

# **ATTENTION LAP SWIMMERS**

The following is a list of times when Swim Teams will be practicing beginning Friday, October 26, and how many lanes will be open to the public during these times. You may want to adjust your work outs accordingly.

## **Monday – Wednesday – Friday**

5:30 - 6:30 am

2 - lanes 7 & 8 open to public

## **Tuesday and Thursday**

5:30 - 6:30 am

6 - lanes 3-8 open to public

## **Monday**

6:30 - 7:30 am

6 - lanes 3-8 open to public

## **Monday and Wednesday**

3:00 - 9:00 pm

2 – lanes 7 & 8 open to public

## **Tuesday and Thursday**

3:00 - 5:30 pm

2- lanes 7 & 8 open to public

7:30 – 8:30 pm

2 – lanes 4 & 5 open to public

8:30-9:30 pm

5- lanes 4-8 open to public

## **Friday**

3:00 - 5:00 pm

2 – lanes 7 & 8 open to public

5:00 - 7:30 pm

3- lanes 6-8 open to public

**THE HIGH SCHOOL DIVERS WILL DIVE WITH THE PUBLIC**

## **HOLIDAY PRACTICES**

**Weekdays when there is no school**

**10/12, 11/6, 11/21-11/23, 12/21-1/4, 1/21 7 2/18**

**6-7 AM**

**6 LANES OPEN (LANES 3- 8)**

**7-9AM**

**2 LANES OPEN (LANES 7 & 8)**

**9-12 PM**

**4 LANES OPEN (LANES 5-8)**

**4-6 PM**

**2 LANES OPEN (LANES 7 & 8)**

**HIGH SCHOOL DIVERS WILL DIVE WITH  
THE PUBLIC**