



**Parks
Recreation
Senior
Services**

18100 Royalton Road
Strongsville, Ohio 44136



PROGRAM REGISTRATION DATES

Tuesday, March 22: Ehrnfelt Rec Center Members

Tuesday, March 29: Strongsville Residents & Members

Thursday, March 31: Open/On-line registration

MAY-AUGUST 2022

GENERAL INFORMATION

Ehrnfelt Recreation & Senior Center
18100 Royalton Road, Strongsville, Ohio 44136
440-580-3260 Recreation Center / 440-580-3275 Senior Center
www.strongsville.org

TABLE OF CONTENTS

AREA OF INTEREST	PAGE NUMBER
General Information	2
Membership Fees	3
Facility Rental	5
Aquatic Programs	6
Fitness Programs	11
Day Camps	15
Enrichment Programs	17
Sport Programs	21
Senior Center Activities	24
Rec Parks & Amenities	31

GENERAL INFORMATION

RECREATION CENTER HOURS

Mondays-Fridays	6:00am-8:00pm
Saturdays	8:00am-4:00pm
Sundays	Closed

Please note, the Aquatic Center closes 30 minutes prior to the Center closing time.

REC & SENIOR CENTER SPECIAL HOURS & CLOSINGS*

Tuesday, May 3	Election Day	Senior Center Closed
Monday, May 30	Memorial Day	Rec & Sr Center Closed
Monday, July 4	Independence Day	Rec & Sr Center Closed
Aug 22-Sept 5	Annual Maintenance	Basketball Courts Closed
Mon-Wed, Aug 29-31	Annual Maintenance	Rec & Sr Center Closed
Monday, Sept 5	Labor Day	Rec & Sr Center Closed

**Hours subject to change. See AQUATICS section for special Aquatic Center hours and closing and Senior Activities section for Senior Center hours and closings.*

RECREATION & SENIOR CENTER STAFF

Bryan Bogre - Director of Parks, Recreation & Senior Services
bryan.bogre@strongsville.org

Recreation

Chris Arold - Parks & Outdoor Facilities Superintendent
chris.arold@strongsville.org

Sarah Arold, CPRP - Facility Manager
sarah.arold@strongsville.org

Jennifer Black - Rental Coordinator & Director's Secretary
jennifer.black@strongsville.org

Mark Hartze - Maintenance Foreman
mark.hartze@strongsville.org

Jason Keppler - Recreation Supervisor
jason.keppler@strongsville.org

Denise Lengal - Fitness Supervisor
denise.lengal@strongsville.org

Kristen Nykiel - Recreation Supervisor
kristen.nykiel@strongsville.org

Rebecca Stemple - Assistant Aquatic Supervisor
becky.stemple@strongsville.org

Patti Welker - Aquatic Supervisor
patti.welker@strongsville.org

Senior Center

Melissa Baldwin - Food Services Manager
melissa.baldwin@strongsville.org

Deborah Branic - Senior Program Coordinator
deborah.branic@strongsville.org

Sheena Wright - Senior Services Coordinator
sheena.wright@strongsville.org

Weather Closings and Class Cancellations

When applicable, please check the following locations for any closings or cancellations due to weather...

www.strongsville.org/content/recreation.asp

News Channel 3 (www.wkyc.com)

News Channel 5 (www.newsnet5.com)

REGISTRATION

- Pre-registration is required for programs.
- No refunds/make ups for missed classes.
- You may register in-person, by phone, or online unless otherwise indicated for specific programs. Cash, check, Visa, Discover & Mastercard accepted.

REFUND POLICY

1. If the program is cancelled by Department, a refund for the FULL amount that was paid will be applied to your Recreation/Senior Customer Account, or you may request a check refund which will be mailed in approximately three weeks.

2. If an individual wants to cancel enrollment in a program, it must be requested at least 5 days prior to the first session of the program.

a. **Recreation Department Customer Account:** If the customer wants to have the refund posted to his/her Recreation Account, a credit for the full amount that was paid will be issued.

b. **Check Issued:** If the customer paid by cash, check, or credit card and would like a check issued from the City, a 20% or \$5 administrative fee (whichever is greater), will be deducted from the amount that was originally paid. A check will be issued in approximately 3 weeks.

3. **Refunds will not be given if requested less than 5 days prior to the first session of the program.** Individuals assume the risk of changes in health or personal schedules.

PROGRAM CANCELLATION POLICY

If the program does not have a sufficient number of participants registered by 3 working days prior to the first session, the program may be cancelled by the Department.

CANCELLATION/REFUND POLICY FOR SUMMER DAY CAMP

Summer Day Camp has its own Cancellation/Refund policy that is separate and unique from any other Recreation Center programs. Please see page 15 for more information.

MEMBERSHIP INFO

OPTION 1: Pay for entire year at time of purchase

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$265.00	\$425.00
Couple	\$365.00	\$580.00
Youth Individual (Ages 4-18)	\$165.00	\$290.00
Full-time College Student	\$165.00	\$290.00
Family	\$435.00	\$725.00
Individual Senior (Age 60+)	\$135.00	\$265.00
Senior Couple	\$240.00	\$465.00
Military	\$140.00	\$245.00

OPTION 2: Sign annual contract and pay monthly by credit card

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$22.09/month	\$35.42/month
Couple	\$30.42/month	\$48.34/month
Youth Individual (Ages 4-18)	\$13.75/month	\$24.17/month
Full-time College Student	\$13.75/month	\$24.17/month
Family	\$36.25/month	\$60.42/month
Individual Senior (Age 60+)	\$11.25/month	\$22.09/month
Senior Couple	\$20.00/month	\$38.75/month
Military	\$11.67/month	\$20.42/month

Credit Card Payment Plan Information

- The annual membership is broken down into twelve installments plus a \$3 per month processing fee. (Processing fee is NOT included in the above monthly prices.)
- The first payment is due upon the date of purchase and pro-rated from the date of purchase to the end of the current month.
- The remaining eleven payments are charged to your MasterCard, Visa or Discover, as indicated by you, on the 20th of each month, or the next business day if the 20th falls on a weekend or holiday, until the expiration date of the annual contract.
- In the event that a patron defaults on their monthly payment, the membership will be immediately suspended. Patrons will have 10 business days to pay the Ehrnfelt Recreation Center the amount owed for that month and an additional \$10 processing fee.
- In the event the patron does not pay off the balance owed by the 11th business day, the annual membership will be cancelled and any future use of a payment plan option will be denied.

NON-MEMBER DAILY GUEST FEES

Youth (Ages 4-6)	\$3.00	Adults (15-59)	\$10.00
Youth (Ages 7-14)	\$6.00	Seniors (60+)	\$6.00
Active Military*	Free		

(*Free admission to active military personnel on leave)

Those under 12 years of age must be supervised by a person 18 years or older.

SILVER SNEAKERS



Silver Sneakers accepted at the Ehrnfelt Recreation Center.

Includes access to the Recreation & Senior Center and member pricing on programs. Bring your Silver Sneakers card in today and join!

Full-Time Worker in Strongsville: Includes an employee of a City of Strongsville business or entity working at least 37.5 hours per week. Proof of such status provided through a letter from his/her employer and a current pay stub.

Couple means two adults 19 years of age or older living in the same residence, related or unrelated, which may include spouses, siblings, roommates OR a parent and his/her child between the ages of 4 and 24.

Full-Time College Student means a student currently enrolled in 12 or more credit hours. Proof must be shown at time of purchase or renewal in the form of a current class schedule or tuition bill.

Family means at least one adult and two or more dependent children up to the age of 24 years or two adults and one or more dependent children up to the age of 24 years (if a full-time college student), including stepchildren and adopted children, who have legal residence in the household of the adult(s).

Senior Couple means two individuals who are living in the same residence, one of whom is at least 60 years of age and the other who is at least 50 years of age.

Military means an individual who is an active and/or newly registered member of any United States military service, or who is an active member of any reserve unit and provides proof of imminent call up to active military status. Must present an active, federally issued Military ID Card at the time of purchase or renewal.

Resident means an individual who is legally living within a permanent residence in the City of Strongsville. Must show proof of residency such as an utility or bank statement issued in the last 30 days.

*Adults wishing to qualify for a Couple, Senior Couple, or Family membership who do not share the same last name, each MUST provide independent proof of residency upon application.

*Memberships are non-refundable and non-transferable.

Summer Pass

	Resident or Full-Time Work In Strongsville	Non-Resident
Adult Individual (Ages 19-59)	\$148	\$247
Couple	\$213	\$347
Youth Individual (Ages 4-18)	\$87	\$162
Full-time College Student	\$87	\$162
Family	\$246	\$419
Individual Senior (Age 60+)	\$81	\$149
Senior Couple	\$149	\$279
Military	\$81	\$149

120 Days

**Choose your own start date anytime between
May 1-June 30, 2022 and**

Receive all the benefits of a year long membership!

Reduced registration fees

Priority registration on most programs

Free guest coupons to bring in friends

*Discount coupons worth *

****Membership can be applied towards a yearly membership before expiration with payment in full***

CHILDREN UNDER 12 YEARS OF AGE

Those under 12 years of age must be supervised by a person 18 years or older.

Ehrnfelt Recreation Center

is excited to
announce

Silver Sneakers is here!

A Silver Sneakers
membership allows access to
the Rec & Senior Center and
member rates on classes*

SILVERSNEAKERS OFFERED HERE



**The Ehrnfelt Recreation Center does not offer Silver Sneaker fitness classes*

FACILITY RENTAL

Call 440-580-3270 to book your next event!

EHRNFELT RECREATION & SENIOR CENTER ROOM RENTALS

ROOM	MEMBER	NON-MEMBER
Whole Event Center	\$125/hr	\$150/hr
Half Event Center	\$75/hr	\$100/hr
Event Center (12 hr. block) - Whole	\$1,100	\$1,400
Event Center (12 hr. block) - Half	\$600	\$900
Conference Room	\$45/hr	\$65/hr
Meeting Room	\$45/hr	\$65/hr
Senior Art Studio	\$45/hr	\$65/hr
Senior Meeting Room	\$45/hr	\$65/hr

*A deposit is due with a signed contract

OLD TOWN HALL



OLD TOWN HALL	MEMBER	NON-MEMBER
Old Town Hall	\$55/hr	\$75/hr
Old Town Hall Kitchen (Flat Rate)	\$50	\$70

*Please plan on booking your party at least two weeks in advance

CELEBRATE! at the REC CENTER!

Room Rental Only (Meeting Room, Conference Room, Senior Art Studio)

Member: \$45/hr

Non-Member: \$65/hour

Room Rental with Facility Use (Pool, Gym & Game Area)

Room price listed above plus:

\$3/person age 7 & older

\$2/person age 4-6 years

Free age 3 years & under

All Inclusive Party Packages (Call for Pricing)

Room Rental for 3 Hours

Facility Use

Pizza, Soda & Cake

Plates, Cups, Napkins, Tablecloths

Candles & Matches

**ROOM RENTAL RESERVATIONS REQUIRE
2 Weeks Advance Notice & 2 Hour Minimum**



GET YOUR GAME ON: Private Court Time (Weekday Evenings Only)

Rates per court

	Member	Non-Member
Basketball	\$40	\$45
Volleyball	\$35	\$40
-20 guests per court for volleyball		
-30 guests per court for basketball		



For more information visit the
Parks & Rec Facility Rental page
at
www.strongsville.org
or call
440-580-3270

*Schedule your
Event Now!*

440-580-3270



The Event Center

Weddings

Fundraisers

Craft Shows

Seminars

Showers

AQUATICS

Aquatic Supervisor, Patti Welker
Assistant Aquatic Supervisor, Becky Stemple

Monday, May 30	CLOSED	Memorial Day
Tuesday, June 14	CLOSE at 4pm	SSL Swim Meet
Tuesday, June 21	CLOSE at 4pm	SSL Swim Meet
Tuesday, June 28	CLOSE at 4pm	SSL Swim Meet
Tuesday, July 5	CLOSE at 4pm	SSL Swim Meet
Friday, July 15	CLOSE at 7pm	SSL Swim Meet Set Up
Saturday, July 16	CLOSED	SSL Champs Swim Meet

(The pools, steam room, sauna and spa are closed during swim meets.)

AQUATIC CENTER REGULATIONS/RULES

Please shower before using the Aquatic Center facilities ~ No food or glass containers permitted in Aquatic Center
Swim diapers are required for all non-toilet trained children and children prone to potty accidents

Swim diapers are available for free at the front desk

Visit the Parks & Recreation page www.strongsville.org for a complete list of Recreation & Aquatic Center Rules

REGISTRATION SCHEDULE

Tuesday, March 22: Ehrnfelt Rec Center Members

Tuesday, March 29: Strongsville Residents & Members (must show proof of residency such as utility bill)

Thursday, March 31: Open/On-line registration

REGISTRATION AND POLICIES

- Individuals may enroll in any open class listed in the brochure. Registration for all sessions (except first session of a season) will open on the last day of current session.
- Refunds can be requested up to 7 days prior to the start of class without question. After that no refunds will be given. Participants take the risk of schedule changes or changes in health.
- If the class is full, you may ask the front desk staff to add your name to the waiting list.
- If your child has any special needs, it would be helpful if you would inform the instructor/Aquatic Supervisors, before the first day of class, so they can better work with your child.

AQUATIC WAIT LIST

The main purpose of the wait list book is to determine if there is a need to add additional classes. On occasion if there are openings in classes, or if we have the ability to add additional instructors, we will call those who have their name in the wait list book.

- Having a name on the wait list does not guarantee that you will receive a phone call or a spot in a class.
- It is your responsibility to call the front desk at the end of a session to see if any spots have opened up. Many times children are transferred to other classes or decide not to take a class which results in spots becoming available. The aquatic supervisors will not check the wait list until a few days before the start of a new session with the intent of trying to fill spots that are still open.
- Please be aware that when phone calls are made to those on the wait list, registration is on a first come basis no matter what number you are on the wait list. This is only a courtesy call letting you know that at that particular time, there are openings in the class if you still wish to sign up. It does not mean that a spot is being held for you and the spot(s) may be filled by the time you call back.
- It does not mean that a spot is being held for you and the spot(s) may be filled by the time you call back.

ALTERNATIVE SWIM WEAR

For the safety, health and welfare of all members and patrons, proper swim attire is required. Proper swim attire is required when using all of the pools, steam room, sauna and spa in the Aquatic Center, including participation in Learn-to-Swim classes. The following are prohibited:

- Clothing that could contribute to entrapment and inhibit life saving measures: loose fitting clothing; heavy garments; cut-offs; and jean shorts.
- Clothing worn for workout or other purposes prior to using the Aquatic Center.

Questions concerning proper swimwear should be addressed with the Aquatic Center personnel.

LEARN TO SWIM RULES

Swim Participants and their parents must adhere to the rules of the Aquatic Center and the following rules specific to Learn to Swim.

- Pirate ship area is closed during swim lessons.
- In order to provide an environment free of potential distractions, with the exception of preschool classes, adults are required to stay behind the orange cones and not sit directly in front of the classes in progress.
- Anyone exhibiting cold or flu symptoms are asked to stay home.
- Participants may choose to be barefoot or wear sandals (flip flops) on the deck.

No street sandals, shoes, or boots are permitted for safety and sanitary reasons. Your cooperation in this is appreciated.

AQUATIC CENTER AGE GUIDELINES

- Children under the age of 4, or those wearing a coast guard approved life jacket, must be within arms reach of an adult, 18 years or older, in a swimsuit at all times.
- Children 4 years of age and older may not use the locker room of the opposite sex. Please use the Family Changing Room.
- Children 4-6 years of age must be in visual contact of an adult, 18 years or older, at all times.
- Children under the age of 12 must have an adult, 18 years or older, in the Aquatic Center at all times unless participating in an aquatic program

YOUTH LEARN-TO-SWIM LEVELS

For more information on Learn to Swim, or if your child has any special needs, please contact
Aquatic Supervisor, Patti Welker, at 440-580-3260 x 5269.

Level	Requirements	Skills Taught
PARENT/INFANT 6-15 months	Ages: 6-15 months Parent must accompany child in the water	This class will begin to develop positive attitudes and safe practices in and around water. Child will work on water adjustment, underwater exploration and swimming readiness with parental involvement.
PARENT/TODDLER 15-36 months	Ages: 15-36 months Parent must accompany child in the water	A continuation and refinement of Parent/Infant. Using parents and equipment for support, students will work on front and back combined strokes, floats, bobbing and breathing.
PARENT/YOUTH 3-5 years	Ages: 3-5 years Parent must accompany child in the water	A continuation of Parent/Toddler. The child will work on front and back floats, glides and basic swimming skills. Child will work toward gaining independent skills.
LEVEL 1 Intro to Water Skills	Age 5 years or older-no experience needed	Orient Participants to the aquatic environment and gain basic skills of breath control, floating, kicking and swimming on front. Promote positive and safe practices around water.
LEVEL 2 Fundamental Water Skills	Passed Level 1, or can swim 10 feet unsupported front and back. Can float on front and back for 5 seconds unsupported. Can bob 5 times fully submerged.	Build on basic aquatic skills. Introduce rotary/rhythmic breathing, turning over, and swimming on back. Build on water safety skills and introduce treading in deep water.
LEVEL 3 Refined Water Skills	Passed Level 2, or can swim 15 yards on front and back in chest deep water. Tread or float for 15 seconds.	Participants will achieve basic water competency. This level introduces survival float, diving, dolphin and breaststroke kick, and elementary backstroke. Basic water safety will be integrated into this course.
LEVEL 4A Stroke Development	Passed Level 3, or can tread water or float for 30 seconds. Able swim front and back crawl 25 yards and elementary backstroke for 15 yards.	This class builds on skills learned in Level Three and introduces open turns, butterfly and sidestroke. Safe diving practices and water safety will be integrated into the course.
LEVEL 4B Stroke Improvement	Passed Level 4A, or can swim 25 yards front crawl with rhythmic breathing, back crawl, elementary backstroke, 15 yards of breaststroke and the dolphin kick. Ability to tread water for 1 minute.	Perfect front and back crawl, elementary backstroke and breaststroke. Complete sidestroke and butterfly. Continue to build water safety skills.
LEVEL 5 Stroke Refinement	Passed Level 4B, or can do 25 yards front crawl, back crawl, elementary backstroke, breaststroke, side stroke, five deep water bobs, and tread water for 1.5 minutes.	Alternate breathing, flip turns, swimming underwater, and diving safety. Building endurance on basic strokes to 50 yards each. Perfecting butterfly and sidestroke with proficiency of 25 yards.
LEVEL 5 (ages 8 & older) Fit Swim Or Personal Water Safety	Passed Level 5, or be able to swim front and back crawl 50 yards. Swim elementary backstroke, breaststroke, sidestroke and butterfly at least 25 yards. Perform shallow dive from pool side, demonstrate flip turns on front and back, tread water for 5 minutes and swim underwater 15 yards. <i>*Personal Water Safety requires a pair of jeans and a long sleeve button shirt for completion of the safety skills.</i>	The objective of this course is to refine all water skills learned to swim with ease, efficiency, power and smoothness over greater distances. A 12 minute swim will be performed by end of session. The Personal Water Safety Class adds additional survival skills and self-rescue techniques while clothed and with lifejackets. Basic safety rules for open water and for boating.
LEVEL 7 Endurance Training	Swimmer must be able to perform the competitive strokes appropriate for his/her age group according to USA Swimming and be able to swim 100 yards continuously.	This program is designed to build your endurance, especially for those who do not swim on a year round competitive swim team. Starts and turns for each competitive stroke will also be taught.



YOUTH LEARN TO SWIM LESSONS*Class limit based on instructor availability and pool space***PARENT/INFANT: 6-15 mos. (parent/adult in water)****Ages: 6-15 months 7 or 8 Classes****Class Limit: Based on Instructor availability & pool space****Daytime Classes**

Monday-Thursday	6/13-6/23	12:10-12:40pm
Monday-Thursday	6/27-7/7*	12:10-12:40pm (7 classes)
Monday-Thursday	7/11-7/21	12:10-12:40pm
Monday-Thursday	7/25-8/4	12:10-12:40pm

*No class 7/4

Weekend Classes

Saturday	6/11-8/6*	9:00-9:30am
Saturday	6/11-8/6*	9:35-10:05am

*No class 7/16

		7 Classes	8 Classes
Fees:	Member	\$34	\$39
	Non-Member/Resident	\$42	\$48
	Non-Member/Non-Resident	\$52	\$60

PARENT/TODDLER: 15-36 mos. (parent/adult in water)**Ages: 15 - 36 months 7 or 8 Classes****Class Limit: Based on Instructor availability & pool space****Daytime Classes**

Monday-Thursday	6/13-6/23	11:00-11:30am
Monday-Thursday	6/27-7/7*	11:00-11:30am (7 classes)
Monday-Thursday	7/11-7/21	11:35am-12:05pm
Monday-Thursday	7/25-8/4	11:35am-12:05pm

*No class 7/4

Evening Classes

Monday & Wednesday	6/13-7/6*	6:20-6:50pm (7 classes)
Monday & Wednesday	7/11-8/3*	6:20-6:50pm (7 classes)

*No class 7/4, 7/13

Weekend Classes

Saturday	6/11-8/6*	9:00-9:30am
Saturday	6/11-8/6*	9:35-10:05am

*No class 7/16

		7 Classes	8 Classes
Fees:	Member	\$34	\$39
	Non-Member/Resident	\$42	\$48
	Non-Member/Non-Resident	\$52	\$60

PARENT/YOUTH: 3-5 years (parent/adult in water)**Ages: 3-5 years 7 or 8 Classes****Class Limit: Based on Instructor availability & pool space****Daytime Classes**

Monday-Thursday	6/13-6/23	11:35am-12:05pm
Monday-Thursday	6/27-7/7*	11:35am-12:05pm (7 classes)
Monday-Thursday	7/11-7/21	11:00-11:30am
Monday-Thursday	7/25-8/4	11:00-11:30am

*No class 7/4

Evening Classes

Monday & Wednesday	6/13-7/6*	5:45-6:15pm (7 classes)
Monday & Wednesday	7/11-8/3*	5:45-6:15pm (7 classes)

*No class 7/4, 7/13

Weekend Classes

Saturday	6/11-8/6*	9:00-9:30am
Saturday	6/11-8/6*	9:35-10:05am

*No class 7/16

		7 Classes	8 Classes
Fees:	Member	\$34	\$39
	Non-Member/Resident	\$42	\$48
	Non-Member/Non-Resident	\$52	\$60

LEVEL 1: Intro to Water Skills**(no previous swim experience needed)****Ages: 5 & older 7 or 8 Classes****Class Limit: Based on Instructor availability & pool space****Daytime Classes**

Monday-Thursday	6/13-6/23	10:00-10:45am
Monday-Thursday	6/13-6/23	10:50-11:35am
Monday-Thursday	6/13-6/23	11:40am-12:25pm
Monday-Thursday	6/27-7/7*	10:00-10:45am (7 classes)
Monday-Thursday	6/27-7/7*	10:50-11:35am (7 classes)
Monday-Thursday	6/27-7/7*	11:40am-12:25pm (7 classes)
Monday-Thursday	7/11-7/21	10:00-10:45am
Monday-Thursday	7/11-7/21	10:50-11:35am
Monday-Thursday	7/11-7/21	11:40am-12:25pm
Monday-Thursday	7/25-8/4	10:00-10:45am
Monday-Thursday	7/25-8/4	10:50-11:35am
Monday-Thursday	7/25-8/4	11:40am-12:25pm

*No class 7/4

Evening Classes

Monday & Wednesday	6/13-7/6*	5:45-6:30pm (7 classes)
Monday & Wednesday	6/13-7/6*	6:35-7:20pm (7 classes)
Monday & Wednesday	7/11-8/3*	5:45-6:30pm (7 classes)
Monday & Wednesday	7/11-8/3*	6:35-7:20pm (7 classes)

*No class 7/4, 7/13

Weekend Classes

Saturday	6/11-8/6*	10:10-10:55am
Saturday	6/11-8/6*	11:00-11:45am
Saturday	6/11-8/6*	11:50am-12:35pm

*No class 7/16

		7 Classes	8 Classes
Fees:	Member	\$46	\$52
	Non-Member/Resident	\$56	\$64
	Non-Member/Non-Resident	\$67	\$76

LEVEL 2: Fundamental Water Skills**Ages: 5 & older 7 or 8 Classes****Class Limit: Based on Instructor availability & pool space****Daytime Classes**

Monday-Thursday	6/13-6/23	10:00-10:45am
Monday-Thursday	6/13-6/23	10:50-11:35am
Monday-Thursday	6/13-6/23	11:40am-12:25pm
Monday-Thursday	6/27-7/7*	10:00-10:45am (7 classes)
Monday-Thursday	6/27-7/7*	10:50-11:35am (7 classes)
Monday-Thursday	6/27-7/7*	11:40am-12:25pm (7 classes)
Monday-Thursday	7/11-7/21	10:00-10:45am
Monday-Thursday	7/11-7/21	10:50-11:35am
Monday-Thursday	7/11-7/21	11:40am-12:25pm
Monday-Thursday	7/25-8/4	10:00-10:45am
Monday-Thursday	7/25-8/4	10:50-11:35am
Monday-Thursday	7/25-8/4	11:40am-12:25pm

*No class 7/4

Evening Classes

Monday & Wednesday	6/13-7/6*	5:45-6:30pm (7 classes)
Monday & Wednesday	6/13-7/6*	6:35-7:20pm (7 classes)
Monday & Wednesday	7/11-8/3*	5:45-6:30pm (7 classes)
Monday & Wednesday	7/11-8/3*	6:35-7:20pm (7 classes)

*No class 7/4, 7/13

Weekend Classes

Saturday	6/11-8/6*	10:10-10:55am
Saturday	6/11-8/6*	11:00-11:45am
Saturday	6/11-8/6*	11:50am-12:35pm

*No class 7/16

YOUTH LEARN TO SWIM LESSONS cont.

Class limit based on instructor availability and pool space

LEVEL 3: Refined Water Skills

Ages: 5 & older

7 or 8 Classes

Class Limit: Based on Instructor availability & pool space

Daytime Classes

Monday-Thursday	6/13-6/23	10:50-11:35am
Monday-Thursday	6/13-6/23	11:40am-12:25pm
Monday-Thursday	6/27-7/7*	10:50-11:35am (7 classes)
Monday-Thursday	6/27-7/7*	11:40am-12:25pm (7 classes)
Monday-Thursday	7/11-7/21	10:50-11:35am
Monday-Thursday	7/11-7/21	11:40am-12:25pm
Monday-Thursday	7/25-8/4	10:50-11:35am
Monday-Thursday	7/25-8/4	11:40am-12:25pm

*No class 7/4

Evening Classes

Monday & Wednesday	6/13-7/6*	6:35-7:20pm (7 classes)
Monday & Wednesday	7/11-8/3*	6:35-7:20pm (7 classes)

*No class 7/4, 7/13

Weekend Classes

Saturday	6/11-8/6*	10:10-10:55am
Saturday	6/11-8/6*	11:00-11:45am
Saturday	6/11-8/6*	11:50am-12:35pm

*No class 7/16

		7 Classes	8 Classes
Fees:	Member	\$46	\$52
	Non-Member/Resident	\$56	\$64
	Non-Member/Non-Resident	\$67	\$76

LEVEL 4 A/B: Stroke Development

Ages: 5 & older

7 or 8 Classes

Class Limit: Based on Instructor availability & pool space

Daytime Classes

Monday-Thursday	6/13-6/23	10:00-10:45am
Monday-Thursday	6/27-7/7*	10:00-10:45am (7 classes)

*No class 7/4

Evening Classes

Monday & Wednesday	6/13-7/6*	5:45-6:30pm (7 classes)
Monday & Wednesday	7/11-8/3*	5:45-6:30pm (7 classes)

*No class 7/4, 7/13

Weekend Classes

Saturday	6/11-8/6*	10:10-10:55am
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*No class 7/16

		7 Classes	8 Classes
Fees:	Member	\$46	\$52
	Non-Member/Resident	\$56	\$64
	Non-Member/Non-Resident	\$67	\$76

LEVEL 5: Stroke Refinement

Ages: 5 & older

7 or 8 Classes

Class Limit: Based on Instructor availability & pool space

Daytime Classes

Monday-Thursday	7/11-7/21	10:00-10:45am
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Weekend Classes

Saturday	6/11-8/6*	11:00-11:45am
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*No class 7/16

		8 Classes
Fees:	Member	\$52
	Non-Member/Resident	\$64
	Non-Member/Non-Resident	\$76

LEVEL 6: Personal Water Safety

Ages: 5 & older

7 or 8 Classes

Class Limit: Based on Instructor availability & pool space

Daytime Classes

Monday-Thursday	7/25-8/4	10:00-10:45am
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		7 Classes	8 Classes
Fees:	Member	\$46	\$52
	Non-Member/Resident	\$56	\$64
	Non-Member/Non-Resident	\$67	\$76



Check out
the summer
camps on
pages 15-16

SPECIALTY AQUATICS PROGRAMS

DIVING

Ages: 8 & older

Class Limit: 12 per instructor

Participants will learn basic elements of diving from the deck and from the springboard. Those whom have progressed beyond basic diving skills and are ready for more advanced skills will be introduced to intermediate diving skills and the high dive.

Weekend Classes (8 classes)

Saturday 6/11-8/6* 11:50am-12:40pm

*No class 7/16

Fees:	Member	\$65
	Non-Member/Resident	\$75
	Non-Member/Non-Resident	\$85

WATER EXERCISE CLASSES

WATER EXERCISE PASS WATER EXERCISE PROGRAM PASS

A 2022 pass may be purchased any time and is good for any water exercise class.

*The pass expires 12/31/2022.

*There are **NO refunds** for lost/stolen passes or unused classes.

*The front desk will give you a numbered ticket to be given to instructor

*Passes are non-transferable & non-refundable.

*Drop-ins are permitted for any class at the Drop-in rate.

***Classes not held on holidays or calamity (snow) days that the Strongsville Schools are not in session.**

Number of Classes	5	10	15	20
Member	\$25	\$48	\$68	\$85
Non-Member/Resident	\$30	\$60	\$83	\$105
Non-Member/Non-Resident	\$35	\$70	\$98	\$125

Drop-in Fees:	Member	\$7 per class
	Non-Member	\$9 per class

ROM (RANGE OF MOTION) SHALLOW WATER EXERCISE

Individuals will use gentle movements to help increase range of motion while decreasing stiffness and pain. A good class for individuals returning to exercise after injury, or with joint or muscle related illness.

Ages: 15 & Older

Class Limit: 30

Tuesdays & Thursdays 6/7-8/18 10:00-10:50am 22 Classes

SWAP (SHALLOW WATER AEROBICS PROGRAM)

SWAP out your traditional aerobics class for this total body water workout. A little bit of everything...you'll build your cardiovascular endurance, increase your muscular strength, and enhance flexibility. This 50 minute class is set to exhilarating music. Noodles and aqua barbells provided.

Ages: 15 & older

Class Limit: 30

Mondays & Wednesdays 6/6-8/17* 9:00-9:50am 21 Classes

*No class 7/4

TOTAL IMMERSION-DEEP WATER WORKOUT

If you are looking for both a cardio and strengthening class that is totally non-impact, then this is the class for you! No swimming experience is required-a floatation belt will keep you vertical and buoyant. Class formats include Tabata, Bootcamp and general water exercise set to fun, motivating music. Aqua barbells, noodles, and floatation belts are all provided. Class is 50 minutes with a 5 minute stretch and cool down. Come join us in this fast paced, invigorating "wet fat-burning" lab!

Ages: 15 & older

Class Limit: 20

Mondays & Wednesdays 6/6-8/17* 6:30-7:20pm 21 Classes

*No class 7/4



2022 SUMMER STRONGSVILLE RECREATION SWIM TEAM

The Strongsville Sea Monkeys recreational swim team is a summer only program and an excellent opportunity to introduce swimmers to the world of competitive swimming. The team, as a member of the Strongsville Swim League (SSL), will compete against homeowner association pools in the city of Strongsville.

Eligibility:

The Sea Monkeys Swim Team is open to Strongsville residents who are 18 and under as of 6/1/22 or graduating high school senior. To participate, swimmers may not be members of a homeowners association with a viable swim team. All swimmers must be able to swim 25 yards, the length of the competition pool in both freestyle and backstroke on the first day of practice in order to participate. If you question your child's swimming ability, you may want to consider signing up for group or private lessons this winter. TEAM LIMITED TO 130 SWIMMERS.

Practice begins Tuesday, May 31 and the season concludes with the SSL Championship meet on Saturday, July 16.

Parents are required to attend the Parents' Meeting on Wednesday, May 18, 6:30-8pm and to volunteer during the season.

For more information, contact the Assistant Aquatic Supervisor, Becky Stemple 440-580-3260 ext. 5270.

Practice Schedule:

Monday-Thursday	5/31-7/15	7:00-10:00am
Friday	5/31-7/15	8:00-10:00am

EACH CHILD WILL BE ASSIGNED BY AGE GROUP TO A 1 HOUR PRACTICE TIME

Meets: Tuesdays & Thursdays evenings

Fees*:

Members	\$160
Residents/Non-Members	\$190

*Families receive a \$10 discount for each additional child on the swim team.



FITNESS

Fitness Supervisor, Denise Lengal

GROUP EXERCISE, CYCLE, MIND/BODY, & ZUMBA

Get in shape and have fun doing it! Our top notch and cutting edge equipment and instructors provide a customized workout designed to get you healthy and in shape! We offer a variety of classes to keep you motivated and keep you moving!

GUIDELINES FOR ALL EXERCISE CLASSES

1. Ages 15 & older
2. Please try different classes and don't be intimidated by new programs. Our instructors are able to make modifications for men & women of all ages and fitness levels.
3. If you have questions regarding fitness programs please call Denise at 440-580-3260 x 5275. **Updated fitness schedules can be found at Strongsville.org/content/fitness/asp.**

GROUP CYCLE

Start exploring new roads...indoors! Train with professionals in our Group Cycle program to burn calories, stay in shape, or to bring your athletic performance to the next level. Low impact, no complicated moves, motivating instructors, and music that begs your legs to pedal, all combine for great workout! **Updated fitness schedules can be found at Strongsville.org/content/fitness/asp.**

NEW participants must be in the Group Cycle studio 15 minutes before class time for proper instruction and set up from the instructor.

Introduction to Group Cycle Program

Want to try a Group Cycle class but feel intimidated by the regulars or the intensity? Learn how to properly set up the bike, check your intensity level and develop proper techniques. **Please contact Denise at 440-580-3260 x 5275 or denise.lengal@strongsville.org to sign up.**

ZUMBA PASS

Group exercise passes may be used for this class.

Join Melissa Thomas-Edington, Radio City Rockette, as she rocks on to our famed Zumba classes! Ditch the workout and join the party with this Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award winning producers, and contagious steps to form a "fitness-party" that is downright addictive. (60 minute class)

Zumba punch cards can be purchased at any time and will expire 3 months from the date of purchase. You may use the punch card to attend any land Zumba class.

Fees:

5 Class Pass	\$22.50 (\$4.50/class)
10 Class Pass	\$40.00 (\$4.00/class)
20 Class Pass	\$70.00 (\$3.50/class)

Drop Fees:

Members	\$8	Non-Member/Residents	\$10
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UNLIMITED COMBO PASS

One year commitment and contract. Includes all Group Cycle, Group Exercise, Yoga, Pilates, Barre, Zumba, all other rec center land exercise classes, and all aquatic exercise classes.

- 1 year commitment and contract required for both payment options
- No enrollment fee!

1 Year Contract with Monthly Payments

Members \$35/month

Non-Member/Residents \$45/month

Non-Member/Non-Residents \$55/month

1 Year Contract with Payment in Full

Members \$378 (\$31.50/month)

Non-Member/Residents \$486 (\$40.50/month)

Non-Member/Non-Residents \$595 (\$49.50/month)

MIND/BODY PASS (Yoga/Barre/Pilates)

Good for unlimited Yoga, Pilates, and Barre.

- 1 year commitment and contract required for both payment options
- No enrollment fee!

1 Year Contract with Monthly Payments

Members \$24/month

Non-Member/Residents \$34/month

Non-Member/Non-Residents \$44/month

1 Year Contract with Payment in Full

Members \$260 (\$21.60/month)

Non-Member/Residents \$367 (\$30.60/month)

Non-Member/Non-Residents \$475 (\$39.60/month)

UNLIMITED MONTHLY PASS

Unlimited 1 month group exercise, group cycle and mind/body class pass expires 1 month from date of purchase, no commitment.

Members	\$55
Non-Member/Residents	\$65
Non-Member/Non-Residents	\$75

TEN CLASS PASS (Good for Group Exercise, Cycle, & Mind/Body)

Pass for 10 group exercise, cycle and Mind/Body classes. Pass expires 1 month from date of purchase. No commitment.

Members	\$45
Non-Member/Residents	\$55
Non-Member/Non-Residents	\$65

FIVE CLASS PASS ((Good for Group Exercise, Cycle, & Mind/Body)

Pass for 5 group exercise, cycle and Mind/Body classes. Pass expires 1 month from date of purchase. No commitment.

Members	\$28
Non-Member/Residents	\$33
Non-Member/Non-Residents	\$38

DROP IN FEES (Good for Group Exercise, Cycle, & Mind/Body)

Members	\$8	Non-Member/Residents	\$10
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TRY A CLASS PASS (Good for Group Exercise, Cycle or Mind/Body)

Are you new to our group exercise program? Get a Try a Class Pass for your free trial of classes of your choice. Sign up for this pass at the Front Desk. (Restrictions apply. Limited to those participants who have NOT purchased a group exercise pass in the past.) Valid for 3 weeks from date of "purchase".

GROUP EXERCISE CLASS DESCRIPTIONS

For class schedule visit www.strongsville.org/departments/parks-recreation/fitness

Barre COREture: Where ballet barre meets Yoga and Pilates. Emphasis on the importance of form and alignment while performing low-weight, high rep exercises to sculpt muscles.

Barre Fire: Start with traditional Barre toning and Pilates core training methodology. Add light weights and high energy moves, to create a total body strength and cardio attack! You're going to like this one!

Barre Fusion: The perfect mix of Pilates, Yoga, & Barre. Focus on core strength, flexibility, & total conditioning.

Body Max: STRAIGHT FROM THE UK!!! The fastest way to shape up and LOSE WEIGHT! This class was developed in England. Barbells will be used with varying weights for this full body workout. *The trademark motto of this class is "YOUR BODY SHAPE WILL CHANGE!!!"*

Cycle: Turn your goals into reality! Give cycling a try, see what you've been missing!

CycleStrong: Interval training at its finest. Cycling on the bike, weight training off the bike. Perfect combo!

Iron Circuit: The Best of TRX & KETTLEBELL for utter obliteration and muscle development!

Kickboxing: Intensity! Energy! Sweat! Fun!

Muscle Mix: This full body workout uses weights and cardio bursts to tone and sculpt your muscles, strengthen your core, and condition your heart.

Pilates: Traditional mat Pilates and functional training with resistance balls & flex bands. A workout that will tone, define, & sculpt the entire body.

PowerHour: Get fit thru fun, challenging, ever-changing cardio & strength techniques. (Kettlebell, kickboxing...who knows what else!?)

Pure Strength: Efficient, effective total body strength training. Get stronger, leaner, and healthier! (45 min. class)

Strength & Core: The name says it all!

Vinyasa Yoga: Designed to help you find vitality in your life and personal empowerment. Focuses on optimal alignment of your body to improve strength, flexibility, and energy. Each class is themed to help you explore the many benefits of yoga for body and mind.

Yin Stretch & Meditation: Explore the mind/body connection. Slow, long-held stretches, deep breath work, & meditation. De-stress, wind down, & feel refreshed with the powerful combo of Yin & Meditation.

YogaFlow: All levels, energizing flow. Modifications provides so poses are accessible to varying levels. Strength, flexibility, & breathing techniques. YOU WILL SWEAT!

Zumba: Ditch the workout and join the party with this Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. LIVE IT! (60 min. class)

HEALTH ASSESSMENT & PEAK PERFORMANCE

NUTRITIONAL CONSULT

Good nutrition improves wellbeing. This invaluable, 60-90 minute consult is designed to reach those in need of direction regarding their nutritional habits and diet. Whether you are looking to improve your weight, cholesterol levels, blood pressure, sports performance, or manage diabetes, our Registered and Licensed Dietician, Angel Bobula, will help you elevate your health and the quality of your life through better nutrition and an improved diet. This private, personalized consultation includes an overview of your nutritional habits with your specific goals in mind.

Times & Dates: Sign up at the front desk and you will receive a call to set up your individual and personalized appointment.

Fees:	Member	\$65
	Non-Member/Resident	\$70
	Non-Member/Non-Resident	\$75

NUTRITIONAL CONSULT PACKAGE

Includes 1 initial consultation and 2 follow up consultations.

Times & Dates: Sign up at the front desk and you will receive a call to set up your individual and personalized appointment.

Fees:	Member	\$150
	Non-Member/Resident	\$165
	Non-Member/Non-Resident	\$175

ASSESSMENTS

One of our personal trainers will measure and assess your resting heart rate, blood pressure, body fat, waist to hip ratio, cardiovascular endurance, muscular strength, muscular endurance, and flexibility. (1 hour). **Please register at the front desk.**

Fees:	Member	\$20
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$70

EXERCISE ORIENTATION

Sign up for an exercise orientation with one of our fitness instructors for proper utilization and settings on our cardio and/or strength equipment with basic guidance of reps and sets. **Please register at front desk.**

Fees:	Member	Free
	Non-Member/Resident	\$60
	Non-Member/Non-Resident	\$70

PERSONAL TRAINING PACKAGES

Strongsville Recreation Department's degreed and/or certified personal trainers have the experience and tools to motivate and challenge you to reach all your goals and break through plateaus! Whether your goals are weight loss, feel better, sports conditioning, or just plain aesthetics, your trainer will deliver first class knowledge and creativity to make exercising fun and efficient. Our trainers have worked with all fitness levels from the novice exerciser to the elite athlete. All sessions below are one hour in duration. All Strongsville Recreation Department Personal Trainers have been employed based on their extensive qualifications, therefore, only Strongsville Recreation Department Personal Trainers can be utilized in this facility. Any other personal training is prohibited in the Strongsville Recreation Center.

	One Session	Five Sessions	Ten Sessions
Members	\$43	\$200	\$375
Non-Member/Residents	\$48	\$215	\$400
Non-Member/Non-Residents	\$53	\$225	\$475

Personal Training Special

on sale July 1-30, 2022

10 SESSIONS for \$275



42 X 82



Fitness

Do you want to be fit, restore your function, improve your health, and increase your efficiency in the gym?

Whether you're new to fitness, trying to get back in the gym after some time away, or looking to challenge yourself to the next level, we can help.

You will become fit, healthier, stronger, and more durable than you ever thought possible.

JOIN US!

All Inclusive Membership: \$77/month (1 year commitment & contract required)
Includes unlimited 42x82 classes and access to the rec center



42x82 Five Punch Pass: \$35 members, \$40 non member resident, \$45 non member non resident, (expires 1 month from date of purchase)

Includes attendance to five 42x82 classes only

**For more information
contact**

denise.lengal@strongsville.org

KARATE (Masks Required)**KIDDIE KARATE I & II - Event Center****ONE ADULT PER STUDENT IS PERMITTED AND MUST BE PRESENT DURING CLASS**

Four week course in basic techniques.

Kiddie I includes a bully and stranger awareness program. Class is designed for all NEW students ages 5-9. All NEW students must start in Kiddie I unless they have studied Isshinryu before. If a student has studied Isshinryu, or would like more information about this program, please contact Sensei Joe Bove at 330-351-9848. **All evaluations will be made by the instructor only. NO EXCEPTIONS.**

Kiddie II- PRE-REQUISITE is Kiddie Karate I. This course includes more advanced moves and techniques. This class is for students advancing further from Kiddie Karate I. Kiddie II also includes bully and stranger awareness program.

Instructor: Joe Bove, 8th Degree Black Belt, Okinawan Isshinryu Karate

Ages: 5 & Older **Class Limit: 20** **4 Classes**

Mondays	4/25-5/16	5:00-5:45pm
Mondays	5/23-6/20*	5:00-5:45pm
Mondays	6/27-7/25*	5:00-5:45pm
Mondays	8/1-8/22	5:00-5:45pm

*No class 5/30, 7/4

Wednesdays	4/27-5/18	5:00-5:45pm
Wednesdays	5/25-6/22*	5:00-5:45pm
Wednesdays	6/29-7/27*	5:00-5:45pm
Wednesdays	8/3-8/24	5:00-5:45pm

*No class 6/1, 7/6

Fees: \$50

KIDDIE KARATE III & IV (Orange & Green Belt) – Event Center**ONE ADULT PER STUDENT IS PERMITTED AND MUST BE PRESENT DURING CLASS**

A four week course for students, (not adults), who are advanced Orange, Ni-Obi Orange, First Level Green, and Green Belt. Please contact Sensei Joe Bove at 330-351-9848 if you have questions.

Instructor: Joe Bove, 8th Degree Black Belt, Okinawaan Isshinryu Karate

Class Limit: 30

Mondays	4/25-5/16	6:00-6:45pm
Mondays	5/23-6/20*	6:00-6:45pm
Mondays	6/27-7/25*	6:00-6:45pm
Mondays	8/1-8/22	6:00-6:45pm

*No class 5/30, 7/4

Wednesdays	4/27-5/18	6:00-6:45pm
Wednesdays	5/25-6/22*	6:00-6:45pm
Wednesdays	6/29-7/27*	6:00-6:45pm
Wednesdays	8/3-8/24	6:00-6:45pm

*No class 6/1, 7/6

Fees: \$50

ADVANCED KARATE & ADULT BEGINNERS KARATE- Event Center

Advanced Karate is a four week course including advanced techniques of Okinawan Isshinryu Karate for higher ranking belts. **PRE-REQUISITE: ADULT BEGINNERS KARATE**

Adult Beginners Karate will take place in a designated area at the same time as Advanced Karate. It will be taught by Sensei's assistant. You will learn the basic techniques of Isshinryu before joining the Advanced class. Both classes will include warm-up, stretching and cardio. Wear comfortable clothing and tennis shoes. Uniforms (Gi) may be purchased through the instructor. Come release stress or form structure while having fun learning the art of Isshinryu Karate. If you have any questions or concerns please contact Sensei Joe Bove (330)-351-9848.

Instructor: Joe Bove, 8th Degree Black Belt, Okinawaan Isshinryu Karate

Class Limit: 30

Mondays	4/25-5/16	7:00-7:45pm
Mondays	5/23-6/20*	7:00-7:45pm
Mondays	6/27-7/25*	7:00-7:45pm
Mondays	8/1-8/22	7:00-7:45pm

*No class 5/30, 7/4

Wednesdays	4/27-5/18	7:00-7:45pm
Wednesdays	5/25-6/22*	7:00-7:45pm
Wednesdays	6/29-7/27*	7:00-7:45pm
Wednesdays	8/3-8/24	7:00-7:45pm

*No class 6/1, 7/6

Fees: \$50



Fitness

YOUTH FITNESS**INTRODUCTION TO YOUTH STRENGTH TRAINING**

Girls and boys (ages 12-14) learn proper strength training guidelines and terminology. Learn how to safely utilize strength training and cardio equipment. Upon successful completion of this course, a certification will be granted which provides access to the strength and cardio machines in the Cardio Area of the Rec Center only. (After you have completed the course, non-members must pay the normal daily guest rate to gain access to the facility and the equipment.) All certified youth must be able to show their certification card if asked when working out in the cardio area.

Ages: 12-14 years

Class Limit: 5

Wednesday	5/4-5/25	3:30-4:30pm
Wednesday	6/1-6/22	3:30-4:30pm

Fee:	Member	\$45
	Non-Member/Resident	\$53
	Non-Member/Non-Resident	\$60

FASTBREAK

A challenging conditioning program designed to enhance speed, strength, and endurance. Build confidence and self-esteem through teamwork and fun. This class is for kids who are striving to be the best they can be.

Ages: 11-14

Wednesday	5/4-5/25	4:30-5:20pm
Wednesday	6/1-6/22	4:30-5:20pm

Fee:	Member	\$25
	Non-Member/Resident	\$30
	Non-Member/Non-Resident	\$35

DAY CAMPS

Recreation Supervisor, Kristen Nykiel
Kristen.nykiel@strongsville.org

STRONGSVILLE REC CENTER CAMP

2022 STRONGSVILLE REC SUMMER DAY CAMP

School is out! Summer is in! Join your friends for some summer fun at the Ehrnfelt Recreation Center. We will be offering summer day camp for children grades K-6th. Activities will include arts and crafts, organized games, awesome field trips, swimming, movies and much more. Field trip locations and dates to be announced. Price includes registration, field trip cost, camp T-shirt and afternoon snack.

Each day send children with:

Healthy Lunch * Water Bottle * Swimming Suit * Towel * Tennis Shoes

AGES: 5*-12 years (*5 years olds must have completed kindergarten)

REGISTRATION

To register, pick up a packet at the rec front desk and return completed packet according to the dates below. Your registration will not be processed at the time it is received. It will be date/time stamped and processed later in the order received. Incomplete packets will not be processed.

Returning Camper (those previously enrolled in Strongsville Rec Summer Camp 2020) can drop off forms February 28th-March 13th

New Camper Registration Dates

Members: March 14th

Non-Member/Resident: March 21st

Non-Member/Non-Resident: March 24th

CAMP WEEKS (Monday-Friday)

Week 1	6/6 – 6/10	9:00am – 4:00pm
Week 2	6/13 – 6/17	9:00am – 4:00pm
Week 3	6/20 – 6/24	9:00am – 4:00pm
Week 4	6/27 – 7/1	9:00am – 4:00pm
No Camp Week of 7/4		
Week 5	7/11 – 7/15	9:00am – 4:00pm
Week 6	7/18 – 7/22	9:00am – 4:00pm
Week 7	7/25 – 7/29	9:00am – 4:00pm
Week 8	8/1 – 8/5	9:00am – 4:00pm
Week 9	8/8 – 8/12	9:00am – 4:00pm

WEEKLY FEES:	Members	\$140
	Non-Member/Residents	\$160
	Non-Member/Non-Residents	\$175



BEFORE & AFTER CAMP

Before camp is offered starting at 7am and after camp will run until 6:15pm. A separate flat rate of \$10/week will be charged for Before Camp and \$10/week for after camp.

Before camp is any portion of time between 7:00am and 8:45am that your camper is dropped off at camp.

After camp is any portion of time between 4:30pm and 6:15pm that your campers is still signed into camp.

CANCELLATION POLICY FOR STRONGSVILLE REC SUMMER DAY CAMP

Summer Day Camp has its own Cancellation/Refund policy that is separate and unique from any other Recreation Center programs. Individuals assume the risk of changes in health and personal schedules. However, a doctor's statement may be presented to the Ehrnfelt Recreation Center for review.

*Cancellations will only be approved if requested in writing on a 'Refund Request' form (located at the front desk) 21 days prior to the start of the week of camp being cancelled.

*There will be no refunds for cancellations requested less than 21 days prior to the start of the week being cancelled. Each week (Monday – Friday) of summer camp is considered a different camp. For example: If you are canceling week 1 of camp which runs June 6 – 10; you will need to have the refund request form turn in by May 16 for review.

*There are TWO refund options offered for summer day camp cancellations.

1. Rec. Center Credit – You will receive a full refund to be held on your Rec. Center account under your camper's name. This refund can be used towards any future day camp or other Rec Center program/activity and never expires. If you wish this to be refunded by check at a later date, the 20% administration fee would then be applied.

2. Check - For those wishing a refund by city check, a 20% administration fee will be deducted from the amount originally paid for all refunds granted.



CRAYOLA CAMP

CRAYOLA® IMAGINE ARTS ACADEMY-ARTIST'S PASSPORT CAMP (Meeting Room)

Travel the World through Art! Embark on an around-the-world cultural adventure – explore far-off places and learn about the people who live there, from the Americas to Polynesia, from the cosmopolitan to the countryside. Make different masterpieces each day such as drums, masks, canvases, prints, buses, and more! Bring the unique creation home and build a globally inspired art gallery. Campers receive a passport with geotag stickers and world map.

Ages: 6-12 years **Class Minimum: 10 Maximum: 25**
Tuesdays-Friday 5/31-6/3 9:00am–12:00pm

Fees:	Members	\$175
	Non-Member/Residents	\$187
	Non-Member/Non-Residents	\$199

DANCE TO EvOLVe CAMP

RAINBOW UNICORN DANCE CAMP (Mind/Body Studio)

Join a magical adventure and make friends in our Rainbow Unicorn Dance Camp. Your camper will dance, leap and soar to create a true unicorn experience. With glittery crafts, rainbow filled activities, mystical songs and more, your camper will stay magically moving.

Ages: 3-7 Years **Class Minimum: 4 Maximum: 16**
Monday-Friday 7/11-7/15 1:00–4:00pm

Fees:	Members	\$174
	Non-Member/Residents	\$189
	Non-Member/Non-Residents	\$199



MAD SCIENCE CAMP

MAD SCIENCE® -CAMP EUREKA (Meeting Room)

Creative Contraption Warning! This is a camp designed by you- the Inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all – you mind. You'll construct catapults and forts and then lay siege, fabricate a winning Egg Drop design, and assemble a working light saber to take home! While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun!

Ages: 6-12 years **Class Minimum: 10 Maximum: 25**
Tuesday-Friday 7/5-7/8 9:00am–12:00pm

Fees:	Members	\$175
	Non-Member/Residents	\$187
	Non-Member/Non-Residents	\$199



CHALLENGE ISLAND ONE-DAY MINI CAMPS

Grades: K- 5th **Camp Minimum: 6** **Maximum: 20**

Instructor: Challenge Island Instructors

Registration Deadline: Please register at least 7 days in advance.

Fees/Camp:	Members	\$70
	Non-Member/Residents	\$77
	Non-Member/Non-Residents	\$84

Please send your child to camp each day with a water bottle and packed lunch.



PETS PALOOZA mini-CAMP™

Wag on over to the most PAWSOME camp in town! You and your STEAM Team will engineer a world created just for pets with a full day of Pet themed STEAM fun. You'll even get to adopt an adorable pretend pet of your own and create habitats to match their needs and personalities! This STEAMtastic camp gets two paws up and is a must for every pet-loving kid!

Wednesday 7/6 9:00am–4:00pm

MINE ISLAND mini-CAMP™

Grab your pickaxe and dig into the most exciting summer camp on the block! We'll swap computers for creativity and mousepads for imagination as our STEAM Teams teleport into action-packed Mine Island hotspots. You'll build shelters, create crafting tables and go mining for materials – and be sure to watch out for those pesky mobs! It's no wonder our massively popular Mine Island Camp is a Challenge Island Kids Choice favorite!

Monday 8/15 9:00am–4:00pm

ARCADE MANIA mini-CAMP™

This Kids-Choice Challenge Island adventure puts a 100% SCREEN-FREE STEAM twist on popular video games: From Super STEAMio and Fort Island to retro-inspired games like Space Aliens and Pinball Machines! You and your STEAM Team will swap game consoles for creativity and joysticks for ingenuity and imagination as you take on Islands of low-tech STEAM challenges created with game-loving kids in mind!

Tuesday 8/16 9:00am–4:00pm

Crossroads Café

Serving Breakfast

Monday-Friday, 8-10am

More info available on page 19

ENRICHMENT PROGRAMS

Recreation Supervisor, Kristen Nykiel

MISS KATIE'S PRESCHOOL PLAYGROUP

Miss Katie's Preschool Playgroup offers fun, educational, and organized classes and events in a safe, clean, and loving environment for you and your preschooler! Your child will delight in the planned activities while making new friends in the process! **This is an ongoing program with once a week classes held four times a month that is billed monthly, you can join at any time as long as there is space in the class.** For more details visit Miss Katie's website at misskatiepreschoolplaygroup.com or call 330-289-2564.

SOCIAL BUTTERFLIES

Miss Katie's facilitates the fun during the Social Butterflies class! Social Butterflies is open to all preschool ages from 6 months through 6 years old. This is a special time of socialization and fun for your preschooler! The room is filled with engaging music as your little one navigates Miss Katie's Preschool Playgroup room and investigate friendships, toys, discovery table and other activities. Social Butterflies helps to introduce your little one to structured activity. The Social Butterflies **class is 45 minutes in length with a 15 minute snack time, for a total of 1 hour once a week, four times a month.**

Age: 6 months-6 years with adult participation 4 Classes/month

Mondays 11:15am-12:15pm
Fridays 9:30-10:30am

Monthly Fees: Members \$65
Non-Member/Residents \$70
Non-Member/Non-Residents \$80

TINY TOTS

Miss Katie's offers a fun and educational class for children aged 15 months to 30 months, along with their adult loved one. Children will enjoy age appropriate activities including music and movement, games, educational activities, obstacle course and more! Miss Katie's focuses on teaching Tiny Tots important preschool social skills including, listening and following directions in class, taking turns and socializing well with other children their age. The Tiny Tots **class is 45 minutes in length with a 15 minute snack and free play/socialization time directly following, for a total of 1 hour once a week, four times a month.**

Age: 15-30 months old with adult participation 4 Classes/month

Tuesdays 9:30-10:30am
Fridays 11:00am-12:00pm

Monthly Fees: Members \$75
Non-Member/Residents \$80
Non-Member/Non-Residents \$90

PRECIOUS PRESCHOOLERS

Miss Katie's offers a fun and educational class for children aged 30 months (2 1/2) through 4 years old, along with their adult loved one. Children will enjoy age appropriate activities including music and movement, games, educational activities, obstacle course and more! Miss Katie's strives to foster important social, emotional and cognitive skills which Precious Preschoolers will need in order to be ready for preschool and/or kindergarten. The Precious Preschoolers **class is 45 minutes in length with a 15 minute snack and free play/socialization time directly following, for a total of 1 hour once a week, four times a month.**

Age: 30 months-4 years with adult participation 4 Classes/month

Tuesdays 11:00am-12:00pm
Thursdays 11:15am-12:15pm

Monthly Fees: Members \$75
Non-Member/Residents \$80
Non-Member/Non-Residents \$90

PRESCHOOL PREP

Miss Katie's offers a fun, educational and organized class for your potty-trained preschoolers age 3 through 6 years old. Preschoolers are dropped off at Miss Katie's for a time away from adult loved ones. Preschoolers will gain confidence, independence and autonomy, which are skills needed for preschool and/or Kindergarten. Preschool Prep features age appropriate activities including academic content, music and movement, games, educational activities, obstacle course, story time, lunch/snack time and more! Your child will delight in the planned activities while making new friends in the process! Preschoolers should bring a packed lunch/snack to class. The Preschool Prep **class is 2 hours in length once a week, four times a month.**

Age: 3-6 years & potty trained 4 Classes/month

Mondays 1:00-3:00pm
Tuesdays 1:00-3:00pm
Thursdays 1:00-3:00pm
Fridays 1:00-3:00pm

Monthly Fees: Members \$95
Non-Member/Residents \$100
Non-Member/Non-Residents \$110

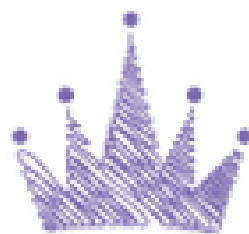
MISS KATIE'S "EXPLORE & PLAY—DROP & STAY!"

Miss Katie's Explore & Play - Drop & Stay class is open to preschoolers age 12 months through 6 years old. Adult loved ones may leave their little ones in the care of Miss Katie's staff for a class time period of 1 and 1/2 hours while the caregiver remains in the Strongsville Recreation Center building. While adult loved ones take advantage of an exercise class, run on the track, or check emails in our cafe area, their little ones will be delighted to engage in the activities provided in our Miss Katie's classroom! This class is 90 minutes in length once a week, four times a month. Rec Center facility use/classes by guardian are NOT included in the fee for Miss Katie's and must be purchased separately.

Age: 12 months-6 years 4 Classes/month

Mondays 9:15-10:45am
Thursdays 9:15-10:45am

Monthly Fees: Members \$55
Non-Member/Residents \$60
Non-Member/Non-Residents \$70



YOUTH DANCE CLASSES by Dance to EvOLvE

Dance to EvOLvE is teaming up with the Strongsville Rec Center to offer onsite children's dance classes. Our progressive dance classes enable kids to always take that next step to keep them challenged, learning and having fun. All toddlers and kids dance classes are great for boys and girls and they are encouraged to participate in the annual spring recital. Visit our website to get dress code information about each class at danceto evolve.com/cleveland

***Age-Appropriate & Fun Dance Class Curriculums**

***Specializing In Boys & Girls Ages 2-6 years**

***Tap, Ballet, & Hip Hop Children's Classes**

***Heart-Warming Smiles Guaranteed!**



MAGICAL MUNCHKINS TAP / BALLET COMBO CLASS (Sr Art Studio)

This gentle introductory combination dance class of tap, ballet, tumbling and games is fun, energetic, and expressive that will have your Magical Munchkin learning all the basics for their first dance class. Classes start with tap and then transition into ballet each week. Parent (or caregivers) presence required as parents participate as needed. Dancers must be at least 24 months prior to the session starting. *Classes Held at Strongsville Rec Center*

Age: 2- young 3 year olds with caregiver participation

Class Minimum: 4 Maximum: 12

Saturdays	6/18-7/30*	9:15-10:00am	5 Classes
Saturdays	8/6-8/27	9:15-10:00am	4 Classes

*No class 7/2, 7/16

Fees:	4 Classes	5 Classes
Members	\$67	\$84
Non-Member/Residents	\$73	\$91
Non-Member/Non-Residents	\$77	\$96

TINY MOVERS TAP / BALLET COMBO (Sr. Art Studio)

A combination dance class of tap and ballet with tumbling and dance games. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. Classes start with tap and then transition into ballet each week. This is the first 'big girls and boys' class as parents are outside of the room. Dancers are welcome to join throughout the year. Class is designed to be progressive, continuing session to session until the annual spring recital.

Age: 3-4.5 years Class Minimum: 4 Maximum: 12 5 Classes

Saturdays	6/18-7/30*	10:05-11:00 am	5 Classes
Saturdays	8/6-8/27	10:05-11:00 am	4 Classes

*No Class 7/2, 7/16

Fees:	4 Classes	5 Classes
Members	\$67	\$84
Non-Member/Residents	\$73	\$91
Non-Member/Non-Residents	\$77	\$96

STAR SHINERS TAP / BALLET COMBO CLASS (Sr Art Studio)

Keep your Star Shiner moving in this tap and ballet combination class for boys and girls. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique as they work towards the annual spring recital. Classes start with tap and then transition into ballet each week. Once a month, class will get switched up with a jazz dance day!

Age: 4.5-6 years Class Minimum: 4 Maximum: 12 5 Classes

Saturdays	6/18-7/30*	11:05am-12:00pm	5 Classes
Saturdays	8/6-8/27	11:05am-12:00pm	4 Classes

*No class 7/2, 7/16

Fees:	4 Classes	5 Classes
Members	\$67	\$84
Non-Member/Residents	\$73	\$91
Non-Member/Non-Residents	\$77	\$96

YOUTH & ADULT CANNON IRISH DANCE CLASSES

*Dancers should wear comfortable clothing suitable for easy movement and flexible shoes which provide traction and also allow them to stand on their toes. No jeans please.

*Dancers are encouraged to have a water bottle on hand to stay hydrated during class.

*After warm-up, the dancers will learn some of the basic characteristics of Irish Dance such as toe turn out, crossing feet, pointing toes down, etc. They will then move on to learn a step. Flashcards are incorporated for younger learners to learn the building blocks of Irish Dance. As the session progresses each week there will be a review of what was previously learned and then new material will be added.

PRESCHOOL IRISH DANCING (Senior Art Studio)

Story time, games, dolls and more are incorporated in class to provide an interactive fun experience for children as they learn Irish Dance. The class teaches proper technique for Traditional Irish Dances. In addition, dancers will learn coordination, poise, movement and rhythm with emphasis on the basic style and characteristics which make Irish Dance a unique art form. Irish Dance is full of energy with jumps, kicks and skips. This dance style uses rapid footwork with crossed feet keeping to the rhythm of Irish music. Dancers will benefit from the many wonderful health benefits of Irish Dance.

Age: 3-5 years Class Minimum: 3 Maximum: 8 6 Classes

Fridays	6/3-7/8	4:30-5:15pm
Fridays	7/15-8/26*	4:30-5:15pm

*No class 7/29

Fees:	Members	\$48
	Non-Member/Residents	\$54
	Non-Member/Non-Residents	\$60

YOUTH IRISH DANCING (Senior Art Studio)

The class teaches proper technique for Traditional Irish Dances. In addition, dancers will learn coordination, poise, movement and rhythm with emphasis on the basic style and characteristics which make Irish Dance a unique art form. Irish Dance is full of energy with jumps, kicks and skips. This dance style uses rapid footwork with crossed feet keeping to the rhythm of Irish music. Age-appropriate activities are included to engage the dancers. Dancers will benefit from the many wonderful health benefits of Irish Dance.

Ages: 6 years & up Class Minimum: 3 Maximum: 8 6 Classes

Fridays	6/3-7/8	5:15-6:00pm
Fridays	7/15-8/26*	5:15-6:00pm

*No class 7/29

Fees:	Members	\$48
	Non-Member/Residents	\$54
	Non-Member/Non-Residents	\$60

IRISH DANCING FOR TEENS & ADULTS (Senior Art Studio)

Irish Dance is for everyone. This class provides a great aerobic workout as dancers learn the basics of Traditional Irish Step Dance. All are welcome and no experience is necessary. The class will cover various styles of Irish Dance from "old style" to "Irish social dance" and basic traditional Irish step dance. Dancers will benefit from the many wonderful health benefits of Irish Dance.

Ages: 16 years & up Class Minimum: 3 Maximum: 8 6 Classes

Fridays	6/3-7/8	6:15-7:15pm
Fridays	7/15-8/26*	6:15-7:15pm

*No class 7/29

Fees:	Members	\$55
	Non-Member/Residents	\$61
	Non-Member/Non-Residents	\$67

YOUTH YOGA

YOGA FOR KIDS (Mind & Body Studio)

These fun-filled classes strengthen confidence and self-esteem, concentration and attention span, fine motor and gross motor skills, and help children to find inner calm and relaxation. We'll practice age appropriate poses, play games, read stories, breathe, and relax! **Instructor: Nicole Crosby**

Ages: 2-6 years Class Minimum: 3 Maximum: 10 4 Classes

Ages 2-4 (with caregiver participation)

Saturdays 6/4-6/25 12:00-12:45pm

Saturdays 8/6-8/27 12:00-12:45pm

Ages 4-6 (without caregiver participation)

Saturdays 6/4-6/25 1:00-1:45 pm

Saturdays 8/6-8/27 1:00-1:45pm

Fees: Members \$35
Non-Member/Residents \$40
Non-Member/Non-Residents \$44

YOGA FOR TWEENS (Mind & Body Studio)

Yoga for tweens/ teens includes strategies to relax and release stress, beginning meditation activities, sequenced yoga poses, partner poses and group games.

Instructor: Nicole Crosby

Ages: 7-11 years Class Minimum: 4 Maximum: 12 4 Classes

Saturdays 6/4-6/25 2:00-3:00 pm

Saturdays 8/6-8/27 2:00-3:00 pm

Fees: Members \$35
Non-Member/Residents \$40
Non-Member/Non-Residents \$44

Great Mornings Served Here!

Recreation & Senior Center Crossroads Cafe

Monday - Friday 8:00-10:00am

Cheese Omelet ~ \$6.50

Served w/ Hash Browns, Toast

Add additional items for .50

*Bacon, Sausage, Ham, Veggies, Onions,
Mushrooms or Green Peppers*

1/2 Cheese Omelet ~ \$4.00

Add additional items for .50

2 Egg Breakfast ~ \$4.50

*Bacon or Sausage w/ Hash
Browns & Toast*

1 Eggs Breakfast ~ \$3.50

*Bacon or Sausage with Hash
Browns & Toast*

Egg Sandwich ~ \$4.00

*Bacon & Cheese or Sausage &
Cheese*

French Toast (3 Slices) ~ \$4.00

French Toast (1 Slice) ~ \$2.00

Oatmeal ~ \$2.00

Toast and Jelly ~ \$1.50

Hash Browns ~ \$1.50

Bagel w/Cream Cheese ~ \$2.00

Coffee or Orange Juice ~ \$1.50

1 Egg ~ \$1.50

1 Bacon or 1 Sausage ~ \$1.50

crossroadscafe
at Ehrnfelt Rec Center

Order in person or by calling 440-580-3268

Dine in or carry out available

18100 Royalton Rd, Strongsville



YOUTH & ADULT AMERICAN RED CROSS ON-LINE CLASSESFor more info on these classes contact patti.welker@strongsville.org**ADULT, CHILD AND BABY FIRST AID/CPR/AED ONLINE**

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults, children and infants. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. Allow approximately 2 hours 45 minutes to complete the course. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 & older**

Registration Dates **Class Materials** **Course Completion***

Session 5	Thru 4/30	emailed 5/2	by 5/31/22
Session 6	Thru 5/26	emailed 5/27	by 6/30/22
Session 7	Thru 6/30	emailed 7/1	by 7/31/22
Session 8	Thru 7/30	emailed 8/1	by 8/31/22

***Must complete all on-line course material by Course Completion date**

Fees:	Member	\$40
	Non-Member/Resident	\$45
	Non-Member/Non-Resident	\$50

RED CROSS BABYSITTER BASICS ONLINE

Designed primarily for youth ages 11 and older, this online course will prepare students to be better babysitters. Topics include how to provide care for infants and children; how to stay safe; what to do in an emergency; how to choose age-appropriate activities; how to recognize and handle a variety of behaviors; and the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course, which includes a final exam at the end, takes about 4 hours to complete. Students who successfully complete the course receive a printable certificate. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 & Older**

Registration Dates **Class Materials** **Course Completion***

Session 5	Thru 4/30	emailed 5/2	by 5/31/22
Session 6	Thru 5/26	emailed 5/27	by 6/30/22
Session 7	Thru 6/30	emailed 7/1	by 7/31/22
Session 8	Thru 7/30	emailed 8/1	by 8/31/22

***Must complete all on-line course material by Course Completion date**

Fees:	Member	\$50
	Non-Member/Resident	\$55
	Non-Member/Non-Resident	\$60

CAT AND DOG FIRST AID ONLINE

You love your pets, and want to give them the best life possible; being equipped to deliver first aid and provide a healthy lifestyle for your pet is the best way to do that. In this course, you will learn the basics of providing first aid care for your cat or dog and will learn how to best give care for common emergency situations. This 35 minute online course covers understanding your pet's vital signs, breathing and cardiac emergencies, wounds and bleeding, seizures, and preventative care for cats and dogs. This course is desktop and tablet compatible. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION.

Ages: 11 & older

	Registration Dates	Class Materials	Course Completion*
Session 5	Thru 4/30	emailed 5/2	by 5/31/22
Session 6	Thru 5/26	emailed 5/27	by 6/30/22
Session 7	Thru 6/30	emailed 7/1	by 7/31/22
Session 8	Thru 7/30	emailed 8/1	by 8/31/22

***Must complete all on-line course material by Course Completion date**

RED CROSS FIRST-AID FOR OPIOID OVERDOSES ONLINE

Do you know how to help someone you suspect has overdosed on opioids? This interactive 45-minute online course will provide you with the knowledge and confidence you need to respond to a known or suspected opioid overdose emergency.

In this course, you will learn:

*To recognize the signs and symptoms of an opioid overdose.

*The appropriate care to provide based on the person's breathing and level of responsiveness.

*How to give naloxone using several different products -- a nasal atomizer, Narcan ® Nasal Spray and EVZIO ® -- to reverse the effects of an opioid overdose.

This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and, does not work with Internet Explorer. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 & older**

Registration Dates **Class Materials** **Course Completion***

Session 5	Thru 4/30	emailed 5/2	by 5/31/22
Session 6	Thru 5/26	emailed 5/27	by 6/30/22
Session 7	Thru 6/30	emailed 7/1	by 7/31/22
Session 8	Thru 7/30	emailed 8/1	by 8/31/22

***Must complete all on-line course material by Course Completion date**

Fees:	Member	\$25
	Non-Member/Resident	\$30
	Non-Member/Non-Resident	\$35

ADULT FIRST AID/CPR/AED ONLINE

This course will prepare you to recognize and care for a variety of emergencies. If you're taking this course to meet OSHA requirements, please check with your workplace to determine if this online-only course is acceptable. The course features award-winning simulation learning an interactive experience where you will respond to real-world emergencies in a virtual setting to help prepare you to recognize and respond to first aid, breathing and cardiac emergencies involving adults. This course requires a PC or tablet with a high speed Internet connection; is not supported on smartphones; and does not work with Internet Explorer. Allow approximately 2 hours 10 minutes to complete the course. NO REFUNDS will be given. Course must be completed online by course end date. VALID PARTICIPANT E-MAIL NEEDED AT TIME OF REGISTRATION. **Ages: 11 & older**

Registration Dates **Class Materials** **Course Completion***

Session 5	Thru 4/30	emailed 5/2	by 5/31/22
Session 6	Thru 5/26	emailed 5/27	by 6/30/22
Session 7	Thru 6/30	emailed 7/1	by 7/31/22
Session 8	Thru 7/30	emailed 8/1	by 8/31/22

***Must complete all on-line course material by Course Completion date**

Fees:	Member	\$40
	Non-Member/Resident	\$55
	Non-Member/Non-Resident	\$50

Fees:	Member	\$30
	Non-Member/Resident	\$35
	Non-Member/Non-Resident	\$40

SPORTS

Recreation Supervisor, Jason Keppler

YOUTH BASKETBALL

HEAD START LITTLE DRIBBLERS (Auxiliary Gym)

The Head Start Basketball Little Dribblers Program is designed to provide a positive and fun environment for kids to develop their basketball dribbling skills with individual attention given to each player. The Little Dribblers program will actively, creatively, and playfully engage players in ball handling skills and drills. The ultimate goal is to get your little dribbler comfortable and confident with a basketball in their hands, able to utilize both their right and left hand equally effectively.

REGISTER at www.headstartbasketball.com

Grades: K-3

Tuesdays 5/10-5/24 6:00-7:00pm

Fee: \$30

HEAD START BASKETBALL CAMP (Rec Center Gyms)

Emphasizing the fundamentals of basketball with individual attention given to each young player. The campers will be taught the basic techniques of shooting, dribbling, passing, rebounding, and defense. The camp will not only provide a fundamental base for each young player, but will also be a fun and enjoyable experience for every camper. Our coaches work with the campers on developing their individual basketball skills while also teaching sportsmanship. We want to make the most of every day and we do that with enthusiasm and a positive attitude. Learning is FUN!

Here are just a few things you will learn out on the court

*Ball handling drills that you can work on at home to become more confident with the ball

*Proper shooting technique

*Passing and catching skills

*How to box out your opponent and grab a rebound

*Defensive stance and movements

*Sportsmanship

*How to be a good teammate

*Basic 3 on 3 basketball strategy

REGISTER at www.headstartbasketball.com

Please contact Head Start Basketball Director Mike Klinzing at 216-392-4059 or headstartbasketball@usa.net for more information

Grades: 1-8	1:30-4:30pm		
Monday-Friday	6/6-6/10	Boys and Girls	Grades K-6
Monday-Friday	6/13-6/17	Boys Only	Grades K-6
Monday-Friday	6/20-6/24	Boys and Girls	Grades 4-8
Monday-Friday	6/27-7/1	Boys and Girls	Grades K-6

Fee: \$100

HEAD START BASKETBALL SKILLS CHALLENGE (Auxiliary Gym)

Test your ability in a variety of basketball skills competitions. Shooting, dribbling, and passing games will allow players of all ages and abilities to show off their fundamentals and have fun doing it. There will be favorites like knock-out and free throws, but plenty of new contests too! We will also play a half-court team tournament. The Skills Challenge will be directed by former Strongsville High and Kent State University player Mike Klinzing who has more than 25 years of basketball camp experience.

REGISTER at www.headstartbasketball.com

Grades: 2-7 (grade last year) Class Limit: 78

Monday-Tuesday 8/1-8/2 1:30-4:30pm

Fee: \$50

YOUTH T-BALL, BASEBALL & SOFTBALL

STRONGSVILLE T-BIRD T-BALL by Jump Start Sports (Field TBD)

A fun and highly instructional introduction to baseball for 3 and 4 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Instruction is conducted by the Jump Start Sports coaching staff. Players receive a MLB hat, team tee shirt, and baseball medal. Volunteer Coaches may also participate.

REGISTER at <https://www.jumpstartsports.com/camps-and-programs>

Ages: 3-4 years

Saturdays 4/16-5/21 9:00am or 10:00am (1 hour)

Saturdays 6/11-7/23 9:00am or 10:00am (1 hour)

Saturdays 9/10-10/8 9:00am or 10:00am (1 hour)

Fees: Residents \$95
Non-Residents \$100

YOUTH LATE SUMMER BASEBALL LEAGUES

Registration will begin June 16 and go until leagues are filled or July 7, whichever comes first.

Ages: 5-18 yrs. (as of Aug. 1, 2022)

Co-Ed 5-6 yrs. T-Ball

Boys 6-8 yrs. Coach Pitch

Boys 9-10 yrs. Kid Pitch

Boys 11-13 yrs. Kid Pitch

Boys 14-18 yrs. Kid Pitch

Girls 7-9 yrs. Coach Pitch

Girls 10-11 yrs. Fast Pitch

Girls 12-14 yrs. Fast Pitch

Practices: Start mid-late July. One weeknight and one weekend time.

Games: 2 per week, Monday-Thursday. Starting early-mid August through the end of September/beginning of October. Each team will play ten games.

Coaches: Parents or adults interested are encouraged to fill out an application.

Fees: Residents \$55
Non-Residents \$70

YOUTH SANDLOT BASEBALL (Wood Field)

Playground baseball like in the 50's and 60's. Parents are encouraged to join along in this fun filled, low key activity.

Ages: 9-16 years Class Limit: 40 (boys & girls)

Wednesdays 6/8-8/10* 10:00am-12:30pm

Tuesdays & Thursdays 6/7-8/11* 10:00am-12:30pm

*Make-ups on Fridays

Fees:	Wed	Tues/Thurs	All 3 Days
Members	\$20	\$35	\$45
Non-Members/Residents	\$25	\$40	\$50
Non-Members/Non-Residents	\$35	\$50	\$60

Drop-In Fees:	Members	\$3/day
	Non-Members/Residents	\$4/day
	Non-Members/Non-Residents	\$6/day

YOUTH TRACK & FIELD

STRONGSVILLE TRACK AND FIELD by Jump Start Sports

Children entering grades K-6 get on the "fast track" to track and field. Experienced coaches teach children proper techniques for running, jumping, and throwing events in this fun "mini-class." Events include age appropriate instruction and competition for sprints, mid-distance, long distance, hurdles, relays, long jump, and javelin throw. Instruction will occur for three weeks and will conclude with a multi community track meet.

REGISTER at <https://www.jumpstartsports.com/camps-and-programs>
Grades: K-6

Instructional Classes (Strongsville Middle School)

Tuesdays 6/14-28 6:00-8:00pm

Multi-Community Track Meet (Lavelli Field Track-Hudson)

Saturday 7/9 Time TBA

Fees:
 Residents \$95
 Non-Residents \$100

YOUTH TENNIS

YOUTH TENNIS LESSONS (City Tennis Courts next to Library)

Students will learn the basic skills, rules, and sportsmanship from Sean Black, current high school varsity tennis coach, former collegiate player with over ten years of tennis instruction experience.

Ages: 6-14 years Class Limit: 16 per class
4 weeks (8 classes weather permitting)

Session 1

Ages: 5-8 years	M/W/Th	6/6-6/23	8:30-9:30 am
Ages: 9-12 years	M/W/Th	6/6-6/23	9:30-10:30 am
Ages: 13-16 years	M/W/Th	6/6-6/23	10:30-11:30 am

Session 2

Ages: 5-8 years	M/W/Th	Dates below	8:30-9:30 am
Ages: 9-12 years	M/W/Th	Dates below	9:30-10:30 am
Ages: 13-16 years	M/W/Th	Dates below	10:30-11:30 am

Session 2 Dates: 6/29, 7/4, 7/6, 7/7, 7/11, 7/13, 7/14, and 7/20

Make-up/Rain-Out Dates: TBA

Fees:
 Members \$95
 Non-Members/Residents \$103
 Non-Members/Non-Residents \$119

STRONGSVILLE PRESCHOOL TENNIS CAMPS by Jump Start

(City Tennis Courts next to Library)

Strongsville Preschool Tennis is a fun, interactive program for children ages 3-5. The use of smaller racquets and foam balls will enable children to learn forehand, backhand, serving and volley.

REGISTER at <https://www.jumpstartsports.com/camps-and-programs>

Ages: 3-5 years

Thursdays 6/9-7/14 5:30-6:00pm OR 6:00-6:30pm

Fees:
 Residents \$95
 Non-Residents \$100

STRONGSVILLE TENNIS CAMPS by Jump Start

(City Tennis Courts next to Library)

In this fun, recreational tennis program, beginners will receive instruction on the fundamentals of the game by developing their skills in ball control, stroke techniques, practice habits, and court etiquette.

REGISTER at <https://www.jumpstartsports.com/camps-and-programs>

Ages: 6-9 years

Thursdays 6/9-7/14 6:30-7:30pm

Fees:
 Residents \$95
 Non-Residents \$100

YOUTH VOLLEYBALL

YOUTH VOLLEYBALL CLINIC (Auxiliary Gym)

If you are looking to learn how to play volleyball or improve your skills, then this clinic is for you.

Boys & Girls Grades: 3-7

Class Limit: 24 8 Week Sessions

Grades 3-4/Beginner

Tuesdays	6/7-7/12	4:45-6:00pm
Tuesdays	7/19-8/16	6:00-7:15pm

Grades 5-7/Intermediate

Tuesdays	6/7-7/12	4:45-6:00pm
Tuesdays	7/19-8/16	6:00-7:15pm

Fees:

Member	\$48
Non-Member/Resident	\$53
Non-Member/Non-Resident	\$63



YOUTH FITNESS

INTRODUCTION TO YOUTH STRENGTH TRAINING

Girls and boys (ages 12-14) learn proper strength training guidelines and terminology. Learn how to safely utilize strength training and cardio equipment. Upon successful completion of this course, a certification will be granted which provides access to the strength and cardio machines in the Cardio Area of the Rec Center only. (After you have completed the course, non-members must pay the normal daily guest rate to gain access to the facility and the equipment.) All certified youth must be able to show their certification card if asked when working out in the cardio area.

Ages: 12-14 years Class Limit: 5

Wednesdays	5/4-5/25	3:30-4:30pm
Wednesdays	6/1-6/22	3:30-4:30pm

Fee:
 Member \$45
 Non-Member/Resident \$53
 Non-Member/Non-Resident \$60

FASTBREAK

A challenging conditioning program designed to enhance speed, strength, and endurance. Build confidence and self-esteem through teamwork and fun. This class is for kids who are striving to be the best they can be.

Ages: 11-14

Wednesday	5/4-5/25	4:30-5:20pm
Wednesday	6/1-6/22	4:30-5:20pm

Fee:
 Member \$25
 Non-Member/Resident \$30
 Non-Member/Non-Resident \$35

YOUTH & ADULT TABLE TENNIS

TABLE TENNIS OPEN PLAY (Event Center)

Come on out and play a competitive game of table tennis. If you are a beginner don't worry. David Pech, a USATT Certified Club Coach, will help you with instruction. Go to www.strongtt.info for more information.

Ages: All & Seniors

Tuesdays & Thursdays TBD 6:00-8:00pm

Registration Fee (May-August):

Adult	\$55
Senior/College	\$45
Youth	\$35
Youth with paying adult	\$25

There is no drop in fee for those that pay the registration fee.

Daily Drop-in Fees for those that do not pay the registration fee:

Adults	\$6
Seniors/College	\$5
Youth	\$4
Youth with paying adults	\$3



ADULT BASKETBALL LEAGUES

Ages: 18 & Older

League	Dates	Start Times	Limit	Reg Fee	Forfeit Fee	# of Games
Tuesday 4x4	5/10-8/9	6:00-9:30pm	12 Teams	\$175	\$80	*12
Thursday 3x3, 40+	6/9-8/18	6:30-8:30pm	12 Teams	\$100	\$80	*8
Sunday Lower, 5x5	5/22-8/14	12:00-5:30pm	18 Teams	\$175	\$80	*8-9
Sunday Middle, 5x5	5/22-8/14	12:00-5:30pm	18 Teams	\$175	\$80	*10

*Plus playoffs

Referee Fees: \$34 per team, per game (\$22 for the 3x3 league)

Registration Dates: 4/1-4/20



ADULT SOFTBALL LEAGUES

Ages: 18 & Older

League	Format	Start Times	Limit	Reg Fee	Forfeit Fee	# of Games
Co-Ed Friday	Single Game	6:30-9:30pm	24 Teams	\$275	\$80	*4
Men's Monday	Double Header	6:30-9:30pm	16 Teams	\$300	\$135	*8
Men's Wednesday	Double Header	6:30-9:30pm	16 Teams	\$300	\$135	*8
Men's Sunday	Double Header	9:00am-12:00pm	12 Teams	\$295	\$135	*10

*Plus playoffs

Dates: 9/7-12/23

Umpire Fees: \$26 per team, per game

Registration Dates: 7/21-8/21

YOGA FOR KIDS (Mind & Body Studio)

These fun-filled classes strengthen confidence and self-esteem, concentration and attention span, fine motor and gross motor skills, and help children to find inner calm and relaxation. We'll practice age appropriate poses, play games, read stories, breathe, and relax! **Instructor: Nicole Crosby**

Ages: 2-6 years Class Minimum: 3 Maximum: 10 4 Classes

Ages 2-4 (with caregiver participation)

Saturdays	6/4-6/25	12:00-12:45pm
Saturdays	8/6-8/27	12:00-12:45pm

Ages 4-6 (without caregiver participation)

Saturdays	6/4-6/25	1:00-1:45 pm
Saturdays	8/6-8/27	1:00-1:45pm

Fees:	Members	\$35
	Non-Member/Residents	\$40
	Non-Member/Non-Residents	\$44

YOGA FOR TWEENS (Mind & Body Studio)

Yoga for tweens/ teens includes strategies to relax and release stress, beginning meditation activities, sequenced yoga poses, partner poses and group games.

Instructor: Nicole Crosby

Ages: 7-11 years Class Minimum: 4 Maximum: 12 4 Classes

Saturdays	6/4-6/25	2:00-3:00 pm
Saturdays	8/6-8/27	2:00-3:00 pm

Fees:	Members	\$35
	Non-Member/Residents	\$40
	Non-Member/Non-Residents	\$44



SENIOR CENTER ACTIVITIES

Senior Services Coordinator, Sheena Wright

SENIOR CENTER HOURS: Monday-Friday 9:00am-5:00pm

*Silver Mustang Membership, Recreation Center Membership or Daily Drop-in Fee required for access to Senior Center.
(Support groups and outreach services are available at no cost.)*

SILVER MUSTANG MEMBERSHIP

MEMBERSHIP FEES

Strongsville Residents: \$20/year
Strongsville Resident Couple: \$30/year
Non-Residents: \$45/year
Non-Resident Couple: \$60/year

MEMBERSHIP BENEFITS

*Silver Mustang newsletter
*Free birthday lunch certificate the month of your special day
*Free lunch certificate for membership purchase/renewal
*Discounted program/activity fees

Non-Member Daily Drop-in Fee: Residents - \$3; Non-Residents-\$5

FITNESS, FUN FRIENDSHIP

S.M.I.L.E.

So Much Improvement with a Little Exercise

Low intensity exercise for range of motion, flexibility and balance. This DVD lead class, can be taken sitting or standing. You're sure to be smiling with your results.

Ages: 50 & older

Mondays, Wednesdays, & Fridays* 9:15-10:00am
Tuesdays & Thursdays* 11:30am-12:15pm

*No class 5/3, 5/30, 7/4, 8/29, 8/30, 8/31

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$2
Resident/Non Members	N/A	\$3
Non-Residents/Non-Members	N/A	\$4

BETTER BALANCE

This DVD lead class will help improve your balance, strength and overall fitness. This class will feature both chair and stationary exercises – great for safely challenging your body in different ways.

Ages: 50 & older

Mondays, Wednesdays, & Fridays* 10:15-11:00am

*No class 5/30, 7/4, 8/29, 8/31

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$2
Resident/Non Members	N/A	\$3
Non-Residents/Non-Members	N/A	\$4

FUNCTIONAL TRAINING

Our functional training class will help you gain strength and mobility to enhance your activities of daily living. This class is taught by a certified fitness instructor.

Ages: 50 & older

Instructor: Mary Lea Kirby

Mondays, Wednesdays & Fridays* 10:15-11:00am

*No class 5/30, 7/4, 8/29, 8/31

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

CARDIO FIT

Looking to increase your cardio workout? Join Mary Lea for a cardio focused workout to help burn calories, improve your heart strength, increase lung capacity and help with overall endurance. Mary Lea will lead you through fun and easy to follow, joint friendly moves, with just enough variety to keep you coming back. Modifications shown for all fitness levels.

Ages: 50 & older

Mondays, Wednesdays & Fridays*

*No class 5/30, 7/4, 8/29, 8/31

Instructor: Mary Lea Kirby

11:15am-12:00pm

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

EXPRESS CIRCUIT TRAINING

A perfect mix of cardio and strength techniques to help you gain muscle and cardiovascular endurance. This class will feature different stations for you to obtain a total body workout in just 45 minutes. This program is taught by a Certified Fitness Instructor.

Ages: 50 & older

Tuesdays or Thursdays*

9:15-10:00am

*No class 5/3, 8/30

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

FLEX, MOVEMENT & BALANCE

Join Tami in this new afternoon exercise class, that will help you stretch and flex, to improve your balance and flexibility. You will utilize bands (supplied by the Senior Center) and even learn some Yoga, all in an effort to improve your overall physical health.

Ages: 50 & older

Tuesdays 12:30-1:15pm

*No class 5/3, 8/30

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

FITNESS, FUN FRIENDSHIP cont.**ASIAN EXERCISE – Including Tai Chi**

These gentle movements can improve balance, naturally boost one's energy, mental focus, and flexibility. There is individualized instruction within the group setting; you progress at your pace and ability. The movements can be tailored to your body type and condition. Good health comes from good circulation. By gently working the range of motion of the joints, the flexibility of the ligaments and surrounding tissues, the body is able to get circulation everywhere it needs to go. Millions of practitioners in the US and China have balanced chronic conditions such as asthma, arthritis, diabetes and fibro-myalgia through practice.

Ages 50 & older **Instructor: Ted Smith**

Mondays* 9:15-10:00am

*No class 5/30, 7/4, 8/29

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$6
Residents/Non-Members	N/A	\$7
Non-Residents/Non-Members	N/A	\$8

YOGA

Come and increase your core strength while stretching your whole body, improving stamina and releasing stress.

Ages: 50 & older

Tuesdays*	10:15-11:15am	Instructor: Megan Ruggerio
Thursdays	10:30-11:30am	Instructor: Tami Haberman
Thursdays	12:30-1:30pm	Instructor: Tami Haberman

*No class 5/3, 8/30

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

RHYTHM AND MOVEMENT

This class includes simple moves and steps using a variety of rhythmic music. Move at your own pace, while using a full range of motion; all set to motivating and energizing music.

Ages: 50 & older **Instructor: Betty Lekan**

Wednesdays* 10:00-11:00am

*No class 8/31

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$5
Residents/Non-Members	N/A	\$6
Non-Residents/Non-Members	N/A	\$7

TAP DANCING

Learn the basics and fun of Tap Dancing. Tap shoes, or hard soled shoes, and an enthusiasm to learn is all that you need. Get some great exercise and you may be Strongsville's next Fred Astaire! Registration required.

6 Week Session **Minimum class size: 4**

Ages: 50 & Over **Instructor: Peggy Stockdale**

Thursday 4/7-5/12 10:00-11:00am All Levels

Fees:	Members	\$33
	Residents/Non-Members	\$35
	Non-Residents/Non-Members	\$39

LINE DANCING

Come boot, scoot and boogie with our line dance instructor, Mary. She'll teach you the newest steps and help you brush up on your old ones.

Ages: 50 & older **Instructor: Mary Harwood**

Tuesdays 10:00-11:00am

*No class 5/3, 8/30

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$6
Residents/Non-Members	N/A	\$7
Non-Residents/Non-Members	N/A	\$8

PICKLEBALL

Pickleball is a sport that's a combination of tennis, badminton and ping-pong, all rolled up in one and designed to be played by all ages. It is played on a badminton court with the net lowered to 34 inches at the center. Bring your own paddle or use one of ours for this open play. Experienced players as well as those that have never held a paddle are welcome.

Ages: 50 & older

Open Play	Mondays*	9:00-11:00am
	Thursdays*	9:00-11:00am

*No play 5/30, 7/4, 8/22, 8/25, 8/29

Drop in Fees:	Members	Non-Members
	\$2/day	\$5/day

Wii BOWLING

Enjoy virtual bowling on the Nintendo Wii video game system. Join our Wii bowlers and experience the fun. No experience is necessary. Bowlers can sit or stand, and each registered Wii bowler will play two games each week. Strikes, spares or gutter balls – let's roll!

Ages: 50 & older

Tuesdays* 12:00pm

*No class 5/3, 8/30

Fees:	Monthly	Drop-In
Member	Varies Monthly	\$2
Non-Member/Resident	N/A	\$3
Non-Member/Non-Resident	N/A	\$5

BINGO

This game of chance and concentration is sure to have you calling out "Bingo." Play one or more cards, and fill your numbered squares before the others. Meet new friends and try your luck at our weekly bingo games!

Ages: 50 & older

Fridays* 12:30-3:00pm

*No play 4/15

Drop-In Fees**:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

****Additional Fees: 25 cents per card**

BOCCE (St John Neumann Church)

Bocce is a game for all ages, gender and athletic ability. We toss the pallino around every Wednesday! Come meet new friends while having a fun time.

Ages: 50 & older

Wednesdays 5/4-9/7 Registration at 9:15am/Play begins 9:30am

Fees: Free

MINIATURE GOLF (Mr. Divot's Miniature Golf-North Royalton)

Get out and enjoy the sunshine with our weekly "Putters" group. No worries if you are a little rusty, this group is all about fun! Bring a friend and join the fun!

Ages: 50 & older

Fridays 5/6-9/30 10:00am

Fees: \$3

CARDS AND OTHER GAMES

Ages: 50 & older

Bridge	Mondays*	12:30-3:00pm
Bunco	Thursdays	10:30am-12:00pm
Rummikub/Dominoes	Tuesdays*	1:00-3:00pm
Mah Jongg	Wednesdays*	1:00-3:00pm
Pinochle	Tuesdays*	12:25-3:00pm
Open Play	Thursdays	12:15-3:00pm
Open Play	Fridays	12:30-3:00pm
Table Tennis/Billiards *	Fridays	12:30-4:00pm

*No play 4/15, 5/3, 8/29, 8/30, 8/31

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

FITNESS, FUN FRIENDSHIP cont.**MOVIE MATINEE**

Do you enjoy watching movies? If so, come to our Movie Matinee as we show recent releases here at the Senior Center. We will have one or two movies each month, and popcorn and a beverage are included. Sign up for one or both! Registration is required.

Ages: 50 & older	12:30pm
Fees:	Drop-In/Movie
Members	\$3
Residents/Non-Members	\$4
Non-Residents/Non-Members	\$5

COMMUNITY SUPPORTS GROUPS**MEMORY LOSS SUPPORT GROUP**

Are you looking for support when dealing with memory loss? This group is open to caregivers of individuals with dementia or Alzheimer's disease, spouses, family members, or friends. A representative from Kemper House will be facilitating this helpful monthly support group; all are welcome to join with any questions they may have or come to learn more about the disease. If you are caring for, or know someone with dementia, this support group is for you. Registration is free, but required.

Ages: 50 & older		
First Wednesday of the month	9:15am	Free

LOW VISION SUPPORT GROUP

Have changes in vision impacted your daily life?

Seniors may experience changes in vision from varying conditions such as cataracts, glaucoma, and macular degeneration. Emotional effects can accompany even mild vision loss, ranging from fear of what a progressive condition might mean in the future, to questions about how to continue everyday activities like reading, home maintenance, cooking, and hobbies with a vision loss. This monthly support group will address all of these topics and much more in a supportive, informative environment. Registration is free, but required.

Ages: 50 & older		
Fourth Tuesday of the month	1:00-2:30pm	Free

WOODSHOP CLASSES**OPEN WOOD SHOP (Senior Center Wood Shop)**

Pre-requisite is completion of "Sawdust for Beginners". Come to work on your projects, help repair items and meet new friends. Registration is required.

Ages 50 & older	
Wednesdays/Thursdays/Fridays*	9:30-11:30am
*No woodshop 8/31	

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$4
Residents/Non-Members		\$5
Non-Residents/Non-Members		\$6

WOOD CARVING (Senior Center Wood Shop)

Join this group of men and women and learn the artistry and craftsmanship of wood carving. Registration is free but required.

Coordinator: Dave Hoelter

Ages: 50 & older	
Tuesdays*	1:00-3:00pm
*No carving 5/3, 8/30	

Participants pay for own tools and materials

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

WOOD SHOP REPAIR SERVICE (Senior Center Wood Shop)

Wood Shop volunteers will repair small wood items. Bring your item into the Wood Shop any Wednesday, Thursday or Friday, between 9:30-11:30am and one of our volunteers will discuss the project and cost to repair with you.

WOODSHOP CLASSES cont.**SAWDUST FOR BEGINNERS (Senior Center Wood Shop)**

This required course for all first time wood shop users covers use of equipment, policies and procedures in the wood shop and basics of wood working. A simple project will be completed during the class. Class completed in 2-4 hour sessions.

Ages: 50 & older	Instructor: Jim Burns
Mondays	6/20 & 6/27
	9:30am-2:00pm*
*Lunch break from 11:30am -12:00pm	

Fees:	
Members	\$40
Residents/Non-Members	\$45
Non-Members/Non-Residents	\$55

ART & CRAFT CLASSES**WATERCOLOR**

All levels are welcome, including beginners. Come and learn a new hobby, or brush up on your existing watercolor skills. You're sure to have fun. Students provide own materials: list available at Senior Registration Desk.

Ages: 50 & older	Instructor: Judi Roszak
Thursdays or Fridays*	9:30-11:30am
*No class 8/4, 8/5, 8/11, 8/12	

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$10
Residents/Non-Members	N/A	\$11
Non-Residents/Non-Members	N/A	\$12

CLASSICAL PAINTING SECRETS

Learn to paint and/or improve your painting skills and knowledge, with step by step instructions in a non-competitive environment. Basics such as color theory, composition, and glazing will be taught hands on by your instructor. All levels welcome, using acrylics/oils/watercolor and mixed media. Instructor offers two separate classes; one Tuesdays and one Thursdays. Students provide own materials; palette list available at Senior Registration Desk. Registration required.

Ages: 50 & older	Instructor: Joanne Richter
Tuesdays or Thursdays*	1:00-3:30pm
*No classes 5/3, June, July & August	

Fees:	Monthly	Drop-In
Members	Varies Monthly	\$10
Residents/Non-Members	N/A	\$11
Non-Residents/Non-Members	N/A	\$12

BASIC DRAWING CLASS

This class is for anyone that wants to learn to draw or improve their drawing skills. Eric will guide you through learning how to "see" your subject, find basic structure, proportion and shading. Along the way, you will learn different drawing techniques and supplies and tools to help you draw the world around you. Supply list available at Senior Center Front Desk.

Registration deadline: 6/1	Class Minimum: 10
Ages: 50 & older	Instructor: Eric Dull, B.F.A.
Thursdays	6/7-7/12
	1:30-3:30pm

Fees:	No Drops-In Permitted
Members	\$60
Residents/Non-Members	\$65
Non-Residents/Non-Members	\$75

QUILTING

If you can iron, pin fabric layers together, use a sewing machine, or tie a knot, your helping hands are welcome. This group makes quilts from start to finish to donate to Rainbow Babies & Childrens Hospital, MetroHealth Medical Center Pediatrics, The Salvation Army and the UH Seidman Cancer Center at Southwest General Health Center.

Ages: 50 & older	Volunteer Coordinator: Beverly McGlamery
Mondays*	1:00-3:00pm (except 2nd Monday)
*No quilting 5/30, 7/4, 8/29	

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

ART & CRAFT CLASSES cont.

CREATIVE CRAFTERS

Enjoy making new crafts? This is the group for you! Create new friendships and various crafts for the Senior Center Craft Shop. Willing hands and ideas are always welcome!

Ages 50 & older

Wednesdays* 10:00am-1:00pm

*No crafts 8/31

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

WARM UP AMERICA

This fantastic group enjoys knitting and crocheting afghans, lap robes, scarves, hats and blankets for others in nursing homes, hospitals and shelters. Yarn is supplied for these projects. Bring a friend and join them on Thursdays!

Ages: 50 & older

Thursdays 1:00-3:30pm

Drop-In Fees:	Member	Free
	Non-Member/Resident	\$3
	Non-Member/Non-Resident	\$5

CONSULTATIONS

HEARING AID SERVICES

Hearing aid services provided by Brookway Hearing Center. Hearing tests, cleaning and service of hearing aids, and battery offers, provided for your convenience. Appointments needed. Call the Senior Registration Desk at (440) 580-3275.

Tuesdays	5/10, 6/14, 7/12, 8/9	10:00am	Free
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ATTORNEY

Brief consultation, appointment needed - call the Senior Registration Desk at (440) 580-3275.

Tuesday 5/10, 6/7, 7/5, 8/2	9:20-11:30am	Erica Skerl
4th Friday of the Month	10:00-11:20am	Sam Butcher
Free		

POST OFFICE ON WHEELS

The mobile postal van visits the Senior Center monthly. Any business you conduct at the Post Office can be taken care of at the "Post Office on Wheels." 2nd Tuesday of the Month 12:40-1:00pm

MEDICARE COUNSELING

Join an expert from The Ohio Senior Health Insurance Information Program (OSHIIP) as they sit one on one with you and answer all your Medicare questions. See if you qualify for certain Medicare Benefits or just get your questions answered. Please bring a list of your prescriptions and your insurance card to the appointment. Appointment required by calling 440-580-3275.

2nd Tuesday of the Month	9:15am-1:00pm	Free
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THE A, B, C, & D's OF MEDICARE

A representative from the Ohio Department of Insurance Ohio Senior Health Insurance Information Program (OSHIIP) will be here on here to give an overview about Medicare. Learn the difference between supplements and advantage plans and changes to original Medicare. OSHIIP was founded in 1992 to provide Medicare beneficiaries with free, objective health insurance information and one-on-one insurance counseling. The program is funded in part by the state and by a grant from CMS. OSHIIP offers an array of services that are also used for persons with disabilities and for non-seniors. Bring your questions and let the experts help you! Registration required.

Ages: 50 & older

Tuesday	6/7	10:00-11:00am	Free
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CONSULTATIONS cont.

BENEFITS CHECK UP

The Cleveland Foodbank and Cuyahoga County Department of Senior and Adult Services can help you apply for benefits right here at the Ehrnfelt Senior Center. Join us to see if you are eligible for several different money savings programs including SNAP (Supplementary Nutrition Assistance Program), HEAP, Ohio Best Rx Medicare, Medicaid, Ohio Works First, WIC and/or any other programs. Appointments are required. Bring proof of income, state ID and any current bills. Call the Senior Center today at 440-580-3275 for an appointment time. Don't miss out on this money saving program.

Ages: 50 & older

Free

Friday	5/13	9:15am-12:00pm
Friday	6/10	9:15am-12:00pm
Friday	7/8	9:15am-12:00pm
Friday	8/12	9:15am-12:00pm

PROGRAMS

2022 BOOK DISCUSSION GROUP

Books are selected by the staff of the Strongsville Branch of the Cuyahoga County Public Library and may be picked up the first week of each month at the library. The book discussion is held at the Strongsville Library on the following Mondays, at 2:30pm. The group leads their own discussion, with the assistance of questions supplied by the Library Staff.

Month	Book	Discussion Date
May	Finding Dorothy by Elizabeth Letts	5/23
June	I Was Anastasia by Ariel Lawhon	6/27
July	The Music of Bees by Eileen Garvin	7/25
August	Anxious People by Fredrik Backman	8/22

COMPUTER INSTRUCTION (Senior Computer Lab)

One on One Sessions

Do you need help- just a little or maybe a lot- using your personal computer, laptop, camera or other technical device? You might need help getting oriented to new equipment or using a particular software package like Microsoft Word, Excel or PowerPoint. If so, contact the Senior Center registration Desk at 440-580-3275, to schedule a One-on-One. We have helped people with a variety of needs. A sampling includes setting up a Facebook account, creating a PowerPoint slide show and learning to use an i-Pad or smart phone. Come for an hour or for a longer period or arrange multiple sessions. Our instructors have a broad range of experience and can help you. We'll discuss your needs on the phone before scheduling an appointment.

Ages: 50 & older

Fees for 1-Hour Session (minimum of 1 hour):

Members	\$5
Non-Member/Residents	\$6
Non-Member/Non-Residents	\$8

LINE DANCE JAMBOREE 2022

Our 21st Annual Line Dance Jamboree is sure to be a two stepping, good time! Your admission cost includes continental breakfast, boxed lunch, and line dancing instruction. Come boot, scoot and boogie your favorite steps, and learn some new ones too!

Ages: 50 & older

Tuesday	4/26	9:00am-3:00pm
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Fees:	Members	\$22
	Non-Member/Residents	\$23
	Non-Member/Non-Residents	\$25

PROGRAMS cont.**AARP DRIVER SAFETY PROGRAM CLASSES**

Take this opportunity to review your driving skills, habits, and knowledge of rules of the road. Local driving problems, safety tips, changes in driving laws and rules are discussed. The course also emphasizes how to adjust your driving in response to age related physical changes and declining perceptual skills. This is a one-day, four-hour class. Registration required.

Ages: 50 & older **Instructor: April Dugan**

Tuesday 5/17 9:30am-1:30pm

OR

Wednesday 7/13 12:30-4:30pm

Fees: AARP Members \$20
Non-AARP Members \$25

MAY ART DISPLAY

Mark your calendar and plan to visit our Student Art Display. See the creativity of our Senior Art Students. Browse the beautiful works from these talented students.

Monday-Friday 5/9-5/20 9:30am-4:30pm

FREE and Open to the Public

MOTHER'S DAY CELEBRATION: MUFFINS FOR MOMS

Celebrate an early Mother's Day at the Senior Center. Join us for *Muffins for Moms!* This event is open to all, but free to our *lady* Silver Mustang Members. You'll enjoy a muffin and coffee/tea, fellowship and special raffles for all the ladies.

Stop by the Senior Center Front Desk to get your ticket for this event. All tickets are **free to Lady Senior Center Silver Mustang Members**, but registration and an assigned time slot is required. **Tickets will be available April 5th – May 2nd.** You will pick your time slot - 9:30am, 10:00am, 10:30am or 11:00am.

Ages: 50 & older

Thursday 5/5 9:30-11:30am

Fees: LADY Silver Mustang Members FREE
Members \$3
Non-Member \$5

THE GARDEN OF EDEN**New – Intriguing Lecture Series**

What is life or death? How about immortality or reincarnation? These are questions usually left to the theologian. Indeed, much of the Biblical New Testament, as well as Eastern writings such as the Tibetan Book of the Dead address these issues. But science says that energy cannot be destroyed, so what happens to the energy that we call "soul" when we are done with it? Recent scientific breakthroughs and personal experiences of those in science seem to affirm the ancient spiritual perspectives of East and West.

Ages: 50 & OLDER Seven Week Program

Instructor: Ted Smith

Tuesdays 5/17-6/28 10:00-11:00am

Fees: Members \$40
Non-Members/Residents \$45
Non-Members/Non-Residents \$55

CELEBRATION HANDBELL CHOIR CONCERT

Celebration Ringers is a community handbell choir from Strongsville. They ring 5 ½ octaves of handbells and 7 octaves of hand chimes, as well as assorted percussion "toys." Join us in a return performance at the Event Center, with a special focus on movie theme music. A vibrant Teen Handbell Choir will add to this entertaining evening.

Registration is requested for this free concert. Call the Senior Registration Desk at (440) 580-3275.

All Ages

Thursday 5/19 7:00pm **Free**

MEMBER APPRECIATION DAY

Thank you, thank you, thank you! We can't say thank you enough for being a loyal Silver Mustang Member, so now we are going to show you how appreciated your membership is to us! We invite all current Silver Mustangs to come and enjoy an ice cream sweet treat from the East Coast Custard truck. Stop by the Senior Center Front Desk to get your ticket for this chillin' event. All tickets are **free to Senior Center Silver Mustang Members**, but registration and an assigned time slot is required.

Tickets will be available April 25th – May 20th.

You will pick your time slot - 12:30pm, 1:00pm, 1:30pm or 2:00pm.

Ages 50 & older

Wednesday 5/25 12:30-2:30pm

Free Program for Silver Mustang Members

**FATHER'S DAY CELEBRATION: DOUGHNUTS FOR DADS**

Celebrate an early Father's Day at the Senior Center. Join us for *Doughnuts for Dads!* This event is open to all, but free to our *gentlemen* Silver Mustang Members. You'll enjoy a doughnut and coffee/tea, fellowship and special raffles for all the gentlemen. Stop by the Senior Center Front Desk to get your ticket for this event. Tickets are **free to Gentleman Senior Center Silver Mustang Members**, but registration and an assigned time slot is required. **Tickets will be available May 17th – June 13th.** You will pick your time slot - 9:30am, 10:00am, 10:30am or 11:00am.

Ages 50 & older

Thursday 6/16 9:30-11:30am

Fees: GENTLEMEN Silver Mustang Members FREE
Members \$3
Non-Member \$5

MUSIC EDUCATION CLASSES

Join Dr. Keller, as he shares his life-long interest in all kinds of music, from Bach to Rock to Country. Dr. Keller has lectured at Baldwin-Wallace University's Institute for Learning in Retirement, Lorain County Community College and various Senior Center and libraries. He returns to Strongsville, with two of his popular programs. Sign up for one or both!

"The Art of Pop Music – Neil Diamond"

Neil Diamond's career as a singer/songwriter got off to a rocky start, but once his early songs began being covered by other artists, he took off like a rocket. We will learn about his early life, the lean seven years before he became a household name. We'll listen to a number of his most memorable recordings and learn about the many honors he has earned as a recording artist.

Ages: 50 & over

Instructor: Dr. Joel S. Keller

Wednesday 6/8 10:00am

Fees: Members \$10
Non-Members/Residents \$12
Non-Members/Non-Residents \$16

"The Art of Pop Music – Bette Midler"

This presentation follows the career of "The Divine Miss M" from her birth in Honolulu, Hawaii through her move to New York and beyond. In addition to learning about her life and musical successes, we will listen to many of her recordings.

Ages: 50 & over

Instructor: Dr. Joel S. Keller

Monday 8/15 11:00pm

Fees: Members \$10
Non-Members/Residents \$12
Non-Members/Non-Residents \$16

MUSTANGS ON THE GO!

HISTORIC & ETHNIC TOUR OF CLEVELAND- PART 1

Cleveland's International Heritage is based on its history and the many immigrant groups that came here in search of a better life, while maintaining the rich tradition, legacies and customs of their native lands. Come join us as we explore to see many of the different ethnic cultures and learn the history that makes Cleveland a wonderful mosaic of people and places.

Personally escorted by JKL TOURS, our tour will take us to visit a number of ethnic and historic places where immigrants came to build their lives and legacies in this place we call home. We'll start by seeing where **Moses Cleaveland** first landed in 1796, and learn about the Connecticut Land Company. We'll see where later immigrants settled like *Irishtown Bend* and stop at **German** and **Lebanese** shops to sample their wares and see a special **Asian** market in our own **Chinatown** that draws shoppers from all over Ohio. We'll go by an Ohio City church that helped slaves on the Underground Railway escape to the banks of the Cuyahoga, for boats to take them to Canada. And we'll have our morning stop at the famous Westside Market (feel free to bring a cooler to keep any purchases fresh!)

We'll have lunch included at The **BALATON** Hungarian Restaurant, for a wonderful meal where there are four different entrée choices and no one leaves hungry! After lunch, we'll see where John D. Rockefeller got his start and where Abraham Lincoln visited twice and the memorial that stands to him, right on Public Square. We'll learn about the Van Sweringens, who started as small, real estate investors and became reclusive railroad tycoons who built Terminal Tower – the second tallest building in the US, when it opened in 1929!

We'll see Cleveland's University Circle and the well-known **Little Italy**, but also visit the original area of **Big Italy**, and its most famous inhabitant, whose product became a worldwide success and is probably in your kitchen today. Our special Historic and Ethnic Tour of Cleveland combines culture, food, history and an amazing lunch, to give you a unique view of the rich tapestry of peoples and heritage that make Cleveland, "*The Best Location in the Nation*." We've packed a lot into this adventure, so gather your friends and join us for this fun tour.

Ages: 50 & older

Wednesday 5/4 8:00am-5:00pm

Fees:		Registration Dates
Members	\$90	3/9
Non-Member/Residents	\$93	3/16
Non-Member/Non-Residents	\$97	3/23

JAWS WITH PAWS, VINEYARDS & HORSEIN' AROUND

This Great Day Tours trip is full of intriguing stops -

Jaws with Paws Enforcing Laws – Ever wonder how a seemingly ordinary dog becomes a police dog? We will visit this nationally known canine training center. The tour includes demonstrations in techniques used to train hundreds of dogs and numerous handlers as well as an up close and personal demonstration by one of Lynwood's own trained dogs.

Ole Zim's Wagon Shed (or a local restaurant) – In this beautiful barn setting, you will enjoy a meal prepared by the staff of Zim's. A local farmer typically brings goods for members to purchase.

Oak Haven Horse Farm – This location in Fremont proudly breeds and raises quality Belgian Horses. Enjoy a tour of the barn and get to see many beautiful horses during the visit. The trainer will explain how they raise, train and show these beauties at fairs and festivals.

Chateau Tebeau Winery – Visit this beautiful countryside winery and enjoy 5 wine samples while listening to the owners tell their personal stories of starting their business and serving customers.

Ages: 50 & older

Thursday 5/26 8:15am-6:15pm

Fees:		Registration Dates
Members	\$93	3/23
Non-Member/Residents	\$95	3/30
Non-Member/Non-Residents	\$99	4/6

SUMMER IN OHIO'S AMISH COUNTRY

Kick off your Summer on this whirlwind tour starting at **The FARM at Walnut Creek**. This is an actual working farm and we'll have a wagon ride through the farm with a chance to see their many exotic (and regular) animals. Our ride includes a bucket of "FEED" that draws the animals right to us. We'll have time after the ride to explore the farm and visit their gift shop hosting many unique farm-style items. Next, we'll experience a tantalizing lunch at the **Der Dutchman of Walnut Creek**. This is one of the original Amish restaurants with a great reputation and no one leaves hungry. After lunch, we'll have a *Behind-the-scenes* tour with a local step-on-guide who will share the hidden areas of Amish country, learning about their culture and unique way of life, followed by shopping at an Amish farm market. *Moderate walking.* (JKL Tours)

Ages: 50 & older

Wednesday 6/1 7:30am-6:00pm

Fees:		Registration Dates
Members	\$95	4/5
Non-Member/Residents	\$97	4/12
Non-Member/Non-Residents	\$101	4/19

BLOOMS & BUTTERFLIES IN COLUMBUS

You're sure to enjoy this Great Day Tours trip to Columbus -

Franklin Park Conservatory – View elegant displays plus the vibrant colors of the stunning glass artwork by Dale Chihuly. This permanent collection, created by the master who began experimenting with glassblowing and eventually was awarded a Louis Comfort Tiffany Foundation grant for his work. He later traveled to Venice to learn the detailed intricacies of blowing glass. Getting ready for Springtime, the exhibits will include the Blooms & Butterflies Exhibition. Their Pacific Island Water Garden will have hundreds of tropical butterflies in free flight.

Lunch at Spaghetti Warehouse (choice of 4 entrees)

Center of Science & Industry (COSI) Admissions – Explore Science in this dynamic hands-on science center. Learn about space, attend a live show, play with gadgets, ride a bike on a high-wire and explore everything else this three-level complex has to offer. Don't miss the "Cuba!" exhibit which permits guests to explore Cuba's dynamic culture from the colorful urban streets to its dazzling coral reefs. Another must see is the Progress exhibit where you walk a street of 1898, then turn the corner and walk the same street generations later, in 1962.

Grandpa's Cheese Barn – Shop and browse the widest selection of the delicious cheeses, meats, dips and chocolates.

Ages: 50 & older

Thursday 6/21 7:00am-6:45pm

Fees:		Registration Dates
Members	\$108	4/12
Non-Member/Residents	\$110	4/19
Non-Member/Non-Residents	\$114	4/26



SUMMER SURPRISE MYSTERY TRIP

Let's take a boat to Bermuda, Let's take a plane to St. Paul. Let's take a kayak to Quincy or Nyack, Let's get away from it all! Based on the success of last year's mystery trip, we have a brand NEW Mystery for you to experience. Here is your chance to enjoy a wonderful Summer day of surprises! With all our Mystery trips, we discover smaller, hidden destinations that offer amazing experiences for a day seeing places you would have never known about! And with all our Mystery trips, Lunch (and surprises) are included. Our previous mystery trips have sold out and we expect it will again. *Moderate walking.* (JKL Tours)

Ages: 50 & older

Thursday 7/7 7:30am-6:00pm

Fees:		Registration Dates
Members	\$95	5/3
Non-Member/Residents	\$97	5/10
Non-Member/Non-Residents	\$101	5/17

MUSTANGS ON THE GO! cont.

CANTEENS, CARRIAGE AND COLLECTIONS

History will be the focus of this Great Day Tour -

Dennison Railroad Museum ~ Recognized as a National Historic Landmark, this depot is the most significant remaining example in the nation of a railroad canteen still reflecting its WWII heritage. During WWII, 1.3 million service members were served free meals by 4000 working volunteers at the Dennison Depot. These service men and women traveled by troop train and stopped at the depot as they were off to fight in the war. The depot building contains an Orientation Theater, historical railroad exhibits and the Whistle Stop Railway Shop. Continue your experience by wading through themed railroad cars attached to the depot building . . . each with their own museum displays. Outside on the grounds, explore steam locomotives, a nickel plate caboose, freights cars and other passenger cars.

Lunch is included.

Auman's TV and Radio Museum ~ See TV's that date back to the first one at the world's fair plus games, lunch boxes, etc. that went with the classic TV shows. There are also numerous classic radios. A special display of Dick Goddard's old meteorological equipment and Alan Freed's DJ booth are also on display.

J.E. Reeves Victorian Home & Carriage House Museum ~ Step back into the elegance of the late 19th Century as you tour the former home of prominent Dover industrialist, Jeremiah E. Reeves. This 17-room home, topped by a third-floor ballroom, has been carefully restored to its original splendor and features original furniture and antiques that were the property of the Reeves. There are no ropes or barriers prohibiting your entrance into the rooms, giving you the feeling that the Reeves family has just stepped out of the home. Adjacent to the home is the Carriage House Museum which contains an interesting collection of vehicles including a handsome horse-drawn carriage, the Reeves family sleigh, a rare 1922 Rauch and Lang electric car and a doctor's buggy.

Ages: 50 & older

Wednesday 7/20 7:15am-6:15pm

Fees:		Registration Dates
Members	\$91	5/11
Non-Member/Residents	\$93	5/18
Non-Member/Non-Residents	\$97	5/25

TREASURE BAG TOUR

Plan on surprises at every stop on this Great Day Tour -

JM Smucker Store (receive gift) - Shop in the store with the trusted brand bringing quality ingredients to families for over 100 years. Enjoy classic fruit spreads, peanut butter, ice cream toppings and much more.

Lehman's Hardware (receive gift) - When the Amish need something, they go to the store that features houseware items, classic toys, gardening tools, Soda Pop Shop (over 300 types of sodas), old-fashioned candy and treats plus the finest selection of non-electric technology you'll ever see.

Lunch included .We also allow some time in the gift shop and bakery.

P. Graham Dunn Gallery (receive gift) - See Amish craftsmen at work creating laser engraved wood pieces for your home or gifts. You will love their engraved Christmas ornaments and wall carvings.

Marshallville Packing Company (receive gift) - Our last stop of the day will make you feel like you've stepped back in time with antiques and old collectibles in every spare corner. Their own recipe sausages, bacon, hams, deli meats and jerky will remind you of stores you visited as a child. But the real reason is for the meat . . . they've been doing things the same way for over 60 years. You'll appreciate knowing where your meat comes from and who made your bacon and sausage.

Ages: 50 & older

Thursday 8/11 8:00am-6:00pm

Fees:		Registration Dates
Members	\$83	6/9
Non-Member/Residents	\$85	6/16
Non-Member/Non-Residents	\$89	6/23

NIAGARA FALLS U.S.A.!

Join us on an End-of-Summer adventure as we visit the US side of mighty Niagara Falls. The FALLS are among the most impressive and famous waterfalls in the world and we'll start our experience up close and personal as we take The MAID of the MIST boat ride. "The Maid" has been giving tours since 1846 and is the MOST popular attraction in the Falls. We'll put on our Blue Ponchos and enjoy the mist in our faces and feel the energy as hundreds of thousands of gallons come crashing down. (Note: The Maid of the Mist has BRAND NEW, all electric ships that are quieter and still get incredibly close to the Falls!) After our FALLS encounter, our coach will deliver us to enjoy lunch at the upper ballroom of the Hyatt Place Hotel with windows that look out over the Falls area. This spot is centrally located so after lunch, we'll have free time to shop for the tacky souvenirs they are known for OR you can easily walk over the bridge to Goat Island (the land between the American Falls and the Horseshoe Falls) so you can see CANADA from a new perspective. Here is your chance to beat the dog days of August with an End-of-Summer adventure and a fun day in Niagara Falls USA! *Significant walking.* (JKL Tours)



Ages: 50 & older

Tuesday 8/23 7:00am-7:30pm

Fees:		Registration Dates
Members	\$115	6/1
Non-Member/Residents	\$117	6/8
Non-Member/Non-Residents	\$121	6/15

HOLDEN ARBORETUM TOUR

Nature and Amish all rolled into one on this Great Day Tour -

Holden Arboretum - Located east of Cleveland, Holden Arboretum takes pride in connecting people with the wonder, beauty and immense value of trees and plants. This campus sprawls over an enchanting expanse of land in Geauga County and offers gardens, trails, lakes and meadows. Plus, entry to iconic attractions such as the Murch Canopy Walk and Kalberer Emergent Tower are included in your admission.

Lunch at Mrs. Yoders Kitchen - Nestled in the heart of Amish Country in Geauga County, this restaurant is known for its good, old fashioned Amish home cooking. The group will enjoy a family-style luncheon (save room for dessert). We have also allowed a little time to shop in their bakery after lunch.

End of the Commons General Store - Ken and Margaret Schaden and their 11 children run this store. Upon entering the store, one will find many antiques. Penny candy still line the shelves by the checkout counter. People actually ask "How much is the penny candy?" but in this store, it is still a penny! As you shop and browse, you will see old time memorabilia, old-fashioned candy, Amish country meats & cheese, hand-dipped ice cream, over 150 varieties of glass bottle soda, hard-to-find kitchen gadgets . . . just to name a few. Take a journey back into yesteryear and trigger some memories.

Ages: 50 & older

Wednesday 9/28 8:15am-5:15pm

Fees:		Registration Dates
Members	\$92	7/6
Non-Member/Residents	\$94	7/13
Non-Member/Non-Residents	\$98	7/20

RECREATION PARKS AND AMENITIES

For more park information or to reserve a pavilion, contact Chris Arold at 440-580-3264 or chris.arold@strongsville.org

Pavilion Rental Fees: Residents \$45 / Non-residents \$65



- 1. Rec Park #1 - 18100 Royalton Road:** Located behind the Ehrnfelt Recreation Center. This park features Rademaker, Cross & Finely Fields, batting cages, vending machines and restrooms. There is a playground located nearby and four tennis courts.
- 2. Rec Park #2 - 16109 Foltz Parkway (South of Rt 82):** Located in Foltz Industrial Parkway near the City Municipal Offices. This park features Foltz 1 and Foltz 2 Fields, playgrounds, a basketball court, two pavilions and picnic tables. One pavilion has electricity, restrooms and running water.
- 3. Rec Park #3 - 21273 Drake Road:** Located at intersection of Drake Rd and Prospect. This park features Wood and Sprague Fields. Each field has a pavilion with picnic tables, two grills, four electrical outlets, playgrounds, and portable restrooms nearby.
- 4. Nichols Field - 227070 Sprague Road:** Located at Sprague and Marks Road. This park features a baseball field, pavilion with eight electrical outlets, ten picnic tables, two grills and a playground.
- 5. Volunteer Park- 21410 Lunn Road:** Located on West Lunn Road just west of Prospect Road. Watts, Stroemple, Farnsworth (lighted), Cappy (lighted) fields and two little league fields (Roth & Kalinich) are at this location. This park also features batting cages, horseshoe pits, 1/2 mile paved walking paved, vending machines, restrooms, pavilion with picnic tables, 8 electrical outlets and 12 picnic tables, bocci ball courts and playground.
- 6. Surrarer Park - 14625 Whitney Road:** Located at the corner of Webster and Whitney Roads (east of I-71) this park features an ADA compliant playground, James Field, 2 tennis courts and a pavilion with eight electrical outlets and four picnic tables.
- 7. Backyard Preserve - 18100 Royalton Road:** Located behind the Ehrnfelt Recreation Center. This park features an outdoor amphitheater, a scenic walking trail, beautiful foliage and plenty of wildlife.
- 8. Youth Sports Park - 21255 Lunn Road:** Located on West Lunn Road just west of Prospect Road (across from Volunteer Park). This park features one regulation football field, two flag football fields, three little leagues fields and one pavilion with electric. Football fields for use by permit only.
- 9. Castletown Pavilion - Intersection of Roe Ln, Zverina Ln & Westwood Dr:** Located between the Strongsville Library and Castletown Playground this pavilion has electrical outlets and a grill.

PARK GUIDELINES

*Permits are required to use any of the park listed above for practice purposes.
*Alcohol and tobacco use if prohibited in all recreation parks.

*Reservations are also required for use of pavilions.
*Pets are required to be on a leash at all times.



**the official soft drink of the
STRONGSVILLE RECREATION
DEPARTMENT**



EHRNFELT RECREATION CENTER: (440)580-3260 * EHRNFELT SENIOR CENTER: (440)580-3275

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