



APRIL 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		9:15 Memory Loss Support Group 9:15-10:00 SMILE/Bodyweight Basics 9:30-12:30 AARP Tax Prep (by appt.) 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00 Wine & Goldies CAVS Dance Clinic 1:30 UH Hot Topic: Arthritis Awareness & Joint Health	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing (New) 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing (New)	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker No Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 1:00 Advanced Digital Photography (New)	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 9:20-11:30 Attorney 10:00 Digital Photography (New) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 AARP Tax Prep (by appointment) 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Movie Matinee: <u>Solo Mio</u> 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00 Advanced Digital Photography No Quilters	9:15-1:00 Medicare Counseling 9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Hearing Aid Service 10:00 Digital Photography 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	Surprise Mystery Tour #6 Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00 Tech with Teens	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 12:30 Bob Ross Painting Class 1:00-3:00 Knit/Crochet 1:00-3:00 Beginners Zentangle (New) 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:00 Pokeno 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 1:00 Advanced Digital Photography	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Digital Photography 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:00-1:00 Southwest's Mini Health Clinic 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 12:00 Continuum of Care Panel Lunch n' Learn	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00 ILR: <u>The Golden Age of Television</u> 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:20 Attorney 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:00 Webinar: History of Trees 10:15-11:00 Functional Training 12:30 Movie Matinee: <u>Midwinter Break</u> 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 1:00 Advanced Digital Photography 2:30 Book Discussion (Strongsville Library)	9:15-10:00 Express Circuit 9:30-3:00 Line Dance Jamboree 9:30 Pinochle Instruction (by appointment) 10:00 Digital Photography 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-2:30 Low Vision Connection	Closed for HVAC Replacement 	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	