## OPEN SWIM SCHEDULE OCTOBER 1 - OCTOBER 26 2019

THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	HEDULED 10 MINUTE BREAT Competition Pool	Activity Pool	Water Slide	Fun Ship
Sunday	Competition 1 cor	LG CLASS ENDS 10/2		T un omp
9:00 am - 1:00 pm	*Laps(2) Spec. Olympics/LG	Open/LG TRAINING	Closed	Open
1:00 pm - 4:30 pm	Laps(3) Lo Dive/Hi Dive	Open	Open	Open
Monday	F	- F	T T	
5:00 am - 5:30 am	Laps(8)	Open	Closed	Closed
5:30 am - 7:30 am	Laps(6) Swim Team	Open	Closed	Closed
7:30 am - 9:15 am	Laps(8)	Open/SWPT 8-9a	Closed	Closed
9:15 am - 10:15 am	Laps(8)	Water Exercise	Closed	Closed
10:15 am - 11:30 am	Laps(5) Water Exercise	ROM 10:30 - 11:30 am	Closed	Closed
11:30 am - 3:00 pm	Laps(8)	Open	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Closed	Open
6:00 pm - 7:00 pm	Laps(4) Swim Team	Open	Closed	Open
7:00 pm - 9:30 pm	Laps(4) Swim Team	Open	Closed	Open
Tuesday		-		
5:00 am - 10:45 am	Laps(8)	Open/CCF 7:00am	Closed	Closed
10:45 am - 11:45 am	Laps(5) Water Exercise	ROM	Closed	Closed
11:45 am - 1:00 pm	Laps(8)	Aqua Danza til 12:35 pm	Closed/CCF	Closed
1:00 pm - 3:00 pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(2) Swim Team	LTS	LTS	Closed
5:30 pm - 7:30 pm	Laps(2) LTS	LTS	LTS	Closed
7:30 pm - 9:30 pm	Laps(2) Water Ex/Swim Team	Open/Adult LTS	Closed	Open
Wednesday				
5:00 am - 9:15 am	Laps(8)	Open/SWPT 8-9a	Closed	Closed
9:15 am - 10:15 am	Laps(8)	Water Exercise	Closed/SWPT	Open
10:15 am - 11:15 am	Laps(5) Water Exercise	Open/ <b>SWPT 10:30-12</b>	Closed	Open
11:15 am - 3:00 pm	Laps(8)	Open/SWPT til 12 pm	Closed/SWPT	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Closed	Open
6:00 pm - 7:00 pm	Laps(4) Swim Team	Open	Closed	Open
7:00 pm - 9:30 pm	Laps(4) Swim Team	Open	Closed	Open
Thursday				
5:00 am - 9:45 am	Laps(8)	Open/ <b>CCF 7:00am</b>	Closed	Closed
9:45 am - 10:45 am	Laps(8)	Aqua Danza	Closed/CCF	Closed
10:45 am - 11:35 am	Laps(5) Deep Water Exercise	ROM	Closed	Closed
11:35 am - 1:00 pm	Laps(8)	Open/CCF/AquaDame	Closed	Closed
1:00 pm - 3:00 pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(2) Swim Team	LTS	LTS	Closed
5:30 pm - 7:30 pm	Laps(2) LTS	LTS	LTS	Closed
7:30 pm - 9:30 pm	Laps(1) ST/WEX/LTS	Open/Adult LTS	Closed	Open
FRIDAY		0/11 CHECK BACK FOR S		
5:00 am - 9:15 am	Laps(8) ** 10/25 (2 lanes 5:30-6:30)	Open	Closed	Closed
9:15 am - 10:15 am	Laps(8)	Water Exercise	Closed	Closed
10:15 am - 11:15 am	Laps(5) Water Exercise	Open	Closed	Closed
11:15 am - 3:00 pm	Laps(8)	Open	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 7:30 pm	Laps(3) Lo Dive/Swim Team	Open	Open	Open
7:30 pm - 9:30 pm	Laps(3) Lo Dive/Hi Dive	Open	Open	Open
Saturday 8:00 am - 9:00 am	Laps(8)	Open	Closed	Closed
9:00 am - 9:00 am 9:00 am - 10:00 am	Laps(6) LTS	Open LTS	LTS	LTS
10:00 am - 12:00 pm	Laps(3) LTS/Diving	LTS	LTS	LTS
12:00 pm - 1:00 pm	Laps(8)	LTS	LTS	LTS
1:00 pm - 7:30 pm	Laps(3) Lo Dive/Hi Dive	Open	Open	Open
	CHEDULE SUBJECT TO CHANG		1	1

POOL SCHEDULE SUBJECT TO CHANGE PLEASE CALL 440-580-3260 FOR CURRENT INFO

CCF = Cleveland Clinic Water Therapy | LTS = Learn To Swim | ROM = Range Of Motion | SWPT = Southwest Therapy \*LG TRAINING ends OCTOBER 13 (4 lap lanes will be available starting 10/20)

Special Olympics use lanes 5-8 from 10-12 PM

<sup>\*\*</sup> High School Swim Practice begins Friday, October 25. There will be 2 lap lanes available from 5:30-6:30 am