

OPEN SWIM SCHEDULE | CHAMPS WEEK

JULY 15 - JULY 21, 2019

THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR

| Days & Times | Competition Pool | Activity Pool | Water Slide | Cap'n Rec's Fun Ship |
|--|----------------------------------|----------------------|---------------|----------------------|
| Monday 7/15 | | | | |
| 5:00 am - 7:00 am | Laps(8) | Open | Closed | Closed |
| 7:00 am - 8:00 am | Laps(4) SEA MONKEYS | Open/CCF | Closed | Closed |
| 8:00 am - 9:00 am | Laps(3) SEA MONKEYS | Aqua Danza 8:10 am | Closed - CCF | Closed |
| 9:00 am - 10:00 am | Laps(3) SEA MONKEYS | Water Ex @ 9:10 am | LTS @ 9:30 am | Closed |
| 10:00 am - 1:00 pm | Laps(2) LTS | LTS | LTS | Closed |
| 1:00 pm - 5:00 pm | Laps(3) Lo Dive/Hi Dive | Open | Open | Open |
| 5:00 pm - 7:30 pm | Laps(2) LTS | LTS | LTS | Closed |
| 7:30 pm - 8:30 pm | Laps (5) Water Ex 7:30 - 8:20 pm | Open/Adult Lessons | Closed | Open |
| Tuesday 7/16 | | | | |
| 5:00 am - 7:00 am | Laps(8) | Open | Closed | Closed |
| 7:00 am - 8:00 am | Laps(4) SEA MONKEYS | Open/CCF | Closed | Closed |
| 8:00 am - 9:00 am | Laps(3) SEA MONKEYS | Open/CCF til 9:45 am | Closed | Closed |
| 9:00 am - 10:00 am | Laps(3) SEA MONKEYS | ROM 9:45 - 10:35 am | LTS @ 9:30 am | Closed |
| 10:00 am - 1:00 pm | Laps(2) LTS | ROM til 10:35am/LTS | LTS | Closed |
| 1:00 pm - 5:00 pm | Lap (3) Lo Dive/Hi Dive | Open | Closed | Open |
| 5:00 pm - 8:30 pm | Laps(8) | Open | Closed | Open |
| Wednesday 7/17 | | | | |
| POOL CLOSSES AT 4:30 PM. NO EVENING LESSONS | | | | |
| 5:00 am - 7:00 am | Laps(8) | Open | Closed | Closed |
| 7:00 am - 8:00 am | Laps(4) SEA MONKEYS | Open/CCF | Closed | Closed |
| 8:00 am - 9:00 am | Laps(3) SEA MONKEYS | Aqua Danza 8:10 am | Closed - CCF | Closed |
| 9:00 am - 10:00 am | Laps(3) SEA MONKEYS | Water Ex @ 9:10 am | LTS @ 9:30 am | Closed |
| 10:00 am - 1:00 pm | Laps(2) LTS | LTS | LTS | Closed |
| 1:00 pm - 4:30 pm | Laps(3) Lo Dive/Hi Dive | Open | Open | Open |
| Thursday 7/18 | | | | |
| 5:00 am - 7:00 am | Laps(8) | Open | Closed | Closed |
| 7:00 am - 8:00 am | Laps(4) SEA MONKEYS | Open/CCF | Closed | Closed |
| 8:00 am - 9:00 am | Laps(3) SEA MONKEYS | Open/CCF til 9:45 am | Closed | Closed |
| 9:00 am - 10:00 am | Laps(3) SEA MONKEYS | ROM 9:45 - 10:35 am | LTS @ 9:30 am | Closed |
| 10:00 am - 1:00 pm | Laps(2) LTS | ROM til 10:35am/LTS | LTS | Closed |
| 1:00 pm - 5:00 pm | Laps(3) Lo Dive/Hi Dive | Open | Open | Open |
| 5:00 pm - 7:00 pm | Laps(4) Swim Team | Open | Closed | Open |
| 7:00 pm - 8:30 pm | Laps(8) | Open | Closed | Open |
| 7:30 pm - 8:30 pm | Laps (5) Water Ex 7:30 - 8:20 pm | Open | Closed | Open |
| FRIDAY 7/19 | | | | |
| 5:00 am - 8:00 am | Laps(8) | Open | Closed | Closed |
| 8:00 am - 10:00 am | Laps(2) SEA MONKEYS | Open | Closed | Open |
| 10:00 pm - 1:00 pm | Laps(4) Swim Team | Open/LG TRAINING | Closed | Open |
| 1:00 pm - 5 :00 pm | Laps(3) Lo Dive/Hi Dive | Open | Open | Open |
| 5:00 pm - 7:00 pm | Laps (4) Swim Team | Open | Open | Open |
| 7:00 pm - 8:30 pm | Laps (8) | Open | Open | Open |
| Saturday 7/20 | | | | |

Aquatic Center Closed ALL DAY for CHAMPS MEET

| | | | | |
|--------------------|--------------------|------|--------|------|
| Sunday 7/21 | | | | |
| 9:00 am - 11:00 am | Laps(8) | Open | Closed | Open |
| 11:00 am - 2:30 pm | Laps(3) Lo/Hi Dive | Open | Open | Open |

Open Swim Schedule subject to change- Call 440-580-3260 for current information

CCF=Cleveland Clinic Water Therapy | ROM=Range of Motion | LTS = Learn To Swim

REC CENTER CLOSSES AT 5 PM FOR HOMECOMING PARADE WEDNESDAY, JULY 17

AQUATIC CENTER CLOSED FOR ANNUAL SHUT DOWN. AUGUST 19 - SEPTEMBER 3

REVISED 6/7/19