Strongsville Open Gym Schedule February 1st - 28th

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Time	Main Gym	Monday Main Gym		Main Gym	Tuesday Main Gym Main Gym		Main Gym	Wednesday Main Gym Main Gym		Thursday Main Gym Main Gym		Friday Main Gym Main Gym		Saturday Main Gym Main Gym			Sunday Main Gym Main Gym			Time		
	Front	Back	AUX	Front	Back	AUX	Front	Back	AUX	Front	Back	AUX	Front	Back	AUX	Front	Back	AUX	Front	Back	AUX	
5:00am		Open Gym			Open	Gym		Oper	Gym	iym		Open Gym		Open	Gym							5:00am
5:30am		Open Gym			Open Gym			Open Gym			Open	Gym		Open	Gym							5:30am
6:00am		Open Gym			Open Gym			Open Gym			Open	Gym		Open	Gym							6:00am
6:30am		Open Gym Open Gym Open Gym			Open Gym			Open Gym			Open	Gym		Open	Gym							6:30am
7:00am					Open Gym			Open Gym			Open Gym			Open Gym							7:00am	
7:30am					Open	Gym		Open Gym			Open	Open Gym			Open Gym							7:30am
8:00am		Open Gym			Open Gym	-		•	Gym		Open Gym			Open	•			Open Gym				8:00am
8:30am		Open Gym			Open Gym	-		Open	<u> </u>		Open Gym			Open	Gym	40.0	0	Open Gym		0		8:30am
9:00am 9:30am		Open Gym Open Gym	_	:	Open Gym Open Gym			Open Gym Open Gym	50 & Over Beginner	ginner kleball	Open Gym	5000	Full	Open Gym	Soccer	18 & C Basket		Open Gym Open Gym		Open Gym Open Gym	Chasial	9:00am 9:30am
10:00am		Open Gym	50 & Over Pickleball		Open Gym	50 & Over Pickleball		Open Gym	Pickleball		Open Gym Open Gym	Pickleball		Open Gym Open Gym	Shots		etball	Open Gym		Open Gym	Special Olympics	10:00am
10:30am		Open Gym			Open Gym	-		Open Gym	(2/8 & 2/22)		Open Gym		Court Games	Open Gym				Open Gym		Open Gym	,,	10:30am
11:00am		Open Gym Open Gym Open Gym		Full	Open Gym			Oper	Gym	Full	Open Gym			Open	Gym		Ope	n Gym		Open Gym		11:00am
11:30am				Court	Open Gym			Open	Gym					Open	Gym		Oper	n Gym	Full Court	Open Gym		11:30am
12:00pm				Games	Open G			Oper	Gym	Games	Open	Gym		Open	Open Gym		Ope	n Gym	Games	Open Gym	Cond	12:00pm
12:30pm	Full	Open Gym			Open	pen Gym Full		Open Gym			Open	Gym	Ор		Gym	Gym		Open Gym		Open Gym	Coed Volleyball	12:30pm
1:00pm	Court Games	Open Gym			Open Gym		Court Games	Open Gym			Open	•			Gym		•	n Gym		Open Gym	League	1:00pm
1:30pm		Open Gym			Open			Open Gym			Open	-		Open Gym		Full		n Gym		Open Gym		1:30pm
2:00pm		Open Gym			-	Open Gym		Open Gym		-	•	en Gym en Gym		Open Gym		Court		n Gym		Open Gym		2:00pm
2:30pm 3:00pm		Open Gym Open Gym				Open Gym Open Gym Open Gym		Open Gym Open Gym			Open				Open Gym Open Gym		Games Ope			Open Gym		2:30pm 3:00pm
3:30pm		Open Gym						Open Gym			Open			Open Gym				n Gym				3:30pm
4:00pm		Open Gym			Open Gym Open Gym			Open Gym		Open	-	Open Gym				•	n Gym				4:00pm	
4:30pm		Open Gym Girls						Open Gym	SHS LAX		Open	Gym	Open Gym		SHS LAX Practice		Ope	n Gym				4:30pm
5:00pm		Open Gym	Pitching		Open Gym			Open Gym	Practice		Open	Gym	Open Gym		riactice		Ope	n Gym				5:00pm
5:30pm		Open Gym	Clinic		Open Gym	Youth		Open Gym			Open Gym		Open Gym		Open Gym		Ope	n Gym				5:30pm
6:00pm		Open Gym			Open Gym	Volleyball Clinic		Open Gym			Open Gym	Jump Start	Open Gym	Family								6:00pm
6:30pm		Open Gym Open Gym Open Gym Open Gym Open Gym Open Gym			Adult Basketball			Open Gym	Women's Volleyball			(2/16 & 2/23)	Open Gym	Gvm	18 & Over							6:30pm
7:00pm 7:30pm				A dult B				Open Gym Open Gym		A dult B	asketball		Open Gym Open Gym									7:00pm 7:30pm
8:00pm					asketball ague			Open Gym	League		asketball ague	Open Gym	Open Gym	Picklebal	Pickleball							8:00pm
8:30pm						SHS LAX		Open Gym				Open Gym	Open Gym									8:30pm
8:55pm		Open Gym				Practice		Open Gym					Open Gym									8:55pm
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^{***} Recreation Department reserves the right to make changes to schedule without notice ***

* Please see reverse side for rules *
Updated 2/1/2023

Youth/Family Basketball Rules:

- 1 Children 14 and under may participate. Children must be accompanied and supervised by an adult parent or quardian.
- 2 Coaches and teams cannot use this time for practice.
- 3 Full Court games are not allowed.
- 4 Children from the same household cannot have any more than 2 adults accompany them to the gymnasium.

General Gym Rules

- 1 When the Whole main gym is open, the following rules are in effect.
 - A Full Court games are permitted on side of gym closest to entrance doors(Front Half)
 - B Other half (Back Half) is open for "shooting around" only unless otherwise indicated.
- 2 When ONLY 1/2 Main Gym is open and Auxiliary Gym is Closed, full court games will not be permitted.
- 3 When the WHOLE Main Gym is open and the Auxiliary Gym is Closed, full court games are permitted.
- 4 Basketball is permitted in the Main and Auxiliary Gyms. Volleyball is permitted in the Auxiliary Gym.
- 5 No Street Shoes
- 6 Appropiate attire requires Shirts Required
- 7 No food, drink, gum, & chewing tobacco
- 8 No vaping
- 9 No spitting
- 10 No profanity or offensive language
- 11 No music
- 12 No hanging on rims/nets
- 13 No balls provided bring your own
- 14 No dunking

Strongsville Recreation and Senior Center 18100 Royalton Road Strongsville, OH 44136 440-580-3260