

OPEN SWIM SCHEDULE JULY 21 - AUGUST 3

AUG 4th-17th ON THE BACK

CHECK OUT OUR AQUATICS PAGE. WWW.STRONGSVILLE.ORG > PARKS & REC > AQUATICS & OPEN SWIM
SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO
THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Pirate Ship
Monday				
5:00 am - 9:00 am	Laps(8)	Open / CCF @ 7	Closed	Closed
9:00 am - 10:00 am	Laps(8)	SWAP 9-9:50am	Closed/CCF	Closed
10:00 am - 11:00 am	Laps(2) WEX/LTS	Closed / LTS	Closed / LTS	Closed / LTS
11:00 am - 1:00 pm	Laps(4) LTS	Closed / LTS	Closed / LTS	Closed / LTS
1:00 pm - 5:00 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
5:00 pm - 5:30 pm	Laps(8)	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(4) LTS	Closed / LTS	Closed / LTS	Closed / LTS
6:30 pm - 7:30 pm	Laps(3) WEX/LTS	Closed / LTS	Closed / LTS	Closed / LTS
Tuesday				
5:00 am - 9:00 am	Laps(8)	Open	Closed/ISR 7-915a	Closed
9:00am - 10:00 am	Laps(8)	Open / Adult LTS 9-9:45am	Closed	Closed
10:00 am - 11:00 am	Laps(4) LTS	Closed / LTS / ROM	Closed / LTS	Closed
11:00 am - 1:00 pm	Laps(4) LTS	Closed / LTS	Closed / LTS	Closed
1:00 pm - 5:00 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
5:00 pm - 7:30 pm	Laps(8)	Open	Closed	Open
Wednesday				
5:00 am - 9:00 am	Laps(8)	Open / CCF @ 7	Closed	Closed
9:00 am - 10:00 am	Laps(8)	SWAP 9-9:50am	Closed/CCF	Closed
10:00 am - 11:00 am	Laps(3) WEX/LTS	Closed / LTS	Closed / LTS	Closed / LTS
11:00 am - 1:00 pm	Laps(4) LTS	Closed / LTS	Closed / LTS	Closed / LTS
1:00 pm - 5:00 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
5:00 pm - 5:30 pm	Laps(8)	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(4) LTS	Closed / LTS	Closed / LTS	Closed / LTS
6:30 pm - 7:30 pm	Laps(3) WEX/LTS	Closed / LTS	Closed / LTS	Closed / LTS
Thursday				
5:00 am - 9:00 am	Laps(8)	Open	Closed/ISR 7-915a	Closed
9:00 am - 10:00 am	Laps (8)	Open / Adult LTS 9-9:45am	Closed	Closed
10:00 am - 11:00 am	Laps(4) LTS	Closed / LTS / ROM	Closed / LTS	Closed
11:00 am - 1:00 pm	Laps(4) LTS	Closed / LTS	Closed / LTS	Closed
1:00 pm - 5:00 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
5:00 pm - 7:30 pm	Laps(8)	Open	Closed	Open
Friday				
5:00 am - 11:00 am	Laps(8)	Open / CCF @ 7	Closed	Closed
11:00 am - 1:00 pm	Laps(8)	Open	Closed	Open
1:00 pm - 7:30 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
Saturday				
8:00 am - 8:50 am	Laps(8)	Open	Closed	Closed
8:50am- 12:10pm	Laps(4) LTS (9:15)	Closed / LTS	Closed / LTS	Closed / LTS
12:10 pm - 3:30 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
Sunday				
9:00 am - 10:00 am	Laps(8)	Open	Closed	Open
10:00 am - 1:30 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open

CCF = Water Therapy | LTS = Learn To Swim | ROM = Range Of Motion | WEX=Water Exercise
SWAP = SHALLOW WATER AROBICS PROGRAM | ISR = Infant Swim Rescue

The number of Lap Lanes Available are listed as (x)

AMERICAN RED CROSS LIFEGUARD TRAINING

8/5, 8/7, 8/9, 8/12, 8/14

AMERICAN RED CROSS LIFEGUARD TRAINING

SUNDAYS 9am-4pm 9/21-10/12

AMERICAN RED CROSS WATER SAFETY INSTURCTOR TRAINING

SUNDAYS 9am-4pm 10/19 -11/23

PRIVATE SWIM LESSONS CAN OCCUR AT ANYTIME

NEXT BROCHURE: FALL REGISTRATION DATES

MEMBERS: TUESDAY 7/22

RESIDENTS: TUESDAY 7/29

OPEN / ONLINE REGISTRATION: THURSDAY 7/31