

# JANUARY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:20 Attorney 10:00-11:00 Line Dance 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:15 Memory Loss Support Group 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 9:30-11:30 Bunco 10:30-11:30 Yoga 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "Jungle Cruise" 1:00-3:00 Knit/Crochet 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 9:30-3:00 Covered Bridge Quilters 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Dart Tournament 12:30 Bridge	9:15-10:00 Express Circuit 9:20 Attorney 9:15 Medicare Counseling 10:00 Hearing Aid Service 10:00-11:00 Line Dance 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 12:40 Post office on wheels 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:30-11:30 Yoga 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00 Creative Crafts 10:00-11:00 Rhythm & Movement 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:30-11:30 Yoga 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "Respect" 1:00-3:00 Knit/Crochet 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Better Balance 12:30 Pinochle 1:00 Low Vision Support Group 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 9:30-11:30 Bunco 10:30-11:30 Yoga 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Attorney 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters				
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