UPDATED OPEN SWIM SCHEDULE OCTOBER 1 - OCTOBER 26 2019

10/9/2019

THERE IS A SC	CHEDULED 10 MINUTE BREA	I - OCIOBER 26 Kat the top of ever		IDS UNDER 18
Days & Times	Competition Pool	Activity Pool	Water Slide	Fun Ship
Sunday	LG CLASS ENDS 10/13			
9:00 am - 1:00 pm	*Laps(2) Spec. Olympics/LG	Open/LG TRAINING	Closed	Open
1:00 pm - 4:30 pm	Laps(3) Lo Dive/Hi Dive	Open	Open	Open
Monday	BEGINNING FRIDAY, OCTOB	ER 25 THE AQUATIC CENTE	1	D FROM 3-5PM
5:00 am - 5:30 am	Laps(8)	Open	Closed	Closed
5:30 am - 7:30 am	Laps(6) Swim Team	Open	Closed	Closed
7:30 am - 9:15 am	Laps(8)	Open/SWPT 8-9a	Closed	Closed
9:15 am - 10:15 am	Laps(8)	Water Exercise	Closed	Closed
10:15 am - 11:30 am	Laps(5) Water Exercise	ROM 10:30 - 11:30 am	Closed	Closed
11:30 am - 3:00 pm	Laps(8)	Open	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Closed	Open
6:00 pm - 7:00 pm	Laps(4) Swim Team	Open	Closed	Open
7:00 pm - 9:30 pm	Laps(4) Swim Team	Open	Closed	Open
Tuesday		-	-	
5:00 am - 10:45 am	Laps(8)	Open/CCF 7:00am	Closed	Closed
10:45 am - 11:45 am	Laps(5) Water Exercise	ROM	Closed	Closed
11:45 am - 1:00 pm	Laps(8)	Aqua Danza til 12:35 pm	Closed/CCF	Closed
1:00 pm - 3:00 pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(2) Swim Team	LTS	LTS	Closed
5:30 pm - 7:30 pm	Laps(2) LTS	LTS	LTS	Closed
7:30 pm - 9:30 pm	Laps(2) Water Ex/Swim Team	Open/Adult LTS	Closed	Open
Wednesday				
5:00 am - 9:15 am	Laps(8)	Open/SWPT 8-9a	Closed	Closed
9:15 am - 10:15 am	Laps(8)	Water Exercise	Closed/SWPT	Closed
10:15 am - 11:15 am	Laps(5) Water Exercise	Open/SWPT 10:30-12	Closed	Closed
11:15 am - 3:00 pm	Laps(8)	Open/SWPT til 12 pm	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Closed	Closed
6:00 pm - 7:00 pm	Laps(4) Swim Team	Open	Closed	Open
7:00 pm - 9:30 pm	Laps(4) Swim Team	Open	Closed	Open
Thursday				
5:00 am - 9:45 am	Laps(8)	Open/CCF 7:00am	Closed	Closed
9:45 am - 10:45 am	Laps(8)	Aqua Danza	Closed/CCF	Closed
10:45 am - 11:35 am	Laps(5) Deep Water Exercise	ROM	Closed	Closed
11:35 am - 1:00 pm	Laps(8)	Open/CCF/AquaDame	Closed	Closed
1:00 pm - 3:00 pm	Laps(8)	Open/CCF til 2PM	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(2) Swim Team	LTS	LTS	Closed
5:30 pm - 7:30 pm	Laps(2) LTS		LTS	Closed
7:30 pm - 9:30 pm	Laps(1) ST/WEX/LTS	Open/Adult LTS	Closed	Open
FRIDAY		CHECK FOR SPECIAL H	1	-
5:00 am - 9:15 am	Laps(8)	Open	Closed	Closed
9:15 am - 10:15 am	Laps(8)	Water Exercise	Closed	Closed
10:15 am - 11:15 am	Laps(5) Water Exercise	Open	Closed	Closed
11:15 am - 3:00 pm	Laps(8)	Open	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 7:30 pm	Laps(3) Lo Dive/ Swim Team	Open	Open	Open
7:30 pm - 9:30 pm	Laps(3) Lo Dive/Hi Dive	Open	Open	Open
Saturday	$I_{apa}(0)$		Closed	Class
8:00 am - 9:00 am 9:00 am - 10:00 am	Laps(8) Laps(6) LTS	Open LTS	Closed LTS	Closed LTS
10:00 am - 10:00 am 10:00 am - 12:00 pm	Laps(3) LTS/Diving	LTS	LTS	LTS
12:00 pm - 1:00 pm	Laps(8)	LTS	LTS	LTS
1:00 pm - 7:30 pm	Laps(3) Lo Dive/Hi Dive	Open	Open	Open
	CHEDULE SUBJECT TO CHANG			

CCF = Cleveland Clinic Water Therapy | LTS = Learn To Swim | ROM = Range Of Motion | SWPT = Southwest Therapy *LG TRAINING ends OCTOBER 13 (4 lap lanes will be available starting 10/20) Special Olympics use lanes 5-8 from 10-11 am

BEGINNING FRIDAY, OCTOBER 25 THE AQUATIC CENTER WILL BE CLOSED MON-FRI FROM 3-5 PM DAYTIME LIFEGUARDS NEEDED | PLEASE CALL IF INTERESTED!!!