

# DAILY ACTIVITIES FOR FEBRUARY

FEBRUARY 2021

Registration for February daily programs starts January 18th

<b>LINE DANCING</b>		
Fridays	10:00-10:45am	\$15/Month
<b>S.M.I.L.E.*</b>		
Mondays	9:15-10am	\$4/Month
Tuesdays	11:15am-12pm	\$4/Month
Wednesdays	9:15-10am	\$4/Month
Thursdays	11:15am-12pm	\$4/Month
Fridays	9:15-10am	\$4/Month
*Free to Grant Members*		
<b>ASIAN EXERCISE</b>		
Mondays	9:15-10am	\$20/Month
<b>FUNCTIONAL TRAINING*</b>		
Mondays	10:15-11am	\$12/Month
Wednesdays	10:15-11am	\$12/Month
Fridays	10:15-11am	\$12/Month
*Free to Grant Members*		
<b>CARDIO FIT*</b>		
Mondays	11:15am-12:00pm	\$12/Month
Wednesdays	11:15am-12:00pm	\$12/Month
Fridays	11:15am-12:00pm	\$12/Month
*Free to Grant Members*		
<b>BINGO</b>		
Fridays	2:30-3pm	\$1/4 cards
<b>CLASSICAL PAINTING</b>		
Tuesdays	1-3:30pm	\$36/Month
<b>QUILTERS</b>		
Mondays	1-3pm	
<b>TAP DANCE</b>		
Thursdays	10:30-11:30am	\$20/Month
<b>YOGA</b>		
Tuesday	10:00-10:45am	\$16/Month
Thursdays	10:00-10:45am	\$16/Month
Thursdays	1:30-2:15pm	\$16/Month
<b>RHYTHM &amp; MOVEMENT</b>		
Wednesday	10-10:45am	\$16/Month
<b>OPEN WOODSHOP</b>		
Wednesdays	9:30-11:30am	\$12/Month
Thursdays	9:30-11:30am	\$12/Month
<b>WATERCOLOR</b>		
Fridays	9:30-11:30am	\$36/Month
<b>MEDITATION GROUP</b>		
Wednesdays	10:30-11:15am	\$12/Month

<b>PICKLEBALL</b>		
Mondays	9:00-11:00am	\$8/Month
Wednesdays	9:00-11:00am	\$8/Month
<b>WII BOWLING*</b>		
Tuesdays	12:00pm	\$4/Month
*Free to Grant Members*		
<b>MOVIE CLUB- A MONTH OF LOVE</b>		
Thursdays	12:30pm	\$12/Month
(includes drink & popcorn)		
<p><b>Feb 4th- "The Secret: Dare to Dream"</b> Miranda is a hardworking young widow who's struggling to raise 3 children on her own. A powerful storm soon brings a challenge and a mysterious man into her life. In just a few short days, his presence reignites the family's spirit but he carries a secret that could change everything.</p> <p><b>Feb 11th- "Sweet Home Carolina"</b> Just as Diane, an overworked ad-exec from LA, burns out at work, she suddenly inherits a house in her rural hometown. Hoping to start fresh, regain her bearings, and repair the fractured relationship with her older daughter, Diane moves cross-country with her two girls.</p> <p><b>Feb 18th- "Letters to Juliet"</b> In modern Verona, where women seeking their Romeos leave letters to Juliet, a young writer finds a life-altering 50-year-old letter.</p> <p><b>Feb 25th- "The Love Punch"</b> Set in the French Riviera, The Love Punch brings together Pierce Brosnan and Emma Thompson in a feel good romantic comedy about an estranged couple who, after having their pension stolen by a crooked businessman, must reunite to steal it back.</p>		
<b>REMINDERS</b>		
*Members only		
*Pre-Registration is required- no day of registration.		
*Masks must be worn while in the facility. -Mask may be removed while actively exercising		
*Bring your own water, all water fountains are turned off.		
*There will be no refunds or make ups for programs that are unattended.		
*Please arrive no earlier than 10 minutes before the scheduled start time of your program.		
*All Pickleball participants must enter through the Rec Center entrance and bring their own paddle.		
*All Yoga participants must bring their own supplies including mat.		
<p><b>Strongsville Senior Center</b> 18100 Royalton Road 440-580-3275</p> <p><b>Hours Mon - Fri 9am - 5pm</b></p> <p><b>Senior Wheels Call Center 440-826-0800</b></p> <p><b>Kitchen Orders- 440-580-3268</b></p>		

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 1:00-3:00 Quilters	10:00-10:45 Yoga 11:15-12:00 SMILE 12:00 Wii Bowling 1:00 Classical Painting	9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00-10:45 R & M 10:15-11:00 Functional Training 10:30- 11:15 Meditation Grp 11:15-12:00 Cardio Fit	9:30-11:30 Open Woodshop 10:00-10:45 Yoga 10:30 Tap Dance 11:15-12:00 SMILE 12:30 Movie Club "The Secret: Dare to Dream" 1:30-2:15 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 10:00-10:45 Line Dancing 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:30-3:00 Bingo
1	2	3	4	5
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 1:00-3:00 Quilters	10:00-10:45 Yoga 11:15-12:00 SMILE 12:00 Wii Bowling 1:00 Classical Painting	9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00-10:45 R & M 10:15-11:00 Functional Training 10:30- 11:15 Meditation Grp 11:15-12:00 Cardio Fit	9:30-11:30 Open Woodshop 10:00-10:45 Yoga 10:30 Tap Dance 11:15-12:00 SMILE 12:30 Movie Club "Sweet Home Carolina" 1:30-2:15 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 10:00-10:45 Line Dancing 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:30-3:00 Bingo
8	9	10	11	12
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 1:00-3:00 Quilters	10:00-10:45 Yoga 11:15-12:00 SMILE 12:00 Wii Bowling 1:00 Classical Painting	9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00-10:45 R & M 10:15-11:00 Functional Training 10:30- 11:15 Meditation Grp 11:15-12:00 Cardio Fit	9:30-11:30 Open Woodshop 10:00-10:45 Yoga 10:30 Tap Dance 11:15-12:00 SMILE 12:30 Movie Club "Letters to Juliet" 1:30-2:15 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 10:00-10:45 Line Dancing 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:30-3:00 Bingo
15	16	17	18	19
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22	23	24	25	26