Strongsville

Parks
Recreation
Senior
Services



JANUARY-APRIL 2027
Program Guide

Registration Dates
MEMBERS: November 10
RESIDENTS: November 17
OPEN / ONLINE: November 19

Strongsville Recreation Center

@strongsvillerecdept

STRONGSVILLERECDEPT

18100 Royalton Road, Strongsville, Ohio 44136 440-580-3260

GENERAL INFORMATION

Ehrnfelt Recreation & Senior Center
18100 Royalton Road, Strongsville, Ohio 44136
440-580-3260 Recreation Center / 440-580-3275 Senior Center
www.strongsville.org

RECREATION & SENIOR CENTER STAFF

Director of Parks, Recreation & Senior Services

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Recreation

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Senior Center

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WEATHER CLOSING & CLASS CANCELLATIONS

When applicable, please check the following locations for any closings or cancellations due to weather…
www.strongsville.org/content/recreation.asp
News Channel 3 (www.wkyc.com)
News Channel 5 (www.newsnet5.com)

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GENERAL INFORMATION

RECREATION CENTER HOURS

NOVEMBER 1-APRIL 30

Mondays-Fridays	5:00am-9:00pm
Saturdays	8:00am-6:00pm
Sundays	9:00am-3:00pm

MAY 1-OCTOBER 31

Mondays-Fridays	5:00am-8:00pm
Saturdays	8:00am-4:00pm
Sundays	9:00am-2:00pm

MEMBERS ONLY: November 1-March 31: Mon & Wed, 5:00pm-9:00pm
Please note, the Aquatic Center closes 30 minutes prior to the Center closing time.

SENIOR CENTER HOURS

Mondays-Fridays 9:00am-5:00pm

REC & SENIOR CENTER SPECIAL HOURS & CLOSINGS*

Thurs, November 26.2026	Thanksgiving	Rec & Senior Center CLOSED
Thurs, December 24, 2026	Christmas Eve	Rec & Senior Center Closing at 1p
Fri, December 25, 2026	Christmas	Rec & Senior Center CLOSED
Thurs, Dec 31, 2026	New Year's Eve	Rec & Senior Center Closing at 5p
Fri, January 1	New Year's Day	Rec & Senior Center CLOSED
Sat, March 27	Day before Easter	Rec Center Closing at 5pm
Sun, March 28	Easter	Rec Center CLOSED

**Hours subject to change. See AQUATICS section for special Aquatic Center hours and closings and Senior Activities section for Senior Center hours and closings.*

TOWN CENTER PARK HOURS: *Open Dawn to Dusk*

Splash Pad
Open Saturday before Memorial Day thru September 30: 9:00am - Dusk

Volleyball Courts
Open May 1-October 31
Open November 1-April 30: Closed

Tennis Courts
Open May 1-October 31: 8am-10:30pm (weather permitting)
Open November 1-April 30: Closed

Pickleball Courts
Open May 1-October 31: 8am-10:30pm (weather permitting)
Open November 1-April 30: 8am-9:00pm (weather permitting)

AMENITIES

AQUATIC CENTER

- Competition pool - 8 lanes, 25 yards, 1 diving board
- Activity pool - zero depth entry, water slide, pirate ship, 5 lane lap pool, 17 yard wading area
- Steam room
- Sauna
- 24 person spa
- Bleacher seating for approximately 500
- Visit www.strongsville.org - Parks & Recreation for Open Swim Schedule

CARDIO EXERCISE AREA (*Must be 12 years or older)**

Cutting edge cardio equipment with TVs and web integrated consoles including Technogym treadmills, ellipticals, steppers, upright & recumbent bikes; LifeFitness stepmills; Cybex arc trainers; and StarTrac treadclimbers and Jacob's ladder.

**Youth ages 12-13, after completion of the Youth Fitness Orientation, may utilize all strength and cardio equipment in the cardio area only, they may not use the Strength Room. Youth that are not members must pay the normal daily rate. All youth must bring their Youth Fitness Orientation card for admittance to the cardio area.*

INDOOR TRACK (*Must be 14 years or older)*

- Length - 1/12 mile
- Width - 4 lanes (2 walking, 2 running)

STRENGTH ROOM (*Must be 14 years or older)*

- 1.5" thick rubber floor
- Plate loaded equipment and free weights

GROUP EXERCISE, MIND/BODY, CYCLE STUDIOS

- Three wood floor studios with independent sound systems for exercise classes

AUXILIARY GYMNASIUM

- Synthetic floor
- Gym can be used as one high school regulation basketball court and two volleyball courts
- Visit www.strongsville.org - Parks Recreation for Open Gym Schedule

MAIN GYMNASIUM

- Wood floor
- Two high school regulation size basketball courts
- Visit www.strongsville.org - Parks & Recreation for Open Gym Schedule

LOCKER ROOMS

- Two set of locker rooms for men and women
- Two family changing rooms

GAME AREA

- Billiard tables, air hockey, video/arcade games
- Vending and change machines

EVENT CENTER & VARIOUS MEETING ROOMS

- Large Event Center and various meeting rooms available for rent. See page 6 for more information.

RECREATION CENTER GUIDELINES

For a list of Recreation Center rules and guidelines go to www.strongsville.org - Parks & Recreation - Facility Rules & Guidelines page. (www.strongsville.org/departments/parks-recreation/facility-rules-guidelines)

CHILDREN UNDER 12 YEARS OF AGE

Those under 12 years of age must be supervised by a person 18 years or older.

REGISTRATION

Pre-registration is required for programs.

- No refunds/make ups for missed classes.
- You may register in-person, by phone, or online unless otherwise indicated for specific programs. Cash, check, Visa, Discover & Mastercard accepted.

REFUND POLICY

1. If the program is cancelled by Department, a refund for the FULL amount that was paid will be applied to your Recreation/Senior Customer Account, or you may request a check refund which will be mailed in approximately three weeks.
2. If an individual wants to cancel enrollment in a program, it must be requested at least 5 days prior to the first session of the program.
   a. **Recreation Department Customer Account**: If the customer wants to have the refund posted to his/her Recreation Account, a credit for the full amount that was paid will be issued.
   b. **Check Issued**: If the customer paid by cash, check, or credit card and would like a check issued from the City, a 20% or $5 administrative fee (whichever is greater), will be deducted from the amount that was originally paid. A check will be issued in approximately 3 weeks.
3. **Refunds will not be given if requested less than 5 days prior to the first session of the program.** Individuals assume the risk of changes in health or personal schedules.

PROGRAM CANCELLATION POLICY

If the program does not have a sufficient number of participants registered by 3 working days prior to the first session, the program may be cancelled by the Department. **Some programs may have their own cancellation policy - please see program description.**



MEMBERSHIP

MEMBERSHIP CLASSIFICATIONS

Full-Time Worker in Strongsville: Includes an employee of a City of Strongsville business or entity working at least 37.5 hours per week. Proof of such status provided through a letter from his/her employer and a current pay stub.

Couple means two adults 19 years of age or older living in the same residence, related or unrelated, which may include spouses, siblings, roommates OR a parent and his/her child between the ages of 4 and 24.

Full-Time College Student means a student currently enrolled in 12 or more credit hours. Proof must be shown at time of purchase or renewal in the form of a current class schedule or tuition bill.

Family means at least one adult and two or more dependent children up to the age of 24 years or two adults and one or more dependent children up to the age of 24 years (if a full-time college student), including stepchildren and adopted children, who have legal residence in the household of the adult(s).

Senior Couple means two individuals who are living in the same residence, one of whom is at least 60 years of age and the other who is at least 50 years of age.

Military/Veteran means an individual who is an active member or veteran of any United States military service and provides proof of veteran status (DD214) or for active members, a military ID.

Resident means an individual who is legally living within a permanent residence in the City of Strongsville. Must show proof of residency such as an utility or bank statement issued in the last 30 days.

**Adults wishing to qualify for a Couple, Senior Couple, or Family membership who do not share the same last name, each MUST provide independent proof of residency upon application.*
**Memberships are non-refundable and non-transferable.*

MEMBERSHIP FEES

4 MEMBERSHIP OPTIONS

1. One Year Contract with entire payment at time of purchase
2. One Year Contract with monthly payments
3. Three Month Contract with entire payment at time of purchase
4. Six Month Contract with entire payment at time of purchase

OPTION 1: One Year Contract with entire payment at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	$265.00	$425.00
Couple	$365.00	$580.00
Youth Individual (Ages 4-18)	$165.00	$290.00
Full-time College Student	$165.00	$290.00
Family	$435.00	$725.00
Individual Senior (Age 60+)	$135.00	$265.00
Senior Couple	$240.00	$465.00
Military/Veteran Adult	$140.00	$245.00
Military Couple	$240.00	$400.00
Military Youth (Ages 4-18)	$87.00	$162.00
Military Family	$290.00	$510.00

MEMBERSHIP FEES cont.

OPTION 2: One Year Contract with monthly payments

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	$22.09/month	$35.42/month
Couple	$30.42/month	$48.34/month
Youth Individual (Ages 4-18)	$13.75/month	$24.17/month
Full-time College Student	$13.75/month	$24.17/month
Family	$36.25/month	$60.42/month
Individual Senior (Age 60+)	$11.25/month	$22.09/month
Senior Couple	$20.00/month	$38.75/month
Military/Veteran Individual	$11.67/month	$20.42/month
Military Couple	$20.00/month	$33.34/month
Military Youth (Ages 4-18)	$7.25/month	$13.50/month
Military Family	$24.17/month	$42.50/month

Credit Card Payment Plan Information

- The annual membership is broken down into twelve installments plus a $3 per month processing fee. (Processing fee is NOT included in the above monthly prices.)
- The first payment is due upon the date of purchase and pro-rated from the
- date of purchase to the end of the current month.
- The remaining eleven payments are charged to your MasterCard, Visa or Discover, as indicated by you, on the 20th of each month, or the next business day if the 20th falls on a weekend or holiday, until the expiration date of the annual contract.
- In the event that a patron defaults on their monthly payment, the membership will be immediately suspended. Patrons will have 10 business days to pay the Ehrnfelt Recreation Center the amount owed for that month and an additional $10 processing fee.
- In the event the patron does not pay off the balance owed by the 11th business day, the annual membership will be cancelled and any future use of a payment plan option will be denied.

OPTION 3: Three Month Contract with entire payment at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	$80.00	$128.00
Couple	$110.00	$174.00
Youth Individual (Ages 4-18)	$50.00	$87.00
Full-time College Student	$50.00	$87.00
Family	$131.00	$218.00
Individual Senior (Age 60+)	$41.00	$80.00
Senior Couple	$72.00	$140.00
Military/Veteran Adult	$42.00	$74.00
Military Couple	$72.00	$120.00
Military Youth (Ages 4-18)	$26.00	$49.00
Military Family	$87.00	$153.00

-3 month membership valid 93 days from date of purchase
-Does not receive member coupons
-Does not qualify for member pricing or priority registration. May register during resident registration.

MEMBERSHIP FEES cont.

OPTION 4: Six Month Contract with entire payment at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	$159.00	$255.00
Couple	$219.00	$348.00
Youth Individual (Ages 4-18)	$99.00	$174.00
Full-time College Student	$99.00	$174.00
Family	$261.00	$435.00
Individual Senior (Age 60+)	$81.00	$159.00
Senior Couple	$144.00	$279.00
Military/Veteran Adult	$84.00	$147.00
Military Couple	$144.00	$240.00
Military Youth (Ages 4-18)	$52.00	$97.00
Military Family	$174.00	$306.00

-6 month membership valid 186 days from date of purchase
-Does not receive member coupons
-Does not qualify for member pricing or priority registration. May register during resident registration.

SILVER SNEAKERS

Silver Sneakers is accepted at the Ehrnfelt Recreation Center. Includes access to the Recreation & Senior Center and member pricing on programs. Bring your Silver Sneakers card in today and join!

RENEW ACTIVE

Renew Active by UnitedHealthcare

Renew Active is accepted at the Ehrnfelt Recreation Center. Includes access to the Recreation & Senior Center and member pricing on programs. Bring your Health Insurance Card in today and join!



NON-MEMBER DAILY GUEST FEES

	RESIDENT	NON-RESIDENT
Youth (Ages 0-3)	Free	Free
Youth (Ages 4-6)	$3.00	$3.00
Youth (Ages 7-14)	$6.00	$6.00
Youth (15-17)	$10.00	$10.00
Adults (18-59)	$10.00	$15.00
Seniors (60+)	$6.00	$8.00
Active Military/Veteran*	$6.00	$8.00

-Those 18 years and older must show valid photo ID
-Those under 12 years of age must be supervised by a person 18 years or older.
*Free admission to active military personnel on leave. Must show proof of leave.

PASSBOOKS

Passbooks contain 10 daily admission passes. Strongsville residents must show proof of Strongsville Residency (utility bill, bank statement, etc) to receive resident rate.

Members:	$60
Non-Member Residents:	$60
Non-Members/Non-Residents:	$100

CORPORATE MEMBERSHIPS

The City of Strongsville values its businesses and as a way to demonstrate this, the Ehrnfelt Recreation Center offers companies, who have a minimum of 10 full employees, Annual Corporate Membership Packages. For more information on how your business can participate, please contact Facility Manager, Sarah Arold at sarah.arold@strongsville.org.

EHRNFELT SENIOR CENTER

"THE CENTER OF LIFE"

SILVER MUSTANG MEMBERSHIP

MEMBERSHIP FEES
Strongsville Residents: $20/year
Strongsville Resident Couple: $30/year
Non-Residents: $45/year
Non-Resident Couple: $60/year

MEMBERSHIP BENEFITS
*Silver Mustang newsletter
*Free takeout birthday lunch the month of your special day
*Free takeout lunch for membership purchase/renewal
*Discounted program/activity fees and takeout lunches
*Priority registration for travel programs
*Admission to member only events

NON-MEMBER DAILY DROP-IN FEE

Residents	$3
Non-Residents	$5

FACILITY RENTAL

Call 440-580-3270 to book your next event!

EHRNFELT RECREATION & SENIOR CENTER ROOM RENTALS

ROOM	CAPACITY
Whole Event Center	300-400
Half Event Center	150-175
Conference Room	20-50
Meeting Room	20-50
Senior Art Studio	20-50
Senior Meeting Room	20-50

*A deposit is due with a signed contract

OLD TOWN HALL



OLD TOWN HALL	CAPACITY
Old Town Hall	80

*Please plan on booking your party at least four weeks in advance



For more information visit the Parks & Rec Facility Rental page at www.strongsville.org or call 440-580-3270



TOWN CENTER RENTAL

Call 440-580-3270 to book your next event!

Town Center Place Rental Information

TOWN CENTER PLACE (Brunswick Auto Mart/Medina Auto Mall Place)

Rental ~ On-site Supervisor. Two-hour minimum. When adding rental of Town Center Pavilion, rules for Town Center Place will apply.
Amenities ~ Beautiful wood-sided room featuring a gas fireplace, two garage doors, bathrooms, refrigerator/freezer, sink and microwave, aluminum swirl tables with black banquet chairs, heating and air conditioning. A/V equipment available. Wi-Fi throughout.
Capacity/Setups ~ Banquet style seating for up to 96 guests or Theatre-style seating for up to 100 guests.
Payment ~ Full rental payment is due on the Friday 30 days in advance of rental date.
Security Deposit ~ $300 is required with signed contract. Security Deposits are non-refundable if event is cancelled.
Cancellations ~ Must be made no less than 30 days in advance of rental date or rental payment refund will not be granted.
Alcohol ~ is permitted and requires a Strongsville Police Officer to be present and is scheduled by the rental coordinator. Fee is $75/hour with a 3-hour minimum. If selling alcohol, a permit is required. Please inquire with rental coordinator.



	Resident	Non Resident	Strongsville Business	Non Profit
TOWN CENTER PLACE (Indoor)				
Summer 5/1-10/31 6 HOUR BLOCK	$1,000	$1,500	$1,000	$1,000
Winter 11/1-4/30 6 HOUR BLOCK	$500	$750	$500	$500
Summer 5/1-10/31 (Per Hour)	$195	$295	$195	$195
Winter 11/1-4/30 (Per Hour)	$95	$195	$95	$95

Town Center Pavilion Rental Information



	Resident	Non Resident	Strongsville Business	Non Profit
TOWN CENTER ATTACHED PAVILION				
(Brunswick Auto Mart/Medina Auto Mall Pavilion)				
Summer 5/1-10/31	$350/flat	$500/flat	$350/flat	$350/flat
Winter 11/1-4/30	$150/flat	$300/flat	$150/flat	$150/flat

Capacity ~ 10 - 6' picnic tables, Seating for approximately 60-80



TOWN CENTER OCTAGON PAVILION				
(Center of Park)				
Summer 5/1-10/31	$250/flat	$400/flat	$250/flat	$250/flat
Winter 11/1-4/30	$100/flat	$250/flat	$100/flat	$100/flat

Capacity ~ 2 - 8' picnic tables; 5 - 6' picnic tables (2 wheelchair accessible).
Seating for approximately 60

Available ~ 8am-Dusk
Payment ~ Full rental payment is due with Rental Request Form.
Security Deposit ~ $150 is required with signed contract. Security deposits are non-refundable if event is cancelled.
Cancellations ~ No refunds for cancellations. No refunds for inclement weather. No refunds for unused time.
Alcohol ~ is strictly prohibited!

Outdoor Fireplace (attached to Town Center Place) is available as an add-on rental for Town Center Place and Town Center Pavilion rentals at a flat rate of $150 (not available for Octagon Pavilion)

Playground



Fountain/Splash Pad



Sand Volleyball



Pickleball Courts



Basketball Shoot-a-round



PLEASE CALL 440-580-3270 FOR RENTAL INFORMATION

RECREATION PARKS AND AMENITIES

For more park information or to reserve call 440-580-3270.

Pavilions in city parks are available for rental: $80 for residents and $160 for non-residents (excluding Town Center Park).
For Town Center info see page 7.





1. Rec Park #1 - 18300 Zverina Lane

Town Center: This park features two outdoor pavilions, one indoor venue, ADA compliant playgrounds, interactive fountains, 4 tennis courts, 8 pickleball courts, two sand volleyball courts, bathrooms, grills, electricity and more.

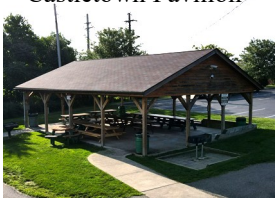






Castletown Pavilion: Located across from Town Center Park and next to the Cuyahoga County Strongsville Library. Features picnic tables, 8 electrical outlets and a grill. It is located just across from the new Town Center Park with ample parking in the Library lot.

Castletown Pavilion



2. Rec Park #2 Pavilions- 16107 Foltz Parkway (South of Rt 82): Located in Foltz Industrial Parkway near the City Municipal Offices. Baseball Fields are by permit only and not available for use with pavilion rentals.

Near Softball Field



Features bathrooms with running water, picnic tables, 2 grills, 8 electrical outlets, and small swing set.

Near Railroad Tracks



Features picnic tables, 2 grills, small swing set, slide and basketball court.
No electrical outlets.

PARKS & AMENTITIES cont.

For more park information or to reserve call 440-580-3270.

3. Rec Park #3 Pavilions - 21273 Drake Road: Located at intersection of Drake Rd and Prospect. Wood & Sprague Baseball Fields are by permit only and not available for use with pavilion rental.

Sprague Pavilion



Features 2 grills, picnic tables, 8 electrical outlets, and small play set.

Wood Pavilion

Features 2 grills, picnic tables, 8 electrical outlets, small swing set and play set.



4. Nichols Pavilion - 22707 Sprague Road: Located at Sprague and Marks Road. Features picnic tables, 8 electrical outlets, a grill and small playground. Nichols Baseball Field is by permit only and not available for use with pavilion rental.



5. Volunteer Park Pavilion- 21410 Lunn Road: Located on West Lunn Road just west of Prospect Road. Features picnic tables, 8 electrical outlets, playground, batting cages, 2 bocce ball courts, horseshoe pits and 1/2 mile paved walking path. Vending machines and restrooms with running water just a short walk from pavilion. There are 4 baseball fields at this park, Watts, Stroemple, Farnsworth (lighted), Cappy (lighted) and 2 little league fields (Roth & Kalinich). Baseball Fields are by permit only and not available for use with pavilion rental.

Pavilion, Playground & Bocce Courts



Pavilion



6. Surrarrer Park Pavilion - 14625 Whitney Road: Located at the corner of Webster and Whitney Roads (east of I-71). Features picnic tables, 8 electrical outlets, a grill, an ADA compliant playground and 2 tennis courts (also lined for pickleball). James Baseball Field is by permit only and not available for use with pavilion rental.

Pavilion & Playground



Pavilion



7. Backyard Preserve - 18100 Royalton Road: Located behind the Ehrnfelt Recreation and Senior Center. This park features an outdoor amphitheater, a scenic walking trail, beautiful foliage and plenty of wildlife.





8. Youth Sports Park Pavilion - 21255 Lunn Road: Located on West Lunn Road just west of Prospect Road (across from Volunteer Park). Features picnic tables, 12 electrical outlets, a grill and playground. The Football and Baseball Fields (Finley, Cross & Rademaker) are by permit only and not available for use with pavilion rental.



PARK GUIDELINES

*Permits are required to use any of the fields. Field use is prohibited without a permit.
*Contracts are required for use of Pavilions. Pavilion use is prohibited without a permit.
*Alcohol and Tobacco use is prohibited in all Recreation Parks.
*Pets are required to be on a leash at all times.
*Parks close at dusk.

SPECIAL EVENTS

Daddy-Daughter DANCE

SATURDAY, FEBRUARY 20TH
6:30 - 8:30PM

Gentlemen (Dads, Grandpas, Caregivers, etc.), the Strongsville Rec. Center invites you to accompany the most lovely little girl in your life to an evening you'll remember forever. Dancing to music, eating pizza, a professional photo, and a carnation for your date, will fill your evening with unforgettable fun.

Ticket Fees:
Member $12/per person
Residents $15/per person
Non-Member/Non-Residents $20/per person

Please note: 50 tickets must be sold by 5:00pm, January 4th for the dance to occur. Tickets can be purchased in advanced at the Strongsville Rec. Center front desk. There will not be tickets sold at the door the night of the dance. Only 200 tickets sold for this event, so get your tickets early!

Strongsville Rec. Center - 18100 Royalton Road - 440-580-3260

PUZZLE & BOOK SALE

SALE HOURS:
Thursday, January 14th 9:30 am - 3:30 pm
Friday, January 15th 9:30 am - 2:30 pm

The Senior Center is hosting a Puzzle & Book Sale!
All proceeds support senior activities.
Stock up now for cozy, cold days ahead!

Puzzles - $1.00
Hardback books - $1.00
Paperback books - 50 cents



Easter Egg Hunt

March 13, 2027
at Town Center Park
Photos with Easter Bunny ~ Face Painter ~ Egg Hunt

Photo Timeslots
9:15-9:30am
9:30-10:00am
10:00-10:30am

Register at Rec Front Desk
Kids 10 years and under free
Members: $10
Non-Members: $15



AQUATICS

Aquatic Supervisor, Becky Stemple
Assistant Aquatic Supervisor, Abigail Szeszak

SPECIAL AQUATIC CENTER HOURS

Fri, November 6	Aquatic Center Close at 7pm	USA Swim Meet	Fri, December 25	Rec & Senior Center CLOSED	Christmas
Sat, November 7	Aquatic Center CLOSED	USA Swim Meet	Thurs, Dec 31	Rec & Senior Center Closing at 430p	New Year's Eve
Sun November 8	Aquatic Center CLOSED	USA Swim Meet	Fri, January 1	Rec & Senior Center CLOSED	New Year's Day
Thurs, November 26	Rec & Senior Center CLOSED	Thanksgiving	Wed, January 6	Aquatic Center Close at 5pm	SHS Swim Meet
Fri, December 4	Aquatic Center Close at 4pm	SHS Swim Meet	Fri, January 15	Aquatic Center Close at 5pm	SHS Swim Meet
Wed, December 9	Aquatic Center Close at 5pm	SHS Swim Meet	Wed, January 20	Aquatic Center Close at 5pm	SHS Swim Meet
Wed, December 16	Aquatic Center Close at 5pm	SHS Swim Meet	Sat, March 27	Aquatic Center Close at 4:30pm	Day Before Easter
Thurs, December 24	Rec & Senior Center Close at 1230pm	Christmas Eve	Sun, March 28	Rec Center CLOSED	Easter

Hours subject to change. The pools, steam room, sauna and spa are closed during swim meets.

AQUATIC CENTER REGULATIONS/RULES

Please shower before using the Aquatic Center facilities ~ No food or glass containers permitted in Aquatic Center
Swim diapers are required for all non-toilet trained children and children prone to potty accidents
Swim diapers are available for free at the front desk
Visit the Parks & Recreation page www.strongsville.org for a complete list of Recreation & Aquatic Center Rules

REGISTRATION AND POLICIES

- **For all sessions of a brochure (Winter, Summer, Fall) the first session of the lessons will open to members then resident/non-members and finally non-resident/non-members per the dates set in the brochure. Subsequent sessions of that brochure season open on the last day of current session for those with report cards (Changing of times or dates will not be honored until after those with report cards for the current class have had a chance to register. Exceptions may be for leveling up and the time may not match for next level). For those without report cards, online registration begins at 9:30pm the last day of class and in-person/phone registration begins the following day.**
- Refunds can be requested up to 7 days prior to the start of class without question. After that no refunds will be given. Participants take the risk of schedule changes or changes in health.
- If the class is full, you may ask the front desk staff to add your name to the CURRENT waiting list.
- If your child has any special needs, it would be helpful if you would inform the instructor/Aquatic Supervisors, before the first day of class, so they can better work with your child.

AQUATIC WAIT LIST

The main purpose of the wait list book is to determine if there is a need to add additional classes. On occasion if there are openings in classes, or if we have the ability to add additional instructors, we will call those who have their name in the wait list book.

- Having a name on the wait list does not guarantee that you will receive a phone call or a spot in a class.
- It is your responsibility to call the front desk at the start of a session to see if any spots have opened up. Many times children are transferred to other classes or decide not to take a class which results in spots becoming available. The aquatic supervisors will not check the wait list until a few days before the start of a new session with the intent of trying to fill spots that are still open.
- Please be aware that when phone calls are made to those on the wait list, registration is on a first come basis no matter what number you are on the wait list. This is only a courtesy call letting you know that at that particular time, there are openings in the class if you still wish to sign up. It does not mean that a spot is being held for you and the spot(s) may be filled by the time you call back.

REGISTRATION SCHEDULE

Tues, Nov 10: Ehrnfelt Rec Center Members
Tues, Nov 17: Strongsville Residents & Members *(must show proof of residency such as a utility bill)*
Thurs, Nov 19: Open/On-line registration

ALTERNATIVE SWIM WEAR

For the safety, health and welfare of all members and patrons, proper swim attire is required. Proper swim attire is required when using all of the pools, steam room, sauna and spa in the Aquatic Center, including participation in Learn-to-Swim classes. The following are prohibited:

- Clothing that could contribute to entrapment and inhibit life saving measures: loose fitting clothing; heavy garments; cut-offs; and jean shorts.
- Clothing worn for workout or other purposes prior to using the Aquatic Center.

Questions concerning proper swimwear should be addressed with the Aquatic Center personnel.

LEARN TO SWIM RULES

Swim Participants and their parents must adhere to the rules of the Aquatic Center and the following rules specific to Learn to Swim.

- Pirate ship area is closed during swim lessons.
- In order to provide an environment free of potential distractions, with the exception of preschool classes, adults are required to stay behind the orange cones and not sit directly in front of the classes in progress.
- Anyone exhibiting cold of flu symptoms are asked to stay home.
- Participants may choose to be barefoot or wear sandals (flip flops) on the deck.

No street sandals, shoes, or boots are permitted for safety and sanitary reasons. Your cooperation in this is appreciated.

AQUATIC CENTER AGE GUIDELINES

- Children under the age of 4, or those wearing a coast guard approved life jacket, must be within arms reach of an adult, 18 years or older, in a swimsuit at all times.
- Children 4 years of age and older may not use the locker room of the opposite sex. Please use the Family Changing Room.
- Children 4-6 years of age must be in visual contact of an adult, 18 years or older, at all times.
- Children under the age of 12 must have an adult, 18 years or older, in the Aquatic Center at all times unless participating in an aquatic program.

LEARN-TO-SWIM LEVELS

For more information on Learn to Swim, or if your child has any special needs, please contact Assistant Aquatic Supervisor, Abigail Szeszak, at 440-580-3260 x 5269.

Level	Requirements	Skills Taught
PARENT/INFANT **6-15 months**	Ages: 6-15 months Parent must accompany child in the water	This class will begin to develop positive attitudes and safe practices in and around water. Child will work on water adjustment, underwater exploration and swimming readiness with parental involvement.
PARENT/TODDLER **15-36 months**	Ages: 15-36 months Parent must accompany child in the water	A continuation and refinement of Parent/Infant. Using parents and equipment for support, students will work on front and back combined strokes, floats, bobbing and breathing.
PARENT/YOUTH **3-5 years**	Ages: 3-5 years Parent must accompany child in the water	A continuation of Parent/Toddler. The child will work on front and back floats, glides and basic swimming skills. Child will work toward gaining independent skills.
PRESCHOOL ADVANCED **3-5 years**	Ages: 3-5 years **Parent does NOT accompany child in the water.** Child must be have successfully completed Parent/Youth class and passed by instructor with report card to register. **MUST have report card from instructor indicating enrollment into Preschool Advanced to enroll. No online registration.**	Progressing along to learn more independent swim skills, floats, front crawl and more. Possible progression through Level 1 of the ERC Learn -to-swim program.
LEVEL 1 **Intro to Water Skills**	Age 5 years or older-no experience needed	Orient Participants to the aquatic environment and gain basic skills of breath control, floating, kicking and swimming on front. Promote positive and safe practices around water.
LEVEL 2 **Fundamental Water Skills**	Passed Level 1, or can swim 10 feet unsupported front and back. Can float on front and back for 5 seconds unsupported. Can bob 5 times fully submerged.	Build on basic aquatic skills. Introduce rotary/rhythmic breathing, turning over, and swimming on back and back crawl. Build on water safety skills and introduce treading in deep water.
LEVEL 3 **Refined Water Skills**	Passed Level 2, or can swim 15 yards on front and back in chest deep water. Tread or float for 15 seconds.	Participants will achieve basic water competency. This level introduces survival float, diving, dolphin and breaststroke kick, and elementary backstroke. Basic water safety will be integrated into this course.
LEVEL 4A **Stroke Development**	Passed Level 3, or can tread water or float for 30 seconds. Able swim front and back crawl 25 yards and elementary backstroke for 15 yards.	This class builds on skills learned in Level Three and introduces open turns, butterfly, sidestroke, and breaststroke arms. Safe diving practices and water safety will be integrated into the course.
LEVEL 4B **Stroke Improvement**	Passed Level 4A, or can swim 25 yards front crawl with rhythmic breathing, back crawl, elementary backstroke, 15 yards of breaststroke and the dolphin kick. Ability to tread water for 1 minute.	Perfect front and back crawl, elementary backstroke and breaststroke. Complete sidestroke and butterfly. Continue to build water safety skills.
LEVEL 5 **Stroke Refinement**	Passed Level 4B, or can do 25 yards front crawl, back crawl, elementary backstroke, breaststroke, side stroke, five deep water bobs, and tread water for 1.5 minutes.	Alternate breathing, flip turns, swimming underwater, and diving safety. Building endurance on basic strokes to 50 yards each. Perfecting butterfly and sidestroke with proficiency of 25 yards.



LEARN TO SWIM LESSONS

Class limit based on instructor availability and pool space

PARENT/INFANT: 6-15 mos. (parent/adult in water)

Ages: 6-15 months
Class Limit: Based on Instructor availability & pool space
Weekend Classes (8 Classes)

Saturdays	1/9-2/27	9:00-9:30am
Saturdays	1/9-2/27	9:35-10:05am
Saturdays	3/13-5/8*	9:00-9:30am
Saturdays	3/13-5/8*	9:35-10:05am

*No class 3/27

Fees:	**8 Classes**
Member	$45
Non-Member/Resident	$53
Non-Member/Non-Resident	$69

PARENT/TODDLER: 15-36 mos. (parent/adult in water)

Ages: 15 - 36 months
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	6:30-7:00pm
Tuesdays & Thursdays	2/2-2/25	6:30-7:00pm
Tuesdays & Thursdays	3/2-3/25	6:30-7:00pm
Tuesdays & Thursdays	4/6-4/29	6:30-7:00pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	9:00-9:30am
Saturdays	1/9-2/27	9:35-10:05am
Saturdays	3/13-5/8*	9:00-9:30am
Saturdays	3/13-5/8*	9:35-10:05am

*No class 3/27

Fees:	**8 Classes**
Member	$45
Non-Member/Resident	$53
Non-Member/Non-Resident	$69

PARENT/YOUTH: 3-5 years (parent/adult in water)

Ages: 3-5 years
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	7:00-7:30pm
Tuesdays & Thursdays	2/2-2/25	7:00-7:30pm
Tuesdays & Thursdays	3/2-3/25	7:00-7:30pm
Tuesdays & Thursdays	4/6-4/29	7:00-7:30pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	9:00-9:30am
Saturdays	1/9-2/27	9:35-10:05am
Saturdays	3/13-5/8*	9:00-9:30am
Saturdays	3/13-5/8*	9:35-10:05am

*No class 3/27

Fees:	**8 Classes**
Member	$45
Non-Member/Resident	$53
Non-Member/Non-Resident	$69

PRESCHOOL ADVANCED: 3-5 years (NO parent/adult in water)

Ages: 3-5 years AND must have report card from instructor indicating enrollment into preschool advanced
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	5:15-5:45pm
Tuesdays & Thursdays	1/5-1/28	5:45-6:15pm
Tuesdays & Thursdays	2/2-2/25	5:15-5:45pm
Tuesdays & Thursdays	2/2-2/25	5:45-6:15pm
Tuesdays & Thursdays	3/2-3/25	5:15-5:45pm
Tuesdays & Thursdays	3/2-3/25	5:45-6:15pm
Tuesdays & Thursdays	4/6-4/29	5:15-5:45pm
Tuesdays & Thursdays	4/6-4/29	5:45-6:15pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	10:10-10:40am
Saturdays	1/9-2/27	10:40-11:10am
Saturdays	3/13-5/8*	10:10-10:40am
Saturdays	3/13-5/8*	10:40-11:10am

*No class 3/27

Fees:	**8 Classes**
Member	$62
Non-Member/Resident	$78
Non-Member/Non-Resident	$94

LEVEL 1: Intro to Water Skills
(no previous swim experience needed)

Ages: 5 & older
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	5:40-6:25pm
Tuesdays & Thursdays	1/5-1/28	6:35-7:20pm
Tuesdays & Thursdays	2/2-2/25	5:40-6:25pm
Tuesdays & Thursdays	2/2-2/25	6:35-7:20pm
Tuesdays & Thursdays	3/2-3/25	5:40-6:25pm
Tuesdays & Thursdays	3/2-3/25	6:35-7:20pm
Tuesdays & Thursdays	4/6-4/29	5:40-6:25pm
Tuesdays & Thursdays	4/6-4/29	6:35-7:20pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	10:10-10:55am
Saturdays	1/9-2/27	11:05-11:50am
Saturdays	1/9-2/27	11:55am-12:40pm
Saturdays	3/13-5/8*	10:10-10:55am
Saturdays	3/13-5/8*	11:05-11:50am
Saturdays	3/13-5/8*	11:55am-12:40pm

*No class 3/27

Fees:	**8 Classes**
Member	$62
Non-Member/Resident	$78
Non-Member/Non-Resident	$94



LEARN TO SWIM LESSONS

Class limit based on instructor availability and pool space

LEVEL 2: Fundamental Water Skills

Ages: 5 & older
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	5:40-6:25pm
Tuesdays & Thursdays	1/5-1/28	6:35-7:20pm
Tuesdays & Thursdays	2/2-2/25	5:40-6:25pm
Tuesdays & Thursdays	2/2-2/25	6:35-7:20pm
Tuesdays & Thursdays	3/2-3/25	5:40-6:25pm
Tuesdays & Thursdays	3/2-3/25	6:35-7:20pm
Tuesdays & Thursdays	4/6-4/29	5:40-6:25pm
Tuesdays & Thursdays	4/6-4/29	6:35-7:20pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	10:10-10:55am
Saturdays	1/9-2/27	11:05-11:50am
Saturdays	1/9-2/27	11:55am-12:40pm
Saturdays	3/13-5/8*	10:10-10:55am
Saturdays	3/13-5/8*	11:05-11:50am
Saturdays	3/13-5/8*	11:55am-12:40pm

*No class 3/27

Fees:	**8 Classes**
Member	$62
Non-Member/Resident	$78
Non-Member/Non-Resident	$94

LEVEL 3: Refined Water Skills

Ages: 5 & older
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	5:40-6:25pm
Tuesdays & Thursdays	1/5-1/28	6:35-7:20pm
Tuesdays & Thursdays	2/2-2/25	5:40-6:25pm
Tuesdays & Thursdays	2/2-2/25	6:35-7:20pm
Tuesdays & Thursdays	3/2-3/25	5:40-6:25pm
Tuesdays & Thursdays	3/2-3/25	6:35-7:20pm
Tuesdays & Thursdays	4/6-4/29	5:40-6:25pm
Tuesdays & Thursdays	4/6-4/29	6:35-7:20pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	10:10-10:55am
Saturdays	1/9-2/27	11:05-11:50am
Saturdays	1/9-2/27	11:55am-12:40pm
Saturdays	3/13-5/8*	10:10-10:55am
Saturdays	3/13-5/8*	11:05-11:50am
Saturdays	3/13-5/8*	11:55am-12:40pm

*No class 3/27

Fees:	**8 Classes**
Member	$62
Non-Member/Resident	$78
Non-Member/Non-Resident	$94

DIVING

Ages: 8 & older **Class Limit: 10**
Weekend Classes (8 Classes)

Saturdays	**1/9-2/27**	**11:10am-12:00pm**
Saturdays	**3/13-5/8***	**11:10am-12:00pm**

***No class 3/27**

Fees:	**8 Classes**
Member	**$80**
Non-Member/Resident	**$96**
Non-Member/Non-Resident	**$112**

LEVEL 4 A/B: Stroke Development

Ages: 5 & older
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	5:40-6:25pm
Tuesdays & Thursdays	1/5-1/28	6:35-7:20pm
Tuesdays & Thursdays	2/2-2/25	5:40-6:25pm
Tuesdays & Thursdays	2/2-2/25	6:35-7:20pm
Tuesdays & Thursdays	3/2-3/25	5:40-6:25pm
Tuesdays & Thursdays	3/2-3/25	6:35-7:20pm
Tuesdays & Thursdays	4/6-4/29	5:40-6:25pm
Tuesdays & Thursdays	4/6-4/29	6:35-7:20pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	9:15-10:00am
Saturdays	1/9-2/27	11:55am-12:40pm
Saturdays	3/13-5/8*	9:15-10:00am
Saturdays	3/13-5/8*	11:55am-12:40pm

*No class 3/27

Fees:	**8 Classes**
Member	$62
Non-Member/Resident	$78
Non-Member/Non-Resident	$94

LEVEL 5: Stroke Refinement

Ages: 5 & older
Class Limit: Based on Instructor availability & pool space
Evening Classes (8 Classes)

Tuesdays & Thursdays	1/5-1/28	5:40-6:25pm
Tuesdays & Thursdays	2/2-2/25	5:40-6:25pm
Tuesdays & Thursdays	3/2-3/25	5:40-6:25pm
Tuesdays & Thursdays	4/6-4/29	5:40-6:25pm

Weekend Classes (8 Classes)

Saturdays	1/9-2/27	11:05-11:50am
Saturdays	3/13-5/8*	11:05-11:50am

*No class 3/27

Fees:	**8 Classes**
Member	$62
Non-Member/Resident	$78
Non-Member/Non-Resident	$94

ADULT LEARN TO SWIM

Ages: 15 & older
Class Limit: Based on instructor availability & pool space
Daytime Classes (8 Classes)

Tuesdays	1/5-2/23	9:50-10:35am
Thursdays	1/7-2/25	9:50-10:35am
Tuesdays	3/2-4/27*	9:50-10:35am
Thursdays	3/4-4/29*	9:50-10:35am

*No class 3/30, 4/1

Evening Classes (8 Classes)

Wednesdays	1/13-3/10*	6:40-7:25pm
Wednesdays	1/13-3/10*	7:35-8:20pm
Wednesdays	3/17-5/12*	6:40-7:25pm
Wednesdays	3/17-5/12*	7:35-8:20pm

*No class 1/20, 3/31

Fees:	**8 Classes**
Member	$93
Non-Member/Resident	$108
Non-Member/Non-Resident	$124

WATER EXERCISE CLASSES

WATER EXERCISE PROGRAM PASS

A 2026-2027 pass may be purchased any time and is good for any water exercise class. The pass is good in 2026 and 2027.
*The pass expires 12/16/2027.
*There are **NO refunds** for lost/stolen passes or unused classes.
*The front desk will give you a numbered ticket to be given to instructor
*Passes are non-transferable & non-refundable.
*Drop-ins are permitted for any class at the Drop-in rate.
****Classes are not held on calamity (snow) days or regularly scheduled days that the Strongsville Schools are not in session or holidays.***

Number of Classes	5	10	15	20
Member	$28	$53	$75	$91
Non-Member/Resident	$33	$63	$90	$111
Non-Member/Non-Resident	$38	$73	$105	$131

Drop-in Fees: Member $8 per class
Non-Member $10 per class

ROM (RANGE OF MOTION) SHALLOW WATER EXERCISE

Individuals will use gentle movements to help increase range of motion while decreasing stiffness and pain. A good class for individuals returning to exercise after injury, or with joint or muscle related illness.

Ages: 15 & Older **Class Limit: 25**

Tuesdays & Thursdays 1/5-5/20* 10:45-11:35am 38 Classes
*No class 3/30, 4/1

SWAP (SHALLOW WATER AEROBICS PROGRAM)

SWAP out your traditional aerobics class for this total body water workout. A little bit of everything…you'll build your cardiovascular endurance, increase your muscular strength, and enhance flexibility. This 50 minute class is set to exhilarating music. Noodles and aqua barbells provided.

Ages: 15 & older **Class Limit: 25**

Mondays & Wednesdays 1/4-5/19* 9:15-10:05am 36 Classes
*No class 3/29, 3/31

TOTAL IMMERSION-DEEP WATER WORKOUT



If you are looking for both a cardio and strengthening class that is totally non-impact, then this is the class for you! No swimming experience is required-a floatation belt will keep you vertical and buoyant. Class formats include Tabata, Bootcamp and general water exercise set to fun, motivating music. Aqua barbells, noodles, and floatation belts are all provided. Class is 50 minutes with a 5 minute stretch and cool down. Come join us in this fast paced, invigorating "wet fat-burning" lab!

Ages: 15 & older **Class Limit: 15**

Mondays & Wednesdays 1/4-5/19* 10:15-11:05am 36 Classes
*No class 1/18, 2/15, 3/29, 3/31

Tuesdays & Thursdays 1/5-5/20* 9:45-10:35am 38 Classes
Tuesdays & Thursdays 1/5-5/20* 6:35-7:25pm 38 Classes
*No class 3/31, 4/1

AMERICAN RED CROSS LIFEGUARD CLASSES

AMERICAN RED CROSS BLENDED LEARNING LIFEGUARDING

Ages: 15 & older **Class Limit: 9**



Candidates will learn the skills necessary to prevent and respond to aquatic emergencies, First Aid, CPR/PR and AED included. This class is a blended home internet and classroom learning experience.

Prerequisites:
*Students must be 15 years old by the completion of class.
*Have access to the internet from home.
*Must bring proof of age to registration (driver's permit/license or birth certificate).
*Must be able to swim a 200 yard swim using front crawl, breaststroke or a combination of both.
*Maintain position at the surface of the water for 2 minutes by treading water using only legs.
*A timed 20 yard, back and forth swim, with surface dive to retrieve a 10lb. brick from a depth up to 11 feet.

Important: Students will be tested on the first day of class. Failure to meet the minimum prerequisites can cause a safety threat to the participant and the class. The student will not be permitted to continue with the class and will be directed on where to get developmental training. **NO REFUNDS will be given to students who are unable to complete any of these skills. It is recommended that students practice these skills before the class begins. STUDENTS ARE EXPECTED TO ATTEND ALL CLASSES**. If a class is missed it will be up to the individual to make up the material. This may include being charged an hourly rate if it is necessary to schedule instructors to teach the material outside of the normal class time.
*2024 edition of the Lifeguarding Manual can be picked up at the front desk prior to the first class meeting.

Sundays, 2/21-3/21 9:00am-3:00pm (5 classes)

AMERICAN RED CROSS LIFEGUARD REVIEW

Ages: 16 & older **Class Limit: 12**

This class is designed for current ARC Lifeguards to renew their certification before it expires. Individuals are expected to know the material and will be tested on the following: water rescue skills, CPR skills, and written tests. **Please bring a copy of your current Lifeguard certificate, Lifeguarding textbook and your pocket mask with you to class. This recertification is good for 2 years and includes Lifeguard, CPR, AED and First-aid.**

Sunday 4/25 9:00am-4:00pm
More dates will be offered in May and June in the Spring brochure

Fees:		
	Member	$155
	Non-Member/Resident	$175
	Non-Member/Non-Resident	$195

AMERICAN RED CROSS CLASSES ON-LINE CLASSES

For more information on these classes, please contact Assistant Aquatic Supervisor, Abigail Szeszak, at 440-580-3260 x 5269.

- **Valid PARTICIPANT email needed at time of registration**
- ***NO refunds given - course must be completed online by class end date to receive certification**
- **These courses require a PC or tablet with high speed internet connection**
- **These courses are not supported on smart phones and do not work with Internet Explorer**

	Registration Dates	Class Materials	Course Completion*
Session 1	Thru 12/31	emailed 1/4	by 1/31/2027
Session 2	Thru 1/31	emailed 2/1	by 2/28/2027
Session 3	Thru 2/28	emailed 3/1	by 3/31/2027
Session 4	Thru 3/31	emailed 4/5	by 4/30/2027

RED CROSS FIRST-AID FOR OPIOID OVERDOSES ONLINE

Do you know how to help someone you suspect has overdosed on opioids? This interactive 45-minute online course will provide you with the knowledge and confidence you need to respond to a known or suspected opioid overdose emergency. In this course, you will learn:
*To recognize the signs and symptoms of an opioid overdose.
*The appropriate care to provide based on the person's breathing and level of responsiveness.
*How to give naloxone using several different products -- a nasal atomizer, Narcan ® Nasal Spray and EVZIO ® -- to reverse the effects of an opioid overdose.

Fees:	Member	$38
	Non-Member/Resident	$43
	Non-Member/Non-Resident	$48

UNTIL HELP ARRIVES

This course provides the general public with the basic cognitive information on key actions that can be taken during a life-threatening emergency that can help sustain or save a life until EMS arrives including: Compression Only CPR (no breaths) AED Education Choking Education Bleeding (administering direct pressure and tourniquet) and Opioid Overdose (administering naloxone). The Until Help Arrives online course developed by the American Red Cross and American College of Emergency Physicians equips students with the basic knowledge to assist trained responders during a life-threatening emergency. This course is taught online only (accessed via mobile desktop or tablet) and does not meet OSHA requirements for workplace certification.

Fees:	Member	$58
	Non-Member/Resident	$63
	Non-Member/Non-Resident	$68

ADULT FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults.

Fees:	Member	$58
	Non-Member/Resident	$63
	Non-Member/Non-Resident	$68

ADULT, CHILD AND BABY FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults, children and infants.

Fees:	Member	$58
	Non-Member/Resident	$63
	Non-Member/Non-Resident	$68

RED CROSS BABYSITTER BASICS ONLINE

Designed primarily for youth ages 11 and older, this online course will prepare students to be better babysitters. Topics include how to provide care for infants and children; how to stay safe; what to do in an emergency; how to choose age -appropriate activities; how to recognize and handle a variety of behaviors; and the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course, which includes a final exam at the end, takes about 4 hours to complete. Students who successfully complete the course receive a printable certificate.

Ages: 11 years & Older

Fees:	Member	$63
	Non-Member/Resident	$68
	Non-Member/Non-Resident	$73

CAT AND DOG FIRST AID ONLINE

You love your pets, and want to give them the best life possible; being equipped to deliver first aid and provide a healthy lifestyle for your pet is the best way to do that. In this course, you will learn the basics of providing first aid care for your cat or dog, and will learn how to best give care for common emergency situations. This 35 minute online course covers understanding your pet's vital signs, breathing and cardiac emergencies, wounds and bleeding, seizures, and preventative care for cats and dogs.

Fees:	Member	$43
	Non-Member/Resident	$48
	Non-Member/Non-Resident	$53

American Red Cross



The Strongsville Sea Monkeys recreational swim team is a summer only program and an excellent opportunity to introduce swimmers to the world of competitive swimming. The team, as a member of the Strongsville Swim League (SSL), will compete against homeowner association pools in the city of Strongsville.

ELIGIBILITY: The Sea Monkeys Swim Team is open to Strongsville residents 18yrs & under as of 6/1/27 or graduating high school senior. To participate, swimmers may not be members of a homeowners association with a viable swim team. All swimmers must be able to swim 25 yards, the length of the competition pool in both free-style & backstroke on the first day of practice in order to participate. If you question your child's swimming ability, you may want to consider signing up for group or private lessons this winter.

NEW PARENTS are required to attend the Parents' Meeting in May (TBA).

PRACTICE SCHEDULE

- **Practice begins June 1 and the season concludes with the SSL Championship meet on Saturday, July 17, 2027.**
- **Each child is assigned by age a 1 hr practice time**

Evening Practices

Tuesday-Thursday	6/1 & 6/3	5:30-7:30pm
Friday	6/4	5:30-6:30pm
Monday-Wednesday	6/7-6/9	5:30-6:30pm

Morning Practices

Monday-Thursday	6/7-7/15	8:00-10:00am
Fridays	6/11-7/16	9:00-10:00am

MEETS: Tuesdays & Thursdays evenings

FEES:

Members	$180
Residents/Non-Members	$210

Families receive a $10 discount for each additional child on the team. Fee includes Champs t-shirt & swim cap. Team suits can be purchased at Spirit Shop.

REGISTRATION BEGINS FEB 1, 2027

For more info, contact Aquatic Supervisor, Becky Stemple at 440 580-3260 ext. 5270

FITNESS

Fitness Supervisor, Marissa McNabb

GROUP EXERCISE, CYCLE, MIND/BODY, & ZUMBA

Get in shape and have fun doing it! Our top notch and cutting edge equipment and instructors provide a customized workout designed to get you healthy and in shape! We offer a variety of classes to keep you motivated and keep you moving!

GUIDELINES FOR ALL EXERCISE CLASSES

1. Ages 15 & older
2. Please try different classes and don't be intimidated by new programs. Our instructors are able to make modifications for men & women of all ages and fitness levels.
3. If you have questions regarding fitness programs please call Marissa at 440-580-3260 x 5275. **Updated fitness schedules can be found at Strongsville.org/content/fitness/asp.**

GROUP CYCLE

Start exploring new roads...indoors! Train with professionals in our Group Cycle program to burn calories, stay in shape, or to bring your athletic performance to the next level. Low impact, no complicated moves, motivating instructors, and music that begs your legs to pedal, all combine for great workout! **Updated fitness schedules can be found at Strongsville.org/content/fitness/asp.**

NEW participants must be in the Group Cycle studio 15 minutes before class time for proper instruction and set up from the instructor.

ZUMBA PASS

Group exercise passes may be used for this class.

Join Melissa Thomas-Edington, Radio City Rockette, as she rocks on to our famed Zumba classes! Ditch the workout and join the party with this Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award winning producers, and contagious steps to form a "fitness-party" that is downright addictive. (60 minute class)

Zumba punch cards can be purchased at any time and will expire 3 months from the date of purchase. You may use the punch card to attend any land Zumba class.

Fees:	**5 Classes**	**10 Classes**	**20 Classes**
Members	$27	$45	$75
Non-Member/Residents	$37	$55	$85
Non-Member/Non-Residents	$47	$65	$95

Drop Fees:

Members	$9
Non-Member/Residents	$11
Non-Member/Non-Residents	$13



UNLIMITED COMBO PASS

One year commitment and contract. Includes all Group Cycle, Group Exercise, Yoga, Pilates, Barre, Zumba, all other rec center land exercise classes, and all aquatic exercise classes.

- **1 year commitment and contract required for both payment options**
- **No enrollment fee!**

1 Year Contract with Monthly Payments
Members $40/month
Non-Member/Residents $50/month
Non-Member/Non-Residents $60/month
1 Year Contract with Payment in Full
Members $438 ($36.50/month)
Non-Member/Residents $546 ($45.50/month)
Non-Member/Non-Residents $655 ($54.50/month)

MIND/BODY PASS (Yoga/Barre/Pilates)

Good for unlimited Yoga, Pilates, and Barre.

- **1 year commitment and contract required for both payment options**
- **No enrollment fee!**

1 Year Contract with Monthly Payments
Members $29/month
Non-Member/Residents $39month
Non-Member/Non-Residents $49/month
1 Year Contract with Payment in Full
Members $320 ($26.60/month)
Non-Member/Residents $427 ($35.60/month)
Non-Member/Non-Residents $535 ($44.60/month)

ONE MONTH UNMLIMTED PASS

Unlimited 1 month group exercise, water exercise, group cycle and mind/body class pass expires 1 month from date of purchase, no commitment.

Members	$60
Non-Member/Residents	$70
Non-Member/Non-Residents	$80

TEN CLASS PASS (Good for Group Exercise, Cycle, & Mind/Body)

Pass for 10 group exercise, cycle and Mind/Body classes. Pass expires 1 month from date of purchase. No commitment.

Members	$50
Non-Member/Residents	$60
Non-Member/Non-Residents	$70

FIVE CLASS PASS (Good for Group Exercise, Cycle, & Mind/Body)

Pass for 5 group exercise, cycle and Mind/Body classes. Pass expires 1 month from date of purchase. No commitment.

Members	$33
Non-Member/Residents	$43
Non-Member/Non-Residents	$53

DROP IN FEES (Good for Group Exercise, Cycle, & Mind/Body)

Members	$9
Non-Member/Residents	$11
Non-Member/Non-Residents	$13

TRY A CLASS PASS (Good for Group Exercise, Cycle or Mind/Body)

Are you new to our group exercise program? Get a Try a Class Pass for your free trial of classes of your choice. Sign up for this pass at the Front Desk. (Restrictions apply. Limited to those participants who have NOT purchased a group exercise pass in the past.) Valid for 4 weeks from date of "purchase".

GROUP EXERCISE CLASS DESCRIPTIONS
For class schedule visit www.strongsville.org/departments/parks-recreation/fitness

****GROUP EXERCISE CLASSES****

Body Max: STRAIGHT FROM THE UK!! The fastest way to shape up and LOSE WEIGHT! This class was developed in England. Barbells will be used with varying weights for this full body workout. *The trademark motto of this class is "YOUR BODY WILL CHANGE!!"*

Pure Strength: The name says it all! Efficient, effective total body strength training using dumbbells to get stronger, leaner, and healthier!

Simply Sculpt: A total body strength training workout utilizing bands, dumbbells, and bodyweight. (45min)

Strength and Core: Everything stems from the core! Strengthen your midsection and in turn, strengthen your entire body. We focus on core movements to create a firm, strong body while boosting your metabolism too!!!!

Step and Strength: STEP is back!!! Combining strength and cardio for a fun and effective way to change up your workout using a stepper!!!

Strength Training 101: Learn how to properly strengthen your body with correct form using weights and body weight. This is a great class for beginners or anyone looking for a great strength session. (45 min)

Kettlebell: Strength training utilizing kettlebells to work multiple muscle groups at once while burning fat!!

Iron Circuit: The best of TRX and KETTLEBELL together!!! Circuit style class alternating with trx and kettlebells to create a challenging cardio and strength workout. You will leave sweaty!!!

Kickboxing: Kick and punch your way to fit!! We use light weights as well as our own bodyweight to get your heart rate up and tone all over.

PowerHour: Power through this challenging, ever-changing strength and cardio workout. Use all types of resistance and get uncomfortable to get stronger with the use of barbells, dumbbells, bands, bodyweight, and/or gliders!!

Rebound: Aerobic exercise performed while jumping on a mini trampoline. This fun and effective workout gets your heart rate up while toning all over. This type of aerobic exercise puts less stress on your joints to allow you to burn calories all while working your balance, increasing lymphatic flow, and having fun!!! You've gotta try this!!! **Beginner friendly

The Mix: Never the same. Always effective. A constantly changing blend of cardio, strength, pilates/ core, & mobility designed to make every minute count!

Zumba: Ditch the workout and join the party with this Latin-inspired dance fitness program that blends red-hot international music and contagious steps to form a "fitness party" that is downright addictive!

Roll and Release: Relieve stress in the body by targeting trigger points to eliminate pain, increase ROM and restore function through myofascial release. You will leave feeling great!!

****MIND/BODY STUDIO CLASSES****

BarreFire: Set your muscles on fire ! Barre class that hits your muscles with small movements that are sure to make a big difference!

Pilates: Traditional mat Pilates and functional training with resistance balls and flex bands. Tone, define, and sculpt your entire body!

Barre/Fusion: The perfect mix of Pilates, Yoga, and Barre. Focus on core strength, flexibility, and total conditioning.

Yoga Flow: All levels, energizing flow. Modifications provided so poses are accessible to varying levels. Strength, flexibility, and breathing techniques. YOU WILL SWEAT!

Vinyasa Yoga: Find personal empowerment and vitality in your life. Focus on alignment to improve strength, flexibility, and energy.

Yin Stretch and Meditation: Explore the mind/body connection. Slow, long held stretches, deep breath work, and meditation. De-stress, wind down, and feel refreshed with the powerful combo of Yin and Meditation.

****CYCLE CLASSES****

Cycle: Get on your bike and ride!! Our instructors will guide you through a heart pumping workout on the bike that is sure to have you leaving sweaty!

Cycle Strong: A perfect mix of cycling and strength training with weights. The best of both worlds!

Hills and Drills: Push beyond your comfort zone with this high intensity workout consisting of cycling and weights.

YOGA THERAPY

Yoga Therapy is a personalized experience in which the yoga therapist evaluates and assesses the needs and goals of the client in order to help them on their healing journey. This holistic approach includes all the modalities traditional yoga offers, such as breathwork, meditation, movement, strengthening, stretching, as well as, active listening and goal setting. Whether you are recovering from a joint replacement, a major life change, physical challenges, mental challenges or past trauma that is affecting your well-being, Yoga Therapy can help.

Please call Kim Wedel, our certified yoga therapist with questions or for a free 20 minute consultation at yogainspiredwellness@gmail.com.

1.5 Hour Assessment/Intake	$130
1 Session (1 hour)	$100
4 Sessions (1 hour each)	$340

Yoga Inspired WELLNESS

HEALTH ASSESSMENT & PEAK PERFORMANCE

ASSESSMENTS

One of our personal trainers will measure and assess your resting heart rate, blood pressure, body fat, waist to hip ratio, cardiovascular endurance, muscular strength, muscular endurance, and flexibility. (1 hour). **Please register at the front desk.**

Fees:	Member	$25
	Non-Member/Resident	$65
	Non-Member/Non-Resident	$75

EXERCISE ORIENTATION

Sign up for an exercise orientation with one of our fitness instructors for proper utilization and settings on our cardio and/or strength equipment with basic guidance of reps and sets. **Please register at front desk.**

Fees:	Member	Free
	Non-Member/Resident	$65
	Non-Member/Non-Resident	$75

PERSONAL TRAINING PACKAGES

Strongsville Recreation Department's degreed and/or certified personal trainers have the experience and tools to motivate and challenge you to reach all your goals and break through plateaus! Whether your goals are weight loss, feel better, sports conditioning, or just plain aesthetics, your trainer will deliver first class knowledge and creativity to make exercising fun and efficient. Our trainers have worked with all fitness levels from the novice exerciser to the elite athlete. All sessions below are one hour in duration. All Strongsville Recreation Department Personal Trainers have been employed based on their extensive qualifications, therefore, only Strongsville Recreation Department Personal Trainers can be utilized in this facility. Any other personal training is prohibited in the Strongsville Recreation Center.



	One Session	Five Sessions	Ten Sessions
Members	$53	$225	$400
Non-Member/Residents	$63	$275	$500
Non-Member/Non-Residents	$73	$325	$600

SEMI-PERSONAL TRAINING (2 person training)

	One Session	Five Sessions	Ten Sessions
Members	$90	$425	$750
Non-Member/Residents	$100	$475	$850
Non-Member/Non-Residents	$110	$525	$950



Do you want to be fit, restore your function, improve your health, and increase your efficiency in the gym?

If you are looking to challenge yourself to the next level, we can help. Our coaches are here to safely guide you to achieve your personal best. You will become fit, healthier, stronger, and more durable than you ever thought possible.

****Now offering Strength & Conditioning, and Kickboxing****

*****BEST DEAL** All Inclusive Membership:*** *$77/month (1 year commitment & contract required)*
Includes access to the rec center and unlimited 42x82 classes, group exercise, cycle and mind/body classes.

42x82 Five Punch Pass: *$35 members, $45 non-member/resident, $55 non-member/non-resident, (expires 6 weeks from date of purchase) Includes attendance to five 42x82 classes only.*

42x82 1-Month Unlimited Pass: ***$****65 members,* ***$****75 non-member/resident,* ***$****85 non-member/non-resident. Includes attendance to 42x82 classes only. No contract. Valid for 30 days.*

42x82 Add-On for Group Exercise Pass Holders: ***$****15. Includes attendance to 42x82 classes only. Good only for 1 month from date of purchase. Must have current year group exercise pass to purchase.*

****Anyone participating in Strength & Conditioning for the first time must schedule an on ramp (introduction class) with Marissa before taking a regularly scheduled class.***

For more information contact marissa.mcnabb@strongsville.org

KARATE

KIDDIE KARATE I & II - Event Center

ONE ADULT PER STUDENT IS PERMITTED AND MUST BE PRESENT DURING CLASS

Four week course in basic techniques.

Kiddie I includes a bully and stranger awareness program. Class is designed for all NEW students ages 5-9. All NEW students must start in Kiddie I unless they have studied Isshinryu before. If a student has studied Isshinryu, or would like more information about this program, please contact Sensei Joe Bove at 440-552-1055. **All evaluations will be made by the instructor only. NO EXCEPTIONS.**

Kiddie II- PRE-REQUISITE is Kiddie Karate I. This course includes more advanced moves and techniques. This class is for students advancing further from Kiddie Karate I. Kiddie II also includes bully and stranger awareness program.

Instructor: Joe Bove, 8th Degree Black Belt, Okinawan Isshinryu Karate

Ages: 5 & Older **Class Limit: 30** **4 Classes**

Mondays	1/4-1/25	5:00-5:45pm	
Mondays	2/1-2/22	5:00-5:45pm	
Mondays	3/1-3/22	5:00-5:45pm	(3/15 class in Sr Activity Studio)
Mondays	3/29-4/19	5:00-5:45pm	

Fees:	Member	$50
	Non-Member/Resident	$60
	Non-Member/Non-Resident	$70

KIDDIE KARATE III & IV (Orange & Green Belt) - Event Center

ONE ADULT PER STUDENT IS PERMITTED AND MUST BE PRESENT DURING CLASS

A four week course for students, (not adults), who are advanced Orange, Ni-Obi Orange, First Level Green, and Green Belt. Please contact Sensei Joe Bove at 440-552-1055 if you have questions.

Instructor: Joe Bove, 8th Degree Black Belt, Okinawaan Isshinryu Karate

Class Limit: 30

Mondays	1/4-1/25	6:00-6:45pm	
Mondays	2/1-2/22	6:00-6:45pm	
Mondays	3/1-3/22	6:00-6:45pm	(3/15 class in Sr Activity Studio)
Mondays	3/29-4/19	6:00-6:45pm	
Wednesdays	1/6-1/27	5:00-5:45pm	
Wednesdays	2/3-2/24	5:00-5:45pm	
Wednesdays	3/3-3/24	5:00-5:45pm	
Wednesdays	3/31-4/21	5:00-5:45pm	

Fees:	Member	$50
	Non-Member/Resident	$60
	Non-Member/Non-Resident	$70

KARATE cont.

ADVANCED KARATE & ADULT BEGINNERS KARATE- Event Center

Advanced Karate is a four week course including advanced techniques of Okinawan Isshinryu Karate for higher ranking belts. PRE-REQUISITE: ADULT BEGINNERS KARATE

Adult Beginners Karate will take place in a designated area at the same time as Advanced Karate. It will be taught by Sensei's assistant. You will learn the basic techniques of Isshinryu before joining the Advanced class.

Both classes will include warm-up, stretching and cardio. Wear comfortable clothing and tennis shoes. Uniforms (Gi) may be purchased through the instructor. Come release stress or form structure while having fun learning the art of Isshinryu Karate. If you have any questions or concerns please contact Sensei Joe Bove 440-552-1055.

Instructor: Joe Bove, 8th Degree Black Belt, Okinawaan Isshinryu Karate

Class Limit: 30

Mondays	1/4-1/25	7:00-7:45pm	
Mondays	2/1-2/22	7:00-7:45pm	
Mondays	3/1-3/22	7:00-7:45pm	(3/15 class in Sr Activity Studio)
Mondays	3/29-4/19	7:00-7:45pm	
Wednesdays	1/6-1/27	7:00-7:45pm	
Wednesdays	2/3-2/24	7:00-7:45pm	
Wednesdays	3/3-3/24	7:00-7:45pm	
Wednesdays	3/31-4/21	7:00-7:45pm	

Fees:	Member	$50
	Non-Member/Resident	$60
	Non-Member/Non-Resident	$70



TAI CHI / BREATHING MEDITATION

TAI CHI / BREATHING MEDITATION - Event Center

Beginner friendly class consisting of smooth movements for relaxation, balance, breathing, meditation, stretching and building of the core.

Wednesdays	1/6-4/28*	7:15-8:00pm

Drop in Fee/Date: $15

YOUTH FITNESS

YOUTH FITNESS ORIENTATION

Girls and boys (ages 12-13) learn proper strength training guidelines and terminology. Learn how to safely utilize strength training and cardio equipment. ***Upon successful completion of this course, a certification will be granted which provides access to the strength and cardio machines in the Cardio Area*** of the Rec Center only. (After you have completed the course, non-members must pay the normal daily guest rate to gain access to the facility and the equipment.) All certified youth must be able to show their certification card if asked when working out in the cardio area.

Ages: 12-13 years **Class Limit: 5**

Wednesday	1/6-1/20	3:30-4:30pm
Wednesday	2/3-2/17	3:30-4:30pm
Wednesday	3/3-3/17	3:30-4:30pm
Wednesday	4/7-4/21	3:30-4:30pm

Please note that this class is held until participant is certified and it may not take 2-3 weeks depending on enrollment.

Fees:	Member	$25
	Non-Member/Resident	$30
	Non-Member/Non-Resident	$35

ENRICHMENT PROGRAMS

Adult & Youth

Recreation Supervisor, Kristen Nykiel

MISS KATIE'S PRESCHOOL PLAYGROUP

Miss Katie's Preschool Playgroup offers fun, educational, and organized classes and events in a safe, clean, and loving environment for you and your preschooler! Your child will delight in the planned activities while making new friends in the process! **This is an ongoing program with once a week classes held four times a month that is billed monthly, you can join at any time as long as there is space in the class**. For more details visit Miss Katie's website at misskatiespreschoolplaygroup.com or call 330-289-2564.

SOCIAL BUTTERFLIES

Miss Katie's facilitates the fun during the Social Butterflies class! Social Butterflies is open to all preschool ages from 6 months through 6 years old. This is a special time of socialization and fun for your preschooler! The room is filled with engaging music as your little one navigates Miss Katie's Preschool Playgroup room and investigate friendships, toys, discovery table and other activities. Social Butterflies helps to introduce your little one to structured activity. The Social Butterflies class is 45 minutes in length with a 15 minute snack time, for a total of 1 hour once a week, four times a month.

Age: 6 months-6 years old with adult participation **4 Classes/month**

Fridays 9:30-10:30am

Monthly Fees:	**4 Fridays/Month**
Members	$65
Non-Member/Residents	$75
Non-Member/Non-Residents	$80

TINY TOTS

Miss Katie's offers a fun and educational class for children aged 15 months to 30 months, along with their adult loved one. Children will enjoy age appropriate activities including music and movement, games, educational activities, obstacle course and more! Miss Katie's focuses on teaching Tiny Tots important preschool social skills including, listening and following directions in class, taking turns and socializing well with other children their age. The Tiny Tots **class is 45 minutes in length with a 15 minute snack and free play/socialization time directly following, for a total of 1 hour once a week, four times a month.**

Age: 15-30 months old with adult participation **4 Classes/month**

Tuesdays 9:30-10:30am

Monthly Fees:		
	Members	$75
	Non-Member/Residents	$85
	Non-Member/Non-Residents	$90

PRECIOUS PRESCHOOLERS

Miss Katie's offers a fun and educational class for children aged 30 months (2 1/2) through 4 years old, along with their adult loved one. Children will enjoy age appropriate activities including music and movement, games, educational activities, obstacle course and more! Miss Katie's strives to foster important social, emotional and cognitive skills which Precious Preschoolers will need in order to be ready for preschool and/or kindergarten. The Precious Preschoolers **class is 45 minutes in length with a 15 minute snack and free play/socialization time directly following, for a total of 1 hour once a week, four times a month.**

Age: 30 months-4 years with adult participation **4 Classes/month**

Tuesdays 11:00am-12:00pm
Thursdays 11:15am-12:15pm

Monthly Fees:		
	Members	$75
	Non-Member/Residents	$85
	Non-Member/Non-Residents	$90

PRESCHOOL PREP

Miss Katie's offers a fun, educational and organized class for your potty-trained preschoolers age 3 through 6 years old. Preschoolers are dropped off at Miss Katie's for a time away from adult loved ones. Preschoolers will gain confidence, independence and autonomy, which are skills needed for preschool and/or Kindergarten. Preschool Prep features age appropriate activities including academic content, music and movement, games, educational activities, obstacle course, story time, lunch/snack time and more! Your child will delight in the planned activities while making new friends in the process! Preschoolers should bring a packed lunch/snack to class. The Preschool Prep **class is 2 hours in length once a week, four times a month.**

Age: 3-6 years & potty trained **4 Classes/month**

Mondays 11:00am-1:00pm
Thursdays 12:30–2:30pm

Monthly Fees:		
	Members	$95
	Non-Member/Residents	$105
	Non-Member/Non-Residents	$110

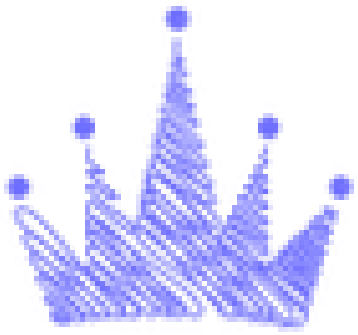
MISS KATIE'S "EXPLORE & PLAY—DROP& STAY!"

Miss Katie's Explore & Play - Drop & Stay class is open to preschoolers age 12 months through 6 years old. Adult loved ones may leave their little ones in the care of Miss Katie's staff for a class time period of 1 and 1/2 hours while the caregiver remains in the Strongsville Recreation Center building. While adult loved ones take advantage of an exercise class, run on the track, or check emails in our cafe area, their little ones will be delighted to engage in the activities provided in our Miss Katie's classroom! This class is 90 minutes in length once a week, four times a month. Rec Center facility use/classes by guardian are NOT included in the fee for Miss Katie's and must be purchased separately.

Age: 12 months-6 years **4 Classes/month**

Mondays 9:15-10:45am
Thursdays 9:15-10:45am

Monthly Fees:		
	Members	$65
	Non-Member/Residents	$75
	Non-Member/Non-Residents	$80



PRESCHOOL ENRICHMENT

SOCCER SHOTS-MINIS (Auxiliary Gym)

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. This program will be outdoors but switch indoor when poor weather is present. This is a "together class" with parent/caregiver participating.

Instructor: This class taught by Soccer Shots coaches

***Please register through Soccer Shots at** https://www.gomotionapp.com/team/soccershotscleveland/page/system/classreg-shopping?locationIdV2=45191

Ages: 2-3 years (with caregive participation)

Class Minimum: 4	**Maximum: 12**	**6 Classes**
Fridays	1/8-2/12	10:20-10:50am
Fridays	2/19-3/26	10:20-10:50am

Fees:	Residents	$90
	Non-Residents	$95

SOCCER SHOTS-CLASSIC (Auxiliary Gym)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. This program will be outdoors but switch indoor when poor weather is present.

Instructor: This class taught by Soccer Shots coaches

***Please register through Soccer Shots at** https://www.gomotionapp.com/team/soccershotscleveland/page/system/classreg-shopping?locationIdV2=45191

Ages: 3-5 years	**Class Minimum: 4**	**Maximum: 12**	**6 Classes**
Fridays	1/8-2/12	9:40-10:10am	
Fridays	2/19-3/26	9:40-10:10am	

*No class 11/27

Fees:	Residents	$90
	Non-Residents	$95

CALIBER DANCE - Preschool Dance Class (Meeting Room)

This class allows children to explore basic dance concepts while practicing turn-taking, sharing and following directions - all in a nurturing and playful classroom setting/environment. It is an excellent introduction to dance, incorporating creative movement and promoting body awareness and coordination; while also developing self-confidence. These classes are the perfect balance of structure and fun!

Instructor: Miss Hayley

Age: 3-5 years	**Class Min: 3**	**Class Max: 15**	**4 Classes**
Thursdays	1/14-2/4	11:30am-12:15pm	
Thursdays	2/18-3/11	11:30am-12:15pm	
Thursdays	4/8-4/29	11:30am-12:15pm	

Fees:	Members	$40
	Non-Member/Residents	$45
	Non-Member/Non-Residents	$50

CALIBER DANCE - Grown Up and Me Dance (Meeting Room)

A Mommy & Me class is a fantastic way for little ones to explore movement while strengthening their bond with a parent or caregiver. These fun, interactive classes allow your child (typically up to age 3) a great opportunity for socializing, while also introducing basic dance concepts through music, rhythm and creative play in a classroom setting.

Instructor: Miss Hayley

Age: 3 years and under (with caregiver participation)

Class Min: 3	**Class Max: 15**	**4 Classes**
Thursdays	1/14-2/4	12:30-1:15pm
Thursdays	2/18-3/11	12:30-1:15pm
Thursdays	4/8-4/29	12:30-1:15pm

Fees:	Members	$40
	Non-Member/Residents	$45
	Non-Member/Non-Residents	$50

MUSICOLOGIE JUNIOR (Meeting Room)

Musicologie Junior is a musical adventure for young children and their parents, guardians or caretakers. At each class, we'll sing songs, move our bodies, dance to different styles of music, and play lots of musical instruments while your child reinforces their naturally-developing senses of rhythm, melody, rhyme, speech, and movement! We'll incorporate methods from Kodaly, Dalcroze, and Orff. This is a "together class" with parent/caregiver participating.

Instructor: Musicologie Staff

Age: 6 months-5 years (with caregiver)	**Class Min: 2**	**Class Max: 10**
Mondays	1/11-3/1	10:00-10:40am
Mondays	4/5-5/24	10:00-10:40am

Fees:	Members	$80
	Non-Member/Residents	$90
	Non-Member/Non-Residents	$100



YOUTH ENRICHMENT

UPCYCLE ACADEMY - Future Fashion Stars (Meeting Room)

Do you have a passion for fashion? Do you like being creative? How about having FUN with friends while you MAKE SOMETHING AWESOME!!



Join us for our one of a kind enrichment program. Created by industry professionals, fashion educators & led by current fashion university students from Kent State University.

This winter we will create a fashion line from concept to collection. The students will work individually and as a team to create their design. We teach them step by step and lead them through the creative process. The curriculum is built on academic principles and real work industry experiences. *Friends and family are invited to a very special fashion show at the end of the class series, showcasing the designs the students created! Each Student will customize their own magazine cover featuring their design.*

*All materials are provided and students keep the designs they create.
Instructor: Upcycle Academy contact: Krista@futurefashionstars.com
website: www.futurefashionstars.com

Winter Session 1- The Good Vibe Club: Cozy sweats & awesome accessories! Class Theme/Focus: Fashion Vision Board & Custom Tee – Making a brand logo – crafting Awesome Accessories – Sustainability Fashion – Upcycling Apparel – Hand Sewing & Machine Basics – Modeling/Magazine Covers & More

Grades: K-6	**Class Min: 5**	**Class Max: 16**	**4 Classes**
Saturdays	1/16 – 2/6	9:30-11:00am	

Winter Session 2 – Parisian Chic: Style inspired by the City of Lights. Add a little sparkle and shine to your Saturdays this winter at Fashion Class.
Class Theme/Focus: Fashion Vison Board & Custom Tote – Fashion History – In the Design Studio – Silhouette/Shape/Proportion – Design – Textiles – Sustainability in Fashion – Fashion Illustration – Upcycle Techniques – Basic Sewing & More!

Grades: K-6	**Class Min: 5**	**Class Max: 16**	**6 Classes**
Tuesdays	2/9 – 3/16	6:00-7:00pm	

Registration Deadline: Please register at least 7 days in advance.
Fees (per session):

Members	$182
Non-Member/Residents	$190
Non-Member/Non-Residents	$195

SPRING BREAK FASHION CAMP

Spring Break Fashion Camp is a creative style escape where campers design, create, and express their own ideas. We guide them through the step by step process for creating a sustainable fashion line. Each day brings a fresh dose of creativity, fun and runway ready style.
Friends and family are invited to a very special **fashion show** at the end of the class series, showcasing the designs the students created! Each student will customize their own **magazine cover** featuring their designs.
*All materials are provided and students keep the designs they create.
Instructor: Upcycle Academy contact: Krista@futurefashionstars.com
website: www.futurefashionstars.com

Grades K-6th	**Class Min: 9**	**Class Max: 24**	**5 Classes**
Monday – Friday	3/29-4/2	9:00am – 1:00pm	

Registration Deadline: Please register at least one week (7 days in advance).
Camp Fee:

Members	$300
Non-Member/Residents	$325
Non-Member/Non-Residents	$350

SCHOOLS OUT CLASS IS *IN*: Full Day Fashion Workshops

Calling all Future Fashion Stars! Spend a whole day dreaming, designing, creating and styling your own fashion inspired projects. Students explore color, texture, trends and the design process through fun, hands-on activities. Our one of a kind curriculum of individual, team and group projects encourages creativity, confidence, collaboration and self-expression. All materials provided & students keep what they create. *Please bring a packed lunch.
*All materials are provided and students keep the designs they create.
Instructor: Upcycle Academy contact: Krista@futurefashionstars.com
website: www.futurefashionstars.com

Grades K-6th	**Class Min:5**	**Class Max: 16**	**1 Class**

Workshop 1 – City Style
This workshop's theme, CITY STYLE, is inspired by the energy and style of the world's fashion capital - New York City. Where bright bold looks meet big style.
Monday 1/18 9:00am – 4:00pm

Workshop 2 – Pop Star
This workshop's theme, POP STAR, is inspired by the stage worthy style of our favorite musicians. Where statement looks, eye catching accessories and unforgettable outfits take center stage.
Monday 2/15 9:00am – 4:00pm

Registration Deadline: Please register at least one week (7 days in advance).
Fees (per workshop):

Members	$182
Non-Member/Residents	$190
Non-Member/Non-Residents	$195

YOUTH CHESS LESSONS (Meeting Room)

This class will teach students to love and excel at the game of chess. Chess has been proven to improve a child's IQ, attention span, and reading test scores through numerous studies over the years. It encourages strategic planning and foresight, which can be applied to various aspects of life. Chess also promotes patience, resilience, and sportsmanship as players learn to accept wins and losses gracefully. This program involves teaching kids the rules, strategies, and tactics of the game through structured, interactive lessons and practice sessions. Additionally, the social interaction and camaraderie during games contribute to the overall growth and cognitive development of children. The program often includes tournaments and competitions to foster healthy competition and critical thinking skills.

Instructor: National Chess Expert, Damon Rucker, has a unique background of 22 years of chess coaching and decades of entertainment experience with the Cleveland Cavaliers. This special combination ensures that classes are both impactful, and absolutely a blast!

Age: 6-17 years	**Class Min: 2**	**Class Max: 18**	**6 Classes**
Thursdays	1/7-2/11	6:00-7:00pm	
Thursdays	2/18-3/25	6:00-7:00pm	

Fees:		
	Members	$60
	Non-Member/Residents	$70
	Non-Member/Non-Residents	$80



YOUTH ENRICHMENT cont.

STRONGSVILLE YOUTH THEATRE (Meeting & Conference Room)

Through performance, we work on acting technique, staging and audition skills, build confidence beyond performance, and just have FUN!
Instructor/Director: Julie Matthews (gold2@aol.com 216-258-4884)

Winter Program: Acting for Kids

Learn the art of acting on camera with scenes and monologues from movie and television favorites. We will end this program with an on-stage performance to show family and friends what we have learned.

Ages: 7-14 years	**Class Min: 10 Class Max: 20**	**6 Classes + 1 Show**
Saturdays	1/2 – 2/6	2:30–4:30pm
Performance:	Sunday 2/7	2:00pm

Fees:

Members	$199
Non-Member/Residents	$212
Non-Member/Non-Residents	$225

Spring Musical – The Wizard of Oz Revue

Click your heels and get ready for a wicked musical revue featuring all of the beloved characters, songs and witty words with a twist on this delightful classic.

Ages: 7-14 years	**Class Min: 15 Class Max: 30**	**7 Classes + 2 Shows**
Saturdays	4/10 – 5/22	2:30-4:30pm
Performances:	Saturday 5/22 @7pm and Sunday 5/23 @ 2pm	

Fees:

Members	$229
Non-Member/Residents	$249
Non-Member/Non-Residents	$260

MAD SCIENCE ® CRAZY CHEMWORKS (Meeting Room)

Discover what it's like to be a real scientist and work in a Mad Science Laboratory. Each week we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, examine crystallization, and even witness wondrous dry ice demonstrations. By the end of the sessions your Jr. Mad Scientists will have compiled a set of lab ware so they can perform their own experiments at home.

Topics include: Slime Time/ Lab Works/ Super Sticky Stuff/ Chem in a Flash/ pH Phactor/ Dry Ice Capades

Instructor: Mad Science ® Instructors
Ages: 5-12 years

Class Minimum: 8	**Maximum: 20**	**6 Classes**
Wednesdays	2/3-3/24*	5:45-6:45pm

*No class 2/10, 3/17

Fees:	Members	$120
	Non-Member/Residents	$135
	Non-Member/Non-Residents	$145

MAD SCIENCE ® OOEY GOOEY ELECTRIFYING FUN (Meeting Room)

Mad Science has been stirring up some laboratory fun this spring. Join along as we explore chemistry from the kitchen, get our olfactory senses stimulated, experience the power of electricity, whip up some magic, and even practice being Foley sound experts for a day. What's not to love in this exhilarating series? Topics include: Science of Magic/ Current Events/ Watts Up?/ Smelly Science/ Glow Show/ Junior Reactors

Instructor: Mad Science ® Instructors
Ages: 5-12 years

Class Minimum: 8	**Maximum: 20**	**6 Classes**
Wednesdays	4/7-5/12	5:45-6:45pm

Fees:	Members	$120
	Non-Member/Residents	$135
	Non-Member/Non-Residents	$145



Sat, February 20th 6:30-8:30pm

Gentlemen (dads, grandads, caregivers, uncles,), we invite you to accompany the most lovely little girl in your life to an evening you'll remember forever. Dancing to music, eating pizza, taking a keepsake photo, and a carnation for your date, will fill your evening with unforgettable fun.

Member $12/per person Residents $15/per person
Non-Member/Non-Residents $20/per person

Please note: 50 tickets must be sold by 5:00pm, February 1st for the dance to occur. Tickets can be purchased in advanced at the Strongsville Rec. Center front desk. There will not be tickets sold at the door the night of the dance. Only 200 tickets sold for this event, so get your tickets early!

YOUTH & ADULT AMERICAN RED CROSS ON-LINE CLASSES

- **Valid PARTICIPANT email needed at time of registration**
- ***NO refunds given - course must be completed online by class end date to receive certification**
- **These courses require a PC or tablet with high speed internet connection**
- **These courses are not supported on smart phones and do not work with Internet Explorer**

	Registration Dates	Class Materials	Course Completion*
Session 1	Thru 12/31	emailed 1/4	by 1/31/2027
Session 2	Thru 1/31	emailed 2/1	by 2/28/2027
Session 3	Thru 2/28	emailed 3/1	by 3/31/2027
Session 4	Thru 3/31	emailed 4/5	by 4/30/2027

For more information on these classes, please contact Assistant Aquatic Supervisor, Abigail Szeszak, at 440-580-3260 x 5269.

RED CROSS FIRST-AID FOR OPIOID OVERDOSES ONLINE

Do you know how to help someone you suspect has overdosed on opioids? This interactive 45-minute online course will provide you with the knowledge and confidence you need to respond to a known or suspected opioid overdose emergency. In this course, you will learn:
*To recognize the signs and symptoms of an opioid overdose.
*The appropriate care to provide based on the person's breathing and level of responsiveness.
*How to give naloxone using several different products -- a nasal atomizer, Narcan ® Nasal Spray and EVZIO ® -- to reverse the effects of an opioid overdose.

Fees:	Member	$38
	Non-Member/Resident	$43
	Non-Member/Non-Resident	$48

UNTIL HELP ARRIVES

This course provides the general public with the basic cognitive information on key actions that can be taken during a life-threatening emergency that can help sustain or save a life until EMS arrives including: Compression Only CPR (no breaths) AED Education Choking Education Bleeding (administering direct pressure and tourniquet) and Opioid Overdose (administering naloxone). The Until Help Arrives online course developed by the American Red Cross and American College of Emergency Physicians equips students with the basic knowledge to assist trained responders during a life-threatening emergency. This course is taught online only (accessed via mobile desktop or tablet) and does not meet OSHA requirements for workplace certification.

Fees:	Member	$58
	Non-Member/Resident	$63
	Non-Member/Non-Resident	$68

ADULT FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults.

Fees:	Member	$58
	Non-Member/Resident	$63
	Non-Member/Non-Resident	$68

ADULT, CHILD AND BABY FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults, children and infants.

Fees:	Member	$58
	Non-Member/Resident	$63
	Non-Member/Non-Resident	$68

RED CROSS BABYSITTER BASICS ONLINE

Designed primarily for youth ages 11 and older, this online course will prepare students to be better babysitters. Topics include how to provide care for infants and children; how to stay safe; what to do in an emergency; how to choose age -appropriate activities; how to recognize and handle a variety of behaviors; and the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course, which includes a final exam at the end, takes about 4 hours to complete. Students who successfully complete the course receive a printable certificate.

Ages: 11 years & Older

Fees:	Member	$63
	Non-Member/Resident	$68
	Non-Member/Non-Resident	$73

CAT AND DOG FIRST AID ONLINE

You love your pets, and want to give them the best life possible; being equipped to deliver first aid and provide a healthy lifestyle for your pet is the best way to do that. In this course, you will learn the basics of providing first aid care for your cat or dog, and will learn how to best give care for common emergency situations. This 35 minute online course covers understanding your pet's vital signs, breathing and cardiac emergencies, wounds and bleeding, seizures, and preventative care for cats and dogs.

Fees:	Member	$43
	Non-Member/Resident	$48
	Non-Member/Non-Resident	$53

American Red Cross

SPORTS

Sports Supervisor, Jim Kolesar

YOUTH BASEBALL, SOFTBALL & T-BALL LEAGUES

YOUTH BASEBALL, SOFTBALL & T-BALL LEAGUES

These fun and exciting offerings are designed to teach children, age 5 through 18, how to play T-Ball, softball and baseball along with concepts of team play and good sportsmanship.

Ages: 5-18 years

REGISTRATION: January 2 - March 11 (a late fee assessed after 3/11)

Non-residents can register beginning 2/17 if space available.

Co-Ed League		**Res/Non-Res**	**Main Game Days***
5-6yrs	T-Ball	$85/100	Sat

Boys Leagues		**Res/Non-Res**	**Main Game Days***
Boys 6-7yrs	Coach Pitch	$90/105	Mon, Wed, Fri
Boys 7-8yrs	Adv Coach Pitch	$90/105	Mon, Wed, Fri
Boys 9-10yrs	Kid Pitch	$95/110	Mon, Wed, Fri
Boys 11-12yrs	Kid Pitch	$95/110	Mon, Wed
Boys 13-14yrs**	Kid Pitch	$95/110	Mon-Sat
Boys 15-18yrs**	Kid Pitch	$95/110	Mon-Sat

Girls Leagues		**Res/Non-Res**	**Main Game Days***
Girls 7-9yrs	Coach Pitch	$90/105	Mon, Wed, Fri
Girls 9-10yrs**	Modified Pitch	$95/110	Mon-Sat
Girls 11-12yrs**	Modified Pitch	$95/110	Mon-Sat
Girls 13-15yrs**	Modified Pitch	$95/110	Mon-Sat

*Game days are subject to change depending on the number of people who register and field availability.

**League has collaborated with other local leagues and some travel to the surrounding communities is required

Practices: Start mid-April (tentative) - One weeknight and one weekend time

Games: 2 to 3 games per week beginning as early as mid-May
Each team, except T-Ball, will play 8 games.
Most leagues will end in mid-late July (weather dependent)

T-Ball: SATURDAY ONLY (practices begin in mid-May)

Coaches: Parents or adults interested are encouraged to fill out an application during the registration period.

JUMP START T-BALL CLINIC

A fun and highly instructional introduction to baseball for 3 and 4 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Instruction is conducted by the Jump Start Sports coaching staff. Players receive a MLB hat, team tee shirt, and baseball medal. Volunteer Coaches may also participate.

REGISTER at https://www.jumpstartsports.com/locations/cleveland-akron

Location: Roth & Kalinich Fields located at Volunteer Park (21410 Lunn Rd)

Age 2 years:	Saturdays	4/10-5/15	9:30-10:00am
Age 3-4 years:	Saturdays	4/10-5/15	10:00-11:00am

Fee:	Residents	$125
	Non-Residents	$130

YOUTH BASKETBALL

JUNIOR CAVS SPRING YOUTH BASKETBALL LEAGUES

These leagues are offered for Strongsville boys and girls from Grades K through 12. Most games and practices are held at the Strongsville City Schools. As being part of the Jr. Cavaliers program each child will receive a reversible authentic Cleveland Cavaliers jerseys and a game ticket to a future game, plus other perks throughout the Cavs season.

REGISTRATION: January26-February 28 (late fee assessed after 2/28)

Non-residents may register beginning 2/17 if space available

GRADES: K through 12 (the grade they are in at the time of registration)

Girls		**Boys**	
Grades K-1Co-Ed	$85R/$100NR	Grades K-1 Co-Ed	$85R/$100NR
Grade 2	$90R/$105NR	Grade 2	$90R/$105NR
Grade 3-5	$90R/$105NR	Grade 3-4	$90R/$105NR
Grade 6-8	$90R/$105NR	Grade 5-6	$90R/$105NR
Grade 9-12	$90R/$105NR	Grade 7-8	$90R/$105NR
		Grade 9-10	$90R/$105NR
		Grade 11-12	$90R/$105NR

Location: Strongsville City Schools

Practices: Start late March (approximately). They meet once a week for an hour anytime after 4pm.

Games: Held Saturdays, April 10 - May 15

Coaches: Parents or adults interested are encouraged to fill out an application at the Ehrnfelt Recreation Center any time during the registration period. This will not guarantee you a spot to coach a team.

ATTENTION POTENTIAL TRAVEL/SCHOOL TEAM PLAYERS – Register for the rec leagues and if you make the ravel/ school team and would like to withdraw let us know. You'll receive a 100% refund.

JUMP START LITTLE HOOP STARS (Auxiliary Gym)

A fun interactive basketball program with the goal of piquing each child's curiosity, getting kids excited about playing basketball, and teaching basic fundamentals.

Ages: 3-4 years

Thursdays	2/4-3/11	5:30-6:30pm
Thursdays	2/4-3/11	6:30-7:30pm

REGISTER at https://www.jumpstartsports.com/locations/cleveland-akron

Fee:	Residents	$125
	Non-Residents	$135

HEAD START LITTLE DRIBBLERS (Auxiliary Gym)

The Head Start Basketball Little Dribblers Program is designed to provide a positive and fun environment for kids to develop their basketball dribbling skills with individual attention given to each player. The Little Dribblers program will actively, creatively, and playfully engage players in ball handling skills and drills. The ultimate goal is to get your little dribbler comfortable and confident with a basketball in their hands, able to utilize both their right and left hand equally effectively.

Boys & Girls Grades: K-3

Saturdays	3/6-3/20	9:00-10:00am

REGISTER at www.headstartbasketball.com

Fee: $40

YOUTH TENNIS

PRESCHOOL TENNIS LESSONS (Auxiliary Gym)

Little players will explore basic tennis skills - rackets, balls, and fun games - while building coordination, focus, and early social skills in a playful, active environment. All equipment provided.

Ages: 4-6 years **Class Minimum: 5** **Maximum:10** **3 or 4 Classes**

Fridays	1/8-1/29	12:30-1:00pm
Fridays	2/5-2/26	12:30-1:00pm
Fridays	3/5-3/19	12:30-1:00pm (3 classes)
Fridays	4/16-5/7	12:30-1:00pm

Fees:	**3 Classes**	**4 Classes**
Member	$45	$60
Non-Member/Resident	$50	$65
Non-Member/Non-Resident	$60	$75

YOUTH TENNIS LESSONS (Auxiliary Gym)

Lessons are designed for beginner to intermediate players with a focus on fundamental skill development, emphasizing gameplay and on court confidence. Through dynamic and engaging lessons, players will work with USPTA Certified Instructor Jamie Matic to master their tennis game! Rackets available for lessons, contact jamie@overthenettennis.com.

Class Minimum: 6 **Maximum:15** **3 or 4 Classes**

Ages: 7-14 years

Fridays	1/8-1/29	4:00-4:45pm
Fridays	1/8-1/29	5:00-5:45pm
Fridays	2/5-2/26	4:00-4:45pm
Fridays	2/5-2/26	5:00-5:45pm
Fridays	3/5-3/19	4:00-4:45pm (3 classes)
Fridays	3/5-3/19	5:00-5:45pm (3 classes)
Fridays	4/16-5/7	4:00-4:45pm
Fridays	4/16-5/7	5:00-5:45pm

Fees:	**3 Classes**	**4 Classes**
Member	$45	$60
Non-Member/Resident	$50	$65
Non-Member/Non-Resident	$60	$75

BOYS WINTER TENNIS CAMP (Auxiliary Gym)

Get ready for a day of boys' tennis! This 3-hour camp will help boys build tennis skills, tackle challenges, cheer each other on- all while having a blast on the court. Every drill, game, and match is designed to make players feel proud of what they can do and excited to try more. A snack will be provided for a 15-minute snack break during the session.

Ages: 7-11 years **Class Minimum: 5** **Maximum:14**

Tuesday 12/29 9:00am-12:00pm

Fees:		
	Member	$50
	Non-Member/Resident	$55
	Non-Member/Non-Resident	$65

GIRLS WINTER TENNIS CAMP (Auxiliary Gym)

Get ready for a day of girls/ tennis! Girls will sharpen their tennis skills while learning to think confidently, support each other, and tackle challenges with courage-all in a positive, energetic setting. A snack will be provided for a 15-minutes snack break during the session.

Ages: 7-11 years **Class Minimum: 5** **Maximum:14**

Wednesday 12/30 9:00am-12:00pm

Fees:		
	Member	$50
	Non-Member/Resident	$55
	Non-Member/Non-Resident	$65

YOUTH & ADULT TABLE TENNIS

TABLE TENNIS OPEN PLAY (Event Center)

Come on out and play a competitive game of table tennis. If you are a beginner don't worry. David Pech, a USATT Certified Club Coach, will help you with instruction. Go to www.strongtt.info for more information. **No registration required. Pay day of play.**

Ages: All & Seniors

Tuesdays & Thursdays 5:00-7:45pm

Fees:	**Drop In Fee**	**Monthly Fee***
Adult	$6	$36
Senior (50yrs+)	$5	$30
Youth (18 & Under)	$5	$30
Family	$10	$30

**There is no drop in fee for those that pay the monthly fee. Monthly fees are collected on first Tuesday of the month.*

YOUTH FITNESS

YOUTH FITNESS ORIENTATION

Girls and boys (ages 12-13) learn proper strength training guidelines and terminology. Learn how to safely utilize strength training and cardio equipment. ***Upon successful completion of this course, a certification will be granted which provides access to the strength and cardio machines in the Cardio Area*** of the Rec Center only. (After you have completed the course, non-members must pay the normal daily guest rate to gain access to the facility and the equipment.) All certified youth must be able to show their certification card if asked when working out in the cardio area.

Ages: 12-13 years **Class Limit: 5**

Wednesday	1/6-1/20	3:30-4:30pm
Wednesday	2/3-2/17	3:30-4:30pm
Wednesday	3/3-3/17	3:30-4:30pm
Wednesday	4/7-4/21	3:30-4:30pm

Please note that this class is held until participant is certified and it may not take 2-3 weeks depending on enrollment.

Fees:		
	Member	$25
	Non-Member/Resident	$30
	Non-Member/Non-Resident	$35

YOUTH VOLLEYBALL

YOUTH VOLLEYBALL CLINIC (Auxiliary Gym)

If you are looking to learn how to play volleyball or improve your skills, then this clinic is for you.

Boys & Girls Grades: 3-7 **Class Limit: 24**

Grades 3-4/Beginner	4:45-6:00pm
Tuesdays	1/5-2/23
Grades 5-7/Intermediate	6:00-7:15pm
Tuesdays	1/5-2/23



Fees:		
	Member	$75
	Non-Member/Resident	$80
	Non-Member/Non-Resident	$90

ADULT SOFTBALL LEAGUES

REGISTRATION DATES: 7/1-8/20

League Commissioner has authority to determine the divisions in which teams compete. This can involve adjusting divisions based on previous performance or other factors to ensure a competitive balance and enhance overall experience.

LEAGUE	ENTRY FEE	CASH FORFEIT DEPOSIT	CASH UMPIRE FEE
Men's Sunday AM Double Header	$520	$135	$30/game

Upper, Middle and Lower Divisions
4/19-8/9(weather dependent)
9:00am-1:00pm
16 Team Limit
Registration fee includes a professional stat service and balls
*Divisions may be combined if there is not enough teams for either one.

Men's Sunday Church	$400	$39	$30/game

Some Double Headers
4/18-7/25 (weather dependent)
4:00-9:00pm
16 Team Limit
Registration fee includes a professional stat service and balls

Co-Ed Friday	$400	$90	$30/game

Some Double Headers
Upper and Lower Divisions*
4/23-8/6 (weather dependent)
6:30-10:30pm
16 Team Limit
Registration fee includes a professional stat service and balls
*Divisions may be combined if there are not enough teams for any division

Men's Tuesday Double Header	$570	$135	$30/game

Upper and Lower Divisions
4/20-8/17(weather dependent)
6:30-10:30pm
8 Team Limit
Registration fee includes a professional stat service and balls
*Divisions may be combined if there is not enough teams for either one.

ADULT VOLLEYBALL

NEO ATHLETICS ADULT VOLLEYBALL LEAGUES
(Ehrnfelt Recreation Center, Auxiliary Gym)
Ages: 18 years & Older

Sundays			
Co-Ed 6's	Double Headers	$350	11:00am-10:00pm
Mondays			
Co-Ed 6's	Double Headers	$350	6:00-10:00pm
Wednesdays			
Women's 6's	Double Headers	$350	6:00-10:00pm

9 weeks plus playoffs
$12 referee fee per match (paid directly to the referee)
$40 refundable forfeit deposit due at registration
(refundable at the end of the season)

Contact Brian Valore or Steve Cosgrove to register at 216-401-6362 or Bvman15@gmail.com or steve.neoathletics@gmail.com at (216-926-6779)

ADULT BASKETBALL LEAGUES

MEN'S 18 YRS+ 4-on-4 (Rec Center Main Gym)
Tuesdays 1/5-4/13 (tentative)
6:30-10:30pm
Jersey must be worn and strictly enforced.
Numbers must be on front and back.
Registration: 12/1-12/23. First pay, first serve.
Team Limit: 12
Referee Fees: $45 CASH per team, per game
Forfeit Fee (cash): $90 (refundable at end of season)
Fee: $250 (must provide own jerseys)



ADULT PICKLEBALL

PICKLEBALL OPEN PLAY (Rec Center Auxiliary Gym)
Pickleball is a sport that's a combination of tennis, badminton and ping-pong, all rolled up in one. It is played on a badminton court with the net lowered to 34 inches at the center. Bring your own paddle or use one of ours for this open play. Experienced and beginner players are welcome.

Ages: 18 & older

Mondays/Tuesdays/Thursdays*	Play ends 4/30	6:00am-2:00pm*
Fridays	11/6-4/30	6:00-9:00pm

Open play time is 6am-12noon on any dates Strongsville City Schools are not in session. Dates subject to change.

Fees:

Rec Center Members	FREE
Senior Center Members	$3/day
Non-Members	$6/day



BEGINNER PICKLEBALL OPEN PLAY(Rec Center Auxiliary Gym)
This open play is for those just learning to play pickleball.
Ages: 18 & older
2nd & 4th Wednesday of the Month Play ends 4/28 6:00am-2:00pm*
Instruction:9-11am

Open play time is 6am-12noon on any dates Strongsville City Schools are not in session. Dates subject to change.

Fees:

Rec Center Members	FREE
Senior Center Members	$3/day
Non-Members	$6/day

SENIOR CENTER ACTIVITIES

Senior Services Coordinator, Debbie Branic

SENIOR CENTER HOURS: Monday-Friday 9:00am-5:00pm

Thurs, November 26	Thanksgiving	Rec & Senior Center CLOSED
Fri, November 27	Day After Thanksgivng	Senior Center Only CLOSED
Thurs, December 24	Christmas Eve-Close at 1pm	Rec & Senior Center Closing Early
Fri, December 25	Christmas	Rec & Senior Center CLOSED
Fri, January 1	New Year's Eve	Rec & Senior Center CLOSED

SILVER MUSTANG MEMBERSHIP

MEMBERSHIP FEES
Strongsville Residents: $20/year
Strongsville Resident Couple: $30/year
Non-Residents: $45/year
Non-Resident Couple: $60/year

MEMBERSHIP BENEFITS
*Silver Mustang newsletter
*Free takeout birthday lunch the month of your special day
*Free takeout lunch for membership purchase/renewal
*Discounted program/activity fees and takeout lunches
*Priority registration for travel programs

NON-MEMBER DAILY DROP-IN FEE

Residents	$3
Non-Residents	$5

Silver Mustang Membership, Recreation Center Membership or Daily Drop-in Fee required for access to Senior Center.
(Support groups and outreach services are available at no cost.)

FITNESS, FUN FRIENDSHIP ACTIVITIES: December-April 2027

S.M.I.L.E.

So Much Improvement with a Little Exercise
Low intensity exercise for range of motion, flexibility and balance. This DVD lead class, can be taken sitting or standing. You're sure to be smiling with your results.

Ages: 50 & older

Mondays, Wednesdays, & Fridays*	9:15-10:00am
Tuesdays & Thursdays*	11:30am-12:15pm

*No class 11/26, 11/27, 12/25, 1/1

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$2
Resident/Non Members	N/A	$3
Non-Residents/Non-Members	N/A	$4

BODY WEIGHT BASICS

In this no equipment needed class, you will strengthen your muscles using only your own body. No weights, bands or exercise balls are needed to get an effective full body workout. Done regularly, these exercises can build muscle strength and mass, and preserve bone density, independence, and vitality!

Ages: 50 & over **Instructors: Mary Lee Kirby**

Mondays, Wednesdays, Fridays*	9:15-10:00am

*No class 11/27, 12/25, 1/1

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$5
Resident/Non Members	N/A	$6
Non-Residents/Non-Members	N/A	$7

FUNCTIONAL TRAINING

Our functional training class will help you gain strength and mobility to enhance your activities of daily living. This class is taught by a certified fitness instructor.

Ages: 50 & older **Instructor: Mary Lea Kirby**

Mondays, Wednesdays & Fridays*	10:15-11:00am

*No class 11/27, 12/25, 1/1

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$5
Residents/Non-Members	N/A	$6
Non-Residents/Non-Members	N/A	$7

EXPRESS CIRCUIT TRAINING

A perfect mix of cardio and strength techniques to help you gain muscle and cardiovascular endurance. This class will feature different stations for you to obtain a total body workout in just 45 minutes. **Instructor: Jenny Wilson**

Ages: 50 & older

Tuesdays or Thursdays*	9:15-10:00am

*No class 11/26

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$5
Residents/Non-Members	N/A	$6
Non-Residents/Non-Members	N/A	$7

FLEX, MOVEMENT & BALANCE

Join Doug in this afternoon exercise class, that will help you stretch and flex, to improve your balance and flexibility. You will utilize bands (supplied by the Senior Center) and even learn some Yoga, all in an effort to improve your overall physical health. **Instructor: Doug Stamper**

Ages: 50 & older

Tuesdays & Thursdays	12:30-1:15pm

*No class 11/26, 12/24

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$5
Residents/Non-Members	N/A	$6
Non-Residents/Non-Members	N/A	$7

PILATES FOR SENIORS

This Pilates class is designed to flow through a series of movements that will help improve core strength, flexibility, balance, and overall mobility. Modifications to your specific fitness level. In this class you will utilize the chair for seated and standing exercises, and a mat for floor exercises.

Instructor: Kellie Walter

Ages: 50 & older

2nd & 4th Wednesday of the month*	10:30-11:30am

*No class 9/2

Drop In Fees:	
Members	$5
Residents/Non-Members	$6
Non-Residents/Non-Members	$7

FITNESS, FUN FRIENDSHIP cont.

ASIAN EXERCISE – Including Tai Chi

These gentle movements can improve balance, naturally boost one's energy, mental focus, and flexibility. There is individualized instruction within the group setting; you progress at your pace and ability. The movements can be tailored to your body type and condition. Good health comes from good circulation. By gently working the range of motion of the joints, the flexibility of the ligaments and surrounding tissues, the body is able to get circulation everywhere it needs to go. Millions of practitioners have balanced chronic conditions such as asthma, arthritis, diabetes and fibro-myalgia through practice.

Ages 50 & older **Instructor: Ted Smith**
Mondays* 9:15-10:00am
*No class 8/31, 9/7

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$6
Residents/Non-Members	N/A	$7
Non-Residents/Non-Members	N/A	$8

BEGINNER YOGA



The benefits of yoga include increased balance, flexibility, relaxation, strength, and reduced blood pressure and heart rate. Offered the 1st and 3rd Wednesday, Magda Albert, one of our Certified Yoga Instructors, will introduce you to the art of Yoga. Learn the terms, moves and more, and be ready to join our weekly classes the first and third Wednesdays of the month.

Ages: 50 & Older **Instructor: Magda Albert**
1st & 3rd Wednesdays of the Month* 10:30-11:30am

Fees:	
Members	$5 (first time free)
Residents/Non-Members	$6
Non-Residents/Non-Members	$7

CHAIR YOGA

Chair yoga is a modified form of yoga that is practiced while seated in a chair. It is designed to make yoga accessible to people who have difficulty standing, balancing, or having a knee, shoulder, or hip replacement, or those with general mobility limitations. Benefits include improved flexibility and range of motion, strengthen muscles and improved balance. Yoga reduces stress and anxiety and promotes relaxation and well-being. No experience necessary. Wear loose, comfortable clothing. **Instructor: Magda Albert**

Ages: 50 & older
Thursdays* 1:30-2:30pm
*No class 11/26, 12/24, 12/31

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$5
Residents/Non-Members	N/A	$6
Non-Residents/Non-Members	N/A	$7

YOGA

Come and increase your core strength while stretching your whole body, improving stamina and releasing stress.

Ages: 50 & older **Instructors**
Tuesdays* 10:30-11:30am **Kellie Walter**
Thursdays* 10:45-11:45am **Magda Albert**
*No class 11/26, 12/24

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$5
Residents/Non-Members	N/A	$6
Non-Residents/Non-Members	N/A	$7

TAP DANCING

Learn the basics and fun of Tap Dancing. Tap shoes, or hard soled shoes, and an enthusiasm to learn is all that you need. Get some great exercise and you may be Strongsville's next Fred Astaire! Registration required.

7 Week Sessions **Minimum class size: 4**
Ages: 50 & Over **Instructor: Peggy Stockdale**

Beginners: Thursdays	2/4-3/18	9:30-10:30am
Intermediate: Thursdays	2/4-3/18	10:30-11:30am

Fees:	
Members	$38
Residents/Non-Members	$40
Non-Residents/Non-Members	$44

BEGINNER LINE DANCING

Our Line Dance Instructor, Ronna will introduce beginners to the fun of Line Dancing. Join her as she goes over the basics, getting you ready to shuffle and slide into our regular Tuesday morning class.

Ages: 50 & older **Instructor: Ronna Murray**
Tuesdays* 10:00-10:30am
*No dancing 12/22, 12/29, 1/5

Drop-In Fees:	
Members	$3
Residents/Non-Members	$4
Non-Residents/Non-Members	$5

LINE DANCING

Come boot, scoot and boogie with our line dance instructor, Ronna. She'll teach you the newest steps and help you brush up on your old ones.

Ages: 50 & older **Instructor: Ronna Murray**
Tuesdays* 10:30-11:40am
*No dancing 12/22, 12/29, 1/5

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$6
Residents/Non-Members	N/A	$7
Non-Residents/Non-Members	N/A	$8

ADVANCED LINE DANCING

Take your line dancing skills to the next level in this exciting Advanced Line Dancing class! Designed for *experienced* dancers, this class focuses on challenging choreography, intricate footwork, complex turns, syncopated rhythms, and a variety of dance styles. Let Ronna keep you challenged.

Ages: 50 & older **Instructor: Ronna Murray**
Tuesdays beginning January 12 11:45am-12:30pm

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$6
Residents/Non-Members	N/A	$7
Non-Residents/Non-Members	N/A	$8

CARDIO DRUMMING

This class takes a simple movement, drumming, and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do!

Ages 50 & older **Instructor: Jessica Meloche**
Wednesdays 1:30-2:15pm

Fees:	**Drop-In**
Members	$5
Residents/Non-Members	$6
Non-Residents/Non-Members	$7

FITNESS, FUN FRIENDSHIP cont.

BALANCE & STABILITY CLASS– "Life is Better with Balance"

Learn how to assess and improve your balance with Balance expert and Physical Therapist Linda Weitzel PT, DPT. Each day of the 4-week session will address a new way in which your senses, posture, joints, muscles, environment and movement affect your balance. You will exercise to music and use tools which are provided. Participants must be able to walk independently with or without a cane since we are working on dynamic as well as static balance. . 4-week sessions. **Instructor: Linda Weitzel, Certified Physical Therapist**

Ages 50 & older

Mondays & Thursdays	1/4-1/28	11:15am-12:00pm
Mondays & Thursdays	2/1-2/25	11:15am-12:00pm
Mondays & Thursdays	3/1-3/25	11:15am-12:00pm

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$6
Residents/Non-Members	N/A	$7
Non-Residents/Non-Members	N/A	$8

Wii BOWLING

Enjoy virtual bowling on the Nintendo Wii video game system. Join our Wii bowlers and experience the fun. No experience is necessary. Bowlers can sit or stand, and each registered Wii bowler will play two games each week. Strikes, spares or gutter balls – let's roll!

Ages: 50 & older

Tuesdays* 12:00pm

Fees:	**Monthly**	**Drop-In**
Member	Varies Monthly	$2
Non-Member/Resident	N/A	$3
Non-Member/Non-Resident	N/A	$5

BINGO

This game of chance and concentration is sure to have you calling out "Bingo." Play one or more cards, and fill your numbered squares before the others. Meet new friends and try your luck at our weekly bingo games!

Ages: 50 & older

Fridays* 12:30-3:00pm

*No play 11/27, 12/25, 1/1, 3/26

Drop-In Fees:**	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

****Additional Fees: 25 cents per card**

POKENO FUN

Have you heard of Pokeno?! This fun game is a combination of Poker, Keno and Bingo, with features that make it more interesting and exciting. Join Kim, from Shurmer Place, as she leads you through this fun game . No experience needed, just come to have fun and meet new friends. Registration is required. Snacks and prizes included!

Ages: 50 & older

Mondays 11/23, 12/28, 1/25, 2/22, 3/22, 4/26 10:00am

Fees:	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

FITNESS, FUN FRIENDSHIP cont.

PICKLEBALL OPEN PLAY (Rec Center Auxiliary Gym)

Pickleball is a sport that's a combination of tennis, badminton and ping-pong, all rolled up in one. It is played on a badminton court with the net lowered to 34 inches at the center. Bring your own paddle or use one of ours for this open play. Experienced and beginner players are welcome.

Ages: 18 & older

Mondays/Tuesdays/Thursdays*	Play ends 4/30	6:00am-2:00pm*
Fridays	11/6-4/30	6:00-9:00pm

Open play time is 6am-12noon on any dates Strongsville City Schools are not in session. Dates subject to change.

Fees:

Rec Center Members	FREE
Senior Center Members	$3/day
Non-Members	$6/day

BEGINNER PICKLEBALL OPEN PLAY (Rec Center Auxiliary Gym)

This open play is for those just learning to play pickleball.

Ages: 18 & older

2nd & 4th Wednesday of the Month Play ends 4/28 6:00am-2:00pm*
Instruction:9-11am

Open play time is 6am-12noon on any dates Strongsville City Schools are not in session. Dates subject to change.

Fees:

Rec Center Members	FREE
Senior Center Members	$3/day
Non-Members	$6/day



CARDS AND OTHER GAMES

Ages: 50 & older

Bridge	Mondays	12:30-3:00pm
Hand & Foot	Mondays	12:30pm
Bunco	Thursdays*	10:00am-12:00pm
Rummikub/Dominoes	Tuesdays	1:00-3:00pm
Mah Jongg	Wednesdays	1:00-3:00pm
Mah Jongg Instruction	Fridays*	Call for time
Pinochle	Tuesdays	12:15-3:00pm
Pinochle Instruction	Tuesdays	Call for time
Mexican Train	Fridays*	12:30-3:00pm
Open Play	Thursdays*	12:15-3:00pm
Open Play	Fridays*	12:30-3:00pm

*No play 11/26, 11/27, 12/24, 12/25, 1/1

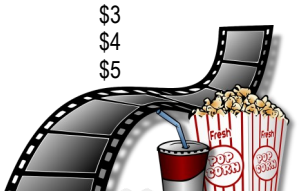
Drop-In Fees:	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

MONDAY MOVIE MATINEE

Do you enjoy watching movies? If so, come to our Movie Matinee as we show recent releases here at the Senior Center. We will have two movies each month, and popcorn and a beverage are included. Sign up for one or both! Monthly movies and dates can be found in the *Silver Pen* or stop by the Senior Registration Desk. Registration is required.

Ages: 50 & older

Fees:	Members	$3
	Residents/Non-Members	$4
	Non-Residents/Non-Members	$5



ART & CRAFT CLASSES

CLASSICAL PAINTING SECRETS

Learn to paint and/or improve your painting skills and knowledge, with step by step instructions in a non-competitive environment. Basics such as color theory, composition, and glazing will be taught hands on by your instructor. All levels welcome, using acrylics/oils/watercolor and mixed media. Students provide own materials; palette list available at Senior Registration Desk. Registration required. Monthly classes. No drop-ins.

Ages: 50 & older **Instructor: Joanne Richter**
Tuesdays (No classes in January) 1:00-3:00pm

Fees:	**Monthly**
Members	Varies Monthly
Residents/Non-Members	Varies Monthly
Non-Residents/Non-Members	Varies Monthly

BOB ROSS PAINTING CLASS

Join Mary, a certified Bob Ross Instructor, and complete on 11" x 14" oil painting. This class is offered utilizing the Bob Ross techniques. You will learn how to paint the "wet-on-wet technique," for which Bob Ross is known for, as well as many other popular techniques. In addition, you'll receive one-on-one attention to help guide you as you improve your painting skills. All materials included. Registration required.

Ages: 50 & older **Instructor: Mary Kenney**
Thursday 3/4 12:30-4:30pm



Fees:	
Members	$60
Residents/Non-Members	$62
Non-Residents/Non-Members	$66

WATERCOLOR

All levels are welcome, including beginners. Learn all techniques including watercolor with mixed media. Students provide own materials: list available at Senior Registration Desk.

Ages: 50 & older **Instructor: Judi Roszak**
Thursdays or Fridays* 9:30-11:30am
*No class 11/26, 11/27 or in December

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$10
Residents/Non-Members	N/A	$11
Non-Residents/Non-Members	N/A	$12

CREATIVE CRAFTERS

Enjoy making new crafts? This is the group for you! Create new friendships and various crafts for the Senior Center Craft Shop. Willing hands and ideas are always welcome!

Ages 50 & older
Wednesdays 10:00am-1:00pm

Drop-In Fees:		
	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

WARM UP AMERICA

This fantastic group enjoys knitting and crocheting afghans, lap robes, scarves, hats and blankets for others in nursing homes, hospitals and shelters. Yarn is supplied for these projects. Bring a friend and join them on Thursdays!

Ages: 50 & older
Thursdays* 1:00-3:30pm
*No meeting 11/26, 12/24, 12/31

Drop-In Fees:		
	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

ZENTANGLE



Full of Zen: In this series of ongoing, monthly art classes, we will scale up our creativity, building on our foundations of Zentangle. In each session we will expand our library of Tangle Patterns in each class and apply our patterns to a variety of projects. These projects will include (but are not limited to) exposure to multiple color mediums: such as watercolor, marker, and chalk pastels. We will also explore applying Zentangle to different substrates, such as wood, cork, and fabric.

A basic Zentangle class is required before you can sign up, and you will provide your own supplies, based on projects planned by the instructor. Attend one or both of these monthly classes. Registration requested.

Ages: 50 & older
Instructor: Susan Olsen, Certified Zentangle Teacher, CZT 10
2nd & 4th Thursdays of the Month* 1:00-3:00pm
*No class 11/26, 12/24

Fees:	**1 Class**	**2 Classes**
Members	$15	$25
Residents/Non-Members	$17	$27
Non-Residents/Non-Members	$21	$31

BEGINNERS DRAWING CLASS

Mary will be teaching these 6 week beginners drawing classes. You will be working on blending and values, all while learning how to apply your skills to animals, seascape, landscape and portraits. Students provide their own materials; a list is available at the Senior Registration Desk. Registration required.

Ages 50 & older **Instructor: Mary Kenney** **6 Week Session**
Tuesdays 3/2-4/6 9:30am-12:00pm

		6 Weeks
Fees:	Members	$75
	Non-Members/Residents	$77
	Non-Members/Non-Residents	$81

DIGITAL PHOTOGRAPHY

This class will combine elements of both an Introductory and an Intermediate Digital Photography class. Digital image management concepts will be covered. There will be a discussion about the Quality of Light with printed examples of different types of lighting. Examples of basic composition techniques will be presented and discussed. The image editing software Adobe Photoshop Lightroom will be introduced during the intermediate phase of the class. Intermediate digital photography concepts like the digital histogram and basic exposure controls will be introduced. Finally, examples of basic color correction techniques and creative controls will be reviewed. This class is for anyone interested in improving their digital photography skills. There are no prerequisites for taking this class.

Ages 50 & older **Instructor: Robert Kovatich** **5 Week Session**
Mondays 3/1-3/29 1:00-2:30pm

Fees:	
Members	$55
Residents/Non-Members	$58
Non-Residents/Non-Members	$65

ART & CRAFT CLASSES

QUILTING

If you can iron, pin fabric layers together, use a sewing machine, or tie a knot, your helping hands are welcome. This group makes quilts from start to finish to donate to Rainbow Babies & Children Hospital, MetroHealth Medical Center Pediatrics, The Salvation Army and the UH Seidman Cancer Center at Southwest General Health Center.



Ages: 50 & older
Volunteer Coordinator: Beverly McGlamery
Mondays* 1:00-3:00pm
*No quilting 11/9, 12/14, 1/11, 2/8, 3/8, 4/12

Drop-In Fees:	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

WOODSHOP CLASSES

SAWDUST FOR BEGINNERS (Senior Center Wood Shop)

This required course for all first time wood shop users covers use of equipment, policies and procedures in the wood shop and basics of wood working. A simple project will be completed during the class. ***Participants in this class should exhibit physical strength in hands, arms and legs. Good balance and good vision is also important in keeping you safe. Please access your ability to handle the materials and machinery used in this class as it is a safety concern.*** Class completed in 2– 4 hour sessions.
Registration required
Ages: 50 & older **Instructor: Jim Burns**
Mondays 1/18 & 1/25 9:30am-2:00pm*
*Lunch break from 11:30am -12:00pm

Fees:

Members	$40
Residents/Non-Members	$45
Non-Members/Non-Residents	$55

WOOD SHOP REPAIR SERVICE (Senior Center Wood Shop)

Wood Shop volunteers will repair small wood items. Bring your item into the Wood Shop any Wednesday, Thursday or Friday, between 9:30-11:30am and one of our volunteers will discuss the project and cost to repair with you.

OPEN WOOD SHOP (Senior Center Wood Shop)

Pre-requisite is completion of "Sawdust for Beginners". Come to work on your projects, help repair items and meet new friends. Registration is required.
Ages 50 & older
Wednesdays/Thursdays/Fridays* 9:30-11:30am
*No shop 11/26, 11/27, 12/25, 1/1

Fees:	**Monthly**	**Drop-In**
Members	Varies Monthly	$4
Residents/Non-Members		$5
Non-Residents/Non-Members		$6

WOOD CARVING (Senior Center Wood Shop)

Join this group of men and women and learn the artistry and craftsmanship of wood carving. Registration is free but required.
Coordinator: Dave Hoelter
Ages: 50 & older
Tuesdays 1:00-3:00pm
Participants pay for own tools and materials

Drop-In Fees:	Member	Free
	Non-Member/Resident	$3
	Non-Member/Non-Resident	$5

COMMUNITY SUPPORTS GROUPS

MEMORY LOSS SUPPORT GROUP

Are you looking for support when dealing with memory loss? This group is open to caregivers of individuals with dementia or Alzheimer's disease, spouses, family members, or friends. A representative from Kemper House will be facilitating this helpful monthly support group; all are welcome to join with any questions they may have or come to learn more about the disease. If you are caring for, or know someone with dementia, this support group is for you. Registration is free, but required.
Ages: 50 & older
Wednesdays 11/4, 12/2, 1/6, 2/3, 3/3, 4/7 9:15am FREE

STRONGSVILLE LOW VISION CONNECTION

Have changes in vision impacted your daily life? Seniors may experience changes in vision from varying conditions such as cataracts, glaucoma, and macular degeneration. Emotional effects can accompany even mild vision loss, ranging from fear of what a progressive condition might mean in the future, to questions about how to continue everyday activities like reading, home maintenance, cooking, and hobbies with a vision loss. This monthly support group will address all of these topics and much more in a supportive, informative environment. Registration is free, but required.
Ages: 50 & older
Tuesdays 1/26, 2/23, 3/23, 4/27 1:00-2:30pm FREE

CONSULTATIONS

HEARING AID SERVICES

Hearing aid services provided by Brookway Hearing Center. Hearing tests, cleaning and service of hearing aids, and battery offers, provided for your convenience. Appointments needed. Call the Senior Registration Desk at (440) 580-3275.
Tuesdays 11/10, 12/8, 1/12, 2/9, 3/9, 4/13 10:00am FREE

ATTORNEY

Brief consultation, appointment needed - call the Senior Registration Desk at (440) 580-3275. **FREE**

Tuesdays	11/3, 12/1,1/5, 2/2, 3/2, 4/6 Erica Skerl	9:20-11:30am
Friday	11/20, 12/18, 1/22, 2/26, 3/26, 4/23 Sam Butcher	10:00-11:20am

POST OFFICE ON WHEELS

The mobile postal van visits the Senior Center monthly. Any business you conduct at the Post Office can be taken care of at the "Post Office on Wheels."
*Call senior registration desk at 440-580-3275 for date.

MEDICARE COUNSELING

Join an expert from The Ohio Senior Health Insurance Information Program (OSHIIP) as they sit one on one with you and answer all your Medicare questions. See if you qualify for certain Medicare Benefits or just get your questions answered. Please bring a list of your prescriptions and your insurance card to the appointment. Appointment required by calling 440-580-3275.
Tuesdays 1/12, 2/9, 3/9, 4/13 9:15am-1:00pm FREE

BENEFITS CHECK UP

The Cleveland Foodbank and Cuyahoga County Department of Senior and Adult Services can help you apply for benefits right here at the Ehrnfelt Senior Center. Join us to see if you are eligible for several different money savings programs including SNAP (Supplementary Nutrition Assistance Program), HEAP, Ohio Best Rx Medicare, Medicaid, Ohio Works First, WIC and/or any other programs. Appointments are required. Bring proof of income, state ID and any current bills. Call the Senior Center today at 440-580-3275 for an appointment time. Don't miss out on this money saving program.
Ages: 50 & older
Friday 11/13, 12/11, 1/8, 2/12, 3/12, 4/9 9:15am-12:00pm
FREE

PROGRAMS

2027 BOOK DISCUSSION GROUP

Books are selected by the staff of the Strongsville Branch of the Cuyahoga County Public Library and may be picked up the first week of each month at the library. The book discussion is held at the Strongsville Library on the following Mondays, at 2:30pm. A Library Staff member leads the group discussion.

Month	Book	Discussion Date
January	**The Road to Tender Hearts** by Annie Hartnett	1/25
February	**The Foursome** by Christina Baker Kline	2/22
March	**The Parisian Heist** by Jo Piazza	3/22
April	**The Calamatiy Club** by Kathryn Stockett	4/26

ONE ON ONE COMPUTER INSTRUCTION (Senior Computer Lab)

Do you need help- just a little or maybe a lot- using your personal computer, laptop, camera or other technical device? You might need help getting oriented to new equipment or using a particular software package like Microsoft Word, Excel or PowerPoint. If so, contact the Senior Center registration Desk at 440-580-3275, to schedule a One-on -One. We have helped people with a variety of needs. A sampling includes setting up a Facebook account, creating a PowerPoint slide show and learning to use an i-Pad or smart phone. Come for an hour or for a longer period or arrange multiple sessions. Our instructors have a broad range of experience and can help you. We'll discuss your needs on the phone before scheduling an appointment. Call the Senior Registration Desk at 440-580-3275.

Ages: 50 & older

Fees for 1-Hour Session (minimum of 1 hour):

Members	$5
Non-Member/Residents	$6
Non-Member/Non-Residents	$8

TechKNOWledgy with TEENS

The Senior Center is excited to partner with Strongsville City Schools for a program called TechKNOWledgy with Teens. Select students will come monthly and provide one-on-one help with any questions you may have with your phone, iPad or other tablet. Best part, this is completely free! No question too big or small for these tech wizards! If interested in receiving help, please call the Senior Center today and sign up! Limited spaces available!

Ages: 50 & older

Wednesdays	1/18, 12/16, 2/17, 3/17, 4/21	1:00pm	FREE

THE AMERICAN REVOLUTION IN OHIO AND STRONGSVILLE'S REVOLUTIONARY WAR VETERANS



Strongsville Historical Society historian, Dennis Dimengo, will talk on "The American Revolution in Ohio and Strongsville's Revolutionary War Veterans". Dennis' talk will provide an overview of the Revolutionary War in Ohio and its impact on the following development of the region. He will also discuss Strongsville's seven Revolutionary War veterans providing biographical information and a summary of their war service for each veteran. This presentation is part of the Strongsville Historical Society's commemoration of the 250th anniversary of American independence.

Ages: 50 & older

Tuesday	11/17	1:00pm	FREE

APEX SKIN CHECK CLINIC

Apex Skin will offer free on-site skin spot checks provided by a licensed dermatology provider. These are quick evaluations of specific areas of concern on the skin (such as spots, moles, or lesions). This is not a full-body exam, but rather an opportunity for attendees to have a provider take a closer look at anything they are personally concerned about. The provider uses a dermatoscope (a small magnifying tool with light) to examine the area more closely and determine whether anything may need further evaluation. Each spot check is brief (approximately 5–10 minutes per person). Please call the Senior Front Desk at 440-580-3275 to book your appointment. Walk-ins are welcome but limited as time allows.**Facilitator: Bailey Gillespie | Community Engagement & Business Development Coordinator Apex Skin**

Ages: 50 & older

Tuesday	12/1	9:30-11:30am	FREE

SILVER MUSTANG HOLIDAY EVENT

It's the most wonderful time of the year and we want to spend it with our Silver Mustangs! Tis the season for desserts, so join us for a special sweet treat with coffee, tea, door prizes and live holiday music by the Dueling Piano Dames. All tickets are free to Senior Center Silver Mustang Members but registration is required. Tickets will be available at the Senior Center from November 10th to December 2nd.

Ages: 50 & older

Monday	12/7	1:00-2:30pm

Free to Silver Mustang Members

CELEBRATION HANDBELL CHOIR CONCERT

Celebration Ringers is a community handbell choir from Strongsville. They ring 5 ½ octaves of handbells and 7 octaves of hand chimes, as well as assorted percussion "toys." Join us in return performance at the Event Center. **Registration is requested** for this free concert. Call the Senior Center Registration Desk at (440) 580-3275.

Ages: All

Thursday	12/10	7:00pm	FREE



UNIVERSITY HOSPITAL *HOT* HEALTH TOPICS

Clinical Pharmacy Residents, from University Hospital, will discuss various health topics of interest. These free, monthly programs, will cover *h*ot health topics for seniors. Be informed for yourself or a loved one. Registration is required for each talk.

Ages: 50 & older **1:30pm** **FREE**

Wednesday	Understanding Vitamins & Supplements	11/4
Wednesday	Healthy Habits for Better Sleep	12/2
Wednesday	Know Your Numbers: Blood Pressure Cholesterol, & Blood Sugar	1/6
Wednesday	Medication Safety at Home	2/3
Wednesday	Asking the Right Questions at your Doctor's Appointment	3/3
Wednesday	Healthy Gut, Healthy You	4/7

PROGRAMS cont.

HOW TO STREAM FREE VIDEOS & MUSIC

Have you ever wondered how to watch free movies or tv shows and listen to music free with streaming? What is Hoopla and Kanopy? How do I access them? Why should I use them? Library staff will introduce you to these popular apps and explain how to use them. Please bring your library card and tablet, phone or laptop to follow along or get help with downloading our apps. **Registration required.**

Ages: 50 & older **Instructor: Heather Timko, Strongsville Public Library**

Thursday	1/21	10:00am	FREE

HISTORY OF THE SOUL

There is a recurring belief throughout time and across cultures about something we call 'soul.' What is its purpose? Why does this belief persist? How does it connect this life to the afterlife? What about reincarnation and karma? What did Ancient people understand about it that we have forgotten? Has technology distracted us from it today, or is science on the brink of a profound discovery about soul and consciousness? Seven week session. **Registration required.**

Ages: 50 & older **Instructor: Ted Smith**

Mondays	1/25-3/8	10:30-11:30am

Fees:	Members	$40
	Non-Members/Residents	$45
	Non-Members/Non-Residents	$50

RETIREMENT & BEYOND: A ROADMAP FOR THE FUTURE

Retirement is more than simply deciding when to stop working—it's about creating a plan for the years ahead. This informative seminar will help seniors and their families explore the many choices that can shape a fulfilling, secure, and comfortable future. Learn about different communities and living options, financial planning strategies, placement services, and ways to make your home safer and more accessible. Whether you're planning ahead, considering a change in living arrangements, or simply want to be prepared for whatever the future may bring, this seminar will provide valuable information, practical resources, and guidance to help you make informed decisions with confidence. There will also be time at the end of the seminar for any questions you may have. Snacks, prizes, and goodie bags will be provided.

Instructor: Marge Clemens MBA, SRES

Ages 50 & older

Wednesday	2/10	1:00pm	FREE

PELVIC HEALTH BRUNCH N' LEARN

Many older adults experience symptoms such as overactive bladder, urinary urgency and frequency, and bowel control issues but may not realize there are treatment options beyond medication and lifestyle changes! Join us for an educational brunch and learn for seniors who want to learn more about pelvic health and how to improve pelvic strength. Our goal would be to provide an easy education session. Medtronic can provide education materials and resources.

Instructor: Lauren Carissimi, RN Clinical Specialist | Pelvic Health of Medtronic

Ages 50 & older

Thursday	2/18	10:00am	FREE

AARP DRIVER SAFETY PROGRAM CLASSES

Take this opportunity to review your driving skills, habits, and knowledge of rules of the road. Local driving problems, safety tips, changes in driving laws and rules are discussed. The course also emphasizes how to adjust your driving in response to age related physical changes and declining perceptual skills. This is a one-day, four-hour class. Registration required.

Ages: 50 & older **Instructor: April Dugan**

Wednesday	3/10	12:00-4:30pm

Fees:	AARP Member	$20
	Non-AARP Member	$25

THE MIND OF THE UNIVERSE

Theologians, Philosophers, and Neurobiologists have not yet defined human consciousness. What is the meaning of "me"? Is it just the ego, personality, and a collection of memories? What part of the brain produces 'mind?' As we learn more about the brain and the nature of the universe we are coming to inescapable conclusions about the grounding of existence, the nature of consciousness and what it means to be human. Seven week session. **Registration required.**

Ages: 50 & older **Instructor: Ted Smith**

Mondays	3/15-4/26	10:30-11:30am

Fees:

Member	$40
Non-Member/Resident	$45
Non-Member/Non-Resident	$50

COOKING WITH FRED

Chef Fred, of Generations Senior Living, is returning to the Senior Center again with another engaging cooking demonstration! The session is more than just a culinary lesson; it's a celebration of food, family, and cherished traditions. Join us in experiencing the joy and warmth that Chef Fred brings to the table, creating memories and delicious meals that everyone can savor. You'll not also get to cook with Chef Fred, you'll get to enjoy your own culinary creation as well. **Registration required.**

Instructor: Chef Fred of Generations Senior Living

Ages 50 & older

Date: TBA

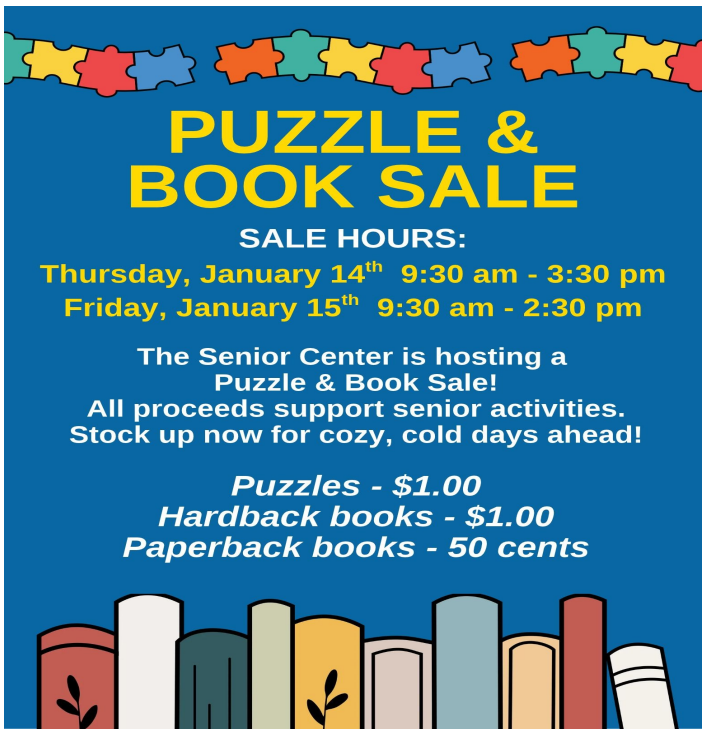
Fees:	Members	FREE
	Non-Members/Residents	$3
	Non-Members/Non-Residents	$5

DIGITAL MAGAZINES & NEWSPAPERS

Have you ever wondered how to read digital magazines and newspapers for free from the Library? How do I access them? Why should I use them? Library staff will introduce you to all of our popular magazine and newspaper apps such as Flipster, Press Reader, and more to explain how to use them. Please bring your library card and tablet, phone or laptop to follow along or get help with downloading and using our apps. **Registration Required. Instructor: Elleanor Johns of the Strongsville Branch Library**

Ages 50 & older

Thursday	4/1	10am	FREE



PROGRAMS cont.

CONFIDENCE AFTER A FALL: WHAT TO DO AND HOW TO GET UP SAFELY BRUNCH N' LEARN

A fall can be frightening, but knowing what to do afterward can make all the difference. Join us for this interactive and educational presentation designed to help older adults feel more prepared, confident, and safe.
We'll discuss:

- What to do immediately after a fall
- How to safely get up from the floor when possible
- When to call for help
- How to create a personal fall-response plan

Simple ways to reduce the risk of future falls
The program includes demonstration videos, practical recovery techniques, and helpful tips that participants can use at home. Everyone will receive a take-home reference guide and a File of Life emergency information packet to help first responders and loved ones access important medical information when it's needed most. Whether you've experienced a fall yourself or simply want to be prepared, this presentation offers valuable information to help you maintain independence and gain peace of mind. **Registration required.**
Instructor: Stephanie Bondi of Alert Care
Ages 50 & older

Thursday	4/8	10:00am	FREE

PROTECT YOUR EYE HEATLH

Your eyes are a vital part of your everyday life. You may notice vision changes with aging. Many changes are common and can often be corrected. As you get older, you are at higher risk of age-related eye diseases and conditions. These conditions include: Age-related macular degeneration (AMD), Cataract Diabetic eye disease, Glaucoma, Dry eye, and Low vision. Learn not only how to spot the warning signs but how early care can impact your eye health and sight. You'll also learn about new and innovative treatments for certain eye conditions.
Instructor: Stacy Loizos of the Fairvew Eye Center
Ages 50 & older
Date: TBA

HONORING THE FAMILIES OF THE FALLEN:
The Origins of the Gold Star Tradition

The United States is unique among nations for its national recognition of the families of military service members who have given their lives for the country. The symbolic, and now iconic, Gold Star, represents that recognition. This presentation traces the establishment of the Gold Star for Mothers and Widows of the fallen during World War I to the comprehensive custom of recognition for Gold Star Families we have today. Included is the pivotal role in this tradition played by a Cleveland resident. **Registration required**.
Instructor: Dennis Dimengo of the Strongsville Historical Society
Ages 50 & older
Date: TBA

THE CAVS WINE & GOLDIES DANCE CLINIC SERIES

The CAVS Wine and Goldies Dance Team is back again to bring their energy and some new moves! Members of the dance team will be present and provide a demonstration and dance guidance, line dance style. Be sure to register for this rocking good time! The clinic will take place the first Tuesday and the last Thursday of each month. **Space limited, registration required.**
Ages 50 & older **FREE**

Tuesday	1/5	1:30pm
Thursday	1/28	1:30pm
Tuesday	2/2	1:30pm
Thursday	2/25	1:30pm
Tuesday	3/2	1:30pm
Thursday	3/25	1:30pm
Tuesday	4/6	1:30pm
Thursday	4/29	1:30pm

LINE DANCE JAMBOREE

Our 26th Line Dance Jamboree is sure to be a two stepping good time! Your admission cost includes continental breakfast, boxed lunch, and line dancing instruction. Come boot, scoot and boogie your favorite steps, and learn some new ones too!
Ages: 50 & older

Tuesday	4/20	9:30am-3:00pm

Fees:

Member	$26
Non-Member/Resident	$28
Non-Member/Non-Resident	$31

WEBINAR SERIES AT THE SENIOR CENTER

Enjoy a range of talks from bestselling authors and thought leaders through these insightful webinars made possible by the Cuyahoga County Public Library. Each webinar is a pre-recorded showing of an online seminar and lasts approximately one hour. **Showings are pre-recorded and held at the Senior Center. Registration required for each webinar showing.**

Webinar: Your Ticket to the Best State Fair Crafts with Smithsonian Curator Mary Savig

A fascinating discussion with Smithsonian Curator Mary Savig on the history and significance of craft at state fairs—from blue-ribbon quilts to sculpted butter cows, and so much more! A Dolly Parton crop art portrait. Size-96 cowboy boots. A button quilt. *State Fairs: Growing American Craft* features more than 100 photos of extraordinary and unconventional crafts from state and tribal fairs, including needlework, basketry, jewelry, ceramics, crop art, butter sculpture, and saddles. The catalog highlights personal stories and regional and cultural traditions, creating a vibrant portrait of American life. Come one, come all! *State Fairs* has a little something for everyone. **Registration required.**
Ages: 50 & older

Thursday	2/4	10:00am	FREE

Webinar: Our Failed Attempts to Make English Eezier to Spell with Author Gabe Henry, Simplified Spelling Historian & Author of Enough is Enuf and Eating Salad Drunk

Ever wonder why English spelling is so… *weird*? Join author Gabe Henry for a surprisingly hilarious journey through the history of the English language and the rebels who tried to simplify it. Discover the spelling reformers who championed words like *kof* for *cough*, *tung* for *tongue*, and *fyzics* for *physics*—including Mark Twain, Noah Webster, Benjamin Franklin, and Theodore Roosevelt. Henry explores why English spelling became so inconsistent, why reform efforts failed, and how simplified spelling still influences words like *color* and *plow*. From medieval England to today's digital age, *Enough is Enuf* is a fun and fascinating look at the strange evolution of the language we use every day. **Registration required.**
Ages 50 & older

Tuesday	3/9	1:00pm	**FREE**

Webinar: The Legacy of Julia Child's Kitchen with Smithsonian Curator Paula J. Johnson

Get ready for a conversation that will warm your heart and make your stomach rumble! Join Smithsonian curator and public historian Paula J. Johnson, author of *Julia Child's Kitchen*, as she explores the legacy of beloved cooking icon Julia Child. Discover the story behind Julia's famous 20' x 14' kitchen, now on display at the National Museum of American History. Filled with more than 1,000 tools, appliances, books, artwork, and personal treasures, the kitchen reflects Julia's remarkable life as a chef, teacher, television pioneer, mentor, and friend. Whether you're a serious home cook or a devoted Julia Child fan, this fascinating conversation is sure to inspire.
Registration required.
Ages: 50 & older

Thursday	4/15	1:00pm	**FREE**

PROGRAMS cont.

INSTITUTE FOR LEARING PROGRAMS

The following programs are offered through the Institute for Learning (ILR) by Baldwin Wallace University, which offers senior adults presentations in a variety of subject areas, as well as social, cultural and travel experiences. Registration is required for each program.
Please refer to the Silver Pen Newsletter for January, February, March and April presentations. Held at the Senior Center.
Ages: 50 & older

Fees:	Members	Free
	Non-Members/Residents	$3/class
	Non-Members/Non-Residents	$5/class

Thanksgiving and Harvest Time *by Beryl Prusinoski*

People have always expressed gratitude for successful harvests, and the American Thanksgiving holiday continues this tradition. Journey through time from early Thanksgiving observances before the pilgrims, to our modern day of family, feasting and football. **Registration required.**

Monday 11/16 1:00pm

History of Christmas *by Beryl Prusinoski*

Did you know that many of our Christmas traditions go back even more than 2,000 years? Discover the origins of our wintertime festival, how it developed over the centuries. Learn the legends of popular plants used for Christmas decorations. **Registration required.**

Thursday 12/3 1:00pm

MUSTANGS ON THE GO!

END OF WINTER CHOCOLATE & WINE ESCAPE

Give yourself a sweet treat and a break from Winter, as we visit hidden jewels to sample both Wine and Chocolate. We'll start at Harry London's Candies and then Anastasiades, a premier, family chocolatier, with samples and a tour of how they make their delicious treats. Next, we'll enjoy an authentic Amish buffet lunch at The Amish Door of Wilmot, with time to shop their store and bakery. In the afternoon, we'll sample wine at the Cherry Road Winery, a charming little boutique winery. We'll complete our day at the amazing Nauti Vine Winery, to sample Mother Nature's gold! Our Chocolate and wine tasting tours sell out quickly, so call soon. Moderate walking on this JKL Tour.

Ages: 50 & older

Wednesday 2/24 Time: TBA

	Fees	**Registration Begins**
Members	$124	12/30
Non-Members/Residents	$129	1/6
Non-Members/Non-Residents	$139	1/13



MUSTANGS ON THE GO! cont.

LES *MISÉRABLES* (HANNA THEATRE)

The internationally acclaimed musical masterpiece that has won eight Tony Awards®, including Best Musical, and moved audiences around the world. Set in 19th-century France, the epic story follows Jean Valjean, a former prisoner seeking redemption, while relentlessly pursued by Inspector Javert as lives intertwine amid revolution, sacrifice and love. Featuring unforgettable songs such as "I Dreamed a Dream," "On My Own" and "Do You Hear the People Sing?" This remarkable musical blends sweeping romance, heartbreaking drama and unforgettable music into a theatrical experience that remains as powerful and relevant today as ever. (Strongsville Bus)

Ages: 50 & older

Wednesday 3/24 8:30am-2:00pm

	Fees	**Registration Begins**
Members	$35	1/26
Non-Members/Residents	$37	2/2
Non-Members/Non-Residents	$41	2/9



CLEVELAND ORCHESTRA MATINEE (SEVERANCE HALL) – "ADAM'S & TAO"

Composer-conductor John Adams leads a riveting program anchored by an American rarity: Copland's deliciously jazzy Piano Concerto, spotlighting the musical wizardry of Conrad Tao. Rounding out the program is Adams's kaleidoscopic ode to the composer and critic Nicholas Slonimsky and a delightful suite of tunes from Weill's satirical *The Threepenny Opera.* The matinee will include a concert preview beginning one hour before the concert start time. Free donuts and coffee are available while supplies last. (Strongsville Bus)

Ages: 50 & older

Friday 4/23 Time TBA (approx. 9am-1pm)

	Fees	**Registration Begins**
Members	$50	2/24
Non-Members/Residents	$52	3/3
Non-Members/Non-Residents	$56	3/10

THE IMPORTANCE OF BEING EARNEST (HANNA THEATRE)

A brilliant comedy of manners celebrated for its impeccable wit and exceptional one-liners. When two charming bachelors invent double lives to escape social obligations, their harmless lies spiral into a web of mistaken identities, romantic complications and one very inconvenient handbag. This timeless satire skewers Victorian society and the absurdities of love, marriage and social convention, delivering laugh-out-loud moments that remain as fresh and entertaining today as when it premiered. (Strongsville bus)

Ages: 50 & older

Wednesday 4/28 8:30am-2:00pm

	Fees	**Registration Begins**
Members	$35	2/25
Non-Members/Residents	$37	3/4
Non-Members/Non-Residents	$41	3/11



EHRNFELT RECREATION CENTER: (440)580-3260 * EHRNFELT SENIOR CENTER: (440)580-3275

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