

NOVEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	Senior Center Closed Election Day 	9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15 Memory Loss Support Group 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 11:30-1:00 Veterans Lunch Drive-By 12:00 Mah Jongg	No Classical Painting 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Bunco 10:30-11:30 Yoga 10:30-11:30 Tap Dancing 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "A Father's Legacy" 1:00-3:00 Knit/Crochet 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:00 History of Pop Music 1960's 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
9:00-5:00 Puzzle & Book Sale 9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00 Scattergories	9:00-5:00 Puzzle & Book Sale 9:15 Medicare Counseling 9:15-10:00 Express Circuit 9:20 Attorney 10:00-11:00 Line Dance 10:00 Hearing Aid Service 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	Mansfield Wine and Ale Trip 9:00-5:00 Puzzle & Book Sale 9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-5:00 Puzzle & Book Sale 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:30-11:30 Yoga 10:30-11:30 Tap Dance 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-2:30 Yoga	9:00-5:00 Puzzle & Book Sale 9:15- 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:00-11:00 Line Dancing 10:00 Hearing Aid Services 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting 1:00 Meditation for Healthy Aging	9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00 Creative Crafts 10:00-11:00 Rhythm & Movement 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:30-11:30 Yoga 11:30-12:15 SMILE 11:30-1:00 Thanksgiving Lunch Drive-By 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:00 Attorney 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	No Classical Painting 9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Better Balance 12:30 Pinochle 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00 Low Vision Support Group	9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	Happy Thanksgiving! Senior Center Closed 	Senior Center Closed
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:15-11:15 Yoga 10:00-11:00 Line Dance 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting			