

OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				9:15– 10:00 SMILE 9:30 HEAP Sign Up 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:20 Attorney 10:15-11:15 Yoga 10:00-11:00 Line Dance 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15 Memory Loss Support Group 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:15-11:15 Yoga 10:30-11:30 Tap Dance 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "Queen Bees" 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:00 The Music of Barbra Streisand 1:30-2:30 Yoga	9:15– 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
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9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters 1:00 Scattergories	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:00 Hearing Aid Services 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting 1:00 Meditation for Healthy Aging	9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00 Creative Crafts 10:00-11:00 Rhythm & Movement 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:15-11:15 Yoga 10:30-11:30 Tap Dance 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-2:30 Yoga	8:00 The Amish Country Theater Trip 9:15– 10:00 SMILE 9:30 HEAP Sign Up 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
11	12	13	14	15
9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Better Balance 12:30 Pinochle 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:15-11:15 Yoga 10:30-11:30 Tap Dance 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "12 Mighty Orphans" 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-2:30 Yoga	9:15– 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:00 Attorney 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
18	19	20	21	22
9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters 1:00 Your Breath is Your Superpower	9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:15-11:15 Yoga 10:00-11:00 Line Dance 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00 Low Vision Support Group 1:00-3:30 Classical Painting	9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	No Watercolor 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Bunco 9:30 Benefits Check Up 10:15-11:15 Yoga 10:30-11:30 Tap Dancing 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-2:30 Yoga	9:15– 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 12:30-4:00 Table Tennis/ Billiards
25	26	27	28	29