

# JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Cleveland Metroparks Zoo Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 1:00 Violins & Hope	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 9:20-11:30 Attorney 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15 Memory Loss Support Group 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00-3:30 Beginning Drawing 1:30 UH Hot Topic: What Should I Ask My Pharmacist	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00 ILR: <u>Amazing Trees</u> 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 11:00-12:00 Lunch n' Learn: Understanding the Importance of Primary Care & Hospice vs. Palliative Care 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain 12:15-1:15 Dance for Your Inner Superstar (New) 12:30 Movie Matinee: <u>Reminders of Him</u> 12:30 Bridge 12:30 Hand & Foot 12:30 Poker No Quilters	9:15-1:00 Medicare Counseling 9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Hearing Aid Service 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	Goodtime III Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:30 Strolling Seniors (New) 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 1:00-3:30 Beginning Drawing 1:00 HIPAA: Know Your Rights 1:15-1:35 Post Office on Wheels 1:30 Cardio Drumming (New)	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners (New) 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain 12:15-1:15 Dance for Your Inner Superstar 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:30 Strolling Seniors 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 12:30-4:30 Bob Ross Painting Class (New) 12:30-2:00 Father's Day Celebration: Cheers to Dad with Root Beer Floats 1:30 Cardio Drumming	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00 The Science & History of Birds 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 11:30-12:30 Blood Pressure Checks 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:00 Pokeno 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain 12:15-1:15 Dance for Your Inner Superstar 12:30 Movie Matinee: <u>Project Hail Mary</u> 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 2:30 Book Discussion (Strongsville Library)	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-2:30 Low Vision Connection	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:30 Strolling Seniors 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 1:00 Collie Rescue Presentation 1:30 Cardio Drumming	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:20 Attorney 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain 12:15-1:15 Dance for Your Inner Superstar 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 1:00 Parlez Vous Dementia	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers			