

OPEN SWIM SCHEDULE

OCTOBER 1 - OCTOBER 27, 2018

9/17/2018

THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Fun Ship
Sunday				
9:00am - 1:00pm	*Laps(2) Spec. Olympics/LG	Open/LG TRAINING	Closed	Open
1:00pm - 4:30pm	Laps(3)/Lo Dive/Hi Dive	Open	Open	Open
Monday				
5:00am - 5:30am	Laps(8)	Open	Closed	Closed
5:30am - 7:30am	Laps(6) Swim Team	Open	Closed	Closed
7:30am - 9:15am	Laps(8)	Open	Closed	Closed
9:15am - 10:15am	Laps(8)	Water Exercise	Closed	Open
10:15am - 11:20am	Laps(5) Water Exercise	ROM	Closed	Open
11:20 am - 3:00pm	Laps(8)	Open	Closed	Open til 12 pm
3:00pm - 5:00pm	Laps(2) Swim Team	Open	Closed	Closed
5:00pm - 6:00pm	Laps(2) Swim Team	Open	Closed	Open
6:00pm - 7:00pm	Laps(4) Swim Team	Open	Closed	Open
7:00pm - 9:30pm	Laps(4) Swim Team	Open	Closed	Open
Tuesday				
5:00am - 8:30am	Laps(8)	Open/CCF 7:00am	Closed	Closed
8:30am - 9:45am	Laps(8)	Open/CCF	Closed	Closed
9:45am - 10:45am	Laps(8)	Open/CCF	Closed	Closed
10:45am - 11:45am	Laps(8)	ROM	Closed	Closed
11:45am - 1:00pm	Laps(8)	Water Zumba til 12:35 pm	Closed/CCF	Closed
1:00pm - 3:00pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00pm - 5:00pm	Laps(2) Swim Team	Open	Closed	Closed
5:00pm - 5:30pm	Laps(2) Swim Team	LTS	LTS	Closed
5:30pm - 7:30pm	Laps(2) LTS	LTS	LTS	Closed
7:30pm - 9:30pm	Laps(2)ST/WEX/LTS	Open/ Adult LTS	Closed	Open
Wednesday				
5:00am - 9:15am	Laps(8)	Open	Closed	Closed
9:15am - 10:15am	Laps(8)	Water Exercise	Closed	Open
10:15am - 11:15am	Laps(5) Water Exercise	Open/ CCF	Closed	Open
11:15am - 3:00pm	Laps(8)	Open/ CCF til 1	Closed	Open til 12 pm
3:00pm - 5:00pm	Laps(2) Swim Team	Open	Closed	Closed
5:00pm - 6:00pm	Laps(2) Swim Team	Open	Closed	Open
6:00pm - 7:00pm	Laps(4) Swim Team	Open	Closed	Open
7:00pm - 9:30pm	Laps(4) Swim Team	Open	Closed	Open
Thursday				
5:00am - 8:30am	Laps(8)	Open/CCF 7:00am	Closed	Closed
8:30am - 9:45am	Laps(8)	Open/CCF	Closed	Closed
9:45am - 10:35am	Laps(8)	Water Zumba	Closed/CCF	Closed
10:35am - 11:35am	Laps(8)	ROM	Closed	Closed
11:35am - 1:00pm	Laps(8)	Open/CCF/AquaDame	Closed	Closed
1:00pm - 3:00pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00pm - 5:00pm	Laps(2) Swim Team	Open	Closed	Closed
5:00pm - 5:30pm	Laps(2) Swim Team	LTS	LTS	Closed
5:30pm - 7:30pm	Laps(2) LTS	LTS	LTS	Closed
7:30pm - 9:30pm	Laps(2)ST/WEX/LTS	Open/Adult LTS	Closed	Open
FRIDAY				
5:00am - 9:15am	Laps(8) ** 10/26 (2 lanes 5:30-6:30)	Open	Closed	Closed
9:15am - 10:15am	Laps(8)	Water Exercise	Closed	Open
10:15am - 11:15am	Laps(5) Water Exercise	Open	Closed	Open
11:15am - 3:00pm	Laps(8)	Open	Closed	Open til 12 pm
3:00pm - 5:00pm	Laps(2) Swim Team	Open	Closed	Closed
5:00pm - 7:30pm	Laps(3)/Lo Dive/ Swim Team	Open	Open	Open
7:30pm - 9:30pm	Laps(3)/Lo Dive/Hi Dive	Open	Open	Open
Saturday				
8:00am - 10:00am	Laps(4) LTS/Swim Team	LTS	LTS	LTS
10:00am - 1:00pm	Laps(2) LTS	LTS	LTS	LTS
1:00pm - 7:30pm	Laps(3)/Lo Dive/Hi Dive	Open	Open	Open

POOL SCHEDULE SUBJECT TO CHANGE PLEASE CALL 440-580-3260 FOR CURRENT INFO

CCF = Cleveland Clinic Water Therapy LTS = Learn To Swim ROM = Range Of Motion

*LG TRAINING ends OCTOBER 7th (4 lap lanes will be available starting 10/14)

Special Olympics use lanes 5-8 from 10-11 am

** High School Swim Practice begins Friday, October 26th. There will be 2 lap lanes available from 5:30-6:30 am