

# OPEN SWIM SCHEDULE ( March 19 - March 25)

MEMBER ONLY NIGHTS; MONDAYS & WEDNESDAYS 5p - 9p

CHECK OUT OUR AQUATICS PAGE. WWW.STRONGSVILLE.ORG > PARKS & REC > AQUATICS & OPEN SWIM SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO

THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Pirate Ship
<b>Sunday 3/19</b>				
9:00 am - 11:00 am	Laps(6) LG TRAINING	Open/LG Training	Closed	Open
11:00 am - 2:30 pm	Laps(3) Lo Dive/Open Dive	Open/LG Training	Open	Open
<b>Monday 3/20</b>				
5:00 am - 9:15 am	Laps(8)	Open	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed	Closed**
10:10 am - 11:10 am	Laps(5) WEX	Open	Closed	Closed**
11:10 am - 5:00 pm	Laps(8)	Open	Closed	Closed**
5:00 pm - 8:30 pm	Laps(8)	Open	Closed	Open
<b>Tuesday 3/21</b>				
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open/CCF	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed/CCF	Closed
11:40 am - 5:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
5:00 pm - 6:30 pm	Laps(6) LG TRAINING	Open/LG Training	Closed	Open
6:30 pm - 7:30 pm	Laps(3) WEX/LG Training	Open/LG Training	Closed	Open
7:30 pm - 8:30 pm	Laps(6) LG TRAINING	Open/LG Training	Closed	Open
<b>Wednesday 3/21</b>				
5:00 am - 9:15 am	Laps(8)	Open	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open	Closed	Closed**
11:10 am - 1:00 pm	Laps(8)	Open	Closed	Closed**
1:00 pm - 3:00 pm	AQUATIC CENTER CLOSED DUE TO LOW STAFF			
3:00 pm - 8:30 pm	Laps(8)	Open	Closed	Open
<b>Thursday 3/23</b>				
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open/CCF	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed/CCF	Closed
11:40 am - 5:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
5:00 pm - 6:30 pm	Laps(6) LG TRAINING	Open/LG Training	Closed	Open
6:30 pm - 7:30 pm	Laps(3) WEX/LG Training	Open/LG Training	Closed	Open
7:30 pm - 8:30 pm	Laps(6) LG TRAINING	Open/LG Training	Closed	Open
<b>Friday 3/24</b>				
5:00 am - 5:00 pm	Laps(8)	Open	Closed	Closed**
5:00 pm - 8:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open
<b>Saturday 3/25</b>				
8:00 am - 9:00 am	Laps(8)	Open	Closed	Closed
9:00 am - 10:00 am	Laps(2) LTS	LTS	LTS	Closed
10:00 am - 11:00 am	Laps(7) LTS	LTS	LTS	Closed
11:00 am - 1:00 pm	Laps(3) Learn To Dive/LTS	LTS	LTS	Closed
1:00 pm - 5:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open

The number of Lap Lanes Available are listed as (x)

CCF=Water Therapy | LTS = Learn To Swim | ROM = Range of Motion | WEX = Water Exercise  
SWAP = SHALLOW WATER AROBICS PROGRAM

NEED YOUR LIFEGUARD CERTIFICATION RENEWED?

SIGN-UP FOR OUR RED CROSS RECERTIFICATION COURSE. SATURDAY, MAY 13 9-4p  
THIS COURSE IS FOR CURRENT ARC LIFEGUARDS TO RENEW BEFORE THEIR CERTIFICATION EXPIRES

LEARN LIFE SAVING SKILLS BY EARNING THESE CERTIFICATIONS:

LIFEGUARD: JUNE 6 - JUNE 9 9-4pm

WATER SAFETY INSTRUCTOR: JUNE 12 - JUNE 16 9-4pm

\*\* LIMITED STAFF CALL BEFORE COMING FOR ANY UPDATES

**SWIM UNITED BREAK 3/13-3/24**

RESIVED 3/3/2023