December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	9:15-10:00 Express Circuit 9:20-11:00 Attorney 9:30-11:30 Apex Skin Check Clinic 9.30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1	A Christmas Carol Trip 9:15 Memory Loss Support 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Beginners Yoga 12:00 Mah Jongg 1:30 UH Hot Topic: Healthy Habits for Better Sleep 1:30 Cardio Drumming 2	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 ILR: History of Christmas 1:30-2:30 Chair Yoga 3	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop No Watercolor Painting 10:15-11:00 Functional Training 11:00 Rotary Christmas Lunch (Doors open at 10:30am) 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30-3:00 Bingo 4
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters 1:00-2:30 Silver Mustang Holiday Party (Doors open at 12:45) 7	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Hearing Aid Service 10:00:10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 8	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Pilates for Seniors 12:00 Mah Jongg 1:30 Cardio Drumming 9	Dueling Pianos Windows on the River Trip 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga 7:00 Handbell Choir 10	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15 Benefits Check Up 9:30-11:30 Open Woodshop No Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30-3:00 Bingo 11
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Movie Matinee: The Sheep Detectives 12:30 Bridge 12:30 Hand & Foot No Quilters 14	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00:10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 15	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Beginners Yoga 12:00 Mah Jongg 1:00 Tech with Teens 1:30 Cardio Drumming 16	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga 17	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:20 Attorney 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30-3:00 Bingo 18
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Movie Matinee: Sense & Sensibility 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters 21	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) No Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers No Low Vision Connection 22	9:15-10:00 SMILE No Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts No Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 1:30 Cardio Drumming 23	No Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting No Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE No Flex, Movement & Balance No Open Play No Knit/Crochet No Zentangle No Chair Yoga **Lunch pick up by 12noon** **Senior Center Closes at 1:00pm** 24	 25
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:00 Pokeno 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters No Book Discussion (Strongsville Library) 28	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) No Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 29	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 12:00 Mah Jongg 1:30 Cardio Drumming 30	No Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga **Lunch pick up by 1:00pm** 31	