TIMES	LANES
3:00 pm – 5:00 pm	2 lanes open
5:00 pm – 6:30 pm	3 lanes open
6:30 pm – 8:30 pm	2 lanes open

THURSDAY	
TIMES	LANES
3:00 pm – 4:00 pm	1 lap lane open
4:00 pm – 5:00 pm	NO LAP LANES AVAILABLE
5:00 pm – 8:30 pm	2 lanes open

FRIDAY	
TIMES	LANES
5:00 am 5:30 am	8 lanes open
5:30 am - 6:30 am	4 lanes open
3:00 pm – 4:00 pm	1 lap lane open
4:00 pm – 5:00 pm	NO LAP LANES AVAILABLE
5:00 pm – 7:30 pm	2 lanes open
7:30 pm – 8:30 pm	3 lanes open

SATURDAY	
TIMES	LANES
8:00 am – 9:00 am	8 lanes open
9:00 am – 1:00 pm	4 lanes open
1:00 pm – 5:30 pm	8 lanes open

HOLIDAY PRACTICES

ELECTION DAY (11/3-11/4) | THANKSGIVING (11/26-11/28) | CHRISTMAS (12/22-1/2)
MLK DAY (1/19) | PRESIDENT'S DAY (2/16)

TIMES	LANES
5:00am – 7:00am	8 lanes open
7:00am – 9:00am	2 lanes open (7 & 8)
9:00am – 12:00pm	4 lanes open (5 - 8)
4:00pm – 6:00pm	2 lanes open (7 & 8)
6:00pm – 7:30pm	6 lanes open (1-5 & 8)

****AQUATIC CENTER CLOSURE DATES:**

FRIDAY, NOVEMBER 7th AT 7 PM | NOVEMBER 8th & 9th ALL DAY

FRIDAY, DEC. 5 AT 5 PM | WEDNESDAY, DEC. 10 AT 5PM | WEDNESDAY, DEC. 17 AT 5PM

WEDNESDAY, JAN. 7 AT 5PM | FRIDAY, JAN. 16 AT 5 PM | WEDNESDAY, JAN. 21 AT 4PM

Please ask your front desk attendant for a copy of our current *OPEN SWIM SCHEDULE* for more information on lap lanes and the rest of the aquatic center.