

DECEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			9:00-12:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	9:15 – 10:00 SMILE 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30 Rotary Christmas Lunch 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
9:00-12:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:30 Silver Mustang Holiday Event 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 12:30 AARP Driver Safety Program	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 9:20 Attorney 10:00 Aging in Place -Kitchens & Bathrooms 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Flex, Movement & Balance 12:30 Pinochle 12:30 Movie Matinee <i>"Mack & Rita"</i> 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:00-11:00 Beginner Pickleball 9:15 Memory Loss Support Group 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg 1:00 History of Holiday Christmas Music	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:30 Yoga 12:30 Open Play 1:00-3:00 Knit/Crochet	9:15– 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
9:00-12:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 10:00-11:00 Line Dance 10:00 Hearing Aid Service 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 12:30 Movie Matinee "" 12:40 Mobile Post Office 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	Dueling Piano Trip 9:00-11:00 Beginner Pickleball 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 7:00 Handbell Choir Concert	9:15– 10:00 SMILE 9:20 Attorney 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo
9:00-12:00 Pickleball 9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:00-11:00 Beginner Pickleball 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	No Bingo 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play
Senior Center Closed Merry Christmas 	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:00 Movie Matinee <i>"Picture perfect Royal Christmas"</i> 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:00-11:00 Beginner Pickleball 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-12:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	No Bingo 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play