## **OPEN SWIM SCHEDULE**

## **DECEMBER 1st - DECEMBER 20 REVISED**

SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Fun Ship
Sunday	Special Olympic's last prac-	ž	eam 12/9 9:00-	
*9:00am - 10:00am	Laps(5) Dive Team til 10:15 am	Open	Closed	Open
*10:00am - 11:00 am	Laps(4) Special Olympics	Open / Special Olympics	Closed	Open
11:00 am -1:00 pm	Laps (8)	Open	Closed	Open
1:00pm - 4:30pm	Laps(3)/Lo Dive/Hi Dive	Open	Open	Open
Monday		1	0:00 am	o p on
5:00am - 6:30am	Laps(2) [8 lanes 5:00-5:30am]	Open	Closed	Closed
6:30am - 8:15 am	Laps(6) [8 lanes 7:30-8:18 am]	Open/CCF 7:00am	Closed	Closed
8:15 am- 10:15 am	Laps(5) *Dive Team	Water Exercise 9:15am	Closed	Open @ 9 am
10:15 am - 11:20am	Laps(5) Water Exercise	ROM @10:30	Closed	Open
11:20am - 3:00pm	Laps(8)	Open	Closed	Open til 12 pm
3:00pm - 6:00pm	Laps(2) Swim Team	Open	Closed	Open @ 5 pm
6:00pm - 7:00pm	Laps(4) Swim Team	Open	Closed	Open
7:00pm - 9:30pm	Laps(2) Swim Team / Diving	Open	Closed	Open
Tuesday	BW dive team 12/11 8:15-10:00 am			
5:00am - 5:30am	Laps(8)	Open	Closed	Closed
5:30am - 6:30am	Laps(6) Swim Team	Open	Closed	Closed
6:30am - 8:00am	Laps(8)	Open/CCF 7:00am	Closed	Closed
8:00am - 10:35am	Laps(5) *Dive Team til 10:15	Open	Closed/CCF	Closed
10:35am - 11:35am	Laps(8)	ROM	Closed	Closed
11:35am -3:00pm	Laps(8)	Zumba til 12:35 am	Closed	Closed
3:00pm - 5:30pm	Laps(2) Swim Team	Open	Closed	Closed
5:30pm-7:30pm	Laps(2) LTS	LTS	LTS	LTS
7:30pm - 8:30pm	Laps(2) Water Ex/Swim Team	Open	Closed	Open
8:30pm - 9:30pm	Laps(5) Swim Team	Open	Closed	Open
Wednesday	AQUATIC CENTER CLOSED (a)	1		1
5:00am - 5:30am	Laps(8)	Open	Closed	Closed
5:30am - 6:30am	Laps(6) Swim Team	Open	Closed	Closed
6:30am - 9:00am	Laps(8)	Open/ CCF @ 7 am	Closed	Closed
9:00-10:15 am	Laps(8)	Water Exercise 9:15am	Closed	Open
10:15am - 11:15am	Laps(5) Water Exercise	Open	Closed	Open
11:15am - 3:00pm	Laps(8)	Open	Closed	Open til 12 pm
3:00pm - 6:00pm	Laps(2) Swim Team	Open	Closed	Open @ 5pm
6:00pm - 7:00pm	Laps(4) Swim Team	Open	Closed	Open
7:00pm - 9:30pm	Laps(2) Swim Team / Diving	Open	Closed	Open
Thursday	Tueso	day & Thursday LTS will en	nd 12/6	1
5:00am - 9:45am	Laps(8)	Open/ CCF @ 7 am	Closed	Closed
9:45am - 10:35am	Laps(8)	Water Zumba @9:45am	Closed/CCF	Closed
10:35am - 11:35am	Laps(8)	ROM	Closed	Closed
11:35am - 1:00pm	Laps(8)	Open/CCF/AquaDame	Closed	Closed
1:00pm - 3:00pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00pm - 5:30pm	Laps(2) Swim Team	Open Open	Closed	Closed
5:30pm - 7:30pm	Laps(2) LTS	LTS	LTS	LTS
7:30pm - 7:30pm 7:30pm - 8:30pm	Laps(2) Water Ex/Swim Team	Open	Closed	Open
8:30pm - 9:30pm	Laps(5) Swim Team	Open	Closed	Open
FRIDAY	BW dive team 12/7 8:15-10:00 am			
5:00am - 5:30am	Laps(8)	Open	Closed	Closed
5:30am - 6:30am	Laps(2) Swim Team	Open	Closed	Closed
6:30am - 8:00 am	Laps(8)	Open	Closed	Closed
8:00 am - 10:15 am	Laps(5) *Dive Team	Water Exercise	Closed	Open @ 9 am
10:15 am - 11:15am	Laps(5) Water Exercise	Open Open	Closed	Open (b) 7 am
11:15am - 3:00pm	Laps(8)	Open	Closed	Open til 12 pm
3:00pm - 5:00pm	Laps(2) Swim Team	Open	Closed	Closed
5:00pm - 7:30pm	Laps(3)/Lo Dive/ <b>Swim Team</b>	Open	Open	Open
7:30pm - 9:30pm	Laps(3)/Lo Dive/Hi Dive	Open	Open	Open
Saturday Saturday LTS will end 12/15				
8:00am - 9:00am	Laps(8)	Open	Closed	Closed
9:00am - 1:00 pm	Laps(2) LTS	LTS	LTS	LTS
1:00pm - 7:30pm	Laps(3)/Lo Dive/Hi Dive	Open	Open	Open
CCF = Cleveland Clinic Water Therapy   LTS = Learn To Swim   ROM = Range Of Motion				

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Special Olympics last practice 12/2. There will be 8 lap lanes available on Sundays from 9-1 pm starting 12/16

Please refer to the Special Open Swim Schedule when STRONGSVILLE has no school