

UPDATED OPEN SWIM SCHEDULE

SEPTEMBER 5 - SEPTEMBER 30, 2023

SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO.
CHECK OUT OUR AQUATICS PAGE. WWW.STRONGSVILLE.ORG > PARKS & REC > AQUATICS & OPEN SWIM
THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Pirate Ship
Sunday				
9:00 am - 10:00 am	Laps(5) LG TRAINING	Open/LG Training	Closed	Open
10:00 am - 1:30 pm	Laps(5) LG TRAINING**	Open/LG Training	Open	Open
Monday				
5:00 am - 9:15 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed/CCF	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open/CCF	Closed	Closed
11:10 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:30 pm	Laps(3) Swim Team	Open	Closed	Open
6:30 pm - 7:30 pm	Laps(4) Swim Team	Open	Closed	Open
Tuesday				
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open/CCF	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed/CCF	Closed
11:40 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(4)Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(3) LTS	LTS	LTS	LTS
6:30 pm - 7:30 pm	Laps(3) WEX/LTS	LTS	LTS	LTS
Wednesday				
5:00 am - 9:15 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed/CCF	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open/CCF	Closed	Closed
11:10 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:30 pm	Laps(3) Swim Team	Open	Closed	Open
6:30 pm - 7:30 pm	Laps(4) Swim Team	Open	Closed	Open
Thursday				
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7	Closed	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open/CCF	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed/CCF	Closed
11:40 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(4)Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(3) LTS	LTS	LTS	LTS
6:30 pm - 7:30 pm	Laps(3) WEX/LTS	LTS	LTS	LTS
Friday				
5:00 am - 5:00 pm	Laps(8)	Open/CCF 7a - 1p	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Closed	Open
6:00 pm - 7:30 pm	Laps(2) Swim Team/Lo Dive	Open	Closed	Open
Saturday				
8:00 am - 9:00 am	Laps(8)	Open	Closed	Closed
9:00 am - 11:00 am	Laps(4) LTS	LTS	LTS	Closed
11:00 am - 1:00 pm	Laps(4) Learn To Dive/LTS	LTS	LTS	Closed
1:00 pm - 3:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open

The number of Lap Lanes Available are listed as (x)

CCF = Water Therapy | **LTS = Learn To Swim** | **ROM = Range of Motion** | **WEX=Water Exercise**
SWAP = SHALLOW WATER AROBICS PROGRAM

**** The Low Dive will open once the Lifeguard class has completed their water skills
There will be 3 lap lanes available when the Low Dive opens.**

LEARN LIFE SAVING SKILLS BY EARNING THESE CERTIFICATIONS:

WATER SAFETY INSTRUCTOR: OCT. 15 - NOV. 19 9-3pm



REVISED 9/20/2023