

MARCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday
9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:15-10:00 Bodyweight Basics 10:15-11:00 Functional Training 10:30 History of Christianity 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">3</div>	9:20 Attorney 9:30-10:15 Express Circuit 9:30 Pinochle Instruction 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">4</div>	9:15 Memory Loss Support Group 9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 11:15-12:00 Cardio Fit 12:00 Mah Jongg 12:15-1:00 Senior Stability <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">5</div>	7:30– A Day in Tiffin 9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Tap Dance 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">6</div>	9:15 – 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Open Play 12:30-3:00 Bingo 12:30 Mexican Train 1:00 Sewing 102 1:00 Beginners Drawing Class <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">7</div>
9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:15-10:00 Bodyweight Basics 10:15-11:00 Functional Training 10:30 History of Christianity 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Bridge 12:30 Hand & Foot 12:30 Movie Matinee “You Gotta Believe” <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">10</div>	9:15– Medicare Counseling 9:30-10:15 Express Circuit 9:30 Pinochle Instruction 10:00 Hearing Aid Service 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 12:40 Mobile Post Office 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">11</div>	9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:00 Mah Jongg 12:15-1:00 Senior Stability 1:00 Artificial Intelligence <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">12</div>	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Tap Dance 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 11:30-1:00 St Patrick’s Day Drive-Thru 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">13</div>	9:15– 10:00 SMILE 9:15 Benefits Check Up 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30-3:00 Bingo & Open Play 12:30 Mexican Train 1:00 Sewing 102 1:00 Beginners Drawing Class 1:00 Sewing 102 <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">14</div>
9:15– 10:00 SMILE 9:15– 10:00 Asian Exercise 9:15-10:00 Bodyweight Basics 10:15-11:00 Functional Training 10:30 History of Christianity 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">17</div>	9:30-10:15 Express Circuit 9:30 Pinochle Instruction 10:30-11:30 Yoga 11:00 Managing Money 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">18</div>	7:30– March Maple Magic 9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 11:15-12:00 Cardio Fit 12:00 Mah Jongg 12:15-1:00 Senior Stability 1:00 Tech with Teens 1:00 Dementia and the 5 Senses <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">19</div>	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Tap Dance 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Beginners Zentangle <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">20</div>	9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Open Play 12:30-3:00 Bingo or Mexican Train 1:00 Beginners Drawing Class 1:00 Sewing 102 <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">21</div>
9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15– 10:00 Asian Exercise 10:00 Pokeno 10:15-11:00 Functional Training 10:30 History of Christianity 11:00-12:15 Blood Pressure Screening 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Bridge & Hand & Foot 12:30 Movie Matinee “Here” 1:00-3:00 Quilters 1:00 Craft Time <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">24</div>	9:30-10:15 Express Circuit 9:30 Pinochle Instruction 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Low Vision Connection 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:30 Classical Painting <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">25</div>	9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 11:15-12:00 Cardio Fit 12:00 Mah Jongg 12:00– Medicare Counseling 12:15-1:00 Senior Stability <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">26</div>	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30 Open Play 12:30-1:15 Flex, Movement & Balance 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30 Cholesterol Meds & Over the Counter Meds <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">27</div>	9:15– 10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00 Attorney 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction 11:15-12:00 Cardio Fit 12:15-1:00 Senior Stability 12:30 Open Play 12:30-3:00 Bingo or Mexican Train 1:00 Beginners Drawing Class 1:00 Sewing 102 <div style="text-align: right; border: 1px solid black; width: 20px; float: right;">28</div>
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