

MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		9:15 Memory Loss Support Group 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting	9:15 – 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
		1	2	3
9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 Gift of Time 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:20 Attorney 9:30 Pinochle Instruction 10:00-11:00 Line Dancing 10:00 Healthy Living for Brain 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Flex, Movement & Balance 12:30 Pinochle 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:00-11:00 Beginner Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:30 Yoga 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting	9:15- 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
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9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 Gift of Time 11:15-12:00 Cardio Fit 12:30 Bridge	9:15-10:00 Express Circuit 9:30- Medicare Counseling 9:30 Pinochle Instruction 10:00-11:00 Line Dance 10:00 Hearing Aid Service 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Movie Matinee "Gigi & Nate" 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:00-11:30 JFK Program (New) 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 11:30-1:00 St. Patrick's Day Drive Thru 12:00 Mah Jongg 1:00 TechKNOWledgy with Teens	Hartville St. Patrick's Trip 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00 Posture, Pain & More 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo
13	14	15	16	17
9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 Gift of Time 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:30 Pinochle Instruction 10:00-11:00 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	Half Priced Lunch-Sponsored by Jardine 9:00-11:00 Beginner Pickleball 9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:00-11:30 JFK Program 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting	9:15- 10:00 SMILE 10:00 Attorney 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo
20	21	22	23	24
9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:15-11:00 Better Balance 10:30-11:30 The Gift of Time 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters 2:30 Book Discussion (Strongsville Library)	9:15-10:00 Express Circuit 9:30 Pinochle Instruction 10:00-11:00 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30 Movie Matinee "Blacklight" 12:30-1:15 Flex, Movement & Balance 1:00 Low Vision Connection 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30 Open Play 12:30-1:30 Yoga 1:00-3:00 Knit/Crochet 1:00-3:30 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Open Play 12:30-3:00 Bingo
27	28	29	30	31