



Strongsville Recreation  
Center



@strongsvillerecdept



STRONGSVILLERECDEPT



## MAY - AUGUST 2025 Program Guide

### Registration Dates

**MEMBERS:** March 11

**RESIDENTS:** March 18

**OPEN / ONLINE:** March 20

18100 Royalton Road, Strongsville, Ohio 44136

440-580-3260

[www.strongsville.org](http://www.strongsville.org)

# GENERAL INFORMATION

Ehrnfelt Recreation & Senior Center  
18100 Royalton Road, Strongsville, Ohio 44136  
440-580-3260 Recreation Center / 440-580-3275 Senior Center  
[www.strongsville.org](http://www.strongsville.org)

## RECREATION & SENIOR CENTER STAFF

### Director of Parks, Recreation & Senior Services

**Bryan Bogre**, [bryan.bogre@strongsville.org](mailto:bryan.bogre@strongsville.org)

### Recreation

**Chris Arold** - Parks & Outdoor Facilities Superintendent  
[chris.arold@strongsville.org](mailto:chris.arold@strongsville.org)

**Sarah Arold, CPRP** - Facility Manager  
[sarah.arold@strongsville.org](mailto:sarah.arold@strongsville.org)

**Jennifer Black** - Rental Coordinator & Director's Assistant  
[jennifer.black@strongsville.org](mailto:jennifer.black@strongsville.org)

**Mark Hartze** - Maintenance Foreman  
[mark.hartze@strongsville.org](mailto:mark.hartze@strongsville.org)

**Jim Kolesar** - Sports Supervisor  
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**Marissa McNabb** - Fitness Supervisor  
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**Kristen Nykiel** - Recreation Supervisor (Enrichment Programs)  
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**Rebecca Stemple** - Assistant Aquatic Supervisor  
[becky.stemple@strongsville.org](mailto:becky.stemple@strongsville.org)

**Doug Taylor** - Recreation Supervisor (Town Center)  
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**Patti Welker** - Aquatic Supervisor  
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**Molly Weir** - Recreation Supervisor (Town Center)  
[molly.weir@strongsville.org](mailto:molly.weir@strongsville.org)

### Senior Center

**Melissa Baldwin** - Food Services Manager  
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**Deborah Branic** - Senior Program Coordinator  
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**Sheena Wright** - Senior Services Coordinator  
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## GENERAL INFORMATION

### RECREATION CENTER HOURS

#### NOVEMBER 1-APRIL 30

Mondays-Fridays	5:00am-9:00pm
Saturdays	8:00am-6:00pm
Sundays	9:00am-3:00pm

#### MAY 1-OCTOBER 31

Mondays-Fridays	5:00am-8:00pm
Saturdays	8:00am-4:00pm
Sundays	9:00am-2:00pm

**MEMBERS ONLY: November 1-March 31:** Mon & Wed, 5:00pm-9:00pm

Please note, the Aquatic Center closes 30 minutes prior to the Center closing time.

### SENIOR CENTER HOURS

Mondays-Fridays	9:00am-5:00pm
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### REC & SENIOR CENTER SPECIAL HOURS & CLOSINGS\*

Sat, April 19	Day before Easter	Rec Closing early at 5pm
Sun, April 20	Easter	Rec Center CLOSED
April 30-June 21	Floor Resurfacing	Auxiliary Gym Courts CLOSED
Mon, May 26	Memorial Day	CLOSED
Fri, July 4	Independence Day	Rec & Senior Center CLOSED
Mon-Mon, Aug 18-Sept 1	Pool Cleaning	Aquatic Center CLOSED
Mon-Sat, Aug 18-Sept 7	Floor Refinishing	Basketball Courts CLOSED
Mon-Wed, Aug 25-27	Annual Cleaning	Rec & Senior Center CLOSED
Mon, September 1	Labor Day	Rec & Senior Center CLOSED

\*Hours subject to change. See AQUATICS section for special Aquatic Center hours and closings and Senior Activities section for Senior Center hours and closings.

### WEATHER CLOSING & CLASS CANCELLATIONS

When applicable, please check the following locations for any closings or cancellations due to weather...[www.strongsville.org/content/recreation.asp](http://www.strongsville.org/content/recreation.asp)

News Channel 3 ([www.wkyc.com](http://www.wkyc.com))

News Channel 5 ([www.newsnet5.com](http://www.newsnet5.com))



## AMENITIES

### AQUATIC CENTER

- Competition pool - 8 lanes, 25 yards, 1 diving board
- Activity pool - zero depth entry, water slide, pirate ship, 5 lane lap pool, 17 yard wading area
- Steam room
- Sauna
- 24 person spa
- Bleacher seating for approximately 500
- Visit [www.strongsville.org](http://www.strongsville.org) - Parks & Recreation for Open Swim Schedule

### CARDIO EXERCISE AREA (*Must be 12 years or older\**)

Cutting edge cardio equipment with TVs and web integrated consoles including Technogym treadmills, ellipticals, steppers, upright & recumbent bikes; LifeFitness stepmills; Cybex arc trainers; and StarTrac treadclimbers and Jacob's ladder.

*\*Youth ages 12-14, after completion of the Youth Strength Training class, may utilize all strength and cardio equipment in the cardio area only, they may not use the Strength Room. Youth that are not members must pay the normal daily rate. All youth must bring their Youth Strength Training card for admittance to the cardio area.*

### INDOOR TRACK (*Must be 15 years or older*)

- Length - 1/12 mile
- Width - 4 lanes (2 walking, 2 running)

### STRENGTH ROOM (*Must be 15 years or older*)

- 1.5" thick rubber floor
- Plate loaded equipment and free weights

### GROUP EXERCISE, MIND/BODY, CYCLE STUDIOS

- Three wood floor studios with independent sound systems for exercise classes

### AUXILIARY GYMNASIUM

- Synthetic floor
- Gym can be used as one high school regulation basketball court and two volleyball courts
- Visit [www.strongsville.org](http://www.strongsville.org) - Parks Recreation for Open Gym Schedule

### MAIN GYMNASIUM

- Wood floor
- Two high school regulation size basketball courts
- Visit [www.strongsville.org](http://www.strongsville.org) - Parks & Recreation for Open Gym Schedule

### LOCKER ROOMS

- Two set of locker rooms for men and women
- Two family changing rooms

### GAME AREA

- Billiard tables, air hockey, video/arcade games
- Vending and change machines

### EVENT CENTER & VARIOUS MEETING ROOMS

- Large Event Center and various meeting rooms available for rent. See page 6 for more information.

## RECREATION CENTER GUIDELINES

For a list of Recreation Center rules and guidelines go to [www.strongsville.org](http://www.strongsville.org) - Parks & Recreation - Facility Rules & Guidelines page. ([www.strongsville.org/departments/parks-recreation/facility-rules-guidelines](http://www.strongsville.org/departments/parks-recreation/facility-rules-guidelines))

## CHILDREN UNDER 12 YEARS OF AGE

Those under 12 years of age must be supervised by a person 18 years or older.

## REGISTRATION

Pre-registration is required for programs.

- No refunds/make ups for missed classes.
- You may register in-person, by phone, or online unless otherwise indicated for specific programs. Cash, check, Visa, Discover & Mastercard accepted.

## REFUND POLICY

1. If the program is cancelled by Department, a refund for the FULL amount that was paid will be applied to your Recreation/Senior Customer Account, or you may request a check refund which will be mailed in approximately three weeks.
2. If an individual wants to cancel enrollment in a program, it must be requested at least 5 days prior to the first session of the program.
  - a. **Recreation Department Customer Account:** If the customer wants to have the refund posted to his/her Recreation Account, a credit for the full amount that was paid will be issued.
  - b. **Check Issued:** If the customer paid by cash, check, or credit card and would like a check issued from the City, a 20% or \$5 administrative fee (whichever is greater), will be deducted from the amount that was originally paid. A check will be issued in approximately 3 weeks.
3. **Refunds will not be given if requested less than 5 days prior to the first session of the program.** Individuals assume the risk of changes in health or personal schedules.

## PROGRAM CANCELLATION POLICY

If the program does not have a sufficient number of participants registered by 3 working days prior to the first session, the program may be cancelled by the Department. **Some programs may have their own cancellation policy - please see program description.**



## MEMBERSHIP

### MEMBERSHIP CLASSIFICATIONS

**Full-Time Worker in Strongsville:** Includes an employee of a City of Strongsville business or entity working at least 37.5 hours per week. Proof of such status provided through a letter from his/her employer and a current pay stub.

**Couple** means two adults 19 years of age or older living in the same residence, related or unrelated, which may include spouses, siblings, roommates OR a parent and his/her child between the ages of 4 and 24.

**Full-Time College Student** means a student currently enrolled in 12 or more credit hours. Proof must be shown at time of purchase or renewal in the form of a current class schedule or tuition bill.

**Family** means at least one adult and two or more dependent children up to the age of 24 years or two adults and one or more dependent children up to the age of 24 years (if a full-time college student), including stepchildren and adopted children, who have legal residence in the household of the adult(s).

**Senior Couple** means two individuals who are living in the same residence, one of whom is at least 60 years of age and the other who is at least 50 years of age.

**Military/Veteran** means an individual who is an active member or veteran of any United States military service and provides proof of veteran status (DD214) or for active members, a military ID.

**Resident** means an individual who is legally living within a permanent residence in the City of Strongsville. Must show proof of residency such as an utility or bank statement issued in the last 30 days.

*\*Adults wishing to qualify for a Couple, Senior Couple, or Family membership who do not share the same last name, each MUST provide independent proof of residency upon application.*

*\*Memberships are non-refundable and non-transferable.*

### MEMBERSHIP FEES

#### 4 MEMBERSHIP OPTIONS

1. One Year Contract with entire payment at time of purchase
2. One Year Contract with monthly payments
3. Three Month Contract with entire payment at time of purchase
4. Six Month Contract with entire payment at time of purchase

#### OPTION 1: One Year Contract with entire payment at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$265.00	\$425.00
Couple	\$365.00	\$580.00
Youth Individual (Ages 4-18)	\$165.00	\$290.00
Full-time College Student	\$165.00	\$290.00
Family	\$435.00	\$725.00
Individual Senior (Age 60+)	\$135.00	\$265.00
Senior Couple	\$240.00	\$465.00
Military/Veteran Adult	\$140.00	\$245.00
Military Couple	\$240.00	\$400.00
Military Youth (Ages 4-18)	\$87.00	\$162.00
Military Family	\$290.00	\$510.00

### MEMBERSHIP FEES cont.

#### OPTION 2: One Year Contract with monthly payments

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$22.09/month	\$35.42/month
Couple	\$30.42/month	\$48.34/month
Youth Individual (Ages 4-18)	\$13.75/month	\$24.17/month
Full-time College Student	\$13.75/month	\$24.17/month
Family	\$36.25/month	\$60.42/month
Individual Senior (Age 60+)	\$11.25/month	\$22.09/month
Senior Couple	\$20.00/month	\$38.75/month
Military/Veteran Individual	\$11.67/month	\$20.42/month
Military Couple	\$20.00/month	\$33.34/month
Military Youth (Ages 4-18)	\$7.25/month	\$13.50/month
Military Family	\$24.17/month	\$42.50/month

#### Credit Card Payment Plan Information

- The annual membership is broken down into twelve installments plus a \$3 per month processing fee. (Processing fee is NOT included in the above monthly prices.)
- The first payment is due upon the date of purchase and pro-rated from the date of purchase to the end of the current month.
- The remaining eleven payments are charged to your MasterCard, Visa or Discover, as indicated by you, on the 20<sup>th</sup> of each month, or the next business day if the 20<sup>th</sup> falls on a weekend or holiday, until the expiration date of the annual contract.
- In the event that a patron defaults on their monthly payment, the membership will be immediately suspended. Patrons will have 10 business days to pay the Ehnfelt Recreation Center the amount owed for that month and an additional \$10 processing fee.
- In the event the patron does not pay off the balance owed by the 11th business day, the annual membership will be cancelled and any future use of a payment plan option will be denied.

#### OPTION 3: Three Month Contract with entire payment at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$80.00	\$128.00
Couple	\$110.00	\$174.00
Youth Individual (Ages 4-18)	\$50.00	\$87.00
Full-time College Student	\$50.00	\$87.00
Family	\$131.00	\$218.00
Individual Senior (Age 60+)	\$41.00	\$80.00
Senior Couple	\$72.00	\$140.00
Military/Veteran Adult	\$42.00	\$74.00
Military Couple	\$72.00	\$120.00
Military Youth (Ages 4-18)	\$26.00	\$49.00
Military Family	\$87.00	\$153.00

- 3 month membership valid 93 days from date of purchase
- Does not receive member coupons
- Does not qualify for member pricing or priority registration. May register during resident registration.



## MEMBERSHIP FEES cont.

### OPTION 4: Six Month Contract with entire payment at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$159.00	\$255.00
Couple	\$219.00	\$348.00
Youth Individual (Ages 4-18)	\$99.00	\$174.00
Full-time College Student	\$99.00	\$174.00
Family	\$261.00	\$435.00
Individual Senior (Age 60+)	\$81.00	\$159.00
Senior Couple	\$144.00	\$279.00
Military/Veteran Adult	\$84.00	\$147.00
Military Couple	\$144.00	\$240.00
Military Youth (Ages 4-18)	\$52.00	\$97.00
Military Family	\$174.00	\$306.00

-6 month membership valid 186 days from date of purchase

-Does not receive member coupons

-Does not qualify for member pricing or priority registration. May register during resident registration.

## SILVER SNEAKERS

Silver Sneakers is accepted at the Ehrnfelt Recreation Center. Includes access to the Recreation & Senior Center and member pricing on programs. Bring your Silver Sneakers card in today and join!



## RENEW ACTIVE

**Renew Active**  
by UnitedHealthcare

Renew Active is accepted at the Ehrnfelt Recreation Center. Includes access to the Recreation & Senior Center and member pricing on programs. Bring your Health Insurance Card in today and join!

## NON-MEMBER DAILY GUEST FEES

	RESIDENT	NON-RESIDENT
Youth (Ages 0-3)	Free	Free
Youth (Ages 4-6)	\$3.00	\$3.00
Youth (Ages 7-14)	\$6.00	\$6.00
Youth (15-17)	\$10.00	\$10.00
Adults (18-59)	\$10.00	\$15.00
Seniors (60+)	\$6.00	\$8.00
Active Military/Veteran*	\$6.00	\$8.00

-Those 18 years and older must show valid photo ID

-Those under 12 years of age must be supervised by a person 18 years or older.

\*Free admission to active military personnel on leave. Must show proof of leave.

## PASSBOOKS

Passbooks contain 10 daily admission passes. Strongsville residents must show proof of Strongsville Residency (utility bill, bank statement, etc) to receive resident rate.

Members:	\$60
Non-Member Residents:	\$60
Non-Members/Non-Residents:	\$100

## CORPORATE MEMBERSHIPS

The City of Strongsville values its businesses and as a way to demonstrate this, the Ehrnfelt Recreation Center offers companies, who have a minimum of 10 full employees, Annual Corporate Membership Packages. For more information on how your business can participate, please contact Facility Manager, Sarah Arold at sarah.arold@strongsville.org.



“THE CENTER OF LIFE”

## SILVER MUSTANG MEMBERSHIP

### MEMBERSHIP FEES

Strongsville Residents:	\$20/year
Strongsville Resident Couple:	\$30/year
Non-Residents:	\$45/year
Non-Resident Couple:	\$60/year

### MEMBERSHIP BENEFITS

- \*Silver Mustang newsletter
- \*Free takeout birthday lunch the month of your special day
- \*Free takeout lunch for membership purchase/renewal
- \*Discounted program/activity fees and takeout lunches
- \*Priority registration for travel programs
- \*Admission to member only events

### NON-MEMBER DAILY DROP-IN FEE

Residents	\$3
Non-Residents	\$5



# FACILITY RENTAL

Call 440-580-3270 to book your next event!

## EHRNFELT RECREATION & SENIOR CENTER ROOM RENTALS

ROOM	CAPACITY
Whole Event Center	300-400
Half Event Center	150-175
Conference Room	20-50
Meeting Room	20-50
Senior Art Studio	20-50
Senior Meeting Room	20-50

\*A deposit is due with a signed contract

## OLD TOWN HALL



OLD TOWN HALL	CAPACITY
Old Town Hall	80

\*Please plan on booking your party at least four weeks in advance

# CELEBRATE! at the REC CENTER!

**Room Rental Only** (Meeting Room, Conference Room, Senior Art Studio)

**Room Rental with Facility Use** (Pool, Gym & Game Area)

### All Inclusive Party Packages

Room Rental for 3 Hours  
Facility Use  
Pizza, Soda & Cake  
Plates, Cups, Napkins, Tablecloths  
Candles & Matches



**ROOM RENTAL RESERVATIONS REQUIRE  
2 Weeks Advance Notice & 2 Hour Minimum**

For more information visit the  
**Parks & Rec Facility Rental page**  
at  
[www.strongsville.org](http://www.strongsville.org)  
or call  
**440-580-3270**

*Schedule your  
Event Now!*

**440-580-3270**



# The Event Center

*Weddings*

*Fundraisers*

*Craft Shows*

*Seminars*

*Showers*



# TOWN CENTER RENTAL

Call 440-580-3270 to book your next event!

## Town Center Place Rental Information

### TOWN CENTER PLACE (Brunswick Auto Mart/Medina Auto Mall Place)

**Rental** ~ On-site Supervisor. Two-hour minimum. When adding rental of Town Center Pavilion, rules for Town Center Place will apply.

**Amenities** ~ Beautiful wood-sided room featuring a gas fireplace, two garage doors, bathrooms, refrigerator/freezer, sink and microwave, aluminum swirl tables with black banquet chairs, heating and air conditioning. A/V equipment available. Wi-Fi throughout.

**Capacity/Setups** ~ Banquet style seating for up to 96 guests or Theatre-style seating for up to 100 guests.

**Payment** ~ Full rental payment is due on the Friday 30 days in advance of rental date.

**Security Deposit** ~ \$300 is required with signed contract. Security Deposits are non-refundable if event is cancelled.

**Cancellations** ~ Must be made no less than 30 days in advance of rental date or rental payment refund will not be granted.

**Alcohol** ~ is permitted and requires a Strongsville Police Officer to be present and is scheduled by the rental coordinator. Fee is \$75/hour with a 3-hour minimum. If selling alcohol, a permit is required. Please inquire with rental coordinator.



	Resident	Non Resident	Strongsville Business	Non Profit
<b>TOWN CENTER PLACE (Indoor)</b>				
Summer 5/1-10/31 6 HOUR BLOCK	\$1,000	\$1,500	\$1,000	\$1,000
Winter 11/1-4/30 6 HOUR BLOCK	\$500	\$750	\$500	\$500
Summer 5/1-10/31 (Per Hour)	\$195	\$295	\$195	\$195
Winter 11/1-4/30 (Per Hour)	\$95	\$195	\$95	\$95

## Town Center Pavilion Rental Information



### **TOWN CENTER ATTACHED PAVILION**

(Brunswick Auto Mart/Medina Auto Mall Pavilion)

	Resident	Non Resident	Strongsville Business	Non Profit
Summer 5/1-10/31	\$350/flat	\$500/flat	\$350/flat	\$350/flat
Winter 11/1-4/30	\$150/flat	\$300/flat	\$150/flat	\$150/flat

**Capacity** ~ 10 - 6' picnic tables. Seating for approximately 60-80



### **TOWN CENTER OCTAGON PAVILION**

(Center of Park)

	Resident	Non Resident	Strongsville Business	Non Profit
Summer 5/1-10/31	\$250/flat	\$400/flat	\$250/flat	\$250/flat
Winter 11/1-4/30	\$100/flat	\$250/flat	\$100/flat	\$100/flat

**Capacity** ~ 2 - 8' picnic tables; 5 - 6' picnic tables (2 wheelchair accessible).  
Seating for approximately 60

**Available** ~ 8am-Dusk

**Payment** ~ Full rental payment is due with Rental Request Form.

**Security Deposit** ~ \$150 is required with signed contract. Security deposits are non-refundable if event is cancelled.

**Cancellations** ~ No refunds for cancellations. No refunds for inclement weather. No refunds for unused time.

**Alcohol** ~ is strictly prohibited!

Outdoor Fireplace (attached to Town Center Place) is available as an add-on rental for Town Center Place and Town Center Pavilion rentals at a flat rate of \$150 (not available for Octagon Pavilion)

Playground



Fountain/Splash Pad



Sand Volleyball



Pickleball Courts



Basketball Shoot-a-round



PLEASE CALL 440-580-3270 FOR RENTAL INFORMATION



# SPECIAL EVENTS

A colorful graphic for a garage sale event. It features a blue background with various items like a teddy bear, a scooter, a stroller, and a red shirt. A large white circle in the center contains the event details.

**IT'S A BIG, BIG GARAGE SALE AT THE STRONGSVILLE REC!**  
Baby, Kids and Maternity Items!!!  
**SATURDAY MARCH 15TH**  
**9:00am - 12:00pm**

Shoppers - shopping from 9am-9:59am costs \$3 admission (exact change needed). \*\*All paid early bird shoppers get entered into a raffle to win a free birthday party room rental at the Rec. Center\*\*  
Shopping from 10am-12pm is FREE!

Strongsville Rec. - 18100 Royalton Rd. - 440-580-3260

A green graphic promoting social media follow-up. It includes the Strongsville logo, social media icons for Facebook and Instagram, and QR codes for both platforms.

**Follow Us on Social Media**  
*Keep up to date with new events and news!*

**Strongsville Recreation Center**  
**@strongsvillerecdept**

STRONGSVILLERECDEPT

A light blue graphic for an Easter Bunny photo event. It features a white bunny, carrots, and Easter eggs. The text is in a playful, colorful font.

STRONGSVILLE REC. - 18100 ROYALTON RD. - 440-580-3260

**FUN & PHOTOS with the Easter Bunny**

Come and join the fun with the whole family! Have your photo taken with the Easter Bunny, make a craft, and enjoy a cookie snack!

**SATURDAY, APRIL 12TH**  
**9:15 - 11:00 AM**  
**@THE STRONGSVILLE REC.**

Ticket Fees (per child): Members \$10 Non-members \$15

Tickets are sold by time slots for Bunny photo line.

9:15am - 9:30am
9:30am - 10:00am
10:00am - 10:30am

\*Tickets must be purchased in advance from the Rec. Center front desk. Limited number of tickets per time slot will be sold. Ticket fee includes holiday crafts, milk & cookies, face painting, balloon art and a chance to win a door prize!

## ST. PATRICK'S DAY IRISH DANCE DEMO

Join Cannon Irish Dance for an early St. Patrick's Day Celebration! Tap your feet and clap your hands to lively Irish music as the Cannon Irish Dancers perform traditional Irish Step Dance. All ages are invited to "Give it a Try" with some Irish Social Dancing after the performance.

Saturday, 3/15  
3:00-4:00pm

Location: Rec Center Main Lobby

**FREE EVENT!**





**CITY OF STRONGSVILLE**

# MEMORIAL MILER

## 5K RUN & 1 MILE WALK

ENTRY FEE **\$30**

**SATURDAY**  
**MAY, 3 2025**  
START 09:00 AM

**STRONGSVILLE REC CENTER**  
18100 ROYALTON RD, STRONGSVILLE, OH 44136

**REFRESHMENTS T-SHIRTS AWARDS**

REGISTER ONLINE @ [HERMESCLEVELAND.COM](http://HERMESCLEVELAND.COM)

**CITY OF STRONGSVILLE PRESENTS**

FOOD TRUCKS AVAILABLE

FREE ENTRY

# MOVIE NIGHT

## INSIDE OUT 2

\*\*\* TOWN CENTER PARK \*\*\*

**JUNE 28**  
SATURDAY 9:00 pm

**Strongsville** Parks Recreation Senior Services

18300 ZVERINA LANE, STRONGSVILLE, OH 44136

**Strongsville** Parks Recreation Senior Services

# TOWN CENTER PARK SUMMER CONCERT SERIES

**Funkology** June 14th 6:00 PM SAT 18300 Zverina Lane, Strongsville, OH 44136

**52nd STREET** July 12th 7:00 PM SAT WALT WISE (BILLY JOEL / ELTON JOHN)

**DISCO INFERNO** Aug. 16th 6:00 PM SAT

**IN THE HEARTLAND** Aug. 23rd 7:30 PM SAT

**E5C4P3 - THE JOURNEY TRIBUTE** Sept. 20th 6:00 PM SAT

FOOD TRUCKS

FREE ENTRY

440-580-3260

**CITY OF STRONGSVILLE PRESENTS**

FOOD TRUCKS AVAILABLE

FREE ENTRY

# MOVIE NIGHT

## DESPICABLE ME 4

\*\*\* TOWN CENTER PARK \*\*\*

**AUGUST 2**  
SATURDAY 9:00 pm

**Strongsville** Parks Recreation Senior Services

18300 ZVERINA LANE, STRONGSVILLE, OH 44136

# AQUATICS

Aquatic Supervisor, Patti Welker  
Assistant Aquatic Supervisor, Becky Stemple

## SPECIAL AQUATIC CENTER HOURS

<b>Saturday, April 19</b>	Close at 4:30pm	Easter Saturday	<b>Friday, July 4</b>	CLOSED	Independence Day
<b>Sunday, April 20</b>	CLOSED	Easter	<b>Tuesday, July 8</b>	Close at 4pm	SSL Swim Meet
<b>Monday, May 26</b>	CLOSED	Memorial Day	<b>Friday, July 18</b>	Close at 7pm	SSL Champs Set Up
<b>Tuesday, June 10</b>	Lap Pool Close at 4pm	SSL Swim Meet	<b>Saturday, July 19</b>	CLOSED	SSL Champs Meet
<b>Tuesday, June 17</b>	Close at 4pm	SSL Swim Meet	<b>August 18-Sept 1</b>	CLOSED	Annual Pool Maintenance
<b>Tuesday, June 24</b>	Close at 4pm	SSL Swim Meet	<b>August 25-27</b>	Rec & Senior Ctr CLOSED	Annual Maintenance
<b>Tuesday, July 1</b>	Close at 4pm	SSL Swim Meet	<b>September 1</b>	Rec & Senior Ctr CLOSED	Labor Day

*Hours subject to change. The pools, steam room, sauna and spa are closed during swim meets.*

## AQUATIC CENTER REGULATIONS/RULES

*Please shower before using the Aquatic Center facilities ~ No food or glass containers permitted in Aquatic Center  
Swim diapers are required for all non-toilet trained children and children prone to potty accidents*

*Swim diapers are available for free at the front desk*

*Visit the Parks & Recreation page [www.strongsville.org](http://www.strongsville.org) for a complete list of Recreation & Aquatic Center Rules*

### REGISTRATION AND POLICIES

- For all sessions of a brochure (Winter, Summer, Fall) the first session of the lessons will open to members then resident/non-members and finally non-resident/non-members per the dates set in the brochure. Subsequent sessions of that brochure season open on the last day of current session for those with report cards (Changing of times or dates will not be honored until after those with report cards for the current class have had a chance to register. Exceptions may be for leveling up from level 3 or parent/youth. The times may not match for next level); for those without report cards, online registration begins at 9:30pm the last day of class and in-person/phone registration begins the following day.
- Refunds can be requested up to 7 days prior to the start of class without question. After that no refunds will be given. Participants take the risk of schedule changes or changes in health.
- If the class is full, you may ask the front desk staff to add your name to the CURRENT waiting list.
- If your child has any special needs, it would be helpful if you would inform the instructor/Aquatic Supervisors, before the first day of class, so they can better work with your child.

### AQUATIC WAIT LIST

The main purpose of the wait list book is to determine if there is a need to add additional classes. On occasion if there are openings in classes, or if we have the ability to add additional instructors, we will call those who have their name in the wait list book.

- Having a name on the wait list does not guarantee that you will receive a phone call or a spot in a class.
- It is your responsibility to call the front desk at the end of a session to see if any spots have opened up. Many times children are transferred to other classes or decide not to take a class which results in spots becoming available. The aquatic supervisors will not check the wait list until a few days before the start of a new session with the intent of trying to fill spots that are still open.
- Please be aware that when phone calls are made to those on the wait list, registration is on a first come basis no matter what number you are on the wait list. This is only a courtesy call letting you know that at that particular time, there are openings in the class if you still wish to sign up. It does not mean that a spot is being held for you and the spot(s) may be filled by the time you call back.
- It does not mean that a spot is being held for you and the spot(s) may be filled by the time you call back.

### REGISTRATION SCHEDULE

**Tues, March 11:** Ehrnfelt Rec Center Members

**Tues, March 18:** Strongsville Residents & Members (must show proof of residency such as utility bill)

**Thurs, March 20:** Open/On-line registration

### ALTERNATIVE SWIM WEAR

For the safety, health and welfare of all members and patrons, proper swim attire is required. Proper swim attire is required when using all of the pools, steam room, sauna and spa in the Aquatic Center, including participation in Learn-to-Swim classes. The following are prohibited:

- Clothing that could contribute to entrapment and inhibit life saving measures: loose fitting clothing; heavy garments; cut-offs; and jean shorts.
- Clothing worn for workout or other purposes prior to using the Aquatic Center.

Questions concerning proper swimwear should be addressed with the Aquatic Center personnel.

### LEARN TO SWIM RULES

Swim Participants and their parents must adhere to the rules of the Aquatic Center and the following rules specific to Learn to Swim.

- Pirate ship area is closed during swim lessons.
- In order to provide an environment free of potential distractions, with the exception of preschool classes, adults are required to stay behind the orange cones and not sit directly in front of the classes in progress.
- Anyone exhibiting cold or flu symptoms are asked to stay home.
- Participants may choose to be barefoot or wear sandals (flip flops) on the deck.

No street sandals, shoes, or boots are permitted for safety and sanitary reasons. Your cooperation in this is appreciated.

### AQUATIC CENTER AGE GUIDELINES

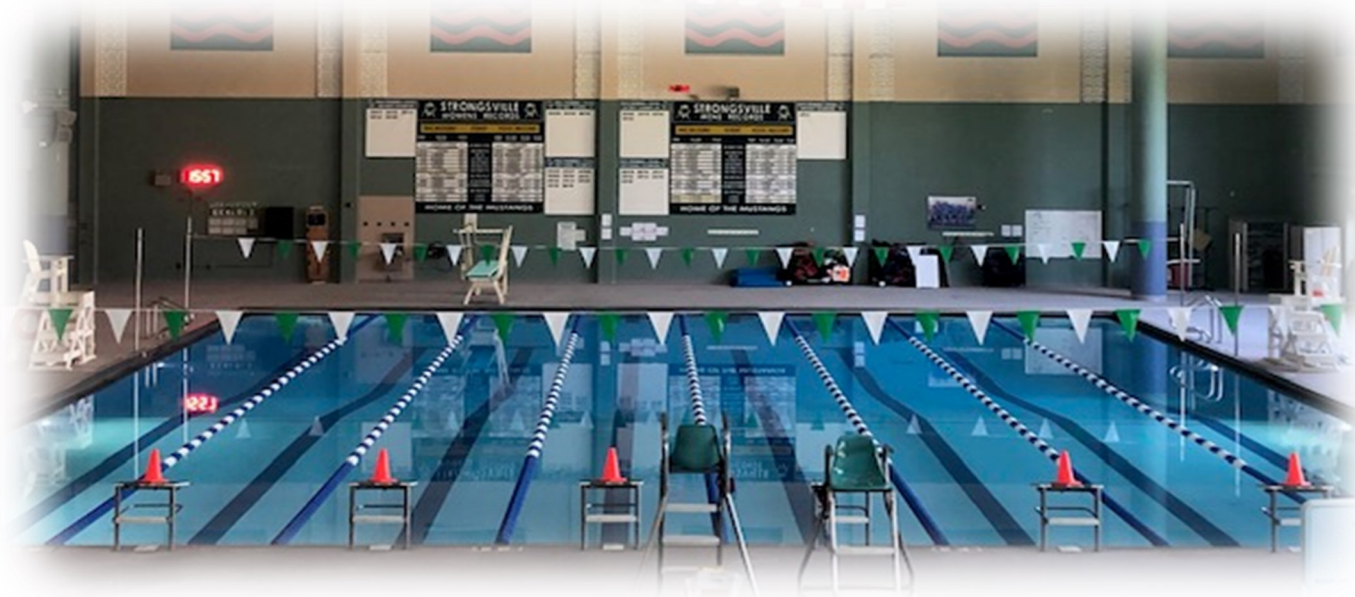
- Children under the age of 4, or those wearing a coast guard approved life jacket, must be within arms reach of an adult, 18 years or older, in a swimsuit at all times.
- Children 4 years of age and older may not use the locker room of the opposite sex. Please use the Family Changing Room.
- Children 4-6 years of age must be in visual contact of an adult, 18 years or older, at all times.
- Children under the age of 12 must have an adult, 18 years or older, in the Aquatic Center at all times unless participating in an aquatic program.



## YOUTH LEARN-TO-SWIM LEVELS

For more information on Learn to Swim, or if your child has any special needs, please contact  
Aquatic Supervisor, Patti Welker, at 440-580-3260 x 5269.

Level	Requirements	Skills Taught
<b>PARENT/INFANT</b> <b>6-15 months</b>	Ages: 6-15 months Parent must accompany child in the water	This class will begin to develop positive attitudes and safe practices in and around water. Child will work on water adjustment, underwater exploration and swimming readiness with parental involvement.
<b>PARENT/TODDLER</b> <b>15-36 months</b>	Ages: 15-36 months Parent must accompany child in the water	A continuation and refinement of Parent/Infant. Using parents and equipment for support, students will work on front and back combined strokes, floats, bobbing and breathing.
<b>PARENT/YOUTH</b> <b>3-5 years</b>	Ages: 3-5 years Parent must accompany child in the water	A continuation of Parent/Toddler. The child will work on front and back floats, glides and basic swimming skills. Child will work toward gaining independent skills.
<b>LEVEL 1</b> <b>Intro to Water Skills</b>	Age 5 years or older-no experience needed	Orient Participants to the aquatic environment and gain basic skills of breath control, floating, kicking and swimming on front. Promote positive and safe practices around water.
<b>LEVEL 2</b> <b>Fundamental Water Skills</b>	Passed Level 1, or can swim 10 feet unsupported front and back. Can float on front and back for 5 seconds unsupported. Can bob 5 times fully submerged.	Build on basic aquatic skills. Introduce rotary/rhythmic breathing, turning over, and swimming on back. Build on water safety skills and introduce treading in deep water.
<b>LEVEL 3</b> <b>Refined Water Skills</b>	Passed Level 2, or can swim 15 yards on front and back in chest deep water. Tread or float for 15 seconds.	Participants will achieve basic water competency. This level introduces survival float, diving, dolphin and breaststroke kick, and elementary backstroke. Basic water safety will be integrated into this course.
<b>LEVEL 4A</b> <b>Stroke Development</b>	Passed Level 3, or can tread water or float for 30 seconds. Able swim front and back crawl 25 yards and elementary backstroke for 15 yards.	This class builds on skills learned in Level Three and introduces open turns, butterfly, sidestroke, and breast-stroke arms. Safe diving practices and water safety will be integrated into the course.
<b>LEVEL 4B</b> <b>Stroke Improvement</b>	Passed Level 4A, or can swim 25 yards front crawl with rhythmic breathing, back crawl, elementary backstroke, 15 yards of breast-stroke and the dolphin kick. Ability to tread water for 1 minute.	Perfect front and back crawl, elementary backstroke and breaststroke. Complete sidestroke and butterfly. Continue to build water safety skills.
<b>LEVEL 5</b> <b>Stroke Refinement</b>	Passed Level 4B, or can do 25 yards front crawl, back crawl, elementary backstroke, breaststroke, side stroke, five deep water bobs, and tread water for 1.5 minutes.	Alternate breathing, flip turns, swimming underwater, and diving safety. Building endurance on basic strokes to 50 yards each. Perfecting butterfly and sidestroke with proficiency of 25 yards.



## YOUTH LEARN TO SWIM LESSONS

*Class limit based on instructor availability and pool space*

### PARENT/INFANT: 6-15 mos. (parent/adult in water)

**Ages:** 6-15 months

**Class Limit:** Based on Instructor availability & pool space

#### **Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	11:00-11:30am
Monday-Thursday	6/30-7/10	11:00-11:30am
Monday-Thursday	7/21-7/31	11:00-11:30am

#### **8 Classes**

<b>Fees:</b>	Member	\$45
	Non-Member/Resident	\$53
	Non-Member/Non-Resident	\$69

### PARENT/TODDLER: 15-36 mos. (parent/adult in water)

**Ages:** 15 - 36 months

**Class Limit:** Based on Instructor availability & pool space

#### **Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	12:10-12:40pm
Monday-Thursday	6/30-7/10	12:10-12:40pm
Monday-Thursday	7/21-7/31	12:10-12:40pm

#### **Evening Classes (7 or 8 Classes)**

Tuesdays & Thursdays	4/8-4/29	6:30-7:00pm (7 classes)
Mondays & Wednesdays	6/9-7/2	6:30-7:00pm
Mondays & Wednesdays	7/7-7/30	6:30-7:00pm

<b>Fees:</b>	<b>7 Classes</b>	<b>8 Classes</b>
Member	\$40	\$45
Non-Member/Resident	\$47	\$53
Non-Member/Non-Resident	\$61	\$69

### PARENT/YOUTH: 3-5 years (parent/adult in water)

**Ages:** 3-5 years

**Class Limit:** Based on Instructor availability & pool space

#### **Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	11:35am-12:05pm
Monday-Thursday	6/30-7/10	11:35am-12:05pm
Monday-Thursday	7/21-7/31	11:35am-12:05pm

#### **Evening Classes (7 or 8 Classes)**

Tuesdays & Thursdays	4/8-4/29	7:00-7:30pm (7 classes)
Mondays & Wednesdays	6/9-7/2	7:00-7:30pm
Mondays & Wednesdays	7/7-7/30	7:00-7:30pm

<b>Fees:</b>	<b>7 Classes</b>	<b>8 Classes</b>
Member	\$40	\$45
Non-Member/Resident	\$47	\$53
Non-Member/Non-Resident	\$61	\$69

### LEVEL 1: Intro to Water Skills

**(no previous swim experience needed)**

**Ages:** 5 & older

**Class Limit:** Based on Instructor availability & pool space

#### **Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	10:10-10:55am
Monday-Thursday	6/16-6/26	11:00-11:45am
Monday-Thursday	6/16-6/26	11:50am-12:35pm
Monday-Thursday	6/30-7/10	10:10-10:55am
Monday-Thursday	6/30-7/10	11:00-11:45am
Monday-Thursday	6/30-7/10	11:50am-12:35pm
Monday-Thursday	7/21-7/31	10:10-10:55am
Monday-Thursday	7/21-7/31	11:00-11:45am
Monday-Thursday	7/21-7/31	11:50am-12:35pm

#### **Evening Classes (7 or 8 Classes)**

Tuesdays & Thursdays	4/8-4/29	5:40-6:25pm (7classes)
Tuesdays & Thursdays	4/8-4/29	6:35-7:20pm (7 classes)
Mondays & Wednesdays	6/9-7/2	5:40-6:25pm
Mondays & Wednesdays	6/9-7/2	6:35-7:20pm
Mondays & Wednesdays	7/7-7/30	5:40-6:25pm
Mondays & Wednesdays	7/7-7/30	6:35-7:20pm

<b>Fees:</b>	<b>7 Classes</b>	<b>8 Classes</b>
Member	\$55	\$62
Non-Member/Resident	\$69	\$78
Non-Member/Non-Resident	\$83	\$94

### LEVEL 2: Fundamental Water Skills

**Ages:** 5 & older

**Class Limit:** Based on Instructor availability & pool space

#### **Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	10:10-10:55am
Monday-Thursday	6/16-6/26	11:00-11:45am
Monday-Thursday	6/16-6/26	11:50am-12:35pm
Monday-Thursday	6/30-7/10	10:10-10:55am
Monday-Thursday	6/30-7/10	11:00-11:45am
Monday-Thursday	6/30-7/10	11:50am-12:35pm
Monday-Thursday	7/21-7/31	10:10-10:55am
Monday-Thursday	7/21-7/31	11:00-11:45am
Monday-Thursday	7/21-7/31	11:50am-12:35pm

#### **Evening Classes (7 or 8 Classes)**

Tuesdays & Thursdays	4/8-4/29	5:40-6:25pm (7classes)
Tuesdays & Thursdays	4/8-4/29	6:35-7:20pm (7 classes)
Mondays & Wednesdays	6/9-7/2	5:40-6:25pm
Mondays & Wednesdays	6/9-7/2	6:35-7:20pm
Mondays & Wednesdays	7/7-7/30	5:40-6:25pm
Mondays & Wednesdays	7/7-7/30	6:35-7:20pm

<b>Fees:</b>	<b>7 Classes</b>	<b>8 Classes</b>
Member	\$55	\$62
Non-Member/Resident	\$69	\$78
Non-Member/Non-Resident	\$83	\$94



**YOUTH LEARN TO SWIM LESSONS cont.***Class limit based on instructor availability and pool space***LEVEL 3: Refined Water Skills****Ages: 5 & older****Class Limit: Based on Instructor availability & pool space****Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	11:00-11:45am
Monday-Thursday	6/16-6/26	11:50am-12:35pm
Monday-Thursday	6/30-7/10	11:00-11:45am
Monday-Thursday	6/30-7/10	11:50am-12:35pm
Monday-Thursday	7/21-7/31	11:00-11:45am
Monday-Thursday	7/21-7/31	11:50am-12:35pm

**Evening Classes (7 or 8 Classes)**

Tuesdays & Thursdays	4/8-4/29	6:35-7:20pm (7 classes)
Mondays & Wednesdays	6/9-7/2	6:35-7:20pm
Mondays & Wednesdays	7/7-7/30	6:35-7:20pm

<b>Fees:</b>	<b>7 Classes</b>	<b>8 Classes</b>
Member	\$55	\$62
Non-Member/Resident	\$69	\$78
Non-Member/Non-Resident	\$83	\$94

**LEVEL 4 A/B: Stroke Development****Ages: 5 & older****Class Limit: Based on Instructor availability & pool space****Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	10:10-10:55am
Monday-Thursday	6/30-7/10	10:10-10:55am
Monday-Thursday	7/21-7/31	10:10-10:55am

**Evening Classes (7 or 8 Classes)**

Tuesdays & Thursdays	4/8-4/29	5:40-6:25pm (7 classes)
Mondays & Wednesdays	6/9-7/2	5:40-6:25pm
Mondays & Wednesdays	7/7-7/30	5:40-6:25pm

<b>Fees:</b>	<b>7 Classes</b>	<b>8 Classes</b>
Member	\$55	\$62
Non-Member/Resident	\$69	\$78
Non-Member/Non-Resident	\$83	\$94

**LEVEL 5: Stroke Refinement****Ages: 5 & older****Class Limit: Based on Instructor availability & pool space****Daytime Classes (8 Classes)**

Monday-Thursday	6/16-6/26	11:00-11:45am
Monday-Thursday	6/30-7/10	11:00-11:45am
Monday-Thursday	7/21-7/31	11:00-11:45am

<b>Fees:</b>	<b>8 Classes</b>
Member	\$62
Non-Member/Resident	\$78
Non-Member/Non-Resident	\$94

**WATER EXERCISE CLASSES****WATER EXERCISE PROGRAM PASS**

A 2025 pass may be purchased any time and is good for any water exercise class.

\*The pass expires 12/31/2025.

\*There are **NO refunds** for lost/stolen passes or unused classes.

\*The front desk will give you a numbered ticket to be given to instructor

\*Passes are non-transferable & non-refundable.

\*Drop-ins are permitted for any class at the Drop-in rate.

**\*Classes are not held on calamity (snow) days or regularly scheduled days that the Strongsville Schools are not in session or holidays.**

Number of Classes	5	10	15	20
Member	\$28	\$53	\$75	\$91
Non-Member/Resident	\$33	\$63	\$90	\$111
Non-Member/Non-Resident	\$38	\$73	\$105	\$131

<b>Drop-in Fees:</b> Member	\$8 per class
Non-Member	\$10 per class

**ROM (RANGE OF MOTION) SHALLOW WATER EXERCISE**

Individuals will use gentle movements to help increase range of motion while decreasing stiffness and pain. A good class for individuals returning to exercise after injury, or with joint or muscle related illness.

**Ages: 15 & Older** **Class Limit: 25**

Tuesdays & Thursdays 6/3-8/14 10:00-10:50am 22 Classes

**SWAP (SHALLOW WATER AEROBICS PROGRAM)**

SWAP out your traditional aerobics class for this total body water workout. A little bit of everything...you'll build your cardiovascular endurance, increase your muscular strength, and enhance flexibility. This 50 minute class is set to exhilarating music. Noodles and aqua barbells provided.

**Ages: 15 & older** **Class Limit: 25**

Mondays & Wednesdays 6/2-8/13 9:00-9:50am 22 Classes

**TOTAL IMMERSION-DEEP WATER WORKOUT**

If you are looking for both a cardio and strengthening class that is totally non-impact, then this is the class for you! No swimming experience is required-a floatation belt will keep you vertical and buoyant. Class formats include Tabata, Bootcamp and general water exercise set to fun, motivating music. Aqua barbells, noodles, and floatation belts are all provided. Class is 50 minutes with a 5 minute stretch and cool down. Come join us in this fast paced, invigorating "wet fat-burning" lab!

**Ages: 15 & older** **Class Limit: 20**

Mondays & Wednesdays 6/2-8/13 10:10-11:00am 22 Classes

Mondays & Wednesdays 6/2-8/13 6:35-7:25pm 22 Classes



## SPECIALTY AQUATIC CLASSES

### STROKE CLINICS

Are you a competitive swimmer? Would you like to get ready for the upcoming summer swim league? Sign up for one or all of our individual stroke clinics. These classes focus on one stroke for the entire class-starts, turns, finishes and stroke refinement. This class is designed especially for swimmers who do not swim year-round.

Tuesday	5/6	5:30-6:20pm	Freestyle
Tuesday	5/6	6:30-7:20pm	Backstroke
Thursday	5/8	5:30-6:20pm	Breaststroke
Thursday	5/8	6:30-7:20pm	Butterfly
Tuesday	5/13	5:30-6:20pm	Backstroke
Tuesday	5/13	6:30-7:20pm	Freestyle
Thursday	5/15	5:30-6:20pm	Butterfly
Thursday	5/15	6:30-7:20pm	Breaststroke

	1 Classes	4 Classes*	8 Classes*
<b>Fees:</b>		(-10%)	(-15%)
Member	\$12	\$43	\$81
Non-Member/Resident	\$17	\$61	\$115
Non-Member/Non-Resident	\$22	\$79	\$148

*\*To get discounted price, all classes must be purchased at same time*



### INTRO TO SWIM TEAM

**Ages: 5 & older**

**Class Limit: 10**

This class is for first time (beginner) summer swim league participant. Ideal for those with a base of freestyle and backstroke and are still learning breaststroke and butterfly. The class will focus on building endurance and stroke knowledge as well as work on competitive starts and turns. The class will take place mostly in the activity pool with work on starting blocks as needed. **Registration for summer swim league is not a requirement for this class, but it is not a "learn to swim" class. Participants must be able to swim 60 feet of correct freestyle and backstroke.**

Tuesdays & Thursdays	5/6-5/15	5:40-6:25pm
Tuesdays & Thursdays	5/6-5/15	6:35-7:20pm

<b>Fees:</b>	<b>4 Classes</b>
Member	\$32
Non-Member/Resident	\$40
Non-Member/Non-Resident	\$48



### 2025 SUMMER STRONGSVILLE RECREATION SWIM TEAM

The Strongsville Sea Monkeys recreational swim team is a summer only program and an excellent opportunity to introduce swimmers to the world of competitive swimming. The team, as a member of the Strongsville Swim League (SSL), will compete against homeowner association pools in the city of Strongsville.

**ELIGIBILITY:** The Sea Monkeys Swim Team is open to Strongsville residents who are 18 & under as of 6/1/25 or graduating high school senior. To participate, swimmers may not be members of a homeowners association with a viable swim team. All swimmers must be able to swim 25 yards, the length of the competition pool in both freestyle and backstroke on the first day of practice in order to participate. If you question your child's swimming ability, you may want to consider signing up for group or private lessons this winter. Team limited to 130 swimmers.

New parents are required to attend the Parents' Meeting on Wednesday, May 16 at 6:30pm and to volunteer during the season.

Practice begins Tuesday, May 27 and the season concludes with the SSL Championship meet on Saturday, July 19, 2025.

**PRACTICE SCHEDULE** (each child is assigned by age a 1 hr practice time):

#### Evening Practices

Tuesday-Thursday	5/27-5/29	5:30-7:30pm
Friday	5/30	5:30-6:30pm
Monday-Wednesday	6/2-7/14	5:30-6:30pm

#### Morning Practices

Monday-Thursday	6/2-7/17	8:00-10:00am
Fridays	6/6-7/18	9:00-10:00am

**MEETS:** Tuesdays & Thursdays evenings

**Fees\*:**

Members	\$180
Residents/Non-Members	\$210

*\*Families receive a \$10 discount for each additional child on the swim team. Fee includes Champs t-shirt. Team suits not included in fee and can be purchased at the Spirit Shop.*

For more info, contact Asst Aquatic Supervisor, Becky Stemple at 440 580-3260 ext. 5270

## AMERICAN RED CROSS CLASSES

### AMERICAN RED CROSS BLENDED LEARNING LIFEGUARDING

**Ages: 15 & older**

**Class Limit: 9**

Candidates will learn the skills necessary to prevent and respond to aquatic emergencies, First Aid, CPR/PR and AED included. This class is a blended home internet and classroom learning experience.

#### Prerequisites:

\*Students must be 15 years old by the completion of class.

\*Have access to the internet from home.

\*Must bring proof of age to first class (driver's license or birth certificate).

\*Must be able to swim a 200 yard swim using front crawl, breaststroke or a combination of both.

\*Maintain position at the surface of the water for 2 minutes by treading water using only legs.

\*A timed 20 yard, back and forth swim, with surface dive to retrieve a 10lb. brick from a depth of 7-10 feet.

**Important:** Students will be tested on the first day of class. Failure to meet the minimum prerequisites can cause a safety threat to the participant and the class. The student will not be permitted to continue with the class and will be directed on where to get developmental training. **NO REFUNDS will be given to students who are unable to complete any of these skills. It is recommended that students practice these skills before the class begins. STUDENTS ARE EXPECTED TO ATTEND ALL CLASSES.** If a class is missed it will be up to the individual to make up the material. This may include being charged an hourly rate if it is necessary to schedule instructors to teach the material outside of the normal class time.

\*2024 edition of the Lifeguarding Manual can be picked up at the front desk prior to the first class meeting.

Session 1: Tuesdays & Thursdays 5/1-5/22 4:00-8:00pm (7 classes)  
Session 1: Tuesdays & Thursdays 6/2-6/6 9:00am-4:00pm (5 classes)

**Fees:** Member \$190  
Non-Member/Resident \$215  
Non-Member/Non-Resident \$240

### AMERICAN RED CROSS LIFEGUARD REVIEW

**Ages: 16 & older**

**Class Limit: 12**

This class is designed for current ARC Lifeguards to renew their certification before it expires. Individuals are expected to know the material and will be tested on the following: water rescue skills, CPR skills, and written tests. **Please bring a copy of your current Lifeguard certificate, Lifeguarding textbook and your pocket mask with you to class. This recertification is good for 2 years and includes Lifeguard, CPR, AED and First-aid.**

Session 1: Sunday 4/27 9:00am-4:00pm  
Session 2: Sunday 5/18 9:00am-4:00pm

**Fees:** Member \$155  
Non-Member/Resident \$175  
Non-Member/Non-Resident \$195



### ADULT, CHILD AND BABY FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults, children and infants. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. Allow approximately 2 hours 45 minutes to complete the course. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 years & older**

	Registration Dates	Class Materials	Course Completion*
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

**Fees:** Member \$55  
Non-Member/Resident \$60  
Non-Member/Non-Resident \$65

### ADULT FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. Allow approximately 2 hours 10 minutes to complete the course. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED

**Ages: 11 years & Older**

	Registration Dates	Class Materials	Course Completion*
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

**Fees:** Member \$60  
Non-Member/Resident \$65  
Non-Member/Non-Resident \$70



# FITNESS

Fitness Supervisor, Marissa McNabb

## GROUP EXERCISE, CYCLE, MIND/BODY, & ZUMBA

Get in shape and have fun doing it! Our top notch and cutting edge equipment and instructors provide a customized workout designed to get you healthy and in shape! We offer a variety of classes to keep you motivated and keep you moving!

### GUIDELINES FOR ALL EXERCISE CLASSES

1. Ages 15 & older
2. Please try different classes and don't be intimidated by new programs. Our instructors are able to make modifications for men & women of all ages and fitness levels.
3. If you have questions regarding fitness programs please call Marissa at 440-580-3260 x 5275. **Updated fitness schedules can be found at [Strongsville.org/content/fitness/asp](http://Strongsville.org/content/fitness/asp).**

### GROUP CYCLE

Start exploring new roads...indoors! Train with professionals in our Group Cycle program to burn calories, stay in shape, or to bring your athletic performance to the next level. Low impact, no complicated moves, motivating instructors, and music that begs your legs to pedal, all combine for great workout! **Updated fitness schedules can be found at [Strongsville.org/content/fitness/asp](http://Strongsville.org/content/fitness/asp).**

**NEW participants must be in the Group Cycle studio 15 minutes before class time for proper instruction and set up from the instructor.**

### Introduction to Group Cycle Program

Want to try a Group Cycle class but feel intimidated by the regulars or the intensity? Learn how to properly set up the bike, check your intensity level and develop proper techniques. **Please contact Marissa at 440-580-3260 x 5275 or [marissa.mcnabb@strongsville.org](mailto:marissa.mcnabb@strongsville.org) to sign up.**

### ZUMBA PASS

**Group exercise passes may be used for this class.**

Join Melissa Thomas-Edington, Radio City Rockette, as she rocks on to our famed Zumba classes! Ditch the workout and join the party with this Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award winning producers, and contagious steps to form a "fitness-party" that is downright addictive. (60 minute class)

Zumba punch cards can be purchased at any time and will expire 3 months from the date of purchase. You may use the punch card to attend any land Zumba class.

Fees:	5 Classes	10 Classes	20 Classes
Members	\$27	\$45	\$75
Non-Member/Residents	\$37	\$55	\$85
Non-Member/Non-Residents	\$47	\$65	\$95

### Drop Fees:

Members	\$9
Non-Member/Residents	\$11
Non-Member/Non-Residents	\$13



### UNLIMITED COMBO PASS

One year commitment and contract. Includes all Group Cycle, Group Exercise, Yoga, Pilates, Barre, Zumba, all other rec center land exercise classes, and all aquatic exercise classes.

- 1 year commitment and contract required for both payment options
- No enrollment fee!

#### **1 Year Contract with Monthly Payments**

Members \$40/month

Non-Member/Residents \$50/month

Non-Member/Non-Residents \$60/month

#### **1 Year Contract with Payment in Full**

Members \$438 (\$36.50/month)

Non-Member/Residents \$546 (\$45.50/month)

Non-Member/Non-Residents \$655 (\$54.50/month)

### MIND/BODY PASS (Yoga/Barre/Pilates)

Good for unlimited Yoga, Pilates, and Barre.

- 1 year commitment and contract required for both payment options
- No enrollment fee!

#### **1 Year Contract with Monthly Payments**

Members \$29/month

Non-Member/Residents \$39/month

Non-Member/Non-Residents \$49/month

#### **1 Year Contract with Payment in Full**

Members \$320 (\$26.60/month)

Non-Member/Residents \$427 (\$35.60/month)

Non-Member/Non-Residents \$535 (\$44.60/month)

### ONE MONTH UNLIMITED PASS

Unlimited 1 month group exercise, water exercise, group cycle and mind/body class pass expires 1 month from date of purchase, no commitment.

Members \$60

Non-Member/Residents \$70

Non-Member/Non-Residents \$80

### TEN CLASS PASS (Good for Group Exercise, Cycle, & Mind/Body)

Pass for 10 group exercise, cycle and Mind/Body classes. Pass expires 1 month from date of purchase. No commitment.

Members \$50

Non-Member/Residents \$60

Non-Member/Non-Residents \$70

### FIVE CLASS PASS (Good for Group Exercise, Cycle, & Mind/Body)

Pass for 5 group exercise, cycle and Mind/Body classes. Pass expires 1 month from date of purchase. No commitment.

Members \$33

Non-Member/Residents \$43

Non-Member/Non-Residents \$53

### DROP IN FEES (Good for Group Exercise, Cycle, & Mind/Body)

Members \$9

Non-Member/Residents \$11

Non-Member/Non-Residents \$13

### TRY A CLASS PASS (Good for Group Exercise, Cycle or Mind/Body)

Are you new to our group exercise program? Get a Try a Class Pass for your free trial of classes of your choice. Sign up for this pass at the Front Desk. (Restrictions apply. Limited to those participants who have NOT purchased a group exercise pass in the past.) Valid for 3 weeks from date of "purchase".



## GROUP EXERCISE CLASS DESCRIPTIONS

**For class schedule visit [www.strongsville.org/departments/parks-recreation/fitness](http://www.strongsville.org/departments/parks-recreation/fitness)**

**Barre COREture:** Where ballet barre meets Yoga and Pilates. Emphasis on the importance of form and alignment while performing low-weight, high rep exercises to sculpt muscles.

**Barre Fire:** Start with traditional Barre toning and Pilates core training methodology. Add light weights and high energy moves, to create a total body strength and cardio attack! You're going to like this one!

**Barre Fusion:** The perfect mix of Pilates, Yoga, & Barre. Focus on core strength, flexibility, & total conditioning.

**Body Max:** STRAIGHT FROM THE UK!!! The fastest way to shape up and LOSE WEIGHT! This class was developed in England. Barbells will be used with varying weights for this full body workout. *The trademark motto of this class is "YOUR BODY SHAPE WILL CHANGE!!!"*

**Cardio Dance & Tone:** Have fun while getting fit!!! This class mixes cardio dancing to fun music to get your heart rate up with toning strength exercises to give you a full body workout. No dancing experience needed!!!!!! Sweat while having fun!

**Cycle:** Turn your goals into reality! Give cycling a try, see what you've been missing!

**CycleStrong:** Interval training at its finest. Cycling on the bike, weight training off the bike. Perfect combo!

**Iron Circuit:** The Best of TRX & KETTLEBELL for utter obliteration and muscle development!

**Kickboxing:** Intensity! Energy! Sweat! Fun!

**Pilates:** Traditional mat Pilates and functional training with resistance balls & flex bands. A workout that will tone, define, & sculpt the entire body.

**PowerHour:** Get fit thru fun, challenging, ever-changing cardio & strength techniques using all types of resistance (dumbbells, barbells, bands, gliders and more). Get uncomfortable to get stronger!

**Pure Strength:** Efficient, effective total body strength training. Get stronger, leaner, and healthier! (45 min. class)

**Rebound:** Aerobic exercise performed while jumping on a mini trampoline. Strength training also included.

**Strength & Core:** The name says it all!

**Vinyasa Yoga:** Designed to help you find vitality in your life and personal empowerment. Focuses on optimal alignment of your body to improve strength, flexibility, and energy. Each class is themed to help you explore the many benefits of yoga for body and mind.

**Yin Stretch & Meditation:** Explore the mind/body connection. Slow, long-held stretches, deep breath work, & meditation. De-stress, wind down, & feel refreshed with the powerful combo of Yin & Meditation.

**YogaFlow:** All levels, energizing flow. Modifications provides so poses are accessible to varying levels. Strength, flexibility, & breathing techniques. YOU WILL SWEAT!

**Zumba:** Ditch the workout and join the party with this Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. LIVE IT! (60 min. class)

## YOGA THERAPY

Yoga Therapy is a personalized experience in which the yoga therapist evaluates and assesses the needs and goals of the client in order to help them on their healing journey. This holistic approach includes all the modalities traditional yoga offers, such as breathwork, meditation, movement, strengthening, stretching, as well as, active listening and goal setting. Whether you are recovering from a joint replacement, a major life change, physical challenges, mental challenges or past trauma that is affecting your well-being, Yoga Therapy can help.

**Please call Kim Wedel, our certified yoga therapist with questions or for a free 20 minute consultation at [yogainspiredwellness@gmail.com](mailto:yogainspiredwellness@gmail.com).**

1.5 Hour Assessment/Intake	\$130
1 Session (1 hour)	\$100
4 Sessions (1 hour each)	\$340



## HEALTH ASSESSMENT & PEAK PERFORMANCE

### ASSESSMENTS

One of our personal trainers will measure and assess your resting heart rate, blood pressure, body fat, waist to hip ratio, cardiovascular endurance, muscular strength, muscular endurance, and flexibility. (1 hour). **Please register at the front desk.**

<b>Fees:</b>	Member	\$25
	Non-Member/Resident	\$65
	Non-Member/Non-Resident	\$75

### EXERCISE ORIENTATION

Sign up for an exercise orientation with one of our fitness instructors for proper utilization and settings on our cardio and/or strength equipment with basic guidance of reps and sets. **Please register at front desk.**

<b>Fees:</b>	Member	Free
	Non-Member/Resident	\$65
	Non-Member/Non-Resident	\$75

## PERSONAL TRAINING PACKAGES

Strongsville Recreation Department's degreed and/or certified personal trainers have the experience and tools to motivate and challenge you to reach all your goals and break through plateaus! Whether your goals are weight loss, feel better, sports conditioning, or just plain aesthetics, your trainer will deliver first class knowledge and creativity to make exercising fun and efficient. Our trainers have worked with all fitness levels from the novice exerciser to the elite athlete. All sessions below are one hour in duration. All Strongsville Recreation Department Personal Trainers have been employed based on their extensive qualifications, therefore, only Strongsville Recreation Department Personal Trainers can be utilized in this facility. Any other personal training is prohibited in the Strongsville Recreation Center.



	One Session	Five Sessions	Ten Sessions
Members	\$53	\$225	\$400
Non-Member/Residents	\$63	\$275	\$500
Non-Member/Non-Residents	\$73	\$325	\$600

### SEMI-PERSONAL TRAINING (2 person training)

	One Session	Five Sessions	Ten Sessions
Members	\$90	\$425	\$750
Non-Member/Residents	\$100	\$525	\$850
Non-Member/Non-Residents	\$110	\$625	\$950



### PERSONAL TRAINING SPECIAL

**10 Sessions for \$350.00**

**On sale July 1-31, 2025**  
(sessions valid for 1 year from date of purchase)

# 42 X 82



Do you want to be fit, restore your function, improve your health, and increase your efficiency in the gym?

If you are looking to challenge yourself to the next level, we can help. Our coaches are here to safely guide you to achieve your personal best. You will become fit, healthier, stronger, and more durable than you ever thought possible.

**\*\*BEST DEAL\*\* All Inclusive Membership:** \$77/month (1 year commitment & contract required)

*Includes access to the rec center and unlimited 42x82 classes, group exercise, cycle and mind/body classes.*

**42x82 Five Punch Pass:** \$35 members, \$45 non-member/resident, \$55 non-member/non-resident, (expires 6 weeks from date of purchase) *Includes attendance to five 42x82 classes only.*

**42x82 1-Month Unlimited Pass:** \$65 members, \$75 non-member/resident, \$85 non-member/non-resident. *Includes attendance to 42x82 classes only. No contract. Valid for 30 days.*

**42x82 Add-On for Group Exercise Pass Holders:** \$15. *Includes attendance to 42x82 classes only. Good only for calendar month in which pass is purchased. Must have current group exercise pass to purchase.*

**For more information contact [marissa.mcnabb@strongsville.org](mailto:marissa.mcnabb@strongsville.org)**

## KARATE

### KIDDIE KARATE I & II - Event Center

**ONE ADULT PER STUDENT IS PERMITTED AND MUST BE PRESENT DURING CLASS**

Four week course in basic techniques.

**Kiddie I** includes a bully and stranger awareness program. Class is designed for all NEW students ages 5-9. All NEW students must start in Kiddie I unless they have studied Isshinryu before. If a student has studied Isshinryu, or would like more information about this program, please contact Sensei Joe Bove at 440-552-1055. **All evaluations will be made by the instructor only. NO EXCEPTIONS.**

**Kiddie II- PRE-REQUISITE is Kiddie Karate I.** This course includes more advanced moves and techniques. This class is for students advancing further from Kiddie Karate I. Kiddie II also includes bully and stranger awareness program.

**Instructor:** Joe Bove, 8<sup>th</sup> Degree Black Belt, Okinawan Isshinryu Karate

**Ages: 5 & Older** **Class Limit: 30** **4 Classes**

Mondays	4/28-5/19	5:00-5:45pm
Mondays	6/2-6/23	5:00-5:45pm
Mondays	6/30-7/21	5:00-5:45pm
Mondays	7/28-8/18	5:00-5:45pm

Wednesdays	4/30-5/21	5:00-5:45pm
Wednesdays	6/4-6/25	5:00-5:45pm
Wednesdays	7/2-7/23	5:00-5:45pm
Wednesdays	7/30-8/20	5:00-5:45pm

<b>Fees:</b>	Member	\$50
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$70

### KIDDIE KARATE III & IV (Orange & Green Belt) - Event Center

**ONE ADULT PER STUDENT IS PERMITTED AND MUST BE PRESENT DURING CLASS**

A four week course for students, (not adults), who are advanced Orange, Ni-Obi Orange, First Level Green, and Green Belt. Please contact Sensei Joe Bove at 440-552-1055 if you have questions.

**Instructor:** Joe Bove, 8<sup>th</sup> Degree Black Belt, Okinawaan Isshinryu Karate

**Class Limit: 30**

Mondays	4/28-5/19	6:00-6:45pm
Mondays	6/2-6/23	6:00-6:45pm
Mondays	6/30-7/21	6:00-6:45pm
Mondays	7/28-8/18	6:00-6:45pm

Wednesdays	4/30-5/21	6:00-6:45pm
Wednesdays	6/4-6/25	6:00-6:45pm
Wednesdays	7/2-7/23	6:00-6:45pm
Wednesdays	7/30-8/20	6:00-6:45pm

<b>Fees:</b>	Member	\$50
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$70

### ADVANCED KARATE & ADULT BEGINNERS KARATE- Event Center

**Advanced Karate** is a four week course including advanced techniques of Okinawan Isshinryu Karate for higher ranking belts. **PRE-REQUISITE: ADULT BEGINNERS KARATE**

**Adult Beginners Karate** will take place in a designated area at the same time as Advanced Karate. It will be taught by Sensei's assistant. You will learn the basic techniques of Isshinryu before joining the Advanced class.

Both classes will include warm-up, stretching and cardio. Wear comfortable clothing and tennis shoes. Uniforms (Gi) may be purchased through the instructor. Come release stress or form structure while having fun learning the art of Isshinryu Karate. If you have any questions or concerns please contact Sensei Joe Bove 440-552-1055.

**Instructor:** Joe Bove, 8<sup>th</sup> Degree Black Belt, Okinawaan Isshinryu Karate

**Class Limit: 30**

Mondays	4/28-5/19	7:00-7:45pm
Mondays	6/2-6/23	7:00-7:45pm
Mondays	6/30-7/21	7:00-7:45pm
Mondays	7/28-8/18	7:00-7:45pm

Wednesdays	4/30-5/21	7:00-7:45pm
Wednesdays	6/4-6/25	7:00-7:45pm
Wednesdays	7/2-7/23	7:00-7:45pm
Wednesdays	7/30-8/20	7:00-7:45pm

<b>Fees:</b>	Member	\$50
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$70



## YOUTH FITNESS

### INTRODUCTION TO YOUTH STRENGTH TRAINING

Girls and boys (ages 12-14) learn proper strength training guidelines and terminology. Learn how to safely utilize strength training and cardio equipment. Upon successful completion of this course, a certification will be granted which provides access to the strength and cardio machines in the Cardio Area of the Rec Center only. (After you have completed the course, non-members must pay the normal daily guest rate to gain access to the facility and the equipment.) All certified youth must be able to show their certification card if asked when working out in the cardio area.

**Ages: 12-14 years**

**Class Limit: 5**

Wednesday	4/9-4/30*	3:30-4:30pm
Wednesday	5/7-5/28*	3:30-4:30pm
Wednesday	6/4-6/25*	3:30-4:30pm

\*Please note that this class is held until participant is certified and it may not take 4 weeks depending on enrollment.

<b>Fees:</b>	Member	\$45
	Non-Member/Resident	\$55
	Non-Member/Non-Resident	\$65



# DAY CAMPS

Recreation Supervisor, Kristen Nykiel  
Kristen.nykiel@strongsville.org

## STRONGSVILLE REC CENTER CAMP

### 2024 STRONGSVILLE REC SUMMER DAY CAMP

School is out! Summer is in! Join your friends for some summer fun at the Ehrnfelt Recreation Center. We will be offering summer day camp for children grades K-6<sup>th</sup>. Activities will include arts and crafts, organized games, awesome field trips, swimming, movies and much more. Field trip locations and dates to be announced. Price includes registration, field trip cost, camp T-shirt and morning & afternoon snack.

**Each day send children with:**

**Healthy Lunch \* Water Bottle \* Swimming Suit \* Towel \* Tennis Shoes**

**AGES: 6-12 years**

### REGISTRATION

To register, pick up a packet at the rec front desk and return completed packet according to the dates below. Your registration will not be processed at the time it is received. It will be date/time stamped and processed later in the order received. Incomplete packets will not be processed.

**Returning Camper** (those previously enrolled in Strongsville Rec Summer Camp 2024) can drop off forms beginning February 25

### New Camper Registration Dates

Members: March 4

Non-Member/Resident: March 11

Non-Member/Non-Resident: March 18

### CAMP WEEKS (Monday-Friday)

Week 1	6/2-6/6	9:00am – 4:15pm
Week 2	6/9-6/13	9:00am – 4:15pm
Week 3	6/16-6/20	9:00am – 4:15pm
Week 4	6/23-6/27	9:00am – 4:15pm
No Camp Week of 6/30-7/4		
Week 5	7/7-7/11	9:00am – 4:15pm
Week 6	7/14-7/18	9:00am – 4:15pm
Week 7	7/21-7/25	9:00am – 4:15pm
Week 8	7/28-8/1	9:00am – 4:15pm
Week 9	8/4-8/8	9:00am – 4:15pm
Week 10	8/11-8/15	9:00am – 4:15pm

<b>WEEKLY FEES:</b>	Members	\$150
	Non-Member/Residents	\$185
	Non-Member/Non-Residents	\$215



**BEFORE & AFTER CAMP:** Before camp is offered starting at 7am and after camp will run until 6:15pm. A separate flat rate of \$12/week for Members, \$15/week for Residents, and \$18/week for Non-Member Non-Residents will be charged for Before Camp. A separate rate of \$12/week for Members, \$15/week for Residents and \$18/week for Non-Member Non-Residents will be charge for After camp.

Before camp is any portion of time between 7:00 am and 8:45 am that your camper is dropped off at camp.

After camp is any portion of time between 4:30 pm and 6:15 pm that your campers is still signed into camp.

### CANCELLATION POLICY FOR STRONGSVILLE REC SUMMER DAY CAMP

Summer Day Camp has its own Cancellation/Refund policy that is separate and unique from any other Recreation Center programs. Individuals assume the risk of changes in health and personal schedules. However, a doctor's statement may be presented to the Ehrnfelt Recreation Center for review.

\*Cancellations will only be approved if requested in writing on a 'Refund Request' form (located at the front desk) 30 days prior to the start of the week of camp being cancelled.

\*There will be no refunds for cancellations requested less than 30 days prior to the start of the week being cancelled. Each week (Monday – Friday) of summer camp is considered a different camp. For example: If you are canceling week 1 of camp which runs June 2-6, you will need to have the refund request form turn in by May 3 for review.

\*There are TWO refund options offered for summer day camp cancellations.

1. **Rec. Center Credit** – You will receive a full refund to be held on your Rec. Center account under your camper's name. This refund can be used towards any future day camp or other Rec Center program/activity and never expires. If you wish this to be refunded by check at a later date, the 20% administration fee would then be applied.

2. **Check** - For those wishing a refund by city check, a 20% administration fee will be deducted from the amount originally paid for all refunds granted.

## MAD SCIENCE CAMP

### MAD SCIENCE® - UNDERGROUND EXPLORERS CAMP (Meeting Room)

*Kids Learn about archaeology and the techniques scientists use to excavate long lost cities! They discover ancient civilizations and the tools and artifacts they used in everyday life! They also study bone fragments, pottery shards, amber deposits, and fossils to understand what they can tell us about history! What's more, each class includes*



**History Hunters** – We dig for dinosaurs! We put on our paleontology hats and go looking for historical treasure! We learn the ins-and-outs of a paleontological dig and create our own 3D fossils

**Can You Dig It?** – We examine bones! We use our observational skills to piece together the puzzle and figure out what kind of animal we're examining. We learn about bone shape and function, as well as placement. We get to take home bones, so we can practice putting them together.

**Pieces of Our Past** – We investigate artifacts! We learn about patterns of wear and hypothesize about the use of unfamiliar items. We get to decorate a clay pot and use the pattern to help us reconstruct fragments of a broken pot.

**Buried Bones** – We study ancient civilizations! We learn about Pompeii and recreate the eruption of Mount Vesuvius. We discover how certain conditions can preserve objects and help us better understand ancient cultures and historical events.

**Ancient Artifacts** – We unravel time! We discover how to date objects, using techniques like carbon dating and stratigraphy. We use a metal detector to find buried coins, and then use the skills we've learned to restore them to their former glory and figure out where they came from! *Make and take-home project, like fossil reproduction, an amber time capsule, and coins from around the world!*

**Ages: 6-12 years**      **Class Minimum: 10**      **Maximum: 25**  
Monday-Thursday      6/30-7/3      9:00am-12:00pm

Single Made Science or Crayola Arts Camp Fees	Both Camps
Members	\$170      \$312
Non-Member/Residents	\$185      \$342
Non-Member/Non-Residents	\$195      \$362

\*Sign up for BOTH **Mad Science** and **Crayola Arts** camp and your camper will spend lunchtime with our instructors each day for no additional fee. Please send a packed lunch and drink with your child. Note-BOTH camps will need to be running with minimum number of students (10) one week in advance for the supervised lunch option to be offered.

## CRAYOLA CAMP

### CRAYOLA® IMAGINE ARTS ACADEMY– BUIDLING WONDER CAMP (Meeting Room)



Throughout history, humans have created some incredible wonders. Go on a journey through time and discover the impressive – and sometimes mysterious – wonders of the world. Experiment with a variety of art techniques and use Crayola® art supplies to express your ideas. This camp complements

Underground Explorers or can be standalone.

**Our Wonders include:** The Great Wall of China, Easter Island, Stonehenge, Neuschwanstein Castle, and the Great Sphinx and Pyramids of Egypt.

**Ages: 6-12 years**      **Class Minimum: 10**      **Maximum: 25**  
Monday-Thursday      6/30-7/3      12:30-3:30pm

Single Made Science or Crayola Arts Camp Fees	Both Camps
Members	\$170      \$312
Non-Member/Residents	\$185      \$342
Non-Member/Non-Residents	\$195      \$362

## FASHION CAMP

### FASHION CAMP: UPCYCLE ACADEMY (Conference Room)

Do you have a passion for fashion? Do you like being creative? How about having FUN with friends while you make something awesome!!

Join The Upcycle Academy for our one of a kind enrichment summer camp. Created by industry professionals, fashion educators & led by current fashion university students from Kent State University.

This summer we will create a fashion line from concept to collection by upcycling apparel. We teach campers all things fashion.

CONCEPT - COLOR - FASHION VISION BOARD - ILLUSTRATION - TEXTILES - SILHOUETTE/SHAPE/PROPORTION - TREND SPOTTING - STYLING - SUSTAINABILITY IN FASHION - DESIGN - UPCYCLE TECHNIQUES - BASIC SEWING & more!!!

*Campers showcase their designs in the look book photoshoot on the last day of camp along with a fashion show for family and friends!*

*All materials including recycled apparel are provided and students keep the designs they create.*

**Ages: 8-12 years**      **Class Min: 5**      **Class Max: 24**  
Monday – Thursday      6/30 – 7/3      9:00am – 12:00pm

#### Fees:

Members	\$275
Non-Members/Residents	\$285
Non-Members/Non-Residents	\$300

## MISS KATIE'S CAMP

### MISS KATIE'S KINDER CAMP

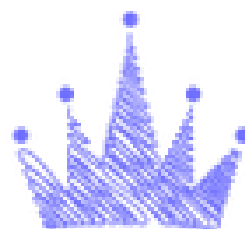
Join Miss Katie's for a fun summer camp experience. Each camp will have an exciting theme which will be the inspiration for all the games and activities for that day. Sign up for as few or as many camps as you would like. Space is limited and advanced registration is required.

#### Age: 3-6 years & potty trained

Tuesday 6/3	12:30 – 4:30pm	Pirates and Mermaids
Tuesday 6/10	12:30 – 4:30pm	Super Heroes & Princesses
Tuesday 6/17	12:30 – 4:30pm	Whales, Sharks & Turtles
Tuesday 6/24	12:30 – 4:30pm	Beach Party Vacation
Tuesday 7/8	12:30 – 4:30pm	Create A Masterpiece- Arts & Crafts
Tuesday 7/15	12:30 – 4:30pm	Jungle Animals
Tuesday 7/22	12:30 – 4:30pm	Sweet Treats—Summer Picnic
Tuesday 7/29	12:30 – 4:30pm	All About Sports
Tuesday 8/5	12:30 – 4:30pm	Camping At Miss Katie's
Tuesday 8/12	12:30 – 4:30pm	Stomp! Stomp! Dinosaurs
Tuesday 8/19	12:30 – 4:30pm	Animals & Bugs

#### Fees per camp date/per child:

Members	\$45
Non-Member/Residents	\$55
Non-Member/Non-Residents	\$60



# ENRICHMENT PROGRAMS

## Adult & Youth

Recreation Supervisor, Kristen Nykiel

### MISS KATIE'S PRESCHOOL PLAYGROUP

Miss Katie's Preschool Playgroup offers fun, educational, and organized classes and events in a safe, clean, and loving environment for you and your preschooler! Your child will delight in the planned activities while making new friends in the process! **This is an ongoing program with once a week classes held four times a month that is billed monthly, you can join at any time as long as there is space in the class.** For more details visit Miss Katie's website at [misskatiepreschoolplaygroup.com](http://misskatiepreschoolplaygroup.com) or call 330-289-2564.

#### TINY TOTS

Miss Katie's offers a fun and educational class for children aged 15 months to 30 months, along with their adult loved one. Children will enjoy age appropriate activities including music and movement, games, educational activities, obstacle course and more! Miss Katie's focuses on teaching Tiny Tots important preschool social skills including, listening and following directions in class, taking turns and socializing well with other children their age. The Tiny Tots class is 45 minutes in length with a 15 minute snack and free play/socialization time directly following, for a total of 1 hour once a week, four times a month.

<b>Age: 15-30 months old with adult participation</b>		<b>4 Classes/month</b>
Tuesdays	9:30-10:30am	
Fridays	11:00am-12:00pm	
<b>Monthly Fees:</b>	Members	\$75
	Non-Member/Residents	\$85
	Non-Member/Non-Residents	\$90

#### PRECIOUS PRESCHOOLERS

Miss Katie's offers a fun and educational class for children aged 30 months (2 1/2) through 4 years old, along with their adult loved one. Children will enjoy age appropriate activities including music and movement, games, educational activities, obstacle course and more! Miss Katie's strives to foster important social, emotional and cognitive skills which Precious Preschoolers will need in order to be ready for preschool and/or kindergarten. The Precious Preschoolers class is 45 minutes in length with a 15 minute snack and free play/socialization time directly following, for a total of 1 hour once a week, four times a month.

<b>Age: 30 months-4 years with adult participation</b>		<b>4 Classes/month</b>
Tuesdays	11:00am-12:00pm	
Thursdays	11:15am-12:15pm	
<b>Monthly Fees:</b>	Members	\$75
	Non-Member/Residents	\$85
	Non-Member/Non-Residents	\$90

#### PRESCHOOL PREP

Miss Katie's offers a fun, educational and organized class for your potty-trained preschoolers age 3 through 6 years old. Preschoolers are dropped off at Miss Katie's for a time away from adult loved ones. Preschoolers will gain confidence, independence and autonomy, which are skills needed for preschool and/or Kindergarten. Preschool Prep features age appropriate activities including academic content, music and movement, games, educational activities, obstacle course, story time, lunch/snack time and more! Your child will delight in the planned activities while making new friends in the process! Preschoolers should bring a packed lunch/snack to class. The Preschool Prep class is 2 hours in length once a week, four times a month.

<b>Age: 3-6 years &amp; potty trained</b>		<b>4 Classes/month</b>
Thursdays	1:00-3:00pm	
Fridays	1:00-3:00pm	
<b>Monthly Fees:</b>	Members	\$95
	Non-Member/Residents	\$105
	Non-Member/Non-Residents	\$110

#### MISS KATIE'S "EXPLORE & PLAY—DROP & STAY!"

Miss Katie's Explore & Play - Drop & Stay class is open to preschoolers age 12 months through 6 years old. Adult loved ones may leave their little ones in the care of Miss Katie's staff for a class time period of 1 and 1/2 hours while the caregiver remains in the Strongsville Recreation Center building. While adult loved ones take advantage of an exercise class, run on the track, or check emails in our cafe area, their little ones will be delighted to engage in the activities provided in our Miss Katie's classroom! This class is 90 minutes in length once a week, four times a month. Rec Center facility use/classes by guardian are NOT included in the fee for Miss Katie's and must be purchased separately.

<b>Age: 12 months-6 years</b>		<b>4 Classes/month</b>
Mondays	9:15-10:45am	
Mondays	11:15am-12:45pm	
Mondays	5:00-6:30pm	
Thursdays	9:15-10:45am	

<b>Monthly Fees:</b>	Members	\$65
	Non-Member/Residents	\$75
	Non-Member/Non-Residents	\$80

#### MISS KATIE'S KINDER CAMP

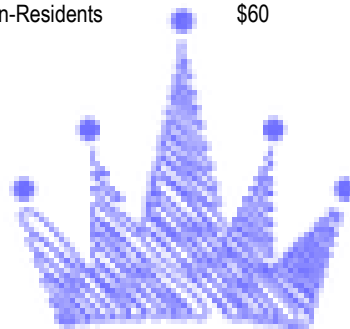
Join Miss Katie's for a fun summer camp experience. Each camp will have an exciting theme which will be the inspiration for all the games and activities for that day. Sign up for as few or as many camps as you would like. Space is limited and advanced registration is required.

##### Age: 3-6 years & potty trained

Tuesday 6/3	12:30 - 4:30pm	Pirates and Mermaids
Tuesday 6/10	12:30 - 4:30pm	Super Heroes & Princesses
Tuesday 6/17	12:30 - 4:30pm	Whales, Sharks & Turtles
Tuesday 6/24	12:30 - 4:30pm	Beach Party Vacation
Tuesday 7/8	12:30 - 4:30pm	Create A Masterpiece- Arts & Crafts
Tuesday 7/15	12:30 - 4:30pm	Jungle Animals
Tuesday 7/22	12:30 - 4:30pm	Sweet Treats—Summer Picnic
Tuesday 7/29	12:30 - 4:30pm	All About Sports
Tuesday 8/5	12:30 - 4:30pm	Camping At Miss Katie's
Tuesday 8/12	12:30 - 4:30pm	Stomp! Stomp! Dinosaurs
Tuesday 8/19	12:30 - 4:30pm	Animals & Bugs

##### Fees per camp date/per child:

Members	\$45
Non-Member/Residents	\$55
Non-Member/Non-Residents	\$60





**PRESCHOOL ENRICHMENT****SOCCER SHOTS-MINIS**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. This program will be outdoors but switch indoor when poor weather is present. This is a "together class" with parent/caregiver participating.

**LOCATION:** Youth Sports Park, 21255 Lunn Road

**Instructor:** This class taught by Soccer Shots coaches

**\*Please register through Soccer Shots at [soccershots.com/Cleveland](http://soccershots.com/Cleveland)**

**Ages:** 2-3 years (with caregiver participation)

**Class Minimum:** 4    **Maximum:** 12    **8 Classes**  
 Fridays                6/20-8/15\*                9:00-9:30am  
 Fridays                6/20-8/15\*                10:20-10:50am

\*No class 7/4

**Fees:**       Residents        \$120  
              Non-Residents    \$125

**SOCCER SHOTS-CLASSIC**

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. This program will be outdoors but switch indoor when poor weather is present.

**LOCATION:** Youth Sports Park, 21255 Lunn Road

**Instructor:** This class taught by Soccer Shots coaches

**\*Please register through Soccer Shots at [soccershots.com/Cleveland](http://soccershots.com/Cleveland)**

**Ages:** 3-5 years    **Class Minimum:** 4    **Maximum:** 12    **8 Classes**  
 Fridays                6/20-8/15\*                9:40-10:10am  
 Fridays                6/20-8/15\*                11:00-11:30am

\*No class 7/4

**Fees:**       Residents        \$120  
              Non-Residents    \$125

**YOUTH ENRICHMENT****SOCCER SHOTS-PREMIER**

Soccer Shots Premier focuses on individual skills, fitness and sportsmanship providing an opportunity for children to be challenged through soccer skills, fun games and team interaction. The curriculum for this program is created for school ages children. Children will also be introduced to competition in a developmentally appropriate manner. This program will be outdoors but switch indoor when poor weather is present.

**LOCATION:** Youth Sports Park, 21255 Lunn Road

**Instructor:** This class taught by Soccer Shots coaches

**\*Please register through Soccer Shots at [soccershots.com/Cleveland](http://soccershots.com/Cleveland)**

**Ages:** 5.5-8 years    **Class Minimum:** 4    **Maximum:** 12    **8 Classes**  
 Fridays                6/20-8/15\*                11:40am-12:20pm

\*No class 7/4

**Fees:**       Residents        \$130  
              Non-Residents    \$135

**YOUTH ENRICHMENT cont.****YOGA ADVENTURES (Group Exercise Room)**

Join Miss Amy for her monthly pop-up Kids Yoga Adventures. Each class will work on students' flexibility and posture while they learn focus and relaxation skills in a fun age appropriate environment.

**Instructor:** Miss Amy

**Age: 3-5 years**

Saturday	6/14	10:30-10:55am
Saturday	7/12	10:30-10:55am
Saturday	8/9	10:30-10:55am

**Age: 6-8 years**

Saturday	6/14	11:00am-11:25am
Saturday	7/12	11:00am-11:25am
Saturday	8/9	11:00am-11:25am

**Age: 9-13 years**

Saturday	6/14	11:30am-12:00pm
Saturday	7/12	11:30am-12:00pm
Saturday	8/9	11:30am-12:00pm

<b>Fees/Date:</b>	Members	\$7
	Non-Member/Residents	\$9
	Non-Member/Non-Residents	\$10

**\*\*FREE TRIAL \*\* - YOUTH CHESS IN THE PARK**

Join our new youth chess instructor, Damon Rucker, at Town Center (next to the Rec. Center) for chess in the park. No experience necessary and all levels of chess are welcome. Come meet Damon, play some chess and enjoy the City's new park.

**LOCATION:** Town Center Park Indoor Pavilion

**Age: 6-17 years**

Tuesday	5/20	4:30-6:30pm
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FREE - Advanced registration required

**YOUTH CHESS LESSONS**

This class will teach students to love and excel at the game of chess. Chess has been proven to improve a child's IQ, attention span, and reading test scores through numerous studies over the years. It encourages strategic planning and foresight, which can be applied to various aspects of life. Chess also promotes patience, resilience, and sportsmanship as players learn to accept wins and losses gracefully. This program involves teaching kids the rules, strategies, and tactics of the game through structured, interactive lessons and practice sessions. Additionally, the social interaction and camaraderie during games contribute to the overall growth and cognitive development of children. The program often includes tournaments and competitions to foster healthy competition and critical thinking skills.

**Instructor:** National Chess Expert, Damon Rucker, has a unique background of 22 years of chess coaching and decades of entertainment experience with the Cleveland Cavaliers. This special combination ensures that classes are both impactful, and absolutely a blast!

**LOCATION:** Town Center Park Indoor Pavilion

<b>Age: 6-17 years</b>	<b>Class Min: 2</b>	<b>Class Max: 18</b>
Thursdays	5/7/10-8/14	6:00-7:00pm

<b>Monthly Fees:</b>	Members	\$60
	Non-Member/Residents	\$70
	Non-Member/Non-Residents	\$80

## ADULT ENRICHMENT

### FIDO FUNDAMENTALS - MANNERS (Senior Art Studio)

Come join our Fido Fundamentals - Manners class to help Fido become the most well-mannered dog in the neighborhood! We practice attention around distractions, sit, down, walking nicely on leash, coming when called, stay, greeting exercises, and handling. This "Real Life" class will help you learn to live with and love your dog inside and outside the home. Our aim is to create pleasant home companions who can also enjoy and thrive in the outside world.

***If your dog is over 2 years old, gets overly aroused around other dogs and/or people, is reactive towards other dogs and/or people, or has shown aggression toward people and/or dogs this class is NOT appropriate for your dog and we suggest contacting us at [FortunateFidoReception@gmail.com](mailto:FortunateFidoReception@gmail.com) instead.***

#### Class Requirements

- Dogs must be under 2 years old at the start of class
- A copy of current vaccination records are required to attend class.
- Please bring lots of HIGH VALUE treats (meaning cut up chicken, steak, cheese, etc -- not just your dog's kibble), a treat pouch, and a mat (small, portable dog bed or yoga mat that your dog can relax on) to each class.

<b>Class Minimum:</b> 2	<b>Maximum:</b> 6	<b>6 Class</b>
Tuesdays	7/8-8/12	6:00-7:00pm

<b>Fees:</b>	Members	\$150
	Non-Member/Residents	\$160
	Non-Member/Non-Residents	\$165



# Fortunate Fido

### YOUTH & ADULT AMERICAN RED CROSS ON-LINE CLASSES

For more info on these classes contact  
[patti.welker@strongsville.org](mailto:patti.welker@strongsville.org)

#### ADULT FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults. This course requires a PC or tablet with a high speed Internet connection. This course is not supported on smartphones. This course does not work with Internet Explorer. Allow approximately 2 hours 10 minutes to complete the course.

Registration Date	Class Materials E-mailed	Course Completion*
<u>Registration Dates</u>	<u>Class Materials</u>	<u>Course Completion*</u>
Session 5 Thru 4/30	emailed 5/1	by 5/31/25
Session 6 Thru 5/31	emailed 6/2	by 6/30/25
Session 7 Thru 6/30	emailed 7/1	by 7/31/25
Session 8 Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

<b>Fees:</b>	Member	\$60
	Non-Member/Resident	\$65
	Non-Member/Non-Resident	\$70

**IT'S A BIG, BIG  
GARAGE SALE AT THE  
STRONGSVILLE REC!**

Baby, Kids and Maternity Items!!!

**SATURDAY  
MARCH 15TH**

**9:00am - 12:00pm**

Shoppers - shopping from 9am-9:59am costs \$3 admission (exact change needed). \*\*All paid early bird shoppers get entered into a raffle to win a free birthday party room rental at the Rec. Center\*\*

Shopping from 10am-12pm is FREE!

Strongsville Rec. - 18100 Royalton Rd. - 440-580-3260

STRONGSVILLE REC. - 18100 ROYALTON RD. - 440-580-3260

**FUN &  
PHOTOS  
with the  
Easter Bunny**

Come and join the fun with the whole family! Have your photo taken with the Easter Bunny, make a craft, and enjoy a cookie snack!

**SATURDAY, APRIL 12TH  
9:15 - 11:00 AM  
@THE STRONGSVILLE REC.**

Ticket Fees (per child): Members \$10 Non-members \$15

Tickets are sold by time slots for Bunny photo line.

<b>9:15am - 9:30am</b>
<b>9:30am - 10:00am</b>
<b>10:00am - 10:30am</b>

\*Tickets must be purchased in advance from the Rec. Center front desk. Limited number of tickets per time slot will be sold. Ticket fee includes holiday crafts, milk & cookies, face painting, balloon art and a chance to win a door prize!



**YOUTH & ADULT AMERICAN RED CROSS ON-LINE CLASSES**

For more info on these classes contact

patti.welker@strongsville.org

**RED CROSS FIRST-AID FOR OPIOID OVERDOSES ONLINE**

Do you know how to help someone you suspect has overdosed on opioids? This interactive 45-minute online course will provide you with the knowledge and confidence you need to respond to a known or suspected opioid overdose emergency.

In this course, you will learn:

\*To recognize the signs and symptoms of an opioid overdose.

\*The appropriate care to provide based on the person's breathing and level of responsiveness.

\*How to give naloxone using several different products -- a nasal atomizer, Narcan ® Nasal Spray and EVZIO ® -- to reverse the effects of an opioid overdose.

This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and, does not work with Internet Explorer. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION.

**Ages: 11 years & older**

	<u>Registration Dates</u>	<u>Class Materials</u>	<u>Course Completion*</u>
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

<b>Fees:</b>	Member	\$35
	Non-Member/Resident	\$40
	Non-Member/Non-Resident	\$45

**CAT AND DOG FIRST AID ONLINE**

You love your pets, and want to give them the best life possible; being equipped to deliver first aid and provide a healthy lifestyle for your pet is the best way to do that. In this course, you will learn the basics of providing first aid care for your cat or dog and will learn how to best give care for common emergency situations.

This 35 minute online course covers understanding your pet's vital signs, breathing and cardiac emergencies, wounds and bleeding, seizures, and preventative care for cats and dogs. This course is desktop and tablet compatible. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION.

**Ages: 11 years & older**

	<u>Registration Dates</u>	<u>Class Materials</u>	<u>Course Completion*</u>
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

<b>Fees:</b>	Member	\$40
	Non-Member/Resident	\$45
	Non-Member/Non-Resident	\$50

**UNTIL HELP ARRIVES**

This course provides the general public with the basic cognitive information on key actions that can be taken during a life-threatening emergency that can help sustain or save a life until EMS arrives including: Compression Only CPR (no breaths) AED Education Choking Education Bleeding (administering direct pressure and tourniquet) and Opioid Overdose (administering naloxone). The Until Help Arrives online course developed by the American Red Cross and American College of Emergency Physicians equips students with the basic knowledge to assist trained responders during a life-threatening emergency. This course is taught online only (accessed via mobile desktop or tablet) and does not meet OSHA requirements for workplace certification.

**Ages: 11 & older**

	<u>Registration Dates</u>	<u>Class Materials</u>	<u>Course Completion*</u>
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

<b>Fees:</b>	Member	\$55
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$65

**ADULT, CHILD AND BABY FIRST AID/CPR/AED ONLINE**

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults, children and infants. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. Allow approximately 2 hours 45 minutes to complete the course. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 years & older**

	<u>Registration Dates</u>	<u>Class Materials</u>	<u>Course Completion*</u>
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

<b>Fees:</b>	Member	\$55
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$65

**RED CROSS BABYSITTER BASICS ONLINE**

Designed primarily for youth ages 11 and older, this online course will prepare students to be better babysitters. Topics include how to provide care for infants and children; how to stay safe; what to do in an emergency; how to choose age-appropriate activities; how to recognize and handle a variety of behaviors; and the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course, which includes a final exam at the end, takes about 4 hours to complete. Students who successfully complete the course receive a printable certificate. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 years & Older**

	<u>Registration Dates</u>	<u>Class Materials</u>	<u>Course Completion*</u>
Session 5	Thru 4/30	emailed 5/1	by 5/31/25
Session 6	Thru 5/31	emailed 6/2	by 6/30/25
Session 7	Thru 6/30	emailed 7/1	by 7/31/25
Session 8	Thru 7/31	emailed 8/4	by 8/31/25

**\*Must complete all on-line course material by Course Completion date**

<b>Fees:</b>	Member	\$60
	Non-Member/Resident	\$65
	Non-Member/Non-Resident	\$70

# SPORTS

Sports Supervisor, Jim Kolesar

## YOUTH BASKETBALL

### HEAD START BASKETBALL CAMP (Rec Center Auxiliary Gym)

Emphasizing the fundamentals of basketball with individual attention given to each young player. The campers will be taught the basic techniques of shooting, dribbling passing, rebounding, and defense. The camp will not only provide a fundamental base for each young player, but will also be a fun and enjoyable experience for every camper. Our coaches work with the campers on developing their individual basketball skills while also teaching sportsmanship. We want to make the most of every day and we do that with enthusiasm and positive attitude. Learning is FUN!

Here are just a few things you will learn out on the court:

- Proper shooting technique
- Ball handling
- Passing & catching skills
- Sportsmanship
- Defensive stance & movements
- How to be a good teammate
- Basic 3 on 3 basketball strategy
- How to box out your opponent and grab a rebound

Please contact Head Start Basketball Director Mike Klinzing at 216-392-4059 or [headstartbasketball@usa.net](mailto:headstartbasketball@usa.net) for more information

REGISTER at [www.headstartbasketball.com](http://www.headstartbasketball.com)

<b>Boys &amp; Girls Grades: 2-7</b>	1:00-4:00pm
Monday-Friday	6/16-6/20
Monday-Friday	6/23-6/27
Monday-Friday	7/7-7/11
Monday-Friday	7/14-7/18

Fee/Week: \$110

### HEAD START BASKETBALL SKILLS CHALLENGE

(Rec Center Auxiliary Gym)

Test your ability in a variety of basketball skills competitions. Shooting, dribbling, and passing games will allow players of all ages and abilities to show off their fundamentals and having fun doing it. There will be favorites like knockout and free throw, but plenty of new contests too! We will also play a half court team tournament. The Skills Challenge will be directed by former Strongsville High and Kent State University Player Mike Klinzing who has more than 25 years of basketball camp experience.

REGISTER at [www.headstartbasketball.com](http://www.headstartbasketball.com)

<b>Boys &amp; Girls Grades: 2-7</b>	<b>Class Limit: 78</b>
Monday & Tuesday	8/11-8/12 1:00 -4:00pm

## YOUTH TRACK

### STRONGSVILLE TRACK CAMP by Jump Start Sports

Looking for a fun and exciting way to introduce your child to the world of track and field? Join our Jump Start Racers program designed for children ages 6-12 that offers a comprehensive introduction to a variety of track and field events.

REGISTER at <http://www.jumpstartsports.com/camps-and-programs>

LOCATION: Strongsville Middle School

**Ages: 6-12 years**

Wednesdays	6/11, 6/18, 6/25	6:00-8:00pm
Saturday	7/12 (Track Meet)	900am-12:00pm

<b>FEES:</b>	Residents	\$120
	Non-Residents	\$130

## YOUTH VOLLEYBALL

### YOUTH VOLLEYBALL LEAGUE (Rec Center Auxiliary Gym)

The Youth Volleyball League are for players in 3<sup>rd</sup> & 4<sup>th</sup> Grade, 5<sup>th</sup> & 6<sup>th</sup> Grade, & 7<sup>th</sup>-9<sup>th</sup> Grade. This league consists of teams from North Olmsted, Fairview Park, Bay Village, Westlake, Lakewood, Middleburg Hts, Brook Park, Brecksville, and Rocky River. Games will be mostly played on Saturday morning/afternoons and teams will play at both home and away sites. There will be a 6 to 8 week regular season with a single elimination tournament to close the season.

**Boys & Girls Grades: 3-9**

**Registration:** 7/1 – 8/1

**Games:** 9/6-11/1

**Practice:** Tuesday or Thursday evenings, August 12-October 30 (subject to change)

**Divisions:** 3<sup>rd</sup> & 4<sup>th</sup> Grade, 5<sup>th</sup> & 6<sup>th</sup> Grade, 7<sup>th</sup> – 9<sup>th</sup> Grade

<b>Fees:</b>	Member	\$75
	Non-Member/Resident	\$85
	Non-Member/Non-Resident	\$95

## YOUTH PICKLEBALL

### YOUTH OUTDOOR PICKLEBALL LESSONS

Come learn how to play pickleball or improve your skills in a fun and supportive environment.

**LOCATION:** Town Center Park Courts, 18300 Zverina Lane

**Ages: 9-12 years**

Tuesdays & Fridays	6/3-6/20	10:45-11:45am
Tuesdays & Fridays	7/8-7/25	10:45-11:45am

**Ages: 13-16 years**

Tuesdays & Fridays	6/3-6/20	9:30-10:30am
Tuesdays & Fridays	7/8-7/25	9:30-10:30am

<b>Fees:</b>	Member	\$72
	Non-Member/Resident	\$80
	Non-Member/Non-Resident	\$90

## YOUTH FITNESS

### INTRODUCTION TO YOUTH STRENGTH TRAINING

Girls and boys (ages 12-14) learn proper strength training guidelines and terminology. Learn how to safely utilize strength training and cardio equipment. Upon successful completion of this course, a certification will be granted which provides access to the strength and cardio machines in the Cardio Area of the Rec Center only. (After you have completed the course, non-members must pay the normal daily guest rate to gain access to the facility and the equipment.) All certified youth must be able to show their certification card if asked when working out in the cardio area.

**Ages: 12-14 years** **Class Limit: 5**

Wednesday	4/9-4/30*	3:30-4:30pm
Wednesday	5/7-5/28*	3:30-4:30pm
Wednesday	6/4-6/25*	3:30-4:30pm

\*Please note that this class is held until participant is certified and it may not take 4 weeks depending on enrollment.

<b>Fees:</b>	Member	\$45
	Non-Member/Resident	\$55



## YOUTH BASEBALL, SOFTBALL & T-BALL

### YOUTH LATE SUMMER BASEBALL, SOFTBALL & T-BALL LEAGUES

These fun and exciting offerings are designed to teach children, age 5 through 18, how to play T-Ball, softball and baseball along with concepts of team play and good sportsmanship.

**Ages: 5-18 years (as of November 1, 2025)**

**REGISTRATION:** June 19-July 23

*NON-RESIDENTS can register beginning 7/23 if space available.*

#### Boys Leagues

Co-Ed 4-6yrs T-Ball  
Boys 6-8yrs Coach Pitch  
Boys 9-10yrs Kid Pitch  
Boys 11-13yrs Kid Pitch  
Boys 14-18yrs Kid Pitch

#### Girls Leagues

Co-Ed 4-6yrs T-Ball  
Girls 7-9yrs Coach Pitch  
Girls 10-11yrs Modified Fast Pitch  
Girls 12-14yrs Modified Fast Pitch

**Practices:** Start the beginning of August. One weeknight & one weekend practice.

**Games:** 2 per week, Monday – Thursday. Starting mid/late August through the middle of October (depending on rainouts). Partnering with Brook Park (and possibly Olmsted Falls) so there will be some travel.

**Coaches:** Parents /adults interested are encouraged to fill out an application.

**Fees:** Residents \$70  
Non-residents \$85

### YOUTH SANDLOT BASEBALL

Playground baseball like in the 50's and 60's. Parents are encouraged to join along in this fun filled, low key activity.

**Boys & Girls Ages: 9-16 years**

**Class Limit: 40**

**LOCATION:** Wood Field, 21273 Drake Rd

Tuesdays & Thursdays 6/10-8/7 10:00am-12:30pm

Fees:	Thurs Only	Tues/Thurs
Member	\$35	\$45
Non-Member/Resident	\$40	\$50
Non-Member/Non-Resident	\$50	\$60

Drop-in Fees:	Member	\$3/day
	Non-Member/Resident	\$4/day
	Non-Member/Non-Resident	\$6/day

### STRONGSVILLE T-BIRD T-BALL by Jump Start Sports

A fun and highly instructional introduction to baseball for 3-4 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and apply what they have learned in fun, noncompetitive games. Players receive a MLB hat, team tee shirt, and baseball medals. Volunteer Coaches may also participate.

**REGISTER** at <http://www.jumpstartsports.com/camps-and-programs>

**LOCATION:** Roth and Kalinich Fields

**Ages: 3-4 Years**

Saturdays	4/12 – 5/17	9:00-10:00am
Saturdays	4/12 – 5/17	10:00-11:00am
Saturdays	6/7-7/12	9:00-10:00am
Saturdays	6/7-7/12	10:00-11:00am

<b>FEES:</b>	Residents	\$120
	Non-Residents	\$130

## YOUTH & ADULT TABLE TENNIS

### TABLE TENNIS OPEN PLAY (Event Center)

Come on out and play a competitive game of table tennis. All levels of players welcome. Go to [www.strongtt.info](http://www.strongtt.info) for more information. **No registration required. Pay day of play.**

**Ages: All & Seniors**

Tuesdays & Thursdays 5:00-7:45pm

Fees:	Drop In Fee	Monthly Fee*
Adult	\$6	\$36
Senior (50yrs+)	\$5	\$30
Youth (18 & Under)	\$5	\$30
Family	\$10	\$30

\*There is no drop in fee for those that pay the monthly fee. Monthly fees are collected on first Tuesday of the month.

## YOUTH TENNIS

### YOUTH OUTDOOR TENNIS LESSONS

Students will learn the basic skills, rules, and sportsmanship from Sean Black, current high school varsity tennis coach, former collegiate player with over ten years of tennis instruction experience.

**MUST PROVIDE OWN RACQUETS & WATER**

**Ages: 5-16 years**

**Class Limit: 24 per class**

**4 weeks (8 classes weather permitting)**

**LOCATION:** Strongsville High School Tennis Courts, East of Pat Catan Stadium, 20025 Lunn Road

#### Session 1\*

Ages: 5-8 years	M/W/F	6/2-6/18	8:30-9:30am
Ages: 9-12 years	M/W/F	6/2-6/18	9:30-10:30am
Ages: 13-16 years	M/W/F	6/2-6/18	10:30-11:30am

\*Rain dates: 6/20, 6/23

#### Session 2\*\*

Ages: 5-8 years	M/W/F	Dates below	8:30-9:30am
Ages: 9-12 years	M/W/F	Dates below	9:30-10:30am
Ages: 13-16 years	M/W/F	Dates below	10:30-11:30am

Session 2 Dates: 6/25, 6/27, 6/30, 7/2, 7/7, 7/9, 7/11, 7/14

\*\*Rain Dates: 7/16, 7/18

Fees:	Members	\$110
	Non-Members/Residents	\$120
	Non-Members/Non-Residents	\$130

### STRONGSVILLE PRESCHOOL TENNIS CAMPS by Jump Start

(Strongsville High School Tennis Courts, located east of Pat Catan Stadium)

Strongsville Preschool Tennis is a fun, interactive program for children. The use of smaller racquets and foam balls will enable children to learn forehand, backhand, serving and volley.

**REGISTER** at <https://www.jumpstartsports.com/camps-and-programs>

**LOCATION:** Strongsville High School Tennis Courts, East of Pat Catan Stadium, 20025 Lunn Road

**Ages: 3.5-5 years**

Thursdays	6/5-7/17*	5:30-6:15pm
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**Ages: 6-9 years**

Thursdays	6/5-7/17*	6:30-7:30pm
Thursdays	6/5-7/17*	7:30-8:30pm

\*No camp 7/3

Fees:	Residents	\$120
	Non-Residents	\$130



## ADULT TENNIS

### ADULT OUTDOOR TENNIS LEAGUE

This Co-ed league is designed for intermediate level players who are looking for some friendly competition and a chance to improve their skills. This league consists of a 7-week regular season, with the top 4 teams playing in a tournament week 8. Teams will play one team per night with each game result going towards their league standings for the postseason.

**Ages: 18 years & older**

**LOCATION:** Town Center Park Courts, 18300 Zverina Lane

Tuesdays	5/6-6/24	Games beginning at 6pm
Tuesdays	7/8-8/26	Games beginning at 6pm

**Fees:** \$75/team

**ADULT PICKLEBALL****CO-ED ADULT OUTDOOR PICKLEBALL LEAGUE**

This league is open to players of all skill levels and is a fantastic opportunity to meet new people, improve your pickleball skills, and enjoy some friendly competition. Seasoned pickleball pros to beginners are welcome to join in the fun.

**Ages: 18 years & older**

**LOCATION:** Town Center Park Courts, 18300 Zverina Lane

**Teams per Division:** 8

**Games:** 2 per night for 6 weeks at 6:00 pm or 7:00 pm

**Post Season Tournament:** 7th week (top 4 teams in each division)

**Fee Per Team:** \$75

**Beginners (3.0)**

Tuesdays 4/29-6/10

Tuesdays 7/8-8/19

**Intermediate (3.5)**

Wednesdays 4/30-6/11

Wednesdays 7/9-8/20

**Advanced (4.0)**

Thursdays 5/1-6/12

Thursdays 7/10-8/21

**CO-ED ADULT OUTDOOR PICKLEBALL TOURNAMENT**

Players will battle it out in a fast-paced format with all teams aiming for the championship title. From the opening round at 8:00am to the high-stakes championship game at 12noon, the tournament promises to be filled with intense gameplay, unforgettable moments, and plenty of pickleball excitement.

**Ages: 18 years & older**

**LOCATION:** Town Center Park Courts, 18300 Zverina Lane

**Teams per Tournament Date:** 32

**Games:** Single Elimination

**Time:** 8am-1pm

**Fee Per Team:** \$30

**Beginners (3.0)** Saturday 6/7

**Intermediate (3.5)** Saturday 8/2

**Advanced (4.0)** Saturday 9/27

**PICKLEBALL OPEN PLAY (Rec Center Auxiliary Gym)**

No indoor pickleball play April 30-September 7.

Play resumes inside September 8.

**Town Center Outdoor Pickleball Courts**

Located next to Recreation Center at 18300 Zverina Lane  
Courts open 8am-10pm\*



\*Available for open play unless in use by Strongsville Recreation Department

**ADULT SOFTBALL LEAGUES**

**REGISTRATION DATES:** 7/1-8/20

**League Commissioner has authority to determine the divisions in which teams compete. This can involve adjusting divisions based on previous performance or other factors to ensure a competitive balance and enhance overall experience.**

LEAGUE	ENTRY FEE	CASH FORFEIT DEPOSIT	CASH UMPIRE FEE
<b>Men's Sunday AM Double Header</b>	\$350	\$135	\$28/game

Upper, Middle and Lower Divisions

9/7-11/16 (weather dependent)

10 games plus playoffs

9:00am-12:00pm

12 Team Limit

\* Registration fee includes a professional stat service and balls

\*Divisions may be combined if there is not enough teams for either one.

<b>Men's Monday Double Header</b>	\$350	\$135	\$28/game
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Upper, Middle and Lower Divisions

9/7-11/16 (weather dependent)

8 games plus playoffs

6:30-9:30pm

16 Team Limit

\*Registration fee includes a professional stat service and balls

\*Divisions may be combined if there is not enough teams for either one.

<b>Co-Ed Friday Single Header</b>	\$325	\$80	\$28/game
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Upper, Middle and Lower Divisions

9/7-11/16 (weather dependent)

4-6 games plus playoffs

6:30-9:30pm

24 Team Limit

\* Registration fee includes a professional stat service and balls

**ADULT VOLLEYBALL LEAGUES****CO-ED ADULT OUTDOOR 4-on-4 SAND VOLLEYBALL**

**Ages: 18 years & older**

**LOCATION:** Town Center Park Volleyball Court, 18300 Zverina Lane

**Games:** Tuesdays & Wednesdays, 6/3-7/8, 6:00-8:00pm (no games 7/1, 7/2)

**Championship Games:** Tuesday & Wednesday, 7/15-7/16, 6:00-8:00pm

**Fee Per Team:** \$100

**CO-ED ADULT OUTDOOR 6-on-6 SAND VOLLEYBALL**

**Ages: 18 years & older**

**LOCATION:** Town Center Park Volleyball Court, 18300 Zverina Lane

**Games:** Tuesdays & Wednesdays, 7/29-8/27, 6:00-8:00pm

**Championship Games:** Tuesday & Wednesday, 9/2-9/3, 6:00-8:00pm

**Fee Per Team:** \$100

**ADULT BASKETBALL LEAGUES**

**Ages: 18 & older**

League	Dates	Start Times	Limit	Reg Fee	Forfeit Fee(Cash)	# of Games
Tuesday 4x4	5/6-8/12	6:00-10:00pm	12 Teams	\$250	\$90	*10
Thursday 3x3 (40yrs +)	6/19-8/14	6:30-9:30pm	12 Teams	\$175	\$90	*6-8
Sunday Lower, 5x5	5/18-8/17	2:00-10:00pm	16 Teams	\$300	\$90	*10
Sunday Middle, 5x5	5/18-8/17	2:00-10:00pm	16 Teams	\$300	\$90	*10

\*Plus playoffs

**JERSEYS WILL BE STRICKLY ENFORCED. MUST provide own jersey (with numbers on both front & back) OR you can purchase jerseys through the Strongsville Recreation Department.**

**Jersey Cost:** \$100 (you can purchase Dri-Fit Jersey thru Rec Center)

**Registration Dates:** 3/1-4/30

**Referee Fees:** \$45 CASH per team, per game

# SENIOR CENTER ACTIVITIES

Senior Services Coordinator, Sheena Wright

## SENIOR CENTER HOURS: Monday-Friday 9:00am-5:00pm

<b>Monday, May 26</b> Friday, July 4	CLOSED CLOSED	Memorial Day Independence Day	<b>Mon-Wed, August 25-27</b> Monday, September 1	CLOSED CLOSED	Annual Cleaning Labor Day
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## SILVER MUSTANG MEMBERSHIP

### MEMBERSHIP FEES

Strongsville Residents: \$20/year  
Strongsville Resident Couple: \$30/year  
Non-Residents: \$45/year  
Non-Resident Couple: \$60/year

### MEMBERSHIP BENEFITS

\*Silver Mustang newsletter  
\*Free takeout birthday lunch the month of your special day  
\*Free takeout lunch for membership purchase/renewal  
\*Discounted program/activity fees and takeout lunches  
\*Priority registration for travel programs

## NON-MEMBER DAILY DROP-IN FEE

Residents	\$3
Non-Residents	\$5

*Silver Mustang Membership, Recreation Center Membership or Daily Drop-in Fee required for access to Senior Center.  
(Support groups and outreach services are available at no cost.)*

## FITNESS, FUN FRIENDSHIP ACTIVITIES: May-August 2025

### S.M.I.L.E.

#### So Much Improvement with a Little Exercise

Low intensity exercise for range of motion, flexibility and balance. This DVD lead class, can be taken sitting or standing. You're sure to be smiling with your results.

#### Ages: 50 & older

Mondays, Wednesdays, & Fridays\* 9:15-10:00am  
Tuesdays & Thursdays\* 11:30am-12:15pm

\*No class 5/26, 7/4, 8/25, 8/26, 8/27, 9/1

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$2
Resident/Non Members	N/A	\$3
Non-Residents/Non-Members	N/A	\$4

### BODY WEIGHT BASICS

In this no equipment needed class, you will strengthen your muscles using only your own body. No weights, bands or exercise balls are needed to get an effective full body workout. Done regularly, these exercises can build muscle strength and mass, and preserve bone density, independence, and vitality!

#### Ages: 50 & over Instructors: Eli Washburn & Melissa Edington

Mondays, Wednesdays, Fridays\* 9:15-10:00am

\*No class 5/26, 7/4, 8/25, 8/27, 9/1

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Resident/Non Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

### SENIOR STABILITY

Stability, the ability to remain balanced through movement, is important for all ages but becomes more difficult as we age. This exercise class focuses on improving your balance to improve stability and enhance your ability to exceptionally perform activities of daily living.

#### Ages: 50 & over Instructors: Eli Washburn & Melissa Edington

Mondays, Wednesdays, Fridays\* 12:15-1:00pm

\*No class 5/26, 7/4, 8/25, 8/27, 9/1

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Resident/Non Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

### CARDIO FIT

Looking to increase your cardio workout? Join Mary Lea for a cardio focused workout to help burn calories, improve your heart strength, increase lung capacity and help with overall endurance. Mary Lea will lead you through fun and easy to follow, joint friendly moves, with just enough variety to keep you coming back. Modifications shown for all fitness levels.

#### Ages: 50 & older

\*No class 5/26, 7/4, 8/25, 8/27, 9/1

#### Instructor: Mary Lea Kirby

11:15am-12:00pm

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

### EXPRESS CIRCUIT TRAINING

A perfect mix of cardio and strength techniques to help you gain muscle and cardiovascular endurance. This class will feature different stations for you to obtain a total body workout in just 45 minutes. **Instructor: Jenny Wilson**

#### Ages: 50 & older

Tuesdays or Thursdays\*

9:30-10:15am

\*No class 8/26

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

### FLEX, MOVEMENT & BALANCE

Join Melissa in this afternoon exercise class, that will help you stretch and flex, to improve your balance and flexibility. You will utilize bands (supplied by the Senior Center) and even learn some Yoga, all in an effort to improve your overall physical health. **Instructor: Melissa Edington**

#### Ages: 50 & older

Tuesdays & Thursdays

12:30-1:15pm

\*No class 8/26

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7



**FITNESS, FUN FRIENDSHIP cont.****FUNCTIONAL TRAINING**

Our functional training class will help you gain strength and mobility to enhance your activities of daily living. This class is taught by a certified fitness instructor.

**Ages: 50 & older** **Instructor: Mary Lea Kirby**  
Mondays, Wednesdays & Fridays\* 10:15-11:00am  
\*No class 5/26, 7/4, 8/25, 8/27, 9/1

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

**ASIAN EXERCISE – Including Tai Chi**

These gentle movements can improve balance, naturally boost one's energy, mental focus, and flexibility. There is individualized instruction within the group setting; you progress at your pace and ability. The movements can be tailored to your body type and condition. Good health comes from good circulation. By gently working the range of motion of the joints, the flexibility of the ligaments and surrounding tissues, the body is able to get circulation everywhere it needs to go. Millions of practitioners have balanced chronic conditions such as asthma, arthritis, diabetes and fibro-myalgia through practice.

**Ages 50 & older** **Instructor: Ted Smith**  
Mondays\* 9:15-10:00am  
\*No class 5/26, 8/25, 9/1

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$6
Residents/Non-Members	N/A	\$7
Non-Residents/Non-Members	N/A	\$8

**BEGINNER YOGA**

The benefits of yoga include increased balance, flexibility, relaxation, strength, and reduced blood pressure and heart rate. Offered the 1st and 3rd Wednesday, Magda Albert, one of our Certified Yoga Instructors, will introduce you to the art of Yoga. Learn the terms, moves and more, and be ready to join our weekly classes on Tuesdays and Thursdays.

**Ages: 50 & Older** **Instructor: Magda Albert**  
5/7, 5/21, 6/4, 6/18, 7/2, 7/16, 8/6, 8/20 10:30-11:30am

<b>Fees:</b>	
Members	\$5 (first time free)
Residents/Non-Members	\$6
Non-Residents/Non-Members	\$7

**CHAIR YOGA**

Chair yoga is a modified form of yoga that is practiced while seated in a chair. It is designed to make yoga accessible to people who have difficulty standing, balancing, or having a knee, shoulder, or hip replacement, or those with general mobility limitations. Benefits include improved flexibility and range of motion, strengthen muscles and improved balance. Yoga reduces stress and anxiety and promotes relaxation and well-being. No experience necessary. Wear loose, comfortable clothing. **Instructor: Magda Albert**

**Ages: 50 & older**  
Thursdays beginning 4/3 (no class 8/26) 1:30-2:30pm

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

**YOGA**

Come and increase your core strength while stretching your whole body, improving stamina and releasing stress.

**Ages: 50 & older** **Instructors**  
Tuesdays\* 10:30-11:30am **Kellie Walter**  
Thursdays 10:45-11:45am **Magda Albert**  
\*No class 8/26

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

**TAP DANCING**

Learn the basics and fun of Tap Dancing. Tap shoes, or hard soled shoes, and an enthusiasm to learn is all that you need. Get some great exercise and you may be Strongsville's next Fred Astaire! Registration required.

**7 Week Sessions** **Minimum class size: 4**  
**Ages: 50 & Over** **Instructor: Peggy Stockdale**  
Beginners: Thursdays 4/3-5/15 9:30-10:30am  
Intermediate: Thursdays 4/3-5/15 10:30-11:30am  
**Fees:** Members \$38  
Residents/Non-Members \$40  
Non-Residents/Non-Members \$44

**LINE DANCING**

Come boot, scoot and boogie with our line dance instructor, Ronna. She'll teach you the newest steps and help you brush up on your old ones.

**Ages: 50 & older** **Instructor: Ronna Murray**  
Tuesdays\* 10:30-11:30am  
\*No class 8/26

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$6
Residents/Non-Members	N/A	\$7
Non-Residents/Non-Members	N/A	\$8

**Wii BOWLING**

Enjoy virtual bowling on the Nintendo Wii video game system. Join our Wii bowlers and experience the fun. No experience is necessary. Bowlers can sit or stand, and each registered Wii bowler will play two games each week. Strikes, spares or gutter balls – let's roll!

**Ages: 50 & older**  
Tuesdays\* 12:00pm  
\*No bowling 8/26

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Member	Varies Monthly	\$2
Non-Member/Resident	N/A	\$3
Non-Member/Non-Resident	N/A	\$5

**BINGO**

This game of chance and concentration is sure to have you calling out "Bingo." Play one or more cards, and fill your numbered squares before the others. Meet new friends and try your luck at our weekly bingo games!

**Ages: 50 & older**  
Fridays\* 12:30-3:00pm  
\*No play 7/4

<b>Drop-In Fees**:</b>	<b>Member</b>	<b>Free</b>
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

**\*\*Additional Fees: 25 cents per card**

**POKENO FUN**

Have you heard of Pokeno?! This fun game is a combination of Poker, Keno and Bingo, with features that make it more interesting and exciting. Join Kim, from Shurmer Place, as she leads you through this fun game. No experience needed, just come to have fun and meet new friends. Registration is required. Snacks and prizes included!

**Ages: 50 & older**  
Mondays 4/28, 5/19, 6/23, 7/28, 8/18 10:00am

<b>Fees:</b>	
Member	Free
Non-Member/Resident	\$3
Non-Member/Non-Resident	\$5

**FITNESS, FUN FRIENDSHIP cont.****MONDAY MOVIE MATINEE**

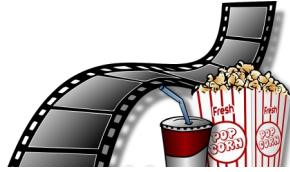
Do you enjoy watching movies? If so, come to our Movie Matinee as we show recent releases here at the Senior Center. We will have two movies each month, and popcorn and a beverage are included. Sign up for one or both! Monthly movies and dates can be found in the *Silver Pen* or stop by the Senior Registration Desk. Registration is required.

**Ages: 50 & older**

12:30pm

**Fees:**

Members	\$3
Residents/Non-Members	\$4
Non-Residents/Non-Members	\$5

**CARDS AND OTHER GAMES****Ages: 50 & older**

Bridge	Mondays*	12:30-3:00pm
Hand & Foot	Mondays*	12:30pm
Bunco	Thursdays*	10:00am-12:00pm
Rummikub/Dominoes	Tuesdays*	1:00-3:00pm
Mah Jongg	Wednesdays*	1:00-3:00pm
Mah Jongg Instruction	Fridays*	Call for time
Pinochle	Tuesdays*	12:25-3:00pm
Pinochle Instruction	Tuesdays*	Call for time
Mexican Train	Fridays*	12:30-3:00pm
Open Play	Thursdays*	12:15-3:00pm
Open Play	Fridays*	12:30-3:00pm

\*No play 5/26, 7/4, 8/25, 8/26, 8/27, 9/1

**Drop-In Fees:**

Member	Free
Non-Member/Resident	\$3
Non-Member/Non-Resident	\$5

**PICKLEBALL OPEN PLAY (Rec Center Auxiliary Gym)**

No indoor pickleball play April 30-September 7.

Play resumes inside September 8.

**Town Center Outdoor Pickleball Courts**

Located next to Recreation Center at 18300 Zverina Lane

Courts open 8am-10pm\*

\*Available for open play unless in use by Strongsville Recreation Department

**WOODSHOP CLASSES****OPEN WOOD SHOP (Senior Center Wood Shop)**

Pre-requisite is completion of "Sawdust for Beginners". Come to work on your projects, help repair items and meet new friends. Registration is required.

**Ages 50 & older**

Wednesdays/Thursdays/Fridays\* 9:30-11:30am

\*No shop 8/27

<b>Fees:</b>	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$4
Residents/Non-Members		\$5
Non-Residents/Non-Members		\$6

**WOOD CARVING (Senior Center Wood Shop)**

Join this group of men and women and learn the artistry and craftsmanship of wood carving. Registration is free but required.

**Coordinator: Dave Hoelter****Ages: 50 & older**

Tuesdays\* 1:00-3:00pm

\*No carving 8/26

Participants pay for own tools and materials

<b>Drop-In Fees:</b>	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

**WOODSHOP CLASSES cont.****SAWDUST FOR BEGINNERS (Senior Center Wood Shop)**

This required course for all first time wood shop users covers use of equipment, policies and procedures in the wood shop and basics of wood working. A simple project will be completed during the class. **Participants in this class should exhibit physical strength in hands, arms and legs. Good balance and good vision is also important in keeping you safe. Please access your ability to handle the materials and machinery used in this class as it is a safety concern.** Class completed in 2- 4 hour sessions.

**Ages: 50 & older****Instructor: Jim Burns**

Mondays 6/16 &amp; 6/23 9:30am-2:00pm\*

\*Lunch break from 11:30am -12:00pm

**Fees:**

Members	\$40
Residents/Non-Members	\$45
Non-Members/Non-Residents	\$55

**WOOD SHOP REPAIR SERVICE (Senior Center Wood Shop)**

Wood Shop volunteers will repair small wood items. Bring your item into the Wood Shop any Wednesday, Thursday or Friday, between 9:30-11:30am and one of our volunteers will discuss the project and cost to repair with you.

**ART & CRAFT CLASSES****CLASSICAL PAINTING SECRETS**

Learn to paint and/or improve your painting skills and knowledge, with step by step instructions in a non-competitive environment. Basics such as color theory, composition, and glazing will be taught hands on by your instructor. All levels welcome, using acrylics/oils/watercolor and mixed media. Students provide own materials; palette list available at Senior Registration Desk. Registration required. Monthly classes. No drop-ins.

**Ages: 50 & older****Instructor: Joanne Richter**

Tuesdays\* 1:00-3:30pm

\*No class in June, July, August

**Fees:**

	<b>Monthly</b>
Members	Varies Monthly
Residents/Non-Members	Varies Monthly
Non-Residents/Non-Members	Varies Monthly

**BOB ROSS PAINTING CLASS**

Join Mary, a certified Bob Ross Instructor, and complete on 11" x 14" oil painting. This class is offered utilizing the Bob Ross techniques. You will learn how to paint the "wet-on-wet technique," for which Bob Ross is known for, as well as many other popular techniques. In addition, you'll receive one-on-one attention to help guide you as you improve your painting skills. All materials included.

**Ages: 50 & older****Instructor: Mary Kenney**

TBA

**Fees:**

Members	\$50
Residents/Non-Members	\$53
Non-Residents/Non-Members	\$60

**WATERCOLOR**

All levels are welcome, including beginners. Come and learn a new hobby, or brush up on your existing watercolor skills. You're sure to have fun. Students provide own materials: list available at Senior Registration Desk.

**Ages: 50 & older****Instructor: Judi Roszak**

Thursdays or Fridays\* 9:30-11:30am

\*No class 7/4

**Fees:**

	<b>Monthly</b>	<b>Drop-In</b>
Members	Varies Monthly	\$10
Residents/Non-Members	N/A	\$11
Non-Residents/Non-Members	N/A	\$12

**ART & CRAFT CLASSES cont.****ZENTANGLE**

**Full of Zen:** In this series of ongoing, monthly art classes, we will scale up our creativity, building on our foundations of Zentangle. In each session we will expand our library of Tangle Patterns in each class and apply our patterns to a variety of projects. These projects will include (but are not limited to) exposure to multiple color mediums: such as watercolor, marker, and chalk pastels. We will also explore applying Zentangle to different substrates, such as wood, cork, and fabric.

A basic Zentangle class is required before you can sign up, and you will provide your own supplies, based on projects planned by the instructor. Attend one or both of these monthly classes. Registration requested.

**Ages: 50 & older**

**Instructor: Susan Olsen, Certified Zentangle Teacher, CZT 10**

2nd & 4th Thursdays of the Month 1:00-3:00pm

Fees:	1 Class	2 Classes
Members	\$15	\$25
Residents/Non-Members	\$17	\$27
Non-Residents/Non-Members	\$21	\$31

**Our Beginner Zentangle Class** is available to those interested in Zentangle. Please inquiry at the Senior Center Front Desk.

**BEGINNERS DRAWING CLASS**

Mary will be teaching this 6 week beginners drawing class. You will be working on blending and values, all while learning how to apply your skills to animals, seascape, landscape and portraits. Students provide their own materials; a list is available at the Senior Registration Desk.

**Ages 50 & older Instructor: Mary Kenney 6 Week Session**  
TBA

Fees:	
Members	\$90
Non-Members/Residents	\$92
Non-Members/Non-Residents	\$96

**SEWING 101**

Looking to learn to sew, or are you ready to brush up on skills learned in the past? Take *Sewing 101*, our 6-week beginner curriculum class, from a sewing teacher with 30 years of sewing experience, and 20 years of teaching experience. This class will help you learn the wonderful skills of sewing. You can bring your own sewing machine and explore how to use it properly, or use one of ours. Class will be limited to six participants, allowing for individualized attention. Registration required.

**Ages 50 & older Instructor: Casey Krucek**  
Fridays 4/11-5/16 1:00-2:30pm

Fees:	
Members	\$168
Non-Members/Residents	\$170
Non-Members/Non-Residents	\$174

**QUILTING**

If you can iron, pin fabric layers together, use a sewing machine, or tie a knot, your helping hands are welcome. This group makes quilts from start to finish to donate to Rainbow Babies & Children Hospital, MetroHealth Medical Center Pediatrics, The Salvation Army and the UH Seidman Cancer Center at Southwest General Health Center.

**Ages: 50 & older**

**Volunteer Coordinator: Beverly McGlamery**

Mondays (No quilting 4/14, 5/12, 5/26, 6/9, 7/14, 8/11, 8/25, 9/1)  
1:00-3:00pm

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

**ART & CRAFT CLASSES cont.****CREATIVE CRAFTERS**

Enjoy making new crafts? This is the group for you! Create new friendships and various crafts for the Senior Center Craft Shop. Willing hands and ideas are always welcome!

**Ages 50 & older**

Wednesdays (No crafting 8/26) 10:00am-1:00pm

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

**WARM UP AMERICA**

This fantastic group enjoys knitting and crocheting afghans, lap robes, scarves, hats and blankets for others in nursing homes, hospitals and shelters. Yarn is supplied for these projects. Bring a friend and join them on Thursdays!

**Ages: 50 & older**

Thursdays 1:00-3:30pm

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

**PROGRAMS****AARP DRIVER SAFETY PROGRAM CLASSES**

Take this opportunity to review your driving skills, habits, and knowledge of rules of the road. Local driving problems, safety tips, changes in driving laws and rules are discussed. The course also emphasizes how to adjust your driving in response to age related physical changes and declining perceptual skills. This is a one-day, four-hour class. Registration required.

**Ages: 50 & older Instructor: April Dugan**

Tuesday	4/8	12:30-4:30pm
Tuesday	6/17	12:30-4:30pm
Friday	8/15	9:30am-1:30pm

Fees:	AARP Members	\$20
	Non-AARP Members	\$25

**HELP FOR THOSE HELPING OTHERS**

Join us, when a representative from Cardinal Court Assisted Living & Memory Care, shares insights to help you help others. You'll hear tips that will help you in your daily interactions with someone with memory loss. Light refreshments provided. Registration is required.

**Ages: 50 & older 1:00-2:00pm FREE**

Wednesday	4/16	Meaningful Engagement for those with Dementia & Care for the Caregiver
Wednesday	6/18	Hospice & Palliative Care

**LINE DANCE JAMBOREE**

Our 24th Line Dance Jamboree is sure to be a two stepping good time! Your admission cost includes continental breakfast, boxed lunch, and line dancing instruction. Come boot, scoot and boogie your favorite steps, and learn some new ones too! Event sponsors: Kemper House Strongsville & Kemper Cognitive Wellness.

**Ages: 50 & older**

Tuesday 4/22 9:00am-3:00pm

Drop-In Fees:	
Member	\$25
Non-Member/Resident	\$27
Non-Member/Non-Resident	\$30





**PROGRAMS cont.****INSTITUTE FOR LEARNING PROGRAMS**

The following programs are offered through the Institute for Learning (ILR) at Baldwin Wallace University, which offers senior adults classes in a variety of subject areas, as well as social, cultural and travel experiences. Registration is required for each program. **Ages: 50 & older**

**"A Tribute to Queen Elizabeth II" by Julie Koenig****Friday, April 4 at 10:00am**

A typical day - stately sleepovers, friends, and inner circle. Horse racing and corgis. Crown jewels, dignitaries, and world leaders. What happens at a jubilee? Queen Elizabeth had a Silver, Gold, Diamond and Platinum Jubilee. London Bridge is Down (Code used when the Queen died). Julie will discuss the funeral and the ten days of mourning of the UK and the events surrounding the accession of King Charles.

**"History of Cleveland Mafia" by Doug Imhoff****Tuesday, May 13 at 1:00pm**

This presentation will provide the history of the "Cleveland Mafia" from the early 1900's thru present time. We will discuss the "Sugar Cane" wars during Prohibition and the competition among the different gangs and families over control of drugs, prostitution and the unions. Cleveland was called "Bomb City" in the mid-1970's and we will do a detail biography of Danny Green! Cleveland was considered one of the "top five" Mafia and organized crime cities in the U.S.A.

**"Rosie the Riveter" by Judi Slack****Thursday, June 5 at 1:00pm**

Welcome to Rosie the Riveter- Women Working on the Home Front during WWII. Waging war involves more than just the soldiers on the front line, it takes an entire nation. 18 million women, many of whom had never before held a job, entered the workforce in 1942-45 to help the United States fight World War II. Their unprecedented participation would change the course of history for women, and America, forever. Rosie the Riveter became a rallying cry for women starting in World War II and continues on to this day. American women entered the workforce in unprecedented numbers during the war, as widespread male enlistment left gaping holes in the industrial labor force.

**"Who killed JFK? The Search for the Truth" by Bev Sadowski****Wednesday, July 23 at 10:00am**

This presentation will provide an overview of the events that occurred November 22, 1963, along with pertinent facts leading up to the assassination and following it. Ballistic, medical, and other documented evidence will be provided through a variety of sources and formats, including much gleaned through first-hand contact with an ARRB staff member, an FBI agent, eyewitnesses, and other researchers. The preponderance of events is indicative of a high-level conspiracy and cover-up.

**"The Titanic—Perfect Disaster" by Mel Mauer****Tuesday, August 12 at 1:00pm**

This presentation provides a broad introduction to the field of Artificial Intelligence (AI), covering its history, key concepts and major applications. The presentation emphasizes practical understanding through case studies and real-world examples, while also addressing the ethical and societal implications of AI technologies. Designed for students from diverse backgrounds, this course requires no prior experience in AI or programming.

**UNIVERSITY HOSPITAL HOT HEALTH TOPICS**

Clinical Pharmacy Residents, from University Hospital, will discuss various health topics of interest. These free, monthly programs, will cover *hot* health topics for seniors. Be informed for yourself or a loved one. Registration is required for each talk.

<b>Ages: 50 &amp; older</b>	<b>1:30pm</b>	<b>FREE</b>
Thursday	Aches & Pains - OTC's	4/24
Thursday	Joint Pain/Pain Management	5/22
Thursday	Diabetes	6/26
Thursday	Hydration as you Age	8/28

**2025 BOOK DISCUSSION GROUP**

Books are selected by the staff of the Strongsville Branch of the Cuyahoga County Public Library and may be picked up the first week of each month at the library. The book discussion is held at the Strongsville Library on the following Mondays, at 2:30pm. A Library Staff member leads the group discussion.

<b>Month</b>	<b>Book</b>	<b>Discussion Date</b>
April	<b><u>All the Colors of the Day</u></b> by Chris Whitaker	4/28
May	<b><u>Shelterwood</u></b> by Lisa Wingate	5/19
June	<b><u>The Fury</u></b> by Alex Michaelides	6/23
July	<b><u>Mrs. Quinn's Rise to Fame</u></b> by Olivia Ford	7/28
August	<b><u>Cheneyville</u></b> by Paulette Jiles	8/25

**ONE ON ONE COMPUTER INSTRUCTION (Senior Computer Lab)**

Do you need help- just a little or maybe a lot- using your personal computer, laptop, camera or other technical device? You might need help getting oriented to new equipment or using a particular software package like Microsoft Word, Excel or PowerPoint. If so, contact the Senior Center registration Desk at 440-580-3275, to schedule a One-on-One. We have helped people with a variety of needs. A sampling includes setting up a Facebook account, creating a PowerPoint slide show and learning to use an i-Pad or smart phone. Come for an hour or for a longer period or arrange multiple sessions. Our instructors have a broad range of experience and can help you. We'll discuss your needs on the phone before scheduling an appointment. Call the Senior Registration Desk at 440-580-3275.

**Ages: 50 & older****Fees for 1-Hour Session (minimum of 1 hour):**

Members	\$5
Non-Member/Residents	\$6
Non-Member/Non-Residents	\$8

**TechKNOWledgy with TEENS**

The Senior Center is excited to partner with Strongsville City Schools for a program called TechKNOWledgy with Teens. Select students will come monthly and provide one-on-one help with any questions you may have with your phone, iPad or other tablet. Best part, this is completely free! No question too big or small for these tech wizards! If interested in receiving help, please call the Senior Center today and sign up! Limited spaces available!

**Ages: 50 & older**

Wednesdays	4/16	1:00pm	FREE
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**CONTAINER VEGETABLE GARDENING**

Vegetables growing just outside your door is easy and fun! Learn how to grow your favorite vegetables in containers—even potatoes! Choosing the right containers, proper soil, watering, and much more are part of this presentation. Christine Harris, a Master Gardener of Cuyahoga County will enlighten you. Registration required.

**Ages: 50 & older**

Thursday	5/1	1:00pm	FREE
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**CELEBRATION HANDBELL CHOIR CONCERT**

Celebration Ringers is a community handbell choir from Strongsville. They ring 5 ½ octaves of handbells and 7 octaves of hand chimes, as well as assorted percussion "toys." Join us in a return performance at the Event Center. Registration is requested for this free concert. Call the Senior Registration Desk at (440) 580-3275.

**Ages: All**

Thursday	5/8	7:00pm	FREE
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**PROGRAMS cont.****MOTHER'S DAY CELEBRATION: MUFFINS FOR MOMS**

Celebrate an early Mother's Day at the Senior Center. Join us for *Muffins for Moms!* This event is open to all, but free to our *Lady Silver Mustang* Members. You'll enjoy a muffin and coffee/tea, fellowship and special raffles for all the ladies.

Stop by the Senior Center Front Desk to get your ticket for this event. All tickets are **free to Lady Senior Center Silver Mustang Members**, but registration is required. **Tickets will be available April 9<sup>th</sup> – May 5<sup>th</sup>.**

**Ages: 50 & over**

Wednesday 5/7 9:30-11:00am

**Fees:** LADY Silver Mustang Members FREE

Non-Members/Residents \$3

Non-Members/Non-Residents \$5

**CREATIVE CONTAINER GARDENING**

Container Gardening is a way to make gardening accessible to everyone. Containers can be grown on patios, backyards and porches. This presentation will share with you the planting and care basics and give you an understanding of the design principles to make a creative container garden. With this knowledge and your creativity, you can make your own one-of-a-kind planting. Susan Hildebrandt, a Master Gardener of Cuyahoga County will bring out your creative side, through gardening. Registration required.

**Ages: 50 & older**

Wednesday 5/14 1:00pm **FREE**

**A MATTER OF BALANCE**

Join Fairhill Partners, as they present the nationally-recognized workshop, *A Matter of Balance*. In this free, 8-week, small-group interactive workshop, you'll learn to overcome fear of falling, increase your physical activity, use proven methods to prevent falls, meet new friends, and problem-solve together. *A Matter of Balance* meets for eight weeks, 1x per week, for 2 hours. Sessions 3 – 8 will include a half hour of group exercise, suitable for all ability levels. Registration required.

**Ages: 50 & older**

Wednesdays 5/21-7/9 12:30-2:30pm **FREE**

**SPICE UP YOUR GARDEN & COOKING WITH HERBS**

A discussion of herbs and the multitude of their uses, including ornamental, culinary, fragrances, where and how they may be grown in the landscape or garden; herbs for beginners; herb cultivation, harvesting and preservation. Detail is provided for culinary and aromatic herbs. Hedy Westra, a Master Gardener of Cuyahoga County will season your interest. Registration required.

**Ages: 50 & older**

Tuesday 6/2 1:00pm **Free**

**FATHER'S DAY CELEBRATION: DOUGHNUTS FOR DADS**

Celebrate an early Father's Day at the Senior Center. Join us for *Doughnuts for Dads!* This event is open to all, but free to our *gentlemen* Silver Mustang Members. You'll enjoy a doughnut and coffee/tea, fellowship and special raffles for all the gentlemen.

Stop by the Senior Center Front Desk to get your ticket for this event. Tickets are **free to Gentleman Senior Center Silver Mustang Members**, but registration is required. **Tickets will be available May 19<sup>th</sup> – June 9<sup>th</sup>.**

**Ages: 50 & older**

Wednesday 6/11 9:30-11:00am

**Fees:** GENTLEMAN Silver Mustang Members FREE

Non-Members/Residents \$3

Non-Members/Non-Residents \$5

**PROGRAMS cont.****MEMBER APPRECIATION DAY**

Thank you, thank you, thank you! We can't say thank you enough for being a loyal Silver Mustang Member, so now we are going to show you how appreciated your membership is to us! We invite all current Silver Mustangs to come and enjoy an ice cream sweet treat from the East Coast Custard truck. Stop by the Senior Center Front Desk to get your ticket for this chillin event. All tickets are **free to Senior Center Silver Mustang Members**, but registration is required. **Tickets will be available June 12<sup>th</sup> – July 7<sup>th</sup>.**

**Ages: 50 & older**

Monday 7/14 12:30-2:00pm

**Free Program for Silver Mustang Members**

**THE DIABETES EMPOWERMENT EDUCATION PROGRAM (DEEP)**

Take charge of your health! The Diabetes Empowerment Education Program (DEEP) workshop, offered through Fairhill Partners, can help you take control of your Diabetes and reduce the risk of complications. DEEP empowers people with diabetes and pre-diabetes, to take charge of their health. With hands-on learning, DEEP is a fun, interactive, small-group workshop. This free workshop will meet for six weeks, 1x per week, for 1 ½ - 2 hours. Registration required.

**Ages: 50 & older**

Wednesdays 7/16-8/20 1:00-2:45pm **Free**

**CONSULTATIONS****HEARING AID SERVICES**

Hearing aid services provided by Brookway Hearing Center. Hearing tests, cleaning and service of hearing aids, and battery offers, provided for your convenience. Appointments needed. Call the Senior Registration Desk at (440) 580-3275.

Tuesdays 4/8, 5/13, 6/10, 7/8, 8/12 10:00am **FREE**

**ATTORNEY**

Brief consultation, appointment needed - call the Senior Registration Desk at (440) 580-3275. **FREE**

Tuesdays 5/6, 6/3, 7/1, 8/5 9:20-11:30am Erica Skerl

Friday 5/23, 6/27, 7/25, 8/22 10:00-11:20am Sam Butcher

**POST OFFICE ON WHEELS**

The mobile postal van visits the Senior Center monthly. Any business you conduct at the Post Office can be taken care of at the "Post Office on Wheels."

2nd Tuesday of the Month 12:40-1:00pm

**MEDICARE COUNSELING**

Join an expert from The Ohio Senior Health Insurance Information Program (OSHIIIP) as they sit one on one with you and answer all your Medicare questions. See if you qualify for certain Medicare Benefits or just get your questions answered. Please bring a list of your prescriptions and your insurance card to the appointment. Appointment required by calling 440-580-3275.

2nd Tuesday of the Month 9:15am-1:00pm **FREE**

4th Wednesday of the Month 12:00-4:00pm **FREE**

**BENEFITS CHECK UP**

The Cleveland Foodbank and Cuyahoga County Department of Senior and Adult Services can help you apply for benefits right here at the Ehrnfelt Senior Center. Join us to see if you are eligible for several different money savings programs including SNAP (Supplementary Nutrition Assistance Program), HEAP, Ohio Best Rx Medicare, Medicaid, Ohio Works First, WIC and/or any other programs. Appointments are required. Bring proof of income, state ID and any current bills. Call the Senior Center today at 440-580-3275 for an appointment time. Don't miss out on this money saving program.

**Ages: 50 & older** **FREE**

Friday 5/9 9:15am-12:00pm

Friday 6/13 9:15am-12:00pm

Friday 7/11 9:15am-12:00pm

Friday 8/8 9:15am-12:00pm

## COMMUNITY SUPPORTS GROUPS

### MEMORY LOSS SUPPORT GROUP

Are you looking for support when dealing with memory loss? This group is open to caregivers of individuals with dementia or Alzheimer's disease, spouses, family members, or friends. A representative from Kemper House will be facilitating this helpful monthly support group; all are welcome to join with any questions they may have or come to learn more about the disease. If you are caring for, or know someone with dementia, this support group is for you. Registration is free, but required.

**Ages: 50 & older**

Wednesdays 4/2, 5/7, 6/4, 7/2, 8/6 9:15am **FREE**

### STRONGSVILLE LOW VISION CONNECTION

Have changes in vision impacted your daily life?

Seniors may experience changes in vision from varying conditions such as cataracts, glaucoma, and macular degeneration. Emotional effects can accompany even mild vision loss, ranging from fear of what a progressive condition might mean in the future, to questions about how to continue everyday activities like reading, home maintenance, cooking, and hobbies with a vision loss. This monthly support group will address all of these topics and much more in a supportive, informative environment. Registration is free, but required.

**Ages: 50 & older**

Tuesdays 4/22, 5/27, 6/24, 7/22, 8/19 1:00-2:30pm **FREE**

## MUSTANGS ON THE GO!

### MARCH MAPLE MAGIC

Come celebrate Maple Sugaring season as we visit Geauga County, a delightful little slice of Vermont in Ohio. We'll start by visiting the Oldest General Store in Ohio at the unique End-of-Commons. This unusual store has a variety of special items you won't find anywhere else! Next, we are off to Mary Yoder's Amish Kitchen to enjoy a traditional Pancake Breakfast with pancakes, sausage and REAL maple syrup. If you are still hungry, all you have to do is ask and they will bring you all the Pancakes you can eat (sorry, NO To-Go boxes.) We'll go around the corner to Rothenbuehler's Cheese factory to learn their history and enjoy samples. Next, we'll visit Burton, PANCAKE TOWN, U.S.A, with a stop into the SUGAR SHACK on the Square, to see how real maple syrup is made, and enjoy a Maple Stir - making maple syrup into maple FUDGE! We'll complete our day at SAGE'S Family Apple Farm in Chardon and learn their family story as the oldest apple farm in Geauga County and how they've grown over the years. This is a JKL trip.

**Ages: 50 & older**

Wednesday 3/19 7:30am-4:00pm

	<b>Fees</b>	<b>Register Now</b>
Members	\$55	
Non-Members/Residents	\$57	
Non-Members/Non-Residents	\$61	

### CHOCOLATE & WINE TASTING

Give yourself an end-of-winter treat as we visit hidden jewels to sample both Wine and Chocolate. We'll start by visiting Harry London/Ferrero Roche for free samples and to view their line of artisanal line of chocolates. Next, we'll stop at Anastasiades Chocolates, a premier, family chocolatier, with a chance to tour their small factory to see how they hand make all their delicious treats. We'll enjoy a fabulous lunch at Hartville Kitchen (where you choose your entry tableside) with time to shop their complex. We'll head to Maize Valley Winery to sample their vintages in a restored barn and complete our day of wine sampling at the CANA Valley Winery. These JKL Chocolate and wine tasting tours tend to sell quickly, so call today!

**Ages: 50 & older**

Tuesday 4/1 7:30am-6:00pm

	<b>Fees</b>	<b>Register Now</b>
Members	\$112	
Non-Members/Residents	\$114	
Non-Members/Non-Residents	\$118	

## MUSTANGS ON THE GO!

### HISTORIC AND ETHNIC CLEVELAND- PART 4

Continuing in our series exploring planet Cleveland, we'll start at the philanthropic site of Gordon Park of 1893! We'll have time to see Dike 14, a natural habitat created on the waterfront by sinking ore boats (and old cars) to protect the shoreline. We'll revisit the COLD WAR era of the 1950's to learn the history and see the launch site that once held 30 anti-aircraft missiles below ground. We'll continue on to see Millionaire Mansions of Bratenahl and hear the stories of the historic Clevelanders who built them. We'll take in the up-and-coming Waterloo Arts district with a tour of their main street, where you can still buy vinyl record albums and we'll visit an old-time butcher shop that smokes their own meats. We'll have lunch at a small, out-of-the-way Lake-wood eatery before we travel to Whiskey Island, with a chance to walk in Wendy Park. Once the holding area for giant mounds of iron ore unloaded by Hulett Loaders and also where boats from Canada would deliver "Hooch" during Prohibition, this area is now a little-known recreational oasis with a view of the downtown skyline from the "other" side of the tracks! We'll stop into the plaza/lobby area of the Rock N Roll Hall of Fame with time to visit their gift shop and learn how Cleveland almost lost the Rock Hall. We'll visit HINGETOWN, a hidden arts district as we'll complete our day visiting Cleveland's largest Arabian Night Club to enjoy a Buffet Dinner included! This JKL tour has moderate walking.

**Ages: 50 & older**

Thursday 5/8 8:30am-7:00pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$118	Register Now
Non-Members/Residents	\$120	3/11
Non-Members/Non-Residents	\$124	3/18

### CANAL BOAT & DRAFT HORSES

Travel to Historic Roscoe Village, a restored 1830s Ohio & Erie Canal town in Coshocton County, located within the Appalachian Foothills. Once a bustling port, this charming "village within the city" is home to delightful shops and restaurants nestled along the strip of historic buildings, including where you'll be dining for lunch. Begin at the Living History Building where you'll watch a 15-minute video providing background on how the canal got started and how it worked back in the day, followed by the Guided Tour and time to explore on your own. Next we head to Warehouse Steak n' Stein inside Roscoe Village shops for lunch. Lunch is located downstairs in the event room, please make us aware if steps are an issue. You will have your choice of meal selection so when you sign up please let the front desk know what you would like. Choices are Spaghetti and Meatballs, 4oz cod with cup of soup and coleslaw, Cheeseburger with French fries or Chicken Teriyaki Salad with a side of waffle fries. After a delicious lunch we will take a short walk over to Indian Bear Cork and Coffee where we will enjoy an ice cream dessert. Lastly, we will board the Monticello III, a horse-drawn canal boat that still plies the water as a pair of horses pull the boat along the smooth water, as they did years ago. This one of a kind trip provided by Great Day Tours will be perfect for a summer day.

**Ages: 50 & older**

Tuesday 5/20 7:00am-5:15pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$120	3/12
Non-Members/Residents	\$122	3/19
Non-Members/Non-Residents	\$126	3/26





**MUSTANGS ON THE GO! cont.****A DAY IN AMISH COUNTY**

Come savor Ohio's country pride on a great one-day getaway at the start of Summer! We'll start our Amish Adventure with a fun, Open-Air wagon ride through the FARM at Walnut Creek. We'll have buckets of feed and the animals will come right to US! After playing with the animals, we'll enjoy a fantastic Buffet lunch at The Farmstead Inn in Berlin. We'll go around the corner and stop into Hersherberger's Farm Market, well known for their bakery and variety of Fry Pies. We'll complete our day with a stop at the ASHERY, (where the Amish shop) and the Grandmother of all Bulk Stores! This JKL trip has moderate walking.

**Ages: 50 & older**

Tuesday 6/3 8:00am-6:00pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$102	4/3
Non-Members/Residents	\$104	4/10
Non-Members/Non-Residents	\$108	4/17

**A TRULY WILD DAY!**

Travel to southern Ohio but see animals from all over the world! Spanning over 10,000 acres in southeast Ohio, The Wilds is one of the largest conservation centers in the world. You'll climb onto an open-air tour bus to take a safari tour! We will be exploring 10,000 acres of open-range habitats, with giraffes, rhinos, cheetahs, and more. Next, we will enjoy a catered lunch which includes a burger with fixin's on the side, corn on the cob, baked beans, slaw, beverages and ice cream for dessert. After our lunch it's off to see more wildlife as we head to tour the Dickinson Cattle Company. The interpretive Longhorn Ranch Tour includes close up viewing of Buelingo, Texas Longhorn, and African Watusi cattle herds. The rugged ranch buses bounce across rough Appalachian foot hill pastures and go where the cattle roam -- up close and personal for guests. Cameras and videos are welcomed and encouraged. After the tour we will stop at the gift shop. Everyone is welcome to bring a personal cooler to bring home anything you buy at the gift shop. This is a Great Day Tour trip.

**Ages: 50 & older**

Tuesday 6/24 7:00am-7:45pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$140	4/16
Non-Members/Residents	\$142	4/23
Non-Members/Non-Residents	\$143	4/30

**SUMMER MYSTERY TOUR**

If you haven't been on a JKL mystery tour you are missing out! This day of mystery and fun will have you guessing all day! This Mystery Tour will include a meal, multiple stops at a variety of places some shopping and of course a sweet treat! This Mystery Tour is brand new, so those adventurous people who have taken one of JKL's Mystery Tours will find this one to be brand new! If you have a touch of wanderlust and enjoy traveling someplace different, then come join in the fun. This JKL trip has moderate walking.

**Ages: 50 & older**

Tuesday 7/8 7:30am-7:00pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$103	4/30
Non-Members/Residents	\$105	5/7
Non-Members/Non-Residents	\$109	5/14

**ARCHBOLD & SANDPIPER RIVER CRUISE**

Go west as you celebrate the past on this tour! We will stop at the Dutch-Treat coffee shop to fuel up for our fun day. Begin the morning in the Village of Archbold to learn about a farm boy who founded a woodworking company that has become a world leader in ready-to-assemble furniture. In later years, he wanted to document ancestors who settled in Northwest Ohio in the mid-1830s and created Sauder Village, one of the day's sure highlights. We will start our day at Sauder Village, Ohio's largest living history museum. With more than 40 buildings showing rural life in Ohio during the 19th century. Visit with costumed guides and interpreters and watch artisans demonstrate glass blowing, pottery, spinning, weaving, broom making, woodworking, basket making, printing, and quilting. Be sure to stop at the Doughbox Bakery to pick up some freshly baked treats as well. While in Sauder Village, you will enjoy lunch at the Barn Restaurant, a quaint place decorated with globe lights and wagon wheels on the ceiling. To wrap up the day we will set sail on the Maumee River Cruise aboard the MV Sandpiper. The MV Sandpiper was built in 1984 in Maumee, OH, and has spent her life plying the water of the Maumee River. This 100-passenger vessel is constructed of welded steel rather than the wood formerly used by boat building years ago. See the beautiful homes, businesses, yacht clubs, and the Veterans' Glass City Skyway Bridge as you enjoy the two-hour cruise eastward toward Toledo. On our way home, we will make a pitstop for snacks. This fun day is a Great Day Tour trip.

**Ages: 50 & older**

Tuesday 7/24 7:00am-6:30pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$154	5/6
Non-Members/Residents	\$156	5/13
Non-Members/Non-Residents	\$160	5/20

**LAKE ERIE ISLAND HOPPING**

There's a fun day ahead as you embark on this Island-Hopping Tour, featuring both Kelleys Island and Put-in-Bay on South Bass Island. We will start our day with an Island-Hopping Luncheon Cruise aboard the Goodtime I. Take in the beauty of Lake Erie and enjoy live narration of the sights along your 40-mile all-day Island-Hopping Cruise. You will first dock in Kelleys Island, the largest American Island in Lake Erie and home to both Inscription Rock and the Glacial Grooves, which were scoured into solid limestone bedrock about 18,000 years ago by the great ice sheet that covered a portion of North America. Enjoy time in the village before continuing the cruise. Next visit Put-in-Bay (on South Bass Island). Upon arrival, enjoy a one-hour sightseeing tram tour followed by time on your own where you'll have the opportunity to continue exploring the island by golf cart or bicycle, visit the 352-foot Perry Monument, stop at a winery or fudge shop, or enjoy the various attractions near the Boardwalk. This trip will have you cruising past famous Cedar Point -- the top-rated amusement park, historic Johnson's Island, and Marblehead Lighthouse, the oldest operating lighthouse on the great lakes. An onboard luncheon buffet will be served as you cruise from Kelleys Island to Put-in-Bay. You will be on island time without even leaving Ohio on this Great Day Tours trip!

**Ages: 50 & older**

Thursday 8/7 7:00am-8:00pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$142	5/29
Non-Members/Residents	\$144	6/5
Non-Members/Non-Residents	\$150	6/12

**MUSTANGS ON THE GO! cont.****SUMMER ESCAPE TO SCHEDEL GARDENS**

Schedel Aboretum and Gardens in one of the finest garden complexes in the Northwest Ohio area. The 17-acre garden estate is a unique and beautiful hidden gem featuring themed gardens for peonies, roses, dahlias, a world-class bonsai exhibit, and over 9,000 planted annuals. In addition, Schedel hosts the world's largest collection of "Lithophanes" in their Manor House. This unique art form uses light to showcase at 3-D Visual over porcelain images. Our docent led tour will help to enjoy and engage in this peaceful botanical complex. We'll have free time to explore on our own before we enjoy lunch in the Gardens meeting space. In the afternoon, we'll visit the Libbey Factory Outlet store seeing their fun, unique and sometimes unusual items. Since 1818, Libbey has been the vanguard of artistry and innovation in glassmaking. From their roots in Toledo, Ohio, to their place as a worldwide total tabletop leader, they continue to empower chefs, mixologists and home entertainers to craft moments that matter with beautiful and durable tabletop products. This JKL trip has moderate walking.

**Ages: 50 & older**

Tuesday 8/19 TBA

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$103	6/10
Non-Members/Residents	\$105	6/17
Non-Members/Non-Residents	\$109	6/24

**LAKE & LIGHTHOUSE OF NEW YORK**

In the 1800s, steamboats were a most popular form of transportation on Lake Chautauqua and many people chose to enjoy a leisurely cruise on a warm, sunny day. Those original ships saw service for many years with the last of those vessels, the "City of Jamestown" finally being retired in 1963. But, less than 25 years later, some enterprising people had an entirely new paddle wheeler constructed to bring back that period in the lake's history. We will start our day in Mayville, New York to board the Chautauqua Belle for a lunch Cruise. Next we will arrive at the Dunkirk Lighthouse. You'll learn about the fascinating history of the lighthouse, the shipwrecks that occurred in the area, and the lives of the Lighthouse keepers. Sign up today for this Great Day Tour!

**Ages: 50 & older**

Thursday 9/4 7:15am-6:15pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$144	6/25
Non-Members/Residents	\$146	7/3
Non-Members/Non-Residents	\$152	7/10

**AN AUTUMN DAY IN CHAGRIN FALLS**

Come along as we travel east to the beautiful village of Chagrin Falls. Named from a series of waterfalls along the Chagrin River, which runs through the town. This charming village is home to not only beautiful waterfalls, but one of the oldest community theaters in the country. We will start our day with a tour of Chagrin Falls with a representative from their Historical society followed by and time for shopping. We will enjoy lunch and spend some more time exploring. This is a JKL trip with moderate walking.

**Ages: 50 & older**

Wednesday 9/17 TBA

	<b>Fees</b>	<b>Registration Begins</b>
Members	TBA	7/2
Non-Members/Residents	TBA	7/8
Non-Members/Non-Residents	TBA	7/15

**HARTVILLE KITCHEN AND THE CHARDON POLKA BAND**

Here is a unique way to celebrate OKTOBERFEST as we enjoy the wonderful Hartville complex and the amazing Chardon Polka Band! We'll have shopping time in the Hartville Marketplace before we transfer to the Hartville Kitchen to enjoy their amazing lunch where you get to choose your own meal table side! After lunch, we'll walk to the ballroom for the fun and engaging show put on by our very own Chardon Polka Band! There is lots of audience participation and room to dance if the POLKA spirit moves you. Don't miss this JKL trip!

**Ages: 50 & older**

Thursday 10/2 7:45am-6:00pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$103	8/14
Non-Members/Residents	\$105	8/21
Non-Members/Non-Residents	\$109	8/28

**FREEDOM ISN'T FREE TOUR**

Join us as we travel to Columbus Ohio for an All-American day! We will start our day traveling down 71, on our way down we will stop at Burger King for a rest stop. Our first stop in Columbus will be at the National Veterans Memorial and Museum. There are more than 20 million living veterans throughout the United States . . . from our Greatest Generation to our recent heroes coming home from Afghanistan and Iraq. This memorial and museum opened in October 2018 and is the only museum dedicated specifically to the Veteran's experience, taking visitors on a narrative journey telling individual stories and shared experiences of Veterans throughout history. After time at the museum we will head over to Schmidt's Restaurant in German Village. After lunch we will head to Motts Military Museum, where "Every day is Veterans Day". The mission of this museum is to educate the public on the importance of America's military past through the documentation, collection and preservation of tangible artifacts, and personal stories of the men and women who served and are currently serving in the United States Armed Forces. What makes this museum unique are the stories of each artifact you will see – a story of service, sacrifice, and exactly how it found its way to Motts Military Museum. After time at the Motts Museum you will depart home with a rest stop. This red, white and blue trip with Great Day Tours will be enjoyed by both veterans and non-veterans.

**\*Veteran's discount available.** The National Veteran's Museum offers free admission to all Veteran or people with active-duty status. To receive the \$15 off, passengers will need to show a Veteran ID, military ID, DD214, or driver's license that notes military status upon arrival to the museum. Please make the Senior Center aware if you qualify for this discount. The day of the trip you will need to bring along with you the documentation to show the museum. Anyone who forgets their proof will not receive the discount and will pay \$15 to the museum.

**Ages: 50 & older**

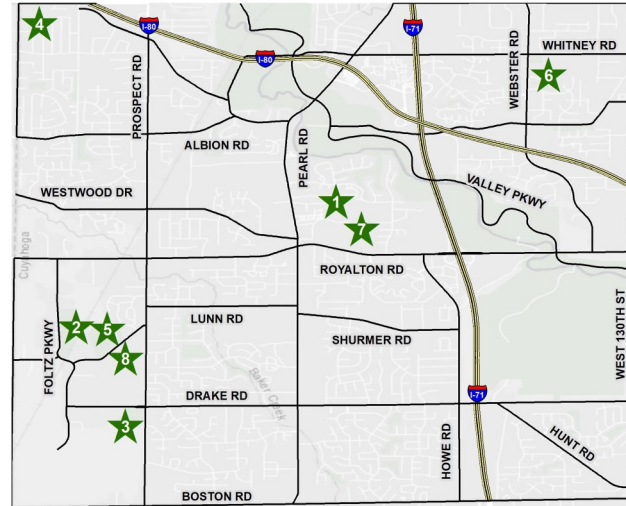
Thursday 10/15 7:30am-6:45pm

	<b>Fees</b>	<b>Registration Begins</b>
Members	\$123	8/20
Non-Members/Residents	\$125	8/28
Non-Members/Non-Residents	\$130	9/3

# RECREATION PARKS AND AMENITIES

**For more park information or to reserve call 440-580-3270.**

*Pavilions in city parks are available for rental: \$80 for residents and \$160 for non-residents (excluding Town Center Park).  
For Town Center info see page 7.*



## 1. Rec Park #1 - 18300 Zverina Lane

**Town Center:** This park will feature two pavilions, one attached to the new Town Center Place indoor venue and one Octagon pavilion in the heart of the park. Both will be surrounded by state-of-the-art ADA compliant playgrounds, interactive fountains, 4 tennis courts, 8 pickleball courts, two sand volleyball courts, bathrooms, gas grills, electricity and more.



**Castletown Pavilion:** Located across from Town Center Park and next to the Cuyahoga County Strongsville Library. Features picnic tables, 8 electrical outlets and a grill. It is located just across from the new Town Center Park with ample parking in the Library lot.

Castletown Pavilion



**2. Rec Park #2 Pavilions- 16107 Foltz Parkway (South of Rt 82):** Located in Foltz Industrial Parkway near the City Municipal Offices. Baseball Fields are by permit only and not available for use with pavilion rentals.

Near Softball Field



Features bathrooms with running water, picnic tables, 2 grills, 8 electrical outlets, and small swing set.

Near Railroad Tracks



Features picnic tables, 2 grills, small swing set, slide and basketball court. No electrical outlets.



## PARKS & AMENITIES cont.

For more park information or to reserve call 440-580-3270.

**3. Rec Park #3 Pavilions - 21273 Drake Road:** Located at intersection of Drake Rd and Prospect. Wood & Sprague Baseball Fields are by permit only and not available for use with pavilion rental.

Sprague Pavilion



Features 2 grills, picnic tables, 8 electrical outlets, and small play set.

Features 2 grills, picnic tables, 8 electrical outlets, small swing set and play set.

Wood Pavilion



**4. Nichols Pavilion - 227070 Sprague Road:** Located at Sprague and Marks Road. Features picnic tables, 8 electrical outlets, a grill and small playground. Nichols Baseball Field is by permit only and not available for use with pavilion rental.



**5. Volunteer Park Pavilion- 21410 Lunn Road:** Located on West Lunn Road just west of Prospect Road. Features picnic tables, 8 electrical outlets, playground, batting cages, 2 bocce ball courts, horseshoe pits and 1/2 mile paved walking path. Vending machines and restrooms with running water just a short walk from pavilion. There are 4 baseball fields at this park, Watts, Stroemple, Farnsworth (lighted), Cappy (lighted) and 2 little league fields (Roth & Kalinich). Baseball Fields are by permit only and not available for use with pavilion rental.

Pavilion, Playground & Bocce Courts



Pavilion



**6. Surrarrer Park Pavilion - 14625 Whitney Road:** Located at the corner of Webster and Whitney Roads (east of I-71). Features picnic tables, 8 electrical outlets, a grill, an ADA compliant playground and 2 tennis courts (also lined for pickleball). James Baseball Field is by permit only and not available for use with pavilion rental.

Pavilion & Playground



Pavilion



**7. Backyard Preserve - 18100 Royalton Road:** Located behind the Ehrnfelt Recreation and Senior Center. This park features an outdoor amphitheater, a scenic walking trail, beautiful foliage and plenty of wildlife.



**8. Youth Sports Park Pavilion - 21255 Lunn Road:** Located on West Lunn Road just west of Prospect Road (across from Volunteer Park). Features picnic tables, 12 electrical outlets, a grill and playground. The Football and Baseball Fields are by permit only and not available for use with pavilion rental.



## PARK GUIDELINES

- \*Permits are required to use any of the fields. Field use is prohibited without a permit.
- \*Contracts are required for use of Pavilions. Pavilion use is prohibited without a permit.
- \*Alcohol and Tobacco use is prohibited in all Recreation Parks.
- \*Pets are required to be on a leash at all times.
- \*Parks close at dusk.



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STRONGSVILLE RECREATION  
DEPARTMENT**



EHRNFELT RECREATION CENTER: (440)580-3260 \* EHRNFELT SENIOR CENTER: (440)580-3275

[www.strongsville.org](http://www.strongsville.org)