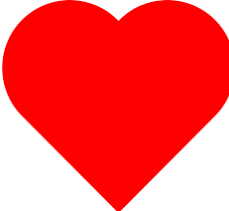

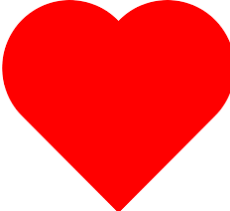



FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:45-11:45 Yoga 10:00-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:00 Zentangle	9:15 – 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit <i>FREE!</i> 12:30 Open Play 12:30-3:00 Bingo 1:00-1:30 Better Balance
5	6	7	8	9
9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:30– 2:30 Sawdust for Beginners 10:15-11:00 Functional Training 10:30-11:30 Free Will & Moral Responsibility 11:15-12:00 Cardio Fit 12:30 Bridge 12:30 Hand & Foot 1:00-1:30 Better Balance 1:00-3:00 Quilters	9:20 Attorney 9:30-10:15 Express Circuit 9:30 Pinochle Instruction 10:00-11:00 Line Dance 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting <i>(New)</i>	9:15 Memory Loss Support Group 9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 11:15-12:00 Cardio Fit 12:00 Mah Jongg 1:00-1:30 Better Balance	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-11:30 Tap Dance <i>(New)</i> 10:45-11:45 Yoga 10:00-11:30 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	9:15– 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play 1:00-1:30 Better Balance
12	13	14	15	16
9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:30– 2:30 Sawdust for Beginners 10:15-11:00 Functional Training 10:30-11:30 Free Will & Moral Responsibility 11:15-12:00 Cardio Fit 12:30 Movie Matinee “My Sailor, My Love” 12:30 Bridge 12:30 Hand & Foot 1:00-1:30 Better Balance	9:15 Medicare Counseling 9:30-10:15 Express Circuit 9:30 Pinochle Instruction 10:00 Hearing Aid Service 10:00-11:00 Line Dance 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:00 Mah Jongg 1:00-1:30 Better Balance	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-11:30 Tap Dance 10:45-11:45 Yoga 10:00-11:30 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet	9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo 1:00-1:30 Better Balance
19	20	21	22	23
9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:30-1:30 Clock Making <i>(New)</i> 10:15-11:00 Functional Training 10:30-11:30 The Synoptic Gospels <i>(New)</i> 11:15-12:00 Cardio Fit 12:30 Movie Matinee “A Haunting in Venice” 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters 1:00-1:30 Better Balance	9:30-10:15 Express Circuit 9:30 Pinochle Instruction 9:30-1:30 Clock Making 10:00-11:00 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Flex, Movement & Balance 12:30 Pinochle 1:00 Rummikub/Dominos 1:00-2:30 Low Vision Connection 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:15– 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:00 Mah Jongg 1:00-1:30 Better Balance	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-11:30 Tap Dance 10:45-11:45 Yoga 10:00-11:30 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:00 Zentangle	
26	27	28	29	