

MAY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>Lake View Cemetery Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Movie Matinee: <u>Epic: Elvis Presley in Concert</u></p> <p>12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters</p>	<p>9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 9:20-11:30 Attorney 10:00 Digital Photography 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers</p>	<p>9:15 Memory Loss Support Group 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Muffins for Moms 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00-3:30 Beginning Drawing (New) 1:30 UH Hot Topic: Food and Medications: What Not to Mix</p>	<p>9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting No Beginning or Intermediate Tap Dancing 10:00 Webinar: Strangeness of our Brains 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 11:30-12:30 Blood Pressure Checks 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 12:30-4:30 AARP Driver Safety Class 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga 7:00 Handbell Choir</p>	<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo</p>
<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain (New) 12:30 Bridge 12:30 Hand & Foot 12:30 Poker No Quilters</p>	<p>9:15-1:00 Medicare Counseling 9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Hearing Aid Service 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers</p>	<p>Westside Market Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 1:00-3:30 Beginning Drawing 1:00 Larry's Animal Safari Presentation</p>	<p>9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-10:30 Beginner Tap Dancing 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:00 ILR: <u>Celebrating Independence</u> 1:30-2:30 Chair Yoga</p>	<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo</p>
<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:00 Pokeno 10:15-11:00 Functional Training 10:30-11:30 God & Your Brain 12:30 Movie Matinee: <u>Mr. Burton</u> 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters 2:30 Book Discussion (Strongsville Library)</p>	<p>9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers</p>	<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:00 Zion Unparalleled with Nature Pam 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00-3:30 Beginning Drawing 1:00 Tech with Teens</p>	<p>9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga</p>	<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:20 Attorney 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo</p>
<p style="text-align: center;">Closed for Memorial Day</p> 	<p>9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-2:30 Low Vision Connection</p>	<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 1:00-3:30 Beginning Drawing 1:00 10 Signs of Alzheimer's Presentation</p>	<p>Historic & Ethnic Cleveland Part 5 Trip 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga</p>	<p>9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo</p>