

SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<h1>Senior Center Closed</h1> <h1>Annual Maintenance Shut Down</h1>			Fantasy Walk Starts 9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	9:15 – 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
<h2>Senior Center Closed</h2> <h2>Labor Day</h2>	9:15-10:00 Express Circuit 9:20 Attorney 10:00-11:00 Line Dance 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:15 Memory Loss Support Group 9:15– 10:00 SMILE 9:15 Bocce Ball (St. John) 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting	9:15– 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 The Nature of Fear (New) 11:15-12:00 Cardio Fit 12:30 Bridge 1:30 Basic Drawing (New)	9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:00-11:00 Line Dancing 10:00 Hearing Aid Service 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 12:30 Movie Matinee "Adeline" 12:40 Mobile Post Office 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	Guardian's Game 9:00-10:00 Beginner Pickleball (Rec Center) 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Regular Aging and Dementia 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-3:30 Creative Colored Pencil Art (New)	9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo
9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 The Nature of Fear 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters 1:30 Basic Drawing	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-3:30 Creative Colored Pencil Art	No Functional Training No Cardio Fit 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Attorney 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Better Balance 12:30-3:00 Bingo 12:30 Open Play
9:00-11:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 The Nature of Fear 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters 1:30 Basic Drawing 2:30 Library Book Discussion (at Strongsville Library)	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Flex, Movement & Balance 12:30 Pinochle 12:30 Movie Matinee "Mr. Malcolm's List" 1:00 Rummikub/Dominos 1:00 Low Vision Support Group 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	Holden Arboretum Trip No Cardio Fit 9:00-10:00 Beginner Pickleball (Rec Ctr) 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Medicare Presentation 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 9:30-11:30 Beginners/Intermediate Tap Dance 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting 1:30-3:30 Creative Colored Pencil Art	9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Mini Golf (Mr. Divots) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play