




# STRONGSVILLE SENIOR CENTER

## JULY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>LUNCH**</b> <b>Balsamic Chicken</b> <b>Roasted Potatoes</b>	<b>2</b> <b>Pork Stir Fry</b> <b>Rice</b>	<b>3</b> <b>Hamburger</b> <b>Baked Beans</b> <b>Lunches must be</b> <b>picked up by 3pm</b>	<b>4</b> <b>Happy 4th of July</b> <b>Senior Center</b> <b>Closed</b> 	<b>5</b> <b>Tuna Salad Club</b> <b>Sandwich</b> <b>Tater Tots</b> <b>Lunches must be</b> <b>picked up by 3pm</b>
<b>8</b> <b>Kielbasa</b> <b>Pierogis</b>	<b>9</b> <b>Chicken Parmesan</b> <b>Noodles</b>	<b>10</b> <b>Meatloaf</b> <b>Mashed Potatoes</b>	<b>11</b> <b>Swiss Steak</b> <b>Couscous</b>	<b>12</b> <b>Italian Sausage w/</b> <b>Peppers &amp; Onions</b> <b>Parslied Potatoes</b>
<b>15</b> <b>Beef Stew</b> <b>Biscuit</b>	<b>16</b> <b>Pork Schnitzel</b> <b>Spaetzle</b>	<b>17</b> <b>Stuffed Pepper</b> <b>Mashed Potatoes</b>	<b>18</b> <b>Cranberry Chicken</b> <b>Noodles</b>	<b>19</b> <b>Sheppard's Pie</b>
<b>22</b> <b>Ham Loaf</b> <b>Sweet Potatoes</b>	<b>23</b> <b>Chicken Kabob</b> <b>Rice Pilaf</b>	<b>24</b> <b>Beef Lasagna</b>	<b>25</b> <b>Oven Fried Chicken</b> <b>Mashed Potatoes</b>	<b>26</b> <b>Grilled Pork Chop</b> <b>Buttered Noodles</b>
<b>29</b> <b>Sweet 'n Sour Chicken</b> <b>Rice</b>	<b>30</b> <b>Beef Stroganoff</b> <b>Noodles</b>	<b>31</b> <b>City Chicken</b> <b>Baked Potato</b>		

The Strongsville Senior Center provides affordable take out home cooked meals. Details below!

\*Monday thru Friday delicious meals can be picked up at the Strongsville Senior Center Doors from 11:30am-1:30pm.

\*Meal fees  
 \$6.50 for Silver Mustang Members  
 \$7.00 for others

\*Call the kitchen at 440-580-3268 to order or to obtain a soup menu.

\*Meals include salad, main course, vegetable, bread and dessert.

\*All meals are fresh and homemade.

\*Reservations and payment are due by 12noon the business day before. Monday meals must be ordered by 12noon Friday.

\*Sorry no substitutions

\*\*Half Priced Lunch rate (\$3.50) only applies to the first 100 Silver Mustang Members

### **Soup available**

32oz soup for sale  
 \$6.50 Silver Mustang Members \$7.00 Others

Pre-orders & payment required  
 Soup menu changes weekly, find menu online at [www.strongsville.org](http://www.strongsville.org)

