

"FREE"
BIRTHDAY LUNCH
 For Silver Mustang
MEMBERS ONLY
 During that Month

EHRNFELT SENIOR CENTER

FEBRUARY LUNCH MENU

The Silver Spoon
 Lunch Served at 11:45 am
 Cost \$4.00 / \$4.50
 Reservations 24 hrs in advance @ 580-3275
 Coffee, Milk or Water with meal
 DAILY MENU MAY CHANGE WITHOUT NOTICE
 BREAKFAST A LA CARTE . . .
 Mon - Thur ~ 6:30 - 10:00 a.m.
 Fri ~ 8:00 - 10:00 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salad Chicken Ala King On Biscuit Vegetable Dessert	2 Salad Unstuffed Cabbage Mashed Potatoes Vegetable Dessert	3 Salad Zucchini Supper w/ Pork Vegetable Dessert	4 Salad Beef Creole Dessert	5 Pasta Salad Italian Sausage w/ Carrots, Onions & Potatoes Vegetable Dessert
8 *NEW ITEM* Salad Beef & Eggplant Casserole Parmesan Potatoes Dessert	9 *NEW ITEM* Salad Cesar Chicken Orzo Vegetable Dessert Officer Marianne	10 Applesauce Hamloaf Sweet Potato Casserole Vegetable Dessert	11 <i>Valentine's Dance</i> Salad Roast Beef Mashed Potatoes Vegetable Dessert	12 Fruit Cocktail Turkey Medallions Stuffing Vegetable Dessert
15 Salad Cranberry Chicken Noodles Vegetable Dessert	16 <i>Mardi Gras</i> Salad Jambalaya Rice & Beans King Cake N/A Hurricane Drink *Reservations by 2/12	17 BRUNCH N' A MOVIE 11:30am <i>(Ghosts of Girlfriends Past)</i>	18 Salad Meat Loaf Mashed Potatoes Vegetable Dessert	19 Coleslaw Parmesan Fish Perogies Vegetable Dessert
22 *NEW ITEM* Salad Cube Steak w/Mushroom Cream Sauce Baked Potato Vegetable Dessert	23 *NEW ITEM* Salad Turkey Primavera Noodles Mixed Vegetable Blend Dessert	24 Salad Salisbury Steak Mashed Potatoes Vegetable Dessert	25 Salad Balsamic Marinated Chicken Parmesan Potatoes Vegetable Dessert	26 Jello Spaghetti Vegetable Dessert
1	2	3	4	5

Lunch on The Avenue

Grab a quick and healthy lunch at the
 Ehrnfelt Recreation & Senior Center

11am ~ 1pm Monday ~ Friday

Fresh Green Salad
 Small \$2.00 Large \$3.00

Grilled Chicken Salad
 Small \$3.50 Large \$5.00
Italian ~ French ~ Honey Mustard
Light Dressings Available

Daily Soup Special
 10 oz Cup ~ \$1.00

Sandwiches Made Fresh Daily

- Peanut Butter and Jelly \$1.50
- Turkey, Lettuce & Tomato \$2.50
- Ham, Lettuce & Tomato \$2.50
- Tuna Salad \$2.50
- Egg Salad \$2.50
- Baked Chips \$.75
- Pretzels \$.75
- Bottled Water \$1.00
- Yogurt \$1.00
- Fruit Cup \$2.00
- Fruit Bowl \$4.00

If you would to place an order for pick-up, please call the Ehrnfelt Senior Kitchen (580-3275 ext. 5266) by 10 am. Orders can be placed a day ahead.

**In order to keep the kitchen efficient,
 if you are unable to make lunch,
 please call 580-3275 by 8am the day
 you are scheduled to come to lunch.**