

AUGUST 2022

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00 Aging Well	9:15-10:00 Express Circuit 9:20 Attorney 10:00-11:00 Line Dance 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:30 Basic Drawing Class	9:15 Memory Loss Support Group 9:15- 10:00 SMILE 9:15 Bocce Ball (St. John) 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	No Watercolor 9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 12:30 Movie Matinee <i>"Stars Fell on Alabama"</i> 1:00-3:00 Knit/Crochet	No Watercolor 9:15 - 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
1	2	3	4	5
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:00-11:00 Line Dancing 10:00 Stroke Prevention & Awareness 10:00 Hearing Aid Service 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 12:40 Mobile Post Office 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:15 Bocce Ball (St. John) 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	No Watercolor 8:00-6:00pm Treasure Bag Tour 9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	No Watercolor 9:15- 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
8	9	10	11	12
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00 The Art of Pop Music- Bette Midler	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:15 Bocce Ball (St. John) 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 12:30 Movie Matinee <i>"Downton Abbey, A New Era"</i> 1:00-3:00 Knit/Crochet	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo
15	16	17	18	19
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters 2:30 Library Book Discussion (at Strongsville Library)	7:00am-7:00pm Niagara Fall Trip 9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Flex, Movement & Balance 12:30 Pinochle 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:15 Bocce Ball (St. John) 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Attorney 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
22	23	24	25	26
<h2>Senior Annual</h2>	<h2>Center Maintenance</h2>	<h2>Closed Shutdown</h2>		
29	30	31		